<https://www.listen-and-write.com/audio/show3/17797>

주제: Ophelia (advanced) level 18

1.

Ophelia was a night shift worker at hospital.

2.

This meant that she worked late at night.

3.

Ophelia’s work schedule was 9pm to 4am. Ophelia would sleep during the day while most people were at work.

4.

For the first year of the work, Ophelia had a hard time adjusting to the schedule.

5.

She had trouble sleeping during the afternoon.

6.

She was upset that she had to miss out on social events her friends hosted.

7.

It’s still hard for Ophelia to adjust but she is better at it.

8.

When she comes back from work, she goes to the gym for a few hours.

9.

Then she practices her knitting skills.

10.

Afterwards she would make herself a healthy meal.

\*afterwards = 나중에

11

Night shift workers often eat unhealthier than day shift workers

12

After lunch she would watch her favorite TV show.

13

After that, she would sleep.

14

The hospital informed the employees that they could send requests to change the time of their shift.

15

Ophelia was excited about this and immediately sent in a request to change her shift.

16

A couple of weeks later, the manager gave Ophelia a letter.

17

The letter stated that her request was rejected.

18

Ophelia was shocked.

19

She went to her manager and asked her why.

20

She said that many night shift workers who requested an earlier shift were elderly.

21

Ophelia was only 25.

22

The manager thought that the older employees needed an earlier shift more than Ophelia did.

23

Ophelia was mad at first but she thought about the older employees.

24

Their bones were aching and they’re tired.

\*aching = 쑤시는.

25

They do need it more than her.