```
print(at.into())
First 5 rows of data:
                  bmi children smoker
                                          region
   age
          sex
                                                      charges
   19 female 27.900
                                  yes southwest 16884.92400
0
         male 33.770
   18
                              1
                                   no southeast 1725.55230
         male 33.000
                                                   4449.46200
   28
                                       southeast
                                    no
3
   33
         male 22.705
                             0
                                       northwest 21984.47061
                                   no
   32
         male 28.880
                             0
                                                   3866.85520
                                  no
                                       northwest
Dataset Info:
<class 'pandas.core.frame.DataFrame'>
RangeIndex: 1338 entries, 0 to 1337
Data columns (total 7 columns):
              Non-Null Count Dtype
    Column
0
             1338 non-null int64
    age
             1338 non-null object
    sex
              1338 non-null float64
    children 1338 non-null
                            int64
 3
              1338 non-null
    smoker
                              object
    region 1338 non-null charges 1338 non-null
                              object
dtypes: float64(2), int64(2), object(3)
memory usage: 73.3+ KB
None
```









