

WHY SHOULD YOU USE ORGANIC BEAUTY PRODUCTS?

Organic skin care refers to products that include organically-farmed ingredients.



Do it Your Self


Skincare

Haircare


Bodycare

Skin care


Acne



Honey



Aloe vera



cinnamon

↑

Do it Your Self

Skin care Hair care Body care

Skin care

Acne



Honey

Wash your face thoroughly with a mild face wash. Take few drops of honey into your palm. Apply the honey directly to your acne with your fingertips. Leave it for 30 minutes. Wash it off with water.

★★★★★



Aloe vera

Take two tablespoons of aloe vera gel, four tablespoons of honey, and about half a teaspoon of either cinnamon oil or cinnamon powder. Mix it well, apply the mixture on the affected areas, and wash it off after 10-15 minutes.

★★★★★



cinnamon

Mix 2 tablespoons of honey and 1 teaspoon of cinnamon to form a paste. After cleansing, apply the mask to your face and leave it on for 10 to 15 minutes. Rinse the mask off completely and pat your face dry.

★★★★★

Scars



Coconut

coconut: Heat a few tablespoons of coconut oil just enough to liquefy it. Massage the oil into the scar for about 10 minutes. Let the skin absorb the oil for a minimum of 1 hour. Repeat two to four times every day.

★★★★★



Onion

onion: Extract onion juice from a fresh onion. Apply the juice directly to the scarred area. Leave it on for 15-20 minutes. Rinse with water and pat dry. Repeat daily to help reduce the appearance of scars.

★★★★★



Lemon

Lemon: Cut a wedge from a fresh lemon. Gently rub the juicy side of the lemon on the scar while you squeeze the juice onto the scar. Relax for about 10 minutes before rinsing off the area with cool water. Do this every day at approximately the same time.

★★★★★

Black Spots



Sandal

Make a paste with sandalwood powder and water. Apply the paste to the black spots. Leave it on until it dries. Wash off with water.

★★★★★



Garlic

Crush garlic cloves into a paste. Apply the paste on the black spots. Leave it on for 10-15 minutes. Rinse off with water.

★★★★★



Turmeric

Mix turmeric powder with honey to form a paste. Apply the paste to the affected areas. Leave it on for 15-20 minutes. Rinse with lukewarm water.

★★★★★

Do it Your Self

Hair Care

Dandruff



Mehandhi

Firstly, mix mehndi with curd and a little bit of lemon juice. Once this is formed as a paste, keep the mixture aside for 8 hours. After 8 hours you can apply it on your hair. Let it dry over your hair for two hours and then you can wash it away.

★★★★★



Egg

Firstly you need to keep your hair and scalp dry and then apply yolk on your hair. Once you are done applying the yolk, you will have to cover your hair with a plastic bag for an hour. Wash your hair gently using shampoo. Sometime you will have to wash your hair twice to remove the bad odour.

★★★★★



Orange

Take the orange peel and then squeeze some lemon juice onto it. Add all of this to a grinder and grind it till it turns into a paste. Then apply the paste to your scalp and let it dry for 30 minutes. After this is done, you can wash it away with some anti-dandruff shampoo.

★★★★★

Hairfall



Amala

Mix 1 teaspoon of amla powder & few drops of lime juice to make a thick paste. Apply the paste on your scalp for 40 minutes. Rinse the paste with a mild cleanser. Frequency: Once - Twice every week.

★★★★★



Fenugreek

To prevent hair fall, a fenugreek hair mask does wonders for your hair. Take 2 tbsps of fenugreek seeds and soak in water. Leave them overnight. Make a paste by grinding the seeds. The mixture will be slimy to the touch. Apply the paste to your scalp and leave it on for around 20 minutes. Give a quick massage before you wash off with a mild shampoo.

★★★★★



GreenTea

Soak 1-2 green tea bags in a cup of hot water. Cover the lid. Allow the tea to seep into the water for 5 minutes. Then allow the mixture to cool. Pour the cooled mixture over your hair and scalp while gently massaging the roots. Rinse off with water after an hour.

★★★★★

Acne body



Neem&Turmeric

Neem and Turmeric Paste: Grind neem leaves and mix them with a pinch of turmeric powder to form a paste. Apply the paste to the affected areas on your body. Leave it on for 15-20 minutes. Rinse off with water. Neem has antimicrobial properties that can help control acne, while turmeric provides skin-soothing benefits.

★★★★★



Epsom Salt

Epsom Salt Bath: Dissolve Epsom salt in warm bathwater. Soak in the Epsom salt bath for about 15-20 minutes. Epsom salt can help reduce inflammation and cleanse the skin, aiding in the treatment of body acne.

★★★★★



Lemon&Sugar

Lemon and Sugar Scrub: Mix fresh lemon juice with sugar to form a scrub. Gently exfoliate your body with the scrub, paying attention to acne-prone areas. Rinse off with water. Lemon's natural acids can help exfoliate and cleanse the skin.

★★★★★

De-tan



RoseWater&Mint

Mint and Rose Water Tonic: Crush fresh mint leaves and mix them with rose water. Use the tonic to gently dab the tanned areas. Leave it on for 10-15 minutes. Rinse off with cool water. Mint has a refreshing effect, and rose water helps in de-tanning.

★★★★★



strawberries

Mash kiwi and strawberries to create a paste. Apply the paste to the tanned areas. Leave it on for 15-20 minutes. Rinse off with cool water. Kiwi and strawberries contain vitamin C, which can help in de-tanning the skin.

★★★★★



Tomato&buttermilk

Tomato and Buttermilk Paste: Blend a ripe tomato to form a puree. Mix the tomato puree with buttermilk to make a paste. Apply the paste to the tanned skin. Leave it on for 15-20 minutes. Rinse off with water. Tomato's natural acids help in de-tanning, and buttermilk soothes and nourishes the skin.

★★★★★

Pigmentation



Graphe &lemon

Grape and Lemon Juice Tonic: Blend grapes and extract the juice. Mix the grape juice with an equal amount of lemon juice. Apply the tonic to the pigmented areas using a cotton ball. Leave it on for 10-15 minutes. Rinse off with water. Grapes contain antioxidants that can help reduce pigmentation, while lemon's natural acids can brighten the skin.

★★★★★



Carrot&Honey

Carrot and Honey Mask: Grate a small carrot and mix it with 1 teaspoon of honey. Apply the mixture to the pigmented areas. Leave it on for 15-20 minutes. Rinse off with cool water. Carrots are rich in beta-carotene, which can promote healthy skin, and honey provides moisturization.

★★★★★



Alamond&milk

Almond and Milk Paste: Soak a few almonds overnight and grind them to form a paste. Mix the almond paste with milk to make a smooth mixture. Apply the paste to the pigmented areas. Leave it on for 20-30 minutes. Rinse off with water. Almonds contain vitamin E, which can promote skin health and help reduce pigmentation.

★★★★★

