



Bakery-Cafe Menu

About Our Menu

Panera Bread® offers handcrafted, artisan breads baked in each bakery-cafe every morning from fresh dough. We're committed to providing you with fresh, great-tasting food you can trust made from the highest quality ingredients and highlighted by chicken raised without antibiotics, whole grain bread, select organic and all-natural ingredients and a menu with 0 grams added trans fat.

Allergen Statement

Many of our products contain or may come into contact with common allergens, including wheat, peanuts, soy, tree nuts, milk, eggs, fish and shellfish. Before placing your order, please inform your server if a person in your party has a food allergy so that a manager can, at your request, provide you a list of ingredients in your order.



What We're Celebrating

Here are some of our favorite flavors, inspired by the season.

New! Broth Bowls

Just arrived at your local bakery-cafe: new Broth Bowls! Made from exotic ingredients, these bowls are sure to break through the mealtime blahs, and keep you feeling full and satisfied long after you're done. So what are you waiting for? Embark on your next eating adventure, one delicious spoonful at a time.

New! Power Almond Quinoa Oatmeal

Explore the power of quinoa in our new Power Almond Quinoa Oatmeal. A nutrient-rich seed with a great earthy flavor, quinoa is the perfect addition to our steel cut oats. With a topping of sliced toasted almonds, cinnamon and honey, this is one ultra-satisfying way to start your day.

Cinnamon Raisin Swirl Bread

Our Cinnamon Raisin Swirl Bread is freshly baked with real Vietnamese and Indonesian cinnamon swirls through our fresh dough with plump raisins and finished with our signature cinnamon crunch topping. Try it for breakfast or as a sweet snack with a little butter or your favorite cream cheese spread.

It's Back! Valentine Cookie

Whether you're looking for a surprise for that special someone, or just want to keep the sweetness all for yourself, our Valentine Cookies are the perfect choice. Made with our all-butter shortbread cookie dough, shaped like a heart and freshly baked each morning, these cute treats come iced in three delicious designs.

It's Back! Toffee Nut Cookie

A returning favorite, our Toffee Nut Cookie is freshly baked each and every day, with pieces of English toffee and chunks of Brazil nuts for a rich, buttery crunch in every bite. How sweet is that?

B-Green Power Smoothie

Morning, noon or night, our Low-Fat B-Green Power Smoothie puts the power to have a great day in your hands. Made with a blend of fruit and veggie purees, juices and concentrates, plus one whole banana, it's a wholesome and satisfying way to treat yourself to something delicious.



Breakfast Sandwiches

Steak & Egg on Everything Bagel

All-natural egg, Vermont white cheddar and seared steak on our Everything Bagel.

Mediterranean Egg White on Ciabatta

Egg whites, Vermont white cheddar, tomato sofrito, fresh spinach and basil pesto on Ciabatta.

Bacon, Egg & Cheese on Ciabatta

All-natural egg, Vermont white cheddar and applewood-smoked bacon on Ciabatta.

Sausage, Egg & Cheese on Ciabatta

All-natural egg, Vermont white cheddar and all-natural sausage on Ciabatta.

Bacon, Egg & Cheese on Asiago Cheese Bagel

All-natural egg, Vermont white cheddar and applewood-smoked bacon on our Asiago Cheese Bagel.

Egg & Cheese on Ciabatta

All-natural egg and Vermont white cheddar on Ciabatta.

Breakfast Power Sandwiches

Ham, Egg & Cheese Breakfast Power Sandwich

All-natural egg, Vermont white cheddar and smoked, lean ham on Whole Grain.

Avocado, Egg White & Spinach Breakfast Power Sandwich
Egg whites, Vermont white cheddar, avocado, fresh spinach and tomato on our Sprouted Grain Bagel Flat.

Turkey Sausage, Egg White & Spinach Breakfast Power Sandwich

Turkey sausage cooked into egg whites, Vermont white cheddar, fresh spinach and tomato on a Sprouted Grain Bagel Flat.



Breakfast Favorites

Power Almond Quinoa Oatmeal

Organic, steel cut oats topped with organic quinoa, sliced toasted almonds, ground cinnamon and honey.

Steel Cut Oatmeal

Organic steel cut oats with cinnamon crunch topping, pecans and fresh strawberries.

Strawberry Granola Parfait

Stonyfield Farm® low-fat, organic vanilla yogurt and maple butter pecan granola with whole grain oats and fresh strawberries.

Seasonal Fruit Cup



Baked Egg Soufflés

Savory ingredients and egg baked in our sweet French inspired pastry. Available in: Four Cheese, Spinach & Artichoke, Ham & Swiss, Spinach & Bacon.



Bagels & Cream Cheese Spreads

Bagels

Plain, Sprouted Grain Flat, Whole Grain, Everything, Sesame, Chocolate Chip, French Toast, Blueberry, Cinnamon Crunch, Cinnamon Swirl & Raisin, Asiago Cheese

Bagel Pack

13 bagels, two tubs of spreads.

Dozen & a Half

18 bagels

Baker's Dozen

13 bagels

Half Dozen
6 bagels

Cream Cheese Spreads

Plain and Reduced-Fat: Plain, Honey Walnut, Hazelnut, Wild Blueberry, Roasted Vegetable Medley, Chive & Onion



Pastries & Sweets

Pastries

Cinnamon Roll, Cobblestone, Pecan Roll, Bear Claw, Pecan Braid, Cheese, Chocolate, Cherry, French Croissant

Scones

Triple Berry, Wild Blueberry, Orange, Cinnamon Crunch, Mini Scones Variety Pack

Muffins

Wild Blueberry, Pumpkin, Apple Crunch, Cranberry Orange

Muffies

Chocolate Chip, Pumpkin

Cupcakes

Chocolate, Vanilla

Cakes & Brownies

Double Fudge Brownie with Icing, Carrot Cake with Walnuts, Cinnamon Crumb Coffee Cake

Cookies

Valentine Cookie or Tulip Cookie, Shortbread, Chocolate Chipper, Oatmeal Raisin, Chocolate Duet with Walnuts, Candy Cookie, Toffee Nut



Freshly Baked Breads

All of our breads are made from fresh dough using our own recipes and only unbleached flour, and freshly baked every morning and throughout the day.

Artisan Breads

Country, French, Rye, Sesame Semolina, Three Cheese, Three Seed, Focaccia, Ciabatta, Whole Grain

Specialty Breads

Sourdough, Asiago Cheese, Cinnamon Raisin Swirl, All-Natural White, Tomato Basil, Honey Wheat



Drinks

Coffee, Espresso & Hot Drinks

Available iced or hot, in decaf or with skim milk. Additional shots of espresso, flavored syrups or whipped cream available for an additional charge.

Freshly Brewed Coffee

Light Roast, Dark Roast, Colombian Decaf, Hazelnut

Caramel Latte

Espresso, foamed milk and caramel with whipped cream and caramel sauce.

Chai Tea Latte

Brewed black tea, honey, vanilla, cardamom, cinnamon, ginger and foamed milk.

Caffe Mocha

Espresso, foamed milk and chocolate with whipped cream and chocolate sauce.

Caffe Latte

Espresso and foamed milk.

Cappuccino

Espresso and foamed milk with a cap of foam.

Signature Hot Chocolate with Chocolate Chip Marshmallows

Bittersweet chocolate flavored syrup mixed with foamed milk and topped with whipped cream and salted caramel sauce.

Hot Teas

A variety of "The Republic of Tea" offerings.

Espresso

Fruit Smoothies

Low-Fat Mango

Mango fruit base mixed with orange juice and banana puree blended with Stonyfield Farm® organic, low-fat vanilla yogurt and ice.

Low-Fat Wild Berry

Apple and blueberry puree, and blueberry and raspberry concentrates, blended with Stonyfield Farm® organic, low-fat vanilla yogurt and ice.

Low-Fat Strawberry with Ginseng

Strawberry fruit base with a mix of fruit purees and juice concentrates, blended with Stonyfield Farm® organic, low-fat vanilla yogurt and ice, then boosted with ginseng.

Power Smoothies

Low-Fat B-Green Power Smoothie

A mixture of fruit and vegetable purees, juices and concentrates and one whole banana, blended with ice.

Fat-Free Superfruit Power with Ginseng

Superfruit fruit base with a mix of fruit purees, juices and juice concentrates, blended with organic, plain Greek, non-fat yogurt and ice, then boosted with ginseng.

Frozen Drinks

Frozen Caramel

Caramel and an icy coffee blend topped with whipped cream and caramel sauce.

Frozen Mocha

Chocolate and an icy coffee blend topped with whipped cream and chocolate sauce.

Beverages

Iced Chai Tea Latte, Iced Green Tea, Lemonade, Brewed Iced Tea (Tropical Hibiscus, Açai Berry or Black), San Pellegrino®, Bottled Water, Premium Orange Juice, Soft Drinks, Organic Apple Juice, Organic White or Chocolate Milk



You Pick 2®

Combine two items: Half Pasta, Half Sandwich, Cup of Soup, Half Salad or one Flatbread Sandwich



Panini & Sandwiches

Steak & White Cheddar Panini

Seared steak, caramelized onions, Vermont white cheddar and horseradish sauce on French baguette.

Roasted Turkey & Avocado BLT

Roasted turkey breast raised without antibiotics, applewood-smoked bacon, lettuce, tomatoes and avocado with reduced-fat olive oil mayo on Sourdough.

Italian Combo Sandwich

Seared steak, smoked turkey breast, smoked, lean ham, salami, Swiss, peperoncini, lettuce, tomatoes, red onions and special sauce on Ciabatta.

Asiago Steak Sandwich

Seared steak, smoked cheddar, lettuce, tomatoes, red onions and horseradish sauce on Asiago Cheese Demi.

Smokehouse Turkey® Panini

Smoked turkey breast, applewood-smoked bacon, smoked cheddar and sun-dried tomato ale mustard on Three Cheese.

Bacon Turkey Bravo® Sandwich

Smoked turkey breast, applewood-smoked bacon, smoked Gouda, lettuce, tomatoes and signature sauce on Tomato Basil.

Frontega Chicken® Panini

Smoked, pulled chicken raised without antibiotics, mozzarella, tomatoes, red onions, basil and chipotle mayo on Focaccia.

Chipotle Chicken Panini

Chicken raised without antibiotics, applewood-smoked bacon, smoked cheddar, tomatoes and ancho-chipotle spread on French.

Napa Almond Chicken Salad Sandwich

Chicken raised without antibiotics, diced celery, seedless grapes, almonds and our special dressing with lettuce and tomatoes on Sesame Semolina.

Tomato & Mozzarella Panini

Fresh mozzarella, tomato soffrito, fresh tomatoes, chopped basil and all-natural sun-dried tomato pesto on Ciabatta.

Sierra Turkey Sandwich

Smoked turkey breast, field greens, red onions and chipotle mayo on Asiago Cheese Focaccia.

Fontina Grilled Cheese

Vermont white cheddar, fontina, reduced-fat chive & onion cream cheese spread and a four cheese Italian blend grilled on thick sliced All-Natural White.

Classic Grilled Cheese

Organic sliced American cheese grilled on All-Natural White.

Smoked Turkey Breast Sandwich

Smoked turkey breast, lettuce, tomatoes, red onions, salt and pepper on Country Bread.

Mediterranean Veggie Sandwich

Zesty Peppadew™ piquant peppers, feta, cucumbers, lettuce, tomatoes, red onions and cilantro-jalapeño hummus on Tomato Basil.

Tuna Salad Sandwich

Special recipe tuna salad, lettuce, tomatoes and red onions with salt and pepper on Honey Wheat.

Smoked Ham & Swiss Sandwich

Smoked, lean ham, Swiss, lettuce, tomatoes, red onions, salt and pepper on Rye.

Flatbread Sandwiches

Turkey Cranberry Flatbread

Roasted turkey breast raised without antibiotics, cranberry mostarda and baby spinach with garlic and herb cream cheese spread on flatbread.

Mediterranean Chicken Flatbread

Chicken raised without antibiotics, curried lentil hummus, feta, cucumber and napa cabbage blend with tzatziki sauce on freshly baked flatbread.

BBQ Chicken Flatbread

Smoked, pulled chicken raised without antibiotics, frizzled onions, mozzarella, smoked gouda, fresh baby spinach and cilantro with BBQ sauce on freshly baked flatbread.

Southwestern Chicken Flatbread

Chicken raised without antibiotics, black bean hummus, feta, southwest corn blend, napa cabbage blend and cilantro with BBQ ranch dressing on freshly baked flatbread.



Hand-Tossed Salads

Thai Chicken Salad

Chicken raised without antibiotics, romaine, Thai cashews, fire-roasted edamame, red pepper and carrot blend, cilantro and wonton strips tossed with low-fat Thai chili vinaigrette and drizzled with peanut sauce.

Chicken Cobb with Avocado Salad

Chicken raised without antibiotics, romaine, tomatoes, applewood-smoked bacon, Gorgonzola and hard-boiled cage-free egg tossed with herb vinaigrette and topped with avocado.

Steak & Blue Cheese Salad

Seared steak, romaine, frizzled onions, tomatoes and Gorgonzola tossed with blue cheese vinaigrette and drizzled with a cabernet reduction.

Fuji Apple Chicken Salad

Chicken raised without antibiotics, field greens, romaine, tomatoes, red onions, pecans, Gorgonzola and apple chips tossed with white balsamic apple vinaigrette.

BBQ Chicken Salad

Chicken raised without antibiotics, romaine, roasted corn, black beans and frizzled onions with BBQ ranch dressing and drizzled with BBQ sauce.

Classic with Chicken Salad

Chicken raised without antibiotics, field greens, romaine, tomatoes, cucumbers and red onions tossed with reduced-fat balsamic vinaigrette.

Chicken Caesar Salad

Chicken raised without antibiotics, romaine, asiago-parmesan and homemade asiago croutons tossed with Caesar dressing.

Asian Sesame Chicken Salad

Chicken raised without antibiotics, romaine, cilantro, sliced almonds, sesame seeds and wonton strips tossed with Asian sesame vinaigrette.

Greek with Chicken Salad

Chicken raised without antibiotics, romaine, tomatoes, feta, peperoncini, red onions, kalamata olives and pepper tossed with Greek dressing.

Classic Salad

Field greens, romaine, tomatoes, cucumbers and red onions tossed with reduced-fat balsamic vinaigrette.

Caesar Salad

Romaine, asiago-parmesan and homemade asiago croutons tossed with Caesar dressing.

Greek Salad

Romaine, tomatoes, feta, peperoncini, red onions, kalamata olives and pepper tossed with Greek dressing.



Pastas

Chicken Tortellini Alfredo

Tortellini pasta filled with a three-cheese blend, tossed in alfredo sauce and topped with smoked, pulled chicken raised without antibiotics and asiago-parmesan.

Chicken Sorrentina Pasta

Egg and spinach ravioli filled with a three-cheese blend in a San Marzano tomato and extra virgin olive oil sauce over baby spinach, topped with smoked, pulled chicken raised without antibiotics and asiago-parmesan.

Pesto Sacchetti

Purse-shaped pasta stuffed with a six-cheese blend, tossed in nut-free basil pesto and topped with asiago-parmesan.

Tortellini Alfredo

Tortellini pasta filled with a three-cheese blend, tossed in alfredo sauce and topped with asiago-parmesan.

Mac & Cheese

Shell pasta tossed in a blend of cheeses, including our Vermont white cheddar cheese sauce.

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Broth Bowls

Add ½ salad, ½ sandwich or one flatbread to any bowl.*

Soba Noodle Bowl

Chicken Raised Without Antibiotics or Edamame Blend
Soba noodles, fresh spinach, napa cabbage blend, roasted mushroom and onion blend, sesame seeds and cilantro in our umami soy-biso broth.

Lentil Quinoa Bowl

Chicken Raised Without Antibiotics or Cage-Free Egg
Organic quinoa and brown rice, lentil blend, tomato sofrito, fresh kale and spinach with a lemon wheel in our umami soy-miso broth.

*Upcharge applies, see bakery-cafe menu for details.

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Soups

Available in a Bowl or Sourdough Bread Bowl.
For today's soup schedule please visit
www.PaneraBread.com.*

All-Natural Turkey Chili

A hearty blend of ground and pulled, dark roasted turkey raised without antibiotics, garbanzo and kidney beans slow cooked with tomatillos, corn, pasilla negro and ancho chili powders, cumin, edamame, diced onions, carrots, garlic and green chilies. Served daily.

Low-Fat All-Natural Chicken Noodle Soup

Fresh vegetables and tender all-white meat chicken breast simmered in a delicately seasoned chicken broth with traditional egg noodles. Served daily.

Vegetarian Creamy Tomato Soup

Pear tomatoes pureed with fresh cream with hints of red pepper and oregano, topped with asiago croutons. Served daily.

Broccoli Cheddar Soup

Chopped broccoli, shredded carrots and seasoning in a smooth cheese sauce. Served daily.

Bistro French Onion Soup

Sweet onions in a savory broth with classic sherry wine vinegar gastrique and sea salts, topped with Gruyere and asiago crutons. Served daily.

Low-Fat Vegetarian Black Bean Soup

Black beans in a spicy vegetarian broth with onions, red pepper, garlic and cumin. Served Sunday, Tuesday, Thursday and Saturday.

Cream of Chicken & Wild Rice Soup

Long grain and wild rice, celery, onions, carrots and diced chicken in chicken broth with cream and herbs. Served Sunday, Tuesday, Thursday and Saturday.

Baked Potato Soup

Russet potatoes with select seasonings and smoked bacon in cream sauce with spring onion and chives. Served Monday and Wednesday.

Low-Fat Vegetarian Garden Vegetable Soup with Pesto

Diced tomatoes, zucchini, yellow beans, Swiss chard, cauliflower, bell peppers and pearled barley in a tomato broth garnished with nut-free basil pesto. Served Monday, Wednesday and Friday.

New England Clam Chowder

Chopped sea clams, diced potato, celery, onions and seasonings in a creamy broth. Served Friday.

*Soup offerings at local bakery-cafes may differ.

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Power Menu

Power Breakfast Egg White Bowl with Roasted Turkey

Roasted turkey raised without antibiotics, egg whites, warm baby spinach, roasted peppers, basil pesto, salt and pepper.

Power Breakfast Egg Bowl with Steak

Two all-natural eggs, seared steak, sliced avocado and tomatoes.

Power Mediterranean Chicken Salad

Chicken raised without antibiotics, baby spinach, romaine, tomatoes, applewood-smoked bacon, hard-boiled egg, lemon juice and extra virgin olive oil.

Power Mediterranean Roasted Turkey Salad

Roasted turkey raised without antibiotics, baby spinach, romaine, tomatoes, red onions, kalamata olives, lemon juice and extra virgin olive oil.

Power Chicken Hummus Bowl

Chicken raised without antibiotics with cilantro-jalapeño hummus, fresh baby spinach, cucumbers, tomatoes and red onions, finished with freshly squeezed lemon and fresh, chopped cilantro.

Power Steak Lettuce Wraps

Seared steak, leaf lettuce, cucumbers, tomatoes, red onions, basil pesto and lemon juice.

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Panera Kids™

Served with a choice of squeezable organic yogurt, apple or soft dinner roll.

Half Salad

Choice of Greek, Classic or Caesar Salad.

Kids Mac & Cheese

Shell pasta in a blend of cheeses, including our Vermont white cheddar cheese sauce.

Kids Cup of All-Natural Turkey Chili

A hearty blend of ground and pulled, dark roasted turkey raised without antibiotics, garbanzo and kidney beans slow cooked with tomatillos, corn, pasilla negro and ancho chili powders, cumin, edamame, diced onions, carrots, garlic and green chilies.

Cup of Soup

A cup of soup. Check soup schedule at www.PaneraBread.com for daily availability.

Kids Peanut Butter & Jelly

Creamy peanut butter and grape jelly on All-Natural White Bread.

Kids Grilled Cheese

Organic American cheese grilled on All-Natural White Bread.

Kids Deli Sandwich

Organic American cheese and a choice of smoked, lean ham or smoked turkey breast served on All-Natural White Bread.

Kids Buttered Ribbon Noodles

Ribbon-shaped noodles with creamy butter and sea salt.



Call or Fax Ahead

Visit www.PaneraBread.com to find a bakery-cafe nearest you. We'll have your order waiting for you.



Panera Catering

Order your favorite sandwiches, salads, soups and sweets, conveniently boxed for groups of five or more. Delivery is available. Contact your local catering coordinator for details, or order online at www.PaneraBread.com.