

Exam Help Sheet

Schrödinger equation

$$i\hbar \frac{d}{dt} |\psi(t)\rangle = \hat{H}(t) |\psi(t)\rangle$$

Uncertainty relation

$$\Delta a \Delta b \geqslant \frac{1}{2} \left| \left\langle \left[\hat{A}, \hat{B} \right] \right\rangle \right|$$

Eherenfest's theorem

$$\frac{d}{dt}\langle a\rangle = \frac{1}{i\hbar}\langle \psi|[\hat{A},\hat{H}]|\psi\rangle + \langle \psi|\frac{d\hat{A}}{dt}|\psi\rangle.$$

Harmonic oscillator

$$\psi_n(x) = \frac{1}{\sqrt{2^n n! \sqrt{\pi}}} e^{-\frac{x^2}{2}} H_n(x)$$

$$H_0(x) = 1; \quad H_1(x) = 2x; \quad H_2(x) = 4x^2 - 2; \quad H_3(x) = 8x^3 - 12x$$

Harmonic oscillator: ladder operators

$$\hat{a} = \frac{\hat{x} + i\hat{p}}{\sqrt{2}}; \quad a^{\dagger} = \frac{\hat{x} - i\hat{p}}{\sqrt{2}}; \quad \left[\hat{a}, \hat{a}^{\dagger}\right] = 1; \quad |n\rangle = \frac{1}{\sqrt{n!}} \left(\hat{a}^{\dagger}\right)^{n} |0\rangle; \quad \hat{a}|n\rangle = \sqrt{n}|n-1\rangle; \quad \hat{a}^{\dagger}|n\rangle = \sqrt{n+1}|n+1\rangle$$

Coherent states expansion

$$\hat{a}|z\rangle = z|z\rangle; \quad |z\rangle = e^{-\frac{|z|^2}{2}} \sum_{n} \frac{z^n}{\sqrt{n!}} |n\rangle; \quad \mathcal{D}(z) = e^{z\hat{a}^{\dagger} - z^*\hat{a}}; \quad |z(t)\rangle = e^{-i\frac{1}{2}t} |ze^{-it}\rangle.$$

Second quantization: fermions

$$\{a_{\alpha}^{\dagger}, a_{\beta}^{\dagger}\} = \{a_{\alpha}, a_{\beta}\} = 0; \quad \{a_{\alpha}, a_{\beta}^{\dagger}\} = \delta_{\alpha, \beta};$$

$$a_{\alpha}^{\dagger} | \cdots n_{\alpha} \cdots \rangle = (-1)^{\sum_{\delta < \alpha} n_{\delta}} (1 - n_{\alpha}) | \cdots 1_{\alpha} \cdots \rangle;$$

$$a_{\alpha} | \cdots n_{\alpha} \cdots \rangle = (-1)^{\sum_{\delta < \alpha} n_{\delta}} n_{\alpha} | \cdots 0_{\alpha} \cdots \rangle$$

Second quantization: bosons

$$[a_{\alpha}^{\dagger}, a_{\beta}^{\dagger}] = [a_{\alpha}, a_{\beta}] = 0; \quad [a_{\alpha}, a_{\beta}^{\dagger}] = \delta_{\alpha, \beta};$$

$$a_{\alpha}^{\dagger} | \cdots n_{\alpha} \cdots \rangle = \sqrt{n_{\alpha} + 1} | \cdots (n_{\alpha} + 1) \cdots \rangle;$$

$$a_{\alpha} | \cdots n_{\alpha} \cdots \rangle = \sqrt{n_{\alpha}} | \cdots (n_{\alpha} - 1) \cdots \rangle$$

Second quantization: operators

$$\hat{T} = \sum_{\alpha,\beta} t_{\alpha,\beta} a_{\alpha}^{\dagger} a_{\beta}; \quad \hat{V} = \sum_{\alpha,\beta,\gamma,\delta} v_{\alpha\beta,\gamma\delta} a_{\alpha}^{\dagger} a_{\beta}^{\dagger} a_{\delta} a_{\gamma}.$$

Angular momentum

$$\hat{L}^2|lm\rangle = l(l+1)\hbar^2|lm\rangle; \quad \hat{L}_z|lm\rangle = m\hbar|lm\rangle$$



Spin

$$\mathbf{S} = \frac{\hbar}{2}\sigma; \quad \sigma_x = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \quad \sigma_y = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}, \quad \sigma_z = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}; \quad [\sigma_x, \sigma_y] = i2\sigma_z \text{ and permutations.}$$

Time-independent perturbation theory

$$E_n^{(1)} = \langle n|\hat{H}_1|n\rangle; \quad |\phi_n^{(1)}\rangle = \sum_{m \neq n} \frac{H_{mn}}{\epsilon_n - \epsilon_m} |m\rangle; \quad E_n^{(2)} = \sum_{m \neq n} \frac{|H_{mn}|^2}{\epsilon_n - \epsilon_m}$$

Time-dependent perturbation theory

$$a_{i\to f}^{(1)}(t) = \frac{\lambda}{i\hbar} \int_{t_0}^t d\bar{t} \, H_{fi}(\bar{t}) e^{i\omega_{fi}\bar{t}}; \quad \mathcal{W}_{i\to d\epsilon_f} = \frac{2\pi}{\hbar} \left| H_{fi} \right|^2 \left(\frac{d\nu}{d\varepsilon_f} \right)_{\epsilon_f = \epsilon_i + \hbar\omega}$$

Heisenberg picture

$$|\psi_{H}\rangle = e^{i\frac{\hat{H}(t-t_{0})}{\hbar}}|\psi_{S}(t)\rangle; \quad \hat{A}_{H}(t) = e^{i\frac{\hat{H}(t-t_{0})}{\hbar}}\hat{A}_{S}e^{-i\frac{\hat{H}(t-t_{0})}{\hbar}}; \quad i\hbar\frac{d\hat{A}_{H}}{dt} = \left[\hat{A}_{H},\hat{H}\right] + i\hbar\left(\frac{d\hat{A}_{S}}{dt}\right)_{H}$$

Interaction picture $\hat{H} = \hat{H}_0 + \hat{H}_1$

$$|\psi_I(t)\rangle = e^{i\frac{\hat{H}_0(t-t_0)}{\hbar}}|\psi_S(t)\rangle; \quad \hat{A}_I = e^{i\frac{\hat{H}_0(t-t_0)}{\hbar}}\hat{A}_S e^{-i\frac{\hat{H}_0(t-t_0)}{\hbar}}; \quad i\hbar\frac{d\hat{A}_I}{dt} = \left[\hat{A}_I, \hat{H}_0\right] + i\hbar\left(\frac{d\hat{A}_S}{dt}\right)_I;$$

$$\hat{U}_I(t,t_0) = \mathcal{T}\left[e^{-\frac{i}{\hbar}\int_{t_0}^t d\bar{t}V_I(\bar{t})}\right].$$

Born approximation elastic scattering

$$\frac{d\sigma}{d\Omega} = \left(\frac{m}{2\pi\hbar^2}\right)^2 |V(\mathbf{q})|^2; \quad V(\mathbf{q}) = \int d^{(3)}\mathbf{r} \, e^{-i\mathbf{q}\cdot\mathbf{r}} V(\mathbf{r})$$

Formal scattering theory

$$\begin{split} \frac{d^2 u_l}{dr^2} - \frac{l(l+1)}{r^2} u_l + \frac{2m}{\hbar^2} \left[E - V(r) \right] u_l &= 0 \\ S_l &= e^{2i\delta_l}; \quad \frac{d\sigma}{d\Omega} = |f(\Omega)|^2; \quad \sigma = \frac{4\pi}{k^2} \sum_l (2l+1) \sin^2 \delta_l; \quad a_s = -\lim_{k \to 0} \frac{\tan \delta_{l=0}}{k} \end{split}$$

Hadamard's lemma

$$e^{A}Be^{-A} = B + [A, B] + \frac{1}{2!}[A, [A, B]] + \frac{1}{3!}[A, [A, A, B]] + \cdots$$