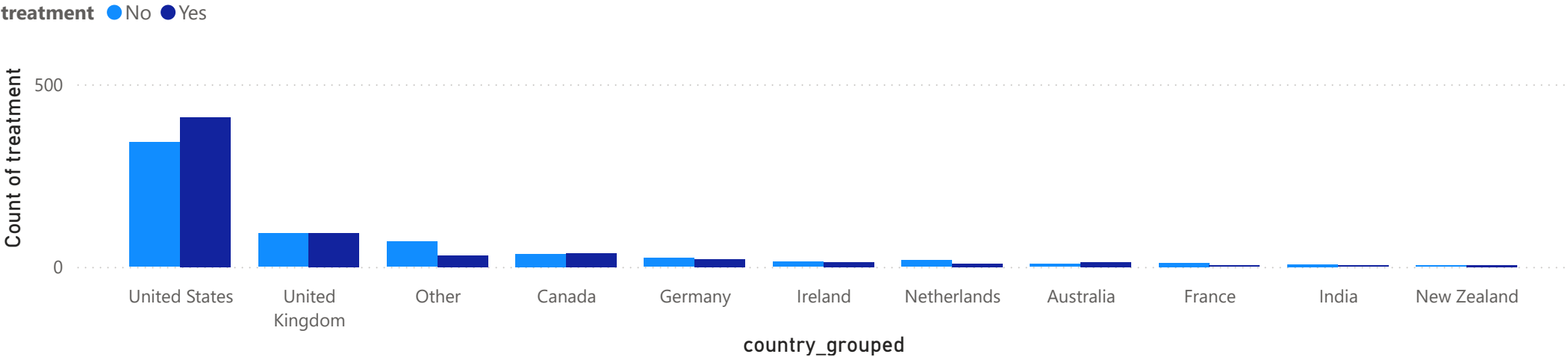# Mental Health in Tech: A Global Survey Overview (2014)

-- Insights from a global 2014 survey of mental health in the tech workplace
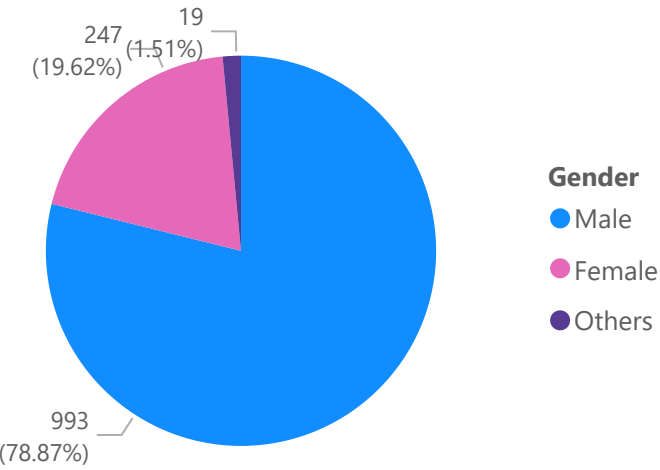
Total Responses
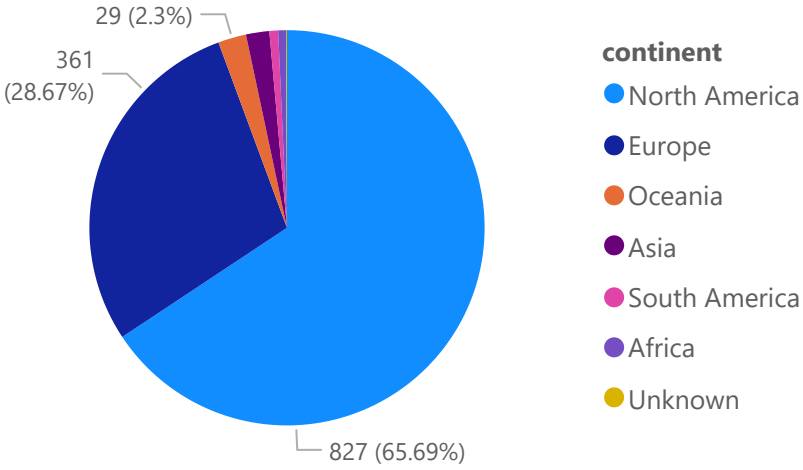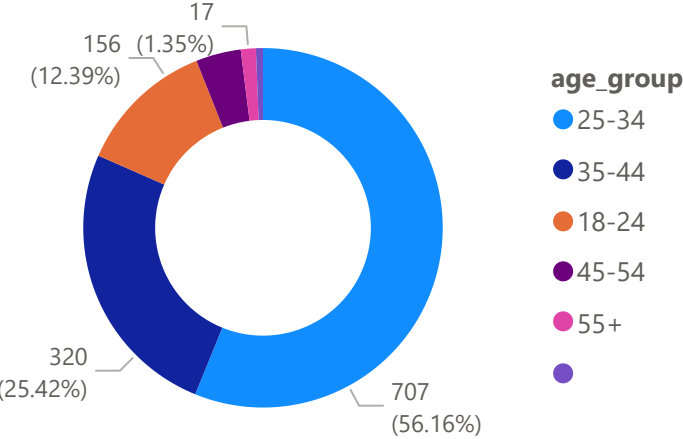
1259

Mental Health Treatment by Country

treatment ● No ● Yes

Count of treatment — country_grouped

(500, 0 axis; countries: United States, United Kingdom, Other, Canada, Germany, Ireland, Netherlands, Australia, France, India, New Zealand)

Gender Distribution

247 (19.62%)
19 (1.51%)
993 (78.87%)

Gender
● Male
● Female
● Others

Respondents by Continent

29 (2.3%)
361 (28.67%)
827 (65.69%)

continent
● North America
● Europe
● Oceania
● Asia
● South America
● Africa
● Unknown

Age Group Breakdown

17 (1.35%)
156 (12.39%)
320 (25.42%)
707 (56.16%)

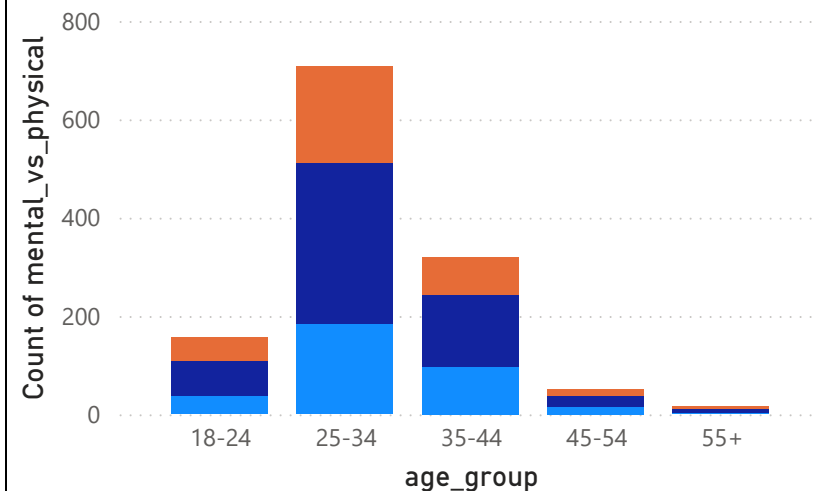**age_group**
● 25-34
● 35-44
● 18-24
● 45-54
● 55+
●

Mental Health in Tech: A Global Survey Overview (2014)

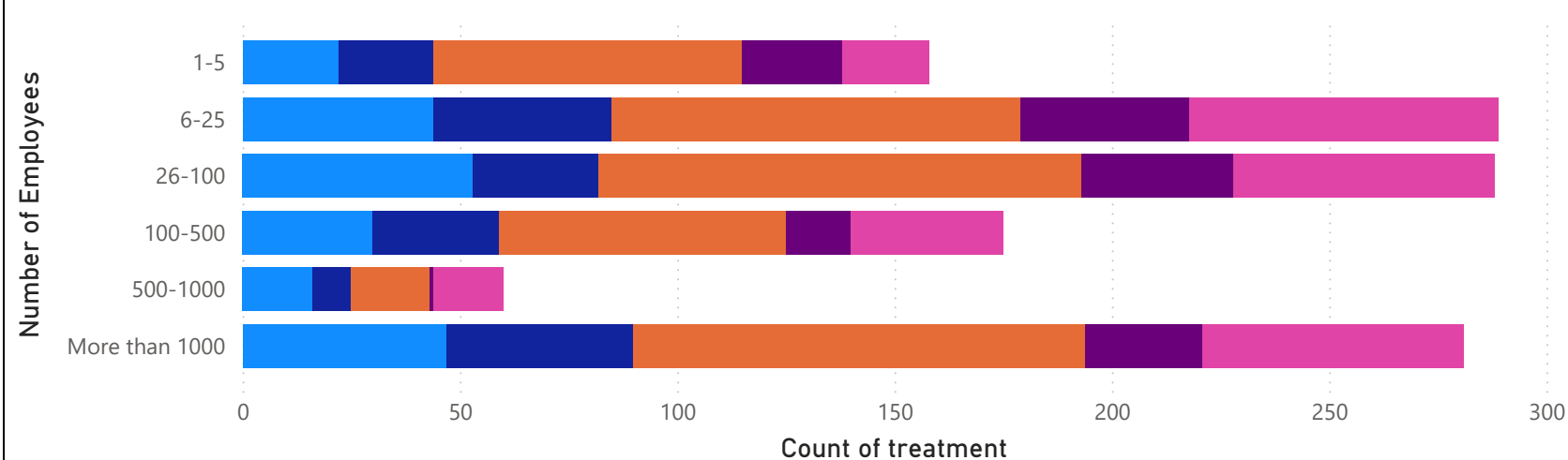## -- Insights from a global 2014 survey of mental health in the tech workplace

Mental vs Physical Health by Age Group
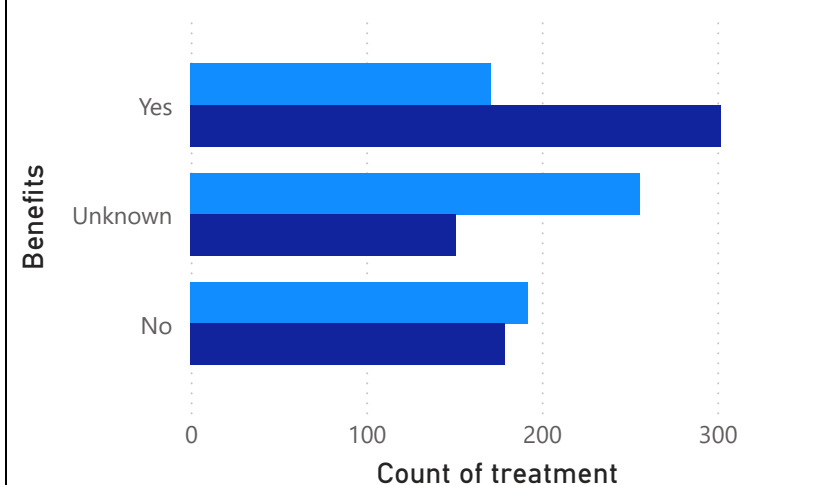
Mental_vs_Ph... ● No ● Unknown ● Yes

How Mental Health Interferes with Work - by Company Size

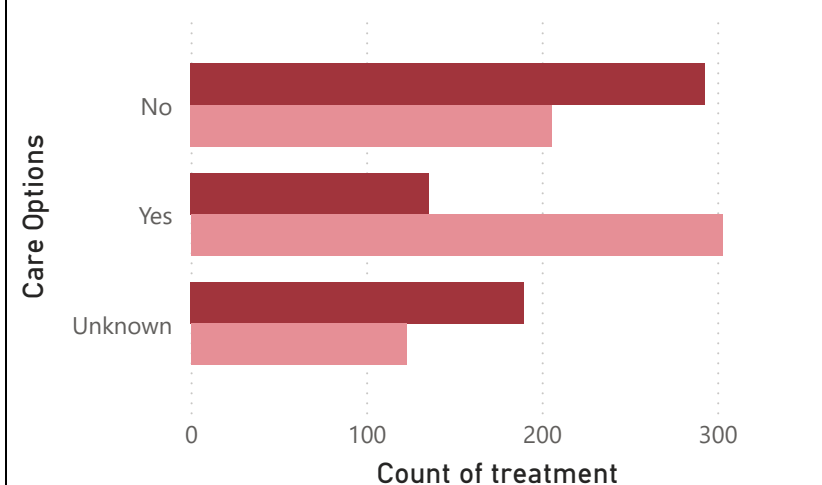Work Interfere ● Never ● Rarely ● Sometimes ● Often ● Unknown

Mental Health Benefits vs Treatment Seeking
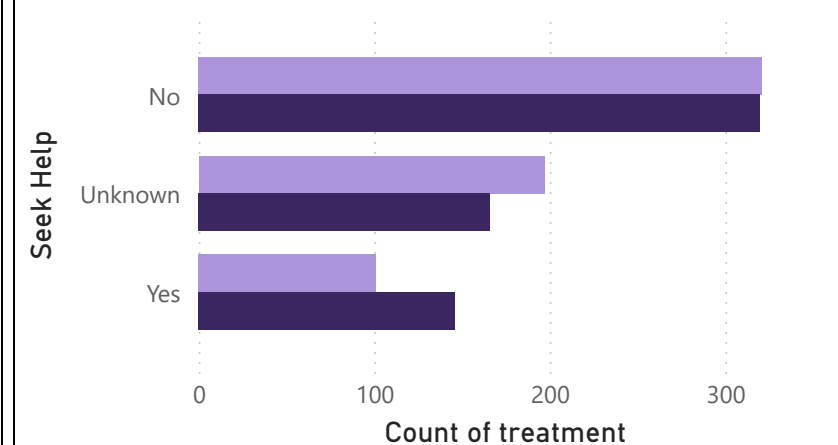
Treatment ● No ● Yes

Care Options vs Treatment Seeking

Treatment ● No ● Yes

Employer Encouragement to Seek Help vs Treatment Seeking
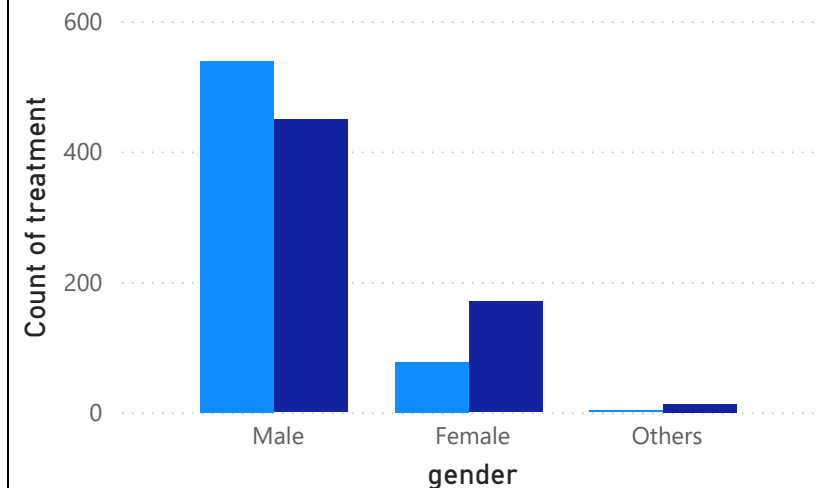
Treatment ● No ● Yes

Mental Health in Tech: A Global Survey Overview (2014)

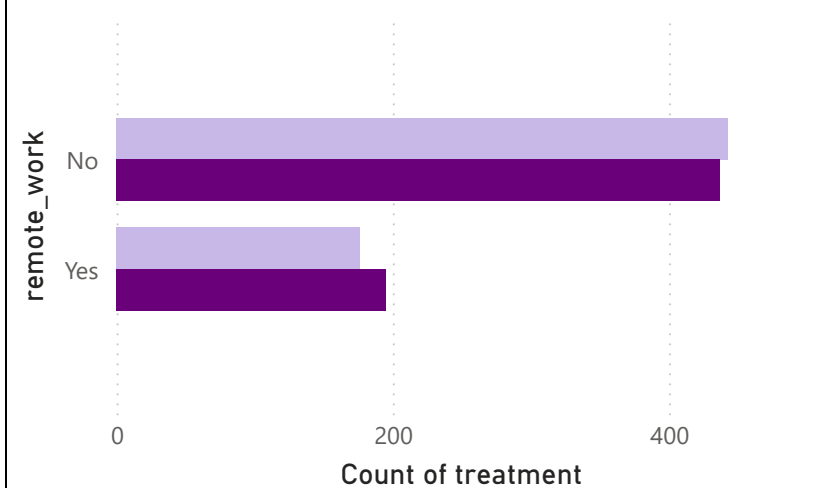-- Insights from a global 2014 survey of mental health in the tech workplace

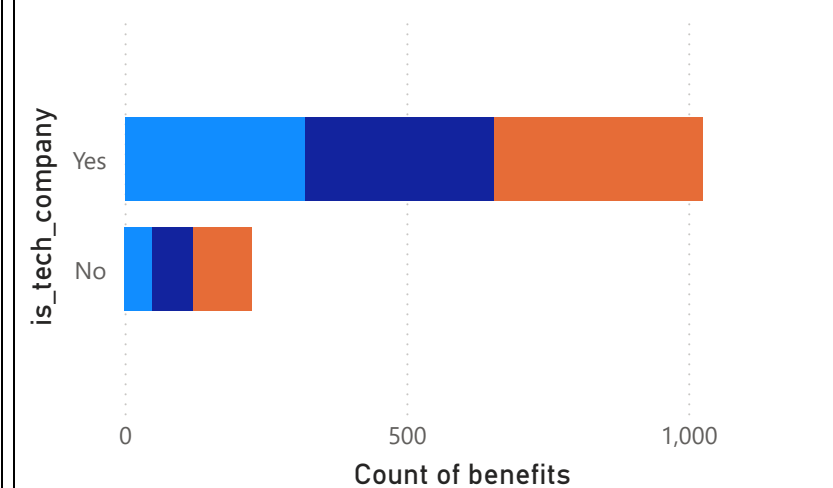## Treatment Seeking Behaviour by Gender

Treatment ● No ● Yes

Remote Work and Mental Health Treatment
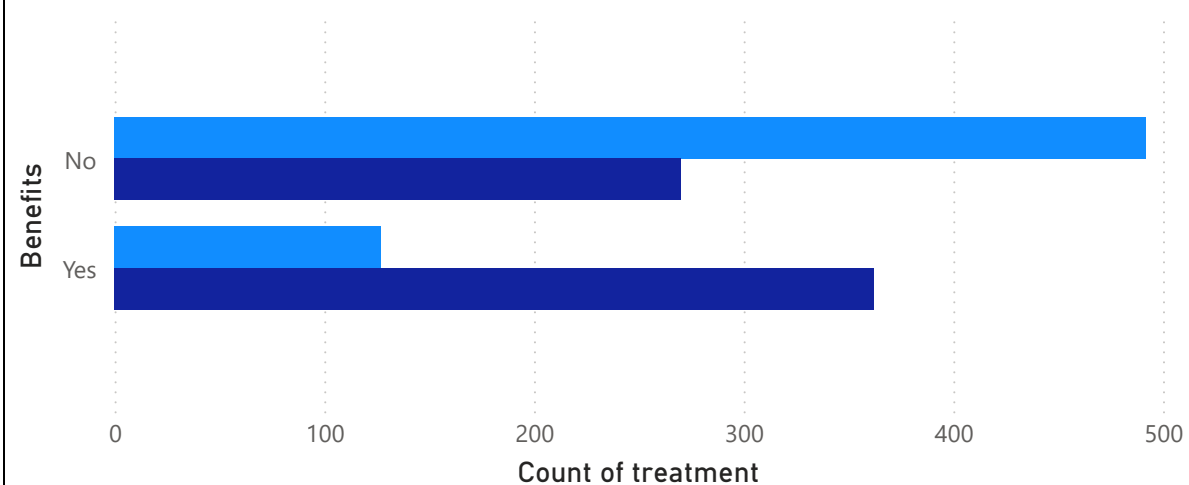
Treatment ● No ● Yes

Employer Mental Health Benefits: Tech vs Non-Tech
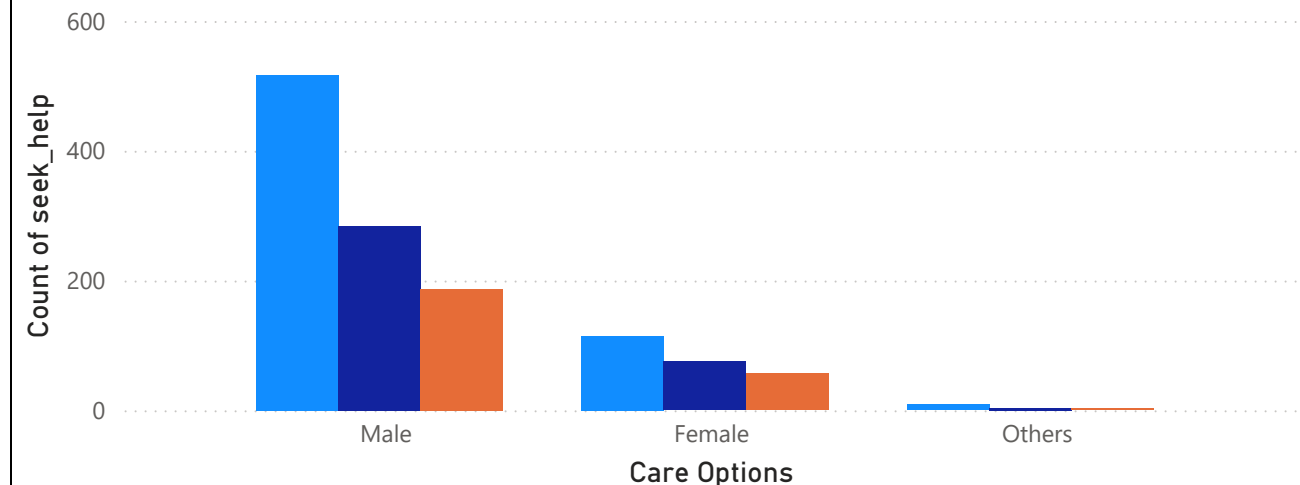
Treatment ● No ● Unknown ● Yes

Family History of Mental Illness vs Treatment Seeking

Treatment ● No ● Yes

Encouragement to Seek Help by Gender

Treatment ● No ● Unknown ● Yes

Mental Health in Tech – Summary & Risk Overview

% Seeking Treatment

50.52%

Treatment Rate

% Reporting Work Interference

48.28%

Work Interfere Rate

% With Mental Health Benefits

37.81%

Benefits Coverage Rate

Average Mental Health Risk Score by Company Size