Common time expressions used with Simple Present

- •Always "She always drinks coffee in the morning."
- •Usually "They usually go for a walk after dinner."
- •Often "He often plays soccer on weekends."
- Sometimes "I sometimes read before bed."
- Rarely "We rarely eat out."
- •Never "She never watches TV."
- •Every day "I exercise every day."
- •Once a week "He visits his parents once a week."
- •Twice a month "They go to the cinema twice a month."
- •In the morning/afternoon/evening "I study in the evening."

Common time expressions used with Present Continuous

- •Now "I am studying now."
- •Right now "She is cooking dinner right now."
- •At the moment "They are watching a movie at the moment."
- •Currently "He is currently working on a project."
- •Today "We are meeting today."
- •This week "I am taking a course this week."
- •This month "She is traveling this month."
- These days "They are playing a lot of video games these days."
- •For the time being "I am living with my parents for the time being."
- •All day "He is working all day."