**OSSSG first session: Introduction to Open Science**

**Date:** October 22nd, 2021

**Location:** Zoom

**Presenters:** Arianna Gibson & Brittany Lindsay

**Event planners:** Arianna Gibson & Brittany Lindsay

**Session description:** Join OSSSG as we explore the concept of perfectionism, its impact on our lives, and how we might reflect on our tendencies and decide to let go a bit more! This session will include brief videos and information about the concepts, facilitated discussions, and relevant exercises guided by two “un-expert” students, Brittany Lindsay and Arianna Gibson, who are excited to explore this concept with everyone! Although less focused on open-scence than our typical events, this topic was indicated as an interest to our members and will help bring us together as a community. We look forward to seeing you there!

**Link to video recording of presentation:** [NA](https://youtu.be/762L5vX6X3Q)

**Link to slides:**

**Resources:** see