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a.i. in healthcare: from symptom checker to ethical integration

G.S. Sandhu

Department of Information Technology, Chandigarh Engineering College, Landran, India

ABSTRACT

This paper presents a comprehensive overview of Artificial Intelligence(A.I.) applications in modren healthcare, emphasizing the transformative potential in many scenarios like diagnostics, decision support and patient interaction. It develops into intelligent diagnostic support systems such as AI powered symptom checker that can assist users in assessing medical conditions based on symptom inputs. All the interactions between user and AI can be build using frontend, backend technologies like mern. A comparative analysis is conducted between various machine learning models including Naïve Bayes or Decision Trees the one with the best outcomes or prediction can be used to evaluate their diagnostic performance and computational efficiency.

INTRODUCTION

Artificial Intelligence (AI) has being evolved from futuristic concept to a practical tool in not only healthcare systems but in almost every aspects. Over the past decade, AI has significantly impacted medical domains including disease diagnosis, patient risk stratification and also a there are robotic-assisted procedures.

Technologies advancements like these are helpful in improving clinical wokflows, reducing diagnostic errors, and enhancing precision in treatment plans.

Technologies of AI such as natural language processing (NLP) are revolutionizing the way clinicians analyze and interpret unstructured clinical documentation.

MODERN SCOPE OF AI IN HEALTHCARE

Natural Language Processing(NLP), pioneered by organization like Nuance Communications and advance d in clinical NLP by researchers like DR.Wendy Chapman. It enables computers to extract meaningful data from

unstructured clinical data. These tools help in coding, documentation and early warning systems. Also, Amazon Compre hend Medical offers scalable NLP APIs that can be integrated with hospital EHRs for automate clinical workflow.

USE CASES OF AI IN DIAGNOSIS AND TREATMENT

The integration of Artificial Intelligence (AI) into healthcare for disease diagnosis and treatment has been a focal point of r esearch and development in recent years. Several key studies and initiatives have contributed significantly to advancing this field in past decade are:

1. DeepMind Health:

DeepMind, a subsidiary of Alphabet Inc., has-spearheaded efforts to leverage AI for healthcare-applications. Their work on developing algorithms for early detection of diseases such as diabetic retinopathy and acute kidney injury has demonstr ated the potential of AI in improving diagnostic accuracy and patient outcomes. INTELLIGENT SYMPTOM CHECKER

Similarly, I'm working on symptom checker prototype as a part of my final year graduation capstone project which has been integrated with hybrid machine learning using Naïve Bayes and Decision Tree classifiers. Model chosen by their balance of speed, interpretability and classification performance. This isinspired by model s used in Mayo Clinic's Ask Mayo Expert and infermedica. The user interface is designed using Dialogflow (Google) for natural language understanding aand hosted on a React frontend, Backend is devloped using FastAPI, a a high performing web framework for python to interact with third part health applications or EHR systems. Training dataset we used includes simulated cases based on datasets such as the SymCAT(Symptom Disease Realationship Dataset) and open source patient reportes outcome data.

METHODOLOGY

The process of developing AI powered systems for disease prediction and treatment is multi-faceted and requires careful planning, collaboration, and execution. Below is a step-by-step overview of a standard methodology used in AI driven healthcare analytics.

1. Data Collection

The foundation of any AI model lies in quality data. This step involves gathering comprehensive datasets from diverse sources, including electronic health records (EHRs), medical imaging repositories, genomic databases, wearable health devices, and patient-reported surveys. Ensuring the integrity, accuracy, and privacy compliance of this data—especially in line with regulations like HIPAA is also essential.

ETHICAL CHALLENGES IN HEALTHCARE AI

Now Artificial Intelligence (AI) technologies become increasingly involved in healthcare systems. With their increse in healthcare systems it arises complex ethical challenges that demand urgent attention. One of the most crucial issue is algorithmic bias because when AI models trained on imbalanced datasets produce unequal outcomes across race, gender, socioeconomic status or geography. This is especially problematic in predictive

models that guide clinical decisions or triage patients. Researchers like Ziad Obermeyer and Sendhil Mullainathan have highlighted racial bias in mostly used commercial healthcare algorithms.

EXPLAINABILITY, TRUST, AND PATIENT SAFETY

Center to Ai revolution are technologies like Natural Laguage Processing (NLP), which extract improtant information from huge unstructered data, enabling fatser documentation review and risk flagging. Deep learning Processing mostly convolutional neural networks (CNNs) have become standard in radiology and dermatology for interpreting complex medical images. Also, there is Reinforcement learning a model inspired by reward based learning in neuroscience. It is being tested to optimize treatment schedules in oncology and intensive care settings, learning dynamically from patient responses.

CONCLUSIONS

This paper has explored the transformative role of Artificial Intelligence (AI) across various healthcare domains, from diagnosis and predictive analytics to treatment planning and clinical decision support. The integration of technologies like natural language processing, deep learning, and reinforcem ent learning with Electronic Health Record (EHR) systems has shown the potential to drastically improve diagnostic accuracy, workflow efficiency, and personal ized care. Practically, the findings highlight that AI can be a reliable partner—not a replacement—for clinicians.

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