Set up NetworkPolicies to Control Traffic Between Pods

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Introduction

In Kubernetes, **NetworkPolicies** allow you to control how pods communicate with each other and with other network endpoints. By default, pods are non-isolated and can communicate freely within a cluster. NetworkPolicies help secure your applications by limiting the traffic flow between pods based on rules you define.

With NetworkPolicies, you can:

- Restrict inbound and outbound traffic to specific pods.
- Control traffic at both the application and network layer (TCP/IP).
- Improve the security posture of your Kubernetes clusters by implementing "least privilege" networking policies.

In this lab, you will learn how to create a **NetworkPolicy** to restrict pod-to-pod communication, allowing only specific traffic to flow between pods.

Problem Statement

By default, Kubernetes allows unrestricted communication between all pods in a cluster. However, many applications require more restrictive network configurations. For example, you may want to prevent certain pods from receiving traffic from other pods or limit which services can communicate with a backend database. NetworkPolicies solve this by enabling fine-grained control over network traffic between pods.

In this lab, we will create an example where:

- Two pods are deployed in the same namespace.
- Network traffic between the pods is restricted using a NetworkPolicy, allowing only specific pods to communicate.

Prerequisites

Completion of all previous lab guides (up to Lab Guide-05) is required before proceeding with Lab Guide-06.

- A running Kubernetes cluster on Minikube.
- kubect1 installed and configured to interact with your Minikube cluster.
- Basic understanding of Kubernetes pods and networking concepts.

Setup Instructions

Step 1: Deploy the Application Pods

First, we will deploy two simple NGINX pods in the same namespace. One will act as a client, and the other will act as a web server.

1. Create a Deployment YAML File for the NGINX Web Server

Create a file named nginx-server-deployment.yaml with the following content:

```
apiVersion: apps/v1
kind: Deployment
metadata:
 name: nginx-server
spec:
 replicas: 1
  selector:
    matchLabels:
      app: nginx-server
  template:
    metadata:
      labels:
        app: nginx-server
    spec:
      containers:
      - name: nginx
        image: nginx:latest
        ports:
        - containerPort: 80
```

2. Create a Deployment YAML File for the NGINX Client

Create a file named nginx-client-deployment.yaml with the following content:

```
apiVersion: apps/v1
kind: Deployment
metadata:
   name: nginx-client
spec:
   replicas: 1
   selector:
   matchLabels:
```

```
app: nginx-client
template:
    metadata:
    labels:
        app: nginx-client
spec:
    containers:
    - name: busybox
        image: busybox
        command: ["sleep", "3600"]
```

3. Apply the Deployments

Run the following commands to create both the NGINX server and client pods:

```
kubectl apply -f nginx-server-deployment.yaml
```

```
PS C:\Users\Administrator> kubectl apply -f nginx-server-deployment.yaml
deployment.apps/nginx-server created
```

```
kubectl apply -f nginx-client-deployment.yaml
```

```
PS C:\Users\Administrator> kubectl apply -f nginx-client-deployment.yaml deployment.apps/nginx-client created
```

4. Verify the Pods are Running

Ensure both pods are running by listing all the pods in your namespace:

```
kubectl get pods
```

```
PS C:\Users\Administrator> kubectl get pods
NAME
                                READY
                                        STATUS
                                                  RESTARTS
                                                             AGE
nginx-client-8cf5cbfb4-xsspn
                                1/1
                                        Running
                                                  0
                                                             29m
nginx-server-5df8f66fb7-sgmfq
                                1/1
                                        Running
                                                  0
                                                             31m
```

Step 2: Create a Service for the NGINX Server

In Kubernetes, pods are generally ephemeral, and DNS names for individual pods are not resolvable directly. To ensure that other pods can communicate with the nginx-server pod by name, we need to create a Service. The Service provides a stable DNS name and IP address for the NGINX server.

1. Create the Service YAML

Create a file named nginx_service.yaml with the following content:

```
apiVersion: v1
kind: Service
```

```
metadata:
   name: nginx-service
spec:
   selector:
    app: nginx-server
ports:
   - protocol: TCP
   port: 80
   targetPort: 80
```

Key points:

- **selector**: Matches the nginx-server pods using the label app: nginx-server.
- o ports: Exposes port 80 to other pods in the cluster.

2. Apply the Service

Run the following command to create the Service:

```
kubectl apply -f nginx_service.yaml
```

3. Verify the Service

Check that the Service is created and available:

```
kubectl get svc
```

```
PS C:\Users\Administrator> kubectl apply -f nginx_service.yaml
service/nginx-service configured
PS C:\Users\Administrator> kubectl get svc
NAME
                TYPE
                           CLUSTER-IP
                                             EXTERNAL-IP
                                                           PORT(S)
                                                                      AGE
                ClusterIP
                                                           443/TCP
kubernetes
                            10.96.0.1
                                             <none>
                                                                      18h
               ClusterIP
                           10.102.194.220
                                             <none>
                                                            80/TCP
                                                                      38m
```

You should see the nginx_service listed, which will expose the NGINX server pod to other pods via the DNS name nginx_service.

Step 3: Create a NetworkPolicy to Restrict Traffic

Now that the pods are running, we will create a NetworkPolicy that allows traffic only from the NGINX client to the NGINX server, and blocks all other inbound traffic to the server.

1. Create a NetworkPolicy YAML File

Create a file named nginx-networkpolicy.yaml with the following content:

```
apiVersion: networking.k8s.io/v1
kind: NetworkPolicy
metadata:
```

```
name: allow-nginx-client
spec:
  podSelector:
    matchLabels:
     app: nginx-server
  policyTypes:
    - Ingress
  ingress:
    - from:
     - podSelector:
        matchLabels:
        app: nginx-client
  ports:
     - protocol: TCP
     port: 80
```

Key points:

- podSelector: Specifies the pods to which this NetworkPolicy applies (in this case, the NGINX server).
- **policyTypes**: Defines the type of policy (Ingress in this case, meaning traffic coming into the pod).
- **ingress**: Defines which pods can send traffic to the NGINX server. Only traffic from pods with the label app: nginx-client is allowed.

2. Apply the NetworkPolicy

Run the following command to create the NetworkPolicy:

```
kubectl apply -f nginx-networkpolicy.yaml
```

3. Verify the NetworkPolicy

Check that the NetworkPolicy was created successfully:

```
kubectl get networkpolicies
```

```
PS C:\Users\Administrator> kubectl apply -f nginx-networkpolicy.yaml
networkpolicy.networking.k8s.io/allow-nginx-client unchanged
PS C:\Users\Administrator> kubectl get networkpolicies
NAME POD-SELECTOR AGE
allow-nginx-client app=nginx-server 23h
```

Step 4: Test the NetworkPolicy

With the NetworkPolicy in place, we can now test its effect on pod-to-pod communication.

1. Test from the NGINX Client

You can get the IP address of the nginx server from the output of the following command:

kubectlget pod nginx-server-5df8f66fb7-24wzl -o wide

```
PS C:\Users\Administrator> kubectl get pod nginx-server-5df8f66fb7-24wzl -o wide

NAME READY STATUS RESTARTS AGE IP NODE NOMINATED NODE READINESS GATES
nginx-server-5df8f66fb7-24wzl 1/1 Running 0 20m 10.244.0.67 minikube <none> <none>
```

Exec into the NGINX client pod and try to access the NGINX server using the IP address obtained earlier (10.244.0.67):

```
kubectl exec -it <nginx-client-pod> -- wget --spider --timeout=1 <nginx-
server-ip>
```

```
PS C:\Users\Administrator> kubectl exec -it nginx-client-8cf5cbfb4-79l2m -- wget --spider --timeout=1 10.244.0.67 Connecting to 10.244.0.67 (10.244.0.67:80) remote file exists
```

This request should succeed because the NetworkPolicy allows traffic from the client to the server.

2. Test from a Different Pod

Deploy another pod that does not match the nginx-client label, such as a busybox pod:

```
kubectl run busybox --image=busybox --command -- sleep 3600
```

```
PS C:\Users\Administrator> kubectl run busybox --image=busybox --command -- sleep 3600 pod/busybox created
```

Now, try to access the NGINX server from this busybox pod:

You can get the IP address of the nginx server from the output of the following command:

```
kubectl describe svc nginx-service
```

This command provides detailed information about the nginx service, including its IP address.

```
PS C:\Users\Administrator> kubectl describe svc nginx-service
                   nginx-service
Name:
                   default
Namespace:
Labels:
                   <none>
Annotations:
                   <none>
Selector:
                   app=nginx-server
Type:
                   ClusterIP
IP Family Policy: SingleStack
IP Families:
IP:
                   10.106.249.60
IPs:
                   10.106.249.60
Port:
                   <unset> 80/TCP
TargetPort:
                   80/TCP
Endpoints:
                   10.244.0.67:80
Session Affinity:
                   None
Events:
                   <none>
```

```
kubectl get pods --show-labels
```

```
PS C:\Users\Administrator> kubectl get pods --show-labels

NAME READY STATUS RESTARTS AGE LABELS
busybox 1/1 Running 0 15m run=busybox
nginx-client-8cf5cbfb4-79l2m 1/1 Running 0 38m app=nginx-client,pod-template-hash=8cf5cbfb4
nginx-server-5df8f66fb7-24wzl 1/1 Running 0 39m app=nginx-server,pod-template-hash=5df8f66fb7
```

Use the command kubectl exec -it busybox -- wget --spider --timeout=1 10.109.249.60, where 10.109.249.60 is the IP address you get from the command kubectl describe svc nginx-service.

```
kubectl exec -it busybox -- wget --spider --timeout=1 <nginx-server-ip>
```

```
PS C:\Users\Administrator> kubectl exec -it busybox -- wget --spider --timeout=1 10.106.249.60
Connecting to 10.106.249.60 (10.106.249.60:80)
remote file exists
PS C:\Users\Administrator>
```

This request should fail because the NetworkPolicy only allows traffic from the nginx-client pod.

References

- Kubernetes NetworkPolicy Documentation
- Minikube Documentation