

# Must Know Mantras



## GAYATRI MANTRA

*Aum Bhur Bhuvah Svaha  
Tat Savitur Vareniam  
Bhargo Devasya Dhimahi  
Dhiyo Yo Nah Prachodayat*

Thou art the giver of life, remover of pain  
and sorrow  
The bestower of happiness  
May we receive thy supreme sin-  
destroying light  
May Thou guide our intellect in the right  
direction

- Rg Veda 3.62.10



## BHOJAN MANTRA

*Aum brahmarpanam brahma havir  
brahmagnau brahmana hutam  
brahmaiva tena gantavyam  
brahma-karma-samadhina  
aham vaisvanaro bhutva  
praninam deham asritah  
pranapana-samayuktah  
pacamy annam catur-vidham*

Brahman is the instrument to offer with:  
Brahman is the oblation. By Brahman  
is the oblations offered into the fire  
of Brahman; Brahman alone is to be  
reached by him who meditated on Him  
in his works.

- (BG.4.24)

I am the fire of digestion in every living  
body, and I am the air of life, outgoing  
and incoming, by which I digest the four  
kinds of foodstuff.

- (BG 15.14)



## SHANTI MANTRA

*Aum saha nāvavatu  
saha nau bhunaktu  
saha vīryam karavāvahai  
tejasvināvadhītamastu mā vidviṣāvahai  
om śāntiḥ śāntiḥ śāntiḥ*

May He protect both of us. May He  
nourish both of us. May we both acquire  
the capacity (to study and understand  
the scriptures). May our study be  
brilliant. May we not argue with each  
other. Om peace, peace, peace.

(Taittiriya, Katha, Mandukya and  
Shvetashvatara Upanishad)

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## OM JAI JAGDISH AARTI

Om jai jagdish hare  
Swami jai jagdish hare  
Bhakta jano ke sankat  
Das jano ke sankat  
Kshan men door kar  
Om jai jagdish hare

Jo dhyave phal pave  
Dukh bin se man ka  
Swami dukh bin se man ka  
Sukh sampati ghar aave  
Sukh sampati ghar aave  
Kasht mite tan ka  
Om jai jagdish hare

Maat pita tum mere  
Sharan padoon main kiski  
Swami sharan padoon main kiski  
Tum bina aur na dooja  
Prabhu bina aur na dooja  
Ãs karoon main jiski  
Om jai jagdish hare

Tum pooran Paramatama  
Tum Antaryaami  
Swami tum Antaryaami  
Paar Brahm Parameshwar  
Paar Brahm Parameshwar  
Tum sabke swami  
Om jai jagdish hare

Tum karuna ke saagar  
Tum paalan karta  
Swami tum paalan karta  
Main moorakh khala kami  
Main sevak tum swami  
Kripa karo bharta  
Om jai jagdish hare

Tum ho ek agochar  
Sab ke praan pati  
Swami sab ke praan pati  
Kis vidh miloon dayamay  
Kisi vidh miloon dayamay  
Tum ko main kumati  
Om jai jagdish hare

Deena bandhu dukh harta  
Rakshak tum mere  
Swami rakshak tum mere  
Apne haath uthao  
Apni sharan lagao  
Dwaar pada hoon tere  
Om jai jagdish hare

Vishay vikaar mitao  
Paap haro deva  
Swami paap haro deva  
Shradha bhakti badhao  
Shradha bhakti badhao  
Santan ki seva  
Om jai jagdish hare

Om jai jagdish hare...

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## SHREE HANUMAN CHALISA

|| Doha ||

*Shri Guru Charana Saroj Raja, Nija Mana  
Mukuru Sudhaar |  
Baranou Raghubara Bimala Jasu, Jo  
Daayaku Phala Chaar ||*

*Buddhi Heena Tanujaanike, Sumeero  
Pawana Kumaar |  
Bala Buddhi Vidhya Dehu Mohi, Harahu  
Kalesha Vikaar ||*

After cleaning the mirror of my mind with the dust from my guru's lotus feet, I recite the pure glory of Sri Rama, which provides the four fruits of life. Having understood that I am devoid of intellect, I am remembering Hanuman, the son of Pavan. I request him to grant me intellect, power, and knowledge and to remove my flaws and sufferings.

|| Chaupai ||

*Jai Hanuman Gyana Gunasagara, Jai  
Kapeesa Teeno Loka Ujaagara*

*Rama Doota Atulita Baladhaamaa,  
Anjanee Putra Pawanasuta Naama*

Salutations to Hanuman, the ocean of jnana and virtue; salutations to the king of vanaras, who is renowned in the three worlds, is the messenger of Sri Rama, possesses incomparable strength, and is known as Anjani-putra ("child of Anjani") and Pavan-putra ("son of wind").

*Mahabir Bikram Bajarangee, Kumatee  
Nivaara Sumatee Ke Sangee*

*Kanchana Barana Biraaja Subesha,  
Kanana Kundala Kunchita Kesha*

O Hanuman! You are supremely powerful and heroic, have a physique like lightning, ward off evil thoughts, and grant the companionship of wisdom.

You possess a golden complexion, wear auspicious attire, are adorned with ear-rings, and have curly hair.

*Haath Vajra Aur Dhwajaa Birajay,  
Kaandhe Moonj Janeun Saaje*

*Shankar Suvana Kesaree Nandana, Teja  
Pratapa Maha Jaga Vandana*

You carry lightning and a flag in your hands and wear a sacred thread over your shoulder. You are Shiva-incarnate and the son of Kesari. The whole world praises you for your brilliance.

*Vidya Vaana Gunee Aati Chatur,  
Ramakaja Kareebe Ko Aatur*

*Prabhu Charitra Suneebe Ko Rasiya,  
Rama Lakhana Seeta Mana Basiya*

You are extremely intelligent, virtuous, and smart and are always keen to work for Rama. You enjoy listening to Rama's praise and live in the hearts of Rama, Sita, and Lakshman.

*Suukshma Roopa Dhari Siyahi Dikhava,  
Vikata Roopa Dhari Lanka Jarawaa*

*Bhima Roopa Dharee Asura Sanhaare,  
Ramchandra Ke Kaaja Sanwaare*

Though you appeared before Devi Sita in a tiny form, you assumed a fearsome form to burn Lanka. You assumed a gigantic form to annihilate asuras and make preparations for Rama's divine plan.

*Laaye Sanjeevan Lakhana Jiyaye, Shri  
Raghubeeera Harasheera Laaye*

*Raghupatee Keenhi Bahuta Badaayii,  
Tum Mam Priya Bharata Sama Bhayee*

By bringing the Sanjivani (an herb) to revive Lakshman's life, you filled Sri Rama's heart with happiness, who then embraced you. Rama praised you extensively and stated that you are as dear to him as Bharata, his brother.

*Sahas Badan Tumharo Jas Gave, Asa  
Kahe Shreepathee Kantha Lagaave*

*Sanaka Dik Brahma Dee Muneesa,  
Narada Sharada Sahita Aheesa*

After saying that the thousand-hooded Sheshnaga sings your praise, Rama, the Lord of Shri, embraced you. When Sanaka and his brothers, Brahma and the munis, Narada, Devi Saraswati;

*Yama Kubera Digapaala Jahan Te, Kavi  
Kovida Kahee Sakay Kahan Te*

*Tum Upakaara Sugreevaheen Keenha,  
Rama Milaaya Rajapada Deenha*

Yama, Kubera, and Diggala can not describe your glories, how can poets and scholars describe them? As a result of your beneficence, Sugreeva met Rama and got his throne.

*Tumharo Mantra Vibheeshana Maanaa,  
Lankeshwara Bhaye Saba Jaga Jaanaa*

*Juga Sahastra Yojana Par Bhanu, Leelyo  
Taahi Madhura Phala Jaanu*

The world already knows that Vibhishana became the king of Lanka by following your advice. You swallowed the Sun, located thousands of miles away, believing it to be a sweet fruit.

*Prabhu Mudrika Meli Mukha Maaye,  
Jaladhi Laanghee Gaye Acharaj Nahee*

*Durgama Kaaja Jagatke Je Te, Sugama  
Anugraha Tumhare Te Te*

It is unsurprising that you jumped over the ocean with Rama's ring in your mouth. The impossible tasks of the world become easy with your grace.

*Rama Duaare Tuma Rakhawaale, Hota  
Na Aagyan Bina Paysaare*

*Sab Sukh Lahai Tumhari Sarana, Tum  
Rakshak Kahoo Ko Darna*

You guard the door to Rama's abode, which no one can enter without your approval. Your refuge provides absolute happiness, and no fears exist with you as one's protector.

*Aapan Tej Samhaaraa Aape, Teeno Lok Haankate Kaapein*

*Bhoota Pishaacha Nikata Nahee Aave, Mahabeera Jaba Naam Sunaavay*

Only you can control your energy and brilliance; the three worlds quiver when you roar. Evil souls do not approach a person who recites the name of Hanuman.

*Naashai Roga Hare Sab Peera, Japata Nirantara Hanumatha Beera*

*Sankat Se Hanuman Chudave, Man Krama Bachana Dhyani Jo Laave*

The continual chanting of Hanuman's name removes all diseases and sufferings. Whenever someone remembers Hanuman using mind, action, or word, his or her hardships are removed.

*Sab Para Raama Tapasvi Raja, Tinake Kaaja Sakal Tum Saaja*

*Aur Manoratha Jo Koyee Laave, Soyee Amitha Jeevan Phala Paave*

O Hanuman, you even fulfilled the objectives of Rama, the ultimate yogi who rules over the universe. Whoever discloses his or her hopes before you attains incalculable fruits of life.

*Charahu Yuga Parataapa Tumhara, Hai Parasiddha Jagata Ujiyaaraa*

*Sadhoo Sant Ke Tuma Rakhwaale, Asura Nikandana Raama Dulare*

Your brilliance and glory span all the four yugas and brighten up the entire universe. You are the protector of seers and saint, the destroyer of evil beings, and the dearest to Rama.

*Ashta Siddhi Nava Nidhi Ke Daataa, Asabara Deena Jaankee Maataa*

*Rama Rasayan Tumhare Paasaa, Sadha Raho Raghupathee Ke Daasaa*

As a result of a boon from Mother Sita, you can bestow the eight siddhis and nine riches upon anyone. Because you hold the nectar of Rama bhakti, you always remain in Rama's service.

*Tumhare Bhajan Ram Ko Paave, Janma Janma Ke Dukha Bisaraave*

*Antha Kaal Raghupatee Pura Jaayee, Jahaa Janma Hari Bhakta Kahayee*

Your adoration leads a being to Bhagavan Rama, and he or she forgets the sufferings experienced over previous lifetimes. After concluding one's time on Earth, the being reaches the abode of Rama and eternally remains his devotee.

*Aur Devatha Chit Na Dharayee, Hanumatha Seyi Sarva Sukha Karayee*

*Sankata Kate Mite Sab Peera, Jo Sumeere Hanumatha Bala Beera*

A devotee of Hanuman need not worship any other god, for Hanuman's devotion is sufficient to grant complete bliss. All misfortunes and pains are eliminated by remembering the supremely powerful Hanuman.

*Jai Jai Jai Hanuman Gosai, Kripa Karahu Gurudeva Kee Naayee*

*Ye Shata Baar Paatha Kara Joyee, Chutahee Bandhee Maha Sukha Hoyi*

Hail to you, Lord Hanuman! Please grace me as my guru. Whoever recites this prayer a hundred times is liberated from bondage and experiences the greatest joy.

*Jo Yeha Pade Hanuman Chaleesa, Hoye Siddhi Saakhee Goureesa*

*Tulasidasa Sada Hari Chera, Keejay Naatha Hridaya Maha Dera*

Whoever reads this Hanuman Chalisa becomes spiritually accomplished; Bhagavan Shiva himself is the witness to this. Tulasidasa is an eternal servant of Sri Rama. O Lord Hanuman! Please dwell in my heart.

**|| Doha ||**

*Pawana Tanaye Sankat Harana, Mangala Muuratee Rupa |*

*Rama Lakhana Seeta Sahita, Hridaya Basahu Sura Bhoop | |*

O son of Pavan! You are the remover of miseries and the embodiment of auspiciousness. Please reside in my heart, O King of gods, with Rama, Lakshmana, and Sita.