## How to use util::Profiling

See for instance elasticity or liquid demos for example code

## Easy profiling using macros

 The include header util\_profiling.h contains utilities for profiling your code. For instance during a simulation loop one wants to time a certain computation or monitor say the kinetic energy, then one writes

```
#include <util_profiling.h>
while( true)
{
START_TIMER("MY_TIMER");
.... do the computation...
STOP_TIMER("MY_TIMER");
RECORD("ENERGY", my_value);
```

• Notice that all that is needed are the macros START\_TIMER, STOP\_TIMER and RECORD