

SAFINA AMANULLAH

PSYCHOLOGIST

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SUMMARY

Recent psychology graduate eager to apply academic knowledge and develop expertise in a professional setting. Skilled in active listening, time management, and conflict resolution. Committed to providing compassionate support and fostering positive outcomes for individuals and groups.

TECHNICAL SKILLS

Data analysis	content creator
Microsoft office	PsySoft
Graphic designing	

PROFESSIONAL EXPERIENCE

Internship at BIPBS

August 2024

As a psychologist, I worked there with patients to assess, diagnose, and treat their mental health issues. My responsibilities included conducting psychological assessments and evaluations, developing and implementing evidence-based treatment plans, and providing individual and group therapy sessions. I also collaborated with multidisciplinary teams to develop and implement behavioral interventions, and conducted research to inform evidence-based practices. Additionally, I provided consultation services to families, schools, and organizations to promote mental health and wellness.

Volunteer Experience

- Volunteer Experience Kare Kamal Welfare Organization
- Organized blood donation camps and winter drives to support underprivileged communities.
- Assisted in fundraising and awareness activities.

EDUCATION

Intermediate

2018-2020

Government Girls Inter College Khanozai
pre-medical (A)

BS Psychology

2020-2024

Sardar Bahadur Khan Womens University Quetta
CGPA: 3.77

ADDITIONAL INFORMATION

- **Languages:** English, Urdu, Pashto
- **Skills:** Psychological assessment and diagnosis, Active listening, Empathy, therapy and counseling problem solving, time management, critical thinking.