

## VALUE EDUCATION & PERSONALITY DEVELOPMENT

**Credits:2**

**Subject Code: VE18101**  
**30**

**Semester: I**

**No. of Lecture Hours:**

**Objective:** To produce intellectually competent, morally upright, socially committed, spiritually inspired citizens in the service of the nation and the world.

### **Outcomes:**

**CO1:** Students will be able to **Differentiate** Accepted norms and Counter values and be able to identify the various Dimensions of Human Development.

**CO2:** Students will be able to **Demonstrate** Love and Experience of God and identify the Basic Issues of Life and Happiness as a life goal.

**CO3:** They will be able to Understand the importance of Concern for others and critique the various problems that deter the growth of the society.

**CO4:** The students will be able to **Recognize** the traits of a good personality and practice Self-exploration.

**CO5:** Students will be able to **Interpret** the Purpose of Life and Goal Setting and demonstrate Self-management.

### **UNIT-I**

**6hrs**

#### **INTRODUCTION TO ETHICS**

1. Why Value Education?
2. Reasons to have Ethics for Life
3. Accepted Norms and Counter Values
4. Dimensions of Human Development: Physical, Intellectual, Emotional, Moral, Spiritual and Social

### **UNIT-II**

**6hrs**

#### **APPROACH TO LIFE**

1. Conscience and Pseudo-Conscience
2. Happiness as Life-goal
3. Values revealed and lived in Religions
4. Experience of God
5. Love: The three components of Love
6. Some of the basic stages and issues of Life: Family, Love, Sex, Marriage

### **UNIT- III**

**6hrs**

#### **CONCERN FOR OTHERS**

1. Self and Another
2. Human Context
3. Moral Problems of a Society / True Society: Social Desire, Social Fear, Social Silence, Social Indifference.

**UNIT – IV****6hrs****TRANSFORMATION OF SELF**

1. Definitions of personality
2. Characteristics of personality
3. Elements of personality
4. Traits of good personality
5. Self-Identity, self-concept
6. Self-Discovery, self-acceptance
7. Self-Esteem

WORK SHEET (1): Self Estimation.

**UNIT – V****6hrs****LIFE ENRICHMENT SKILLS**

1. Purpose of life - Goal setting
2. Characteristics of Goals
3. Building Relationships
4. Time Management
5. Stress Management
6. Emotional Management
7. Conflict Management
8. Team Management (Group Dynamics)