Package 'GGIR'

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Type Package

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Title Raw Accelerometer Data Analysis

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Description A tool to process and analyse data collected with wearable raw acceleration sensors. The package has been developed and tested for binary data from GENEActiv and GENEA devices, .csv-export data from Actigraph devices, and .wav-format data from Axivity. These devices are currently widely used in research on human daily physical activity.
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Description

GGIR is an R-package to process multi-day raw accelerometer data. It was developed in the context of research on human daily physical activity with wearable tri-axial acceleration sensors. The term raw accelerometry refers to data being expressed in m/s2 or gravitational acceleration as opposed to the previous generation accelerometers which stored only processed summary measures.

The package has been developed with and for the accelerometer brands Genea and Geneactive. Additionally, it should work for .csv data from Geneactiv, .csv data from Actigraph, and .wav and .cwa format from Axivity. Although, I have tested this less thoroughly compared with the binary data formats from Genea and Geneactiv.

Note for Actigraph users: please do not export timestamps to the csv-file as this causes memory issues. To cope with the absense of timestamps the code will re-caculate timestamps from the sample frequency and the start time and date as presented in the file header.

A non-exhaustive overview of publications related to GGIR can be found https://github.com/wadpac/GGIR/wiki/Publications list>

Function g.inspectfile assessess to which monitor brand the file belongs and extracts the file header; function g.calibrate helps to investigate calibration error based on free-living data and proposes correction factors; function g.getmeta extracts the signal features; g.impute takes that information, identifies unreliable signal sections (e.g. monitor not worn or signal clips near its extreme) and replaces these sections by imputed values; and finally g.analyse takes the output from all the functions, runs a basic descriptive analysis and then summarises the output both per measurement and per day of measurement.

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To enhance the feasibility of using these individual functions I am providing a couple of shell functions to ease implementing the above functions in study data by less experienced R-users. Here, the main shell function is g.shell.GGIR and allows for automating the full analysis of a dataset including all necessary calls to the functions above. Function g.shell.GGIR relies on functions g.part1 and g.part2 also part of this package. In summary, the user is expected to specify the location of the acceleerometer data and the desired output folder. Next, data is loaded and pre- processed with g.getmeta and g.calibrate. Next, the output is converted to a conveniently portable .RData-format away from the R workspace. Next, these .RData files are used as input for g.part2.

Note that g.part1 generates a folder structure to help the user keep track of various output files and milestone data. The folder structure entails: One master folder with a name output_xx where xx is equal to the name of the original data folder. Inside the output_xx folder there will be one folder named meta including all the milestone and a folder results with all the results. Inside the meta folder the following subfolders are created: basic, ms2.out, ms3out, ms4out, and ms5out for respectively g.part1, g.part2, g.part3, g.part4, and g.part5 milestone data.

The reason why g.part1 and g.part2 are not merged as one generic shell function is because g.part1 takes much longer to run and involves only minor decisions of interest to the movement scientist. Function g.part2 on the other hand is relatively fast and comes with all the decisions that directly impact on the variables that are of interest to the movement scientist. Therefore, the user may want to run g.part1 overnight or on a computing cluster, while g.part2 can then be the main playing ground for the movement scientist. So, function g.shell.GGIR basically is the central point for operating both g.part1 and g.part2 and most users should not really need to interact with g.part1 or g.part2 directly. More recently I expanded the package with g.part3 and g.part4 which provide functionality for estimating sleep and sustained inactivity bouts.

g.part5 finally takes the output from parts 2 and 4 to describe time spent between waking up in the morning and waking up the next day subdivided by behavioural category. g.part5 calculates for each of these categories the time spent, the number of bouts, the average acceleration and the number of blocks.

If you want to use this package for a different data format (e.g. from a different accelerometer brand) then please provide me with: the R-code to read the data and example files for testing purposes.

Please note that there is google discussion group for this package (link below).

You can thank me for sharing the code in this package and for developing it as a generic purpose tool by citing the package name and by citing the supporting publications in your own scientific journal/conference publications.

Details

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Discussion group: https://groups.google.com/forum/#!forum/rpackageggir

Author(s)

- Vincent T van Hees <vincentvanhees@gmail.com> was main developer
- Zhou Fang co-developed function g.calibrate
- Jing Hua Zhao <jinghua.zhao@mrc-epid.cam.ac.uk> co-developed function g.binread
- Joe Heywood helped develop the functionality to process only specific days
- Evgeny Mirkes developed function g.cwaread
- Severine Sabia tested and provided feedback on various functions

References

- van Hees VT, Gorzelniak L, Dean Leon EC, Eder M, Pias M, et al. (2013) Separating Movement and Gravity Components in an Acceleration Signal and Implications for the Assessment of Human Daily Physical Activity. PLoS ONE 8(4): e61691. doi:10.1371/journal.pone.0061691
- van Hees VT, Fang Z, Langford J, Assah F, Mohammad A, da Silva IC, Trenell MI, White T, Wareham NJ, Brage S. Auto-calibration of accelerometer data for free-living physical activity assessment using local gravity and temperature: an evaluation on four continents. J Appl Physiol (1985). 2014 Aug 7
- van Hees VT, Sabia S, et al. (2015) A novel, open access method to assess sleep duration using a wrist-worn accelerometer, PLoS ONE, November 2015

```
## Not run:
 #inspect file:
 I = g.inspectfile(datafile)
 #autocalibration:
 C = g.calibrate(datafile)
 #get meta-data:
 M = g.getmeta(datafile)
## End(Not run)
data(data.getmeta)
data(data.inspectfile)
data(data.calibrate)
#impute meta-data:
IMP = g.impute(M = data.getmeta, I = data.inspectfile)
#analyse and produce summary:
A = g.analyse(I = data.inspectfile, C = data.calibrate, M = data.getmeta, IMP)
#plot data
g.plot(IMP, M = data.getmeta, I = data.inspectfile, durplot=4)
```

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data.calibrate

Example output from g.calibrate

Description

data.calibrate is example output from g.calibrate

Usage

```
data(data.calibrate)
```

Format

The format is: chr "data.calibrate"

Source

The data was collected on one individual for testing purposes

Examples

```
data(data.calibrate)
```

data.getmeta

Example output from g.getmeta

Description

data.getmeta is example output from g.getmeta

Usage

```
data(data.getmeta)
```

Format

The format is: chr "data.getmeta"

Source

The data was collected on one individual for testing purposes

```
data(data.getmeta)
```

data.inspectfile

Example output from g.inspectfile

Description

data.inspectfile is example output from g.inspectfile

Usage

```
data(data.inspectfile)
```

Format

The format is: chr "data.inspectfile"

Source

The data was collected on one individual for testing purposes

Examples

```
data(data.inspectfile)
```

g.analyse

function to analyse meta-data generated by g.getmeta and g.impute

Description

Analyses the output from other functions within the packages to generate a basic descriptive summary for each accelerometer data file. Analyses include: Average acceleration per day, per measurement, L5M5 analyses (assessment of the five hours with lowest acceleration and with highest acceleration). Further, the traditionally popular variable MVPA is automatically extracted in six variants: without bout criteria in combination with epoch = epoch length as defined in g.getmeta (first value of the input argument windowsizes), 1 minute, and 5 minutes, and for bout durations 1 minute, 5 minutes or 10 minutes in combination with the epoch length as defined in g.getmeta.

Usage

```
g.analyse(I, C, M, IMP, qlevels = c(), qwindow = c(0, 24), quantiletype = 7, L5M5window = c(0, 24), M5L5res = 10, includedaycrit = 16, ilevels = c(), winhr = 5, idloc = 1,snloc=1,mvpathreshold = c(),boutcriter=c(),mvpadur=c(1,5,10), selectdaysfile=c(),window.summary.size=10,dayborder=0,bout.metric = 1, closedbout=FALSE,desiredtz = c(),IVIS_windowsize_minutes = 60, IVIS_epochsize_seconds = 30)
```

Arguments

I the output from function g.inspectfile
C the output from function g.calibrate
M the output from function g.getmeta
IMP the output from function g.impute

glevels array of percentiles for which value needs to be extracted. These need to be

expressed as a fraction of 1, e.g. c(0.1, 0.5, 0.75). There is no limit to the number of percentiles. If left empty then percentiles will not be extracted. Distribution

will be derived from short epoch metric data, see g.getmeta.

qwindow start and end time, in 24 hour clock hours, over which distribution in metric

values need to be extracted. Default value = c(0,24) will consider all 24 hours.

quantile type of quantile function to use (default recommended). For details, see quantile

function in STATS package

L5M5window start and end time, in 24 hour clock hours, over which L5M5 needs to be calcu-

lated.

M5L5res resoltion of L5 and M5 analysis in minutes (default: 10 minutes)

includedaycrit minimum required number of valid hours in day specific analysis (NOTE: there

is no minimum required number of hours per day in the summary of an entire measurement, every available hour is used to make the best possible inference

on average metric value per average day)

ilevels Levels for acceleration value frequency distribution in mg, e.g. c(0,100,200)

There is no constriction to the number of levels.

winhr window size in hours of L5 and M5 analysis (dedault = 5 hours)

idloc If value = 1 (default) the code assumes that ID number is stored in the obvi-

ous header field. If value = 2 the code uses the character string preceding the

character '_' in the filename as the ID number

snloc If value = 1 (default) the code assumes that device serial number is stored in the

obvious header field. If value = 2 the code uses the character string between the

first and second character '_' in the filename as the serial number

mvpathreshold Threshold for MVPA estimation. This can be a single number or an array of

numbers, e.g. c(100,120). In the later case the code will estimate MVPA seperately for each threshold. If this variable is left blank c() then MVPA is not

estimated

boutcriter The variable boutcriter is a number between 0 and 1 and defines what fraction

of a bout needs to be above the mvpathreshold

mvpadur default = c(1,5,10). Three bout duration for which MVPA will be calculated

selectdaysfile Functionality designed for the London Centre of Longidutinal studies. Csv file

holding the relation between device serial numbers and measurement days of

interest.

dayborder Hour at which days start and end (default = 0), value = 4 would mean 4am

window.summary.size

Functionality designed for the London Centre of Longidutinal studies. Size in

minutes of the summary window

bout.metric This argument used to be called mvpa.2014 and had TRUE or FALSE as its

value. However, it has now become clear that this aspect of the analyses is still very much open for debate. Therefore, I have changed it into an argument where you can specify a metric for bout detection based on a number. A description of

these bout metrics can be found in the new function g.getbout

closedbout If TRUE then count breaks in a bout towards the bout duration. If FALSE then

only count time spent above the threshold towards the bout duration.

desiredtz see g.getmeta
IVIS_windowsize_minutes

Window size of the Intradaily Variability (IV) and Interdaily Stability (IS) met-

rics in minutes

IVIS_epochsize_seconds

Epoch size of the Intradaily Variability (IV) and Interdaily Stability (IS) metrics

in seconds

Details

The value summary is a dataframe and comes with the following variables:

- ID Participant id extracted from file header
- device_sn Device serial number extracted from file header
- dodylocation Body location extracted from file header
- filename Name of the accelerometer file
- start_time Timestamp when experiment started
- startday Name of day when experiment started
- samplefregSample frequency (Hz)
- device Name of the device brand, e.g. Geneactiv
- clipping_score Fraction of 15 minute windows per file for which the acceleration in one of the three axis was close to the maximum for at least 80 percent of the time. This should be 0
- meas_dur_dys Measurement duration (days)
- complete_24hrcycle Fraction of 15 minute windows per 24 hours for which valid data is available at any day of the measurement
- meas_dur_def_proto_day Measurement duration (days) minus the hours that are ignored at the beginning and end of the measurement motived by protocol design
- wear_dur_def_proto_day Measurement duration according to protocol (days) minus invalid time periods
- calib_err Estimated based on all non-movement periods in the measurement after applying the autocalibration
- calib_status Summary statement about the status of the calibration error minimisation
- ENMO ENMO is the main summary measure of acceleration. The value presented is the average ENMO over all the available data normalised per 24 hour cycles, with invalid data imputed by the average at similar timepoints on different days of the week. In addition to ENMO it is possible to extract other acceleration metrics (i.e. BFEN, HFEN, HFENplus)

• pX_ENMO_mg_0-24h This variable represents the Xth percentile in the distribution of short epoch acceleration values of the average day within the time interval as specified.

- L5hr_ENMO_mg_0-24 Starting time in hours of the least active five* hours within the time interval as specified (* window size is modifiable in g.getmeta)
- L5_ENMO_mg Average acceleration over L5
- M5hr_ENMO_mg_0-24 Starting time in hours of the most active five* hours in the day within the time interval as specified (* window size is modifiable in g.getmeta)
- M5_ENMO_mg_0-24 Average acceleration over M5
- Accelerationa 1am-6am value of ENMO (mg) Average acceleration between 1am and 6am
- · N valid WEdays Number of valid weekend days
- N valid WDdays Number of valid week days
- IS_interdailystability Intra daily variability
- IV_intradailyvariability Intra intradailyvariability
- AD_... The variable ... was calculated per day and then averaged over all the available days
- WE_... The variable ... was calculated per day and then averaged over weekend days only
- WD_... The variable ... was calculated per day and then averaged over week days only
- WWE_... The variable ... was calculated per day and then averaged over weekend days. Double weekend days are averaged This is only relevant for experiments that last for more than seven days
- WWD_... The variable ... was calculated per day and then averaged over week days. Double weekend days were averaged. This is only relevant for experiments that last for more than seven days)
- ..._MVPA_E5S_B1M80_T100 MVPA calculated based on 5 second epoch setting bout duration 1 Minute and inclusion criterion of more than 80 percent. This is only done for metric ENMO at the moment, and only if mvpathreshold is not left blank
- ..._mean_ENMO... ENMO or other metric was first calcualte per day and then average according to AD, WD, WWE, WWD
- data exclusion strategy A log of the decision made when calling g.impute: value=1 mean ignore specific hours; value=2 mean ignore all data before the first midnight and after the last midnight
- n hours ignored at the start of the measurement (if strategy = 1) A log of the decision made when calling g.impute
- ullet n hours ignored at the end of the measurement (if strategy = 1) $A \log of$ the decision made when calling g.impute
- \bullet n days of measurement after which data is ignored (if strategy = 1) $A \log of$ the decision made when calling g.impute

The value daysummary is a dataframe and comes with the following variables:

- ID Participant id extracted from file header
- filename File name

- calender_date Calender data
- bodylocation Body location (if known)
- N valid hours Number of hours with valid data
- N hours Number of hours of measurement
- Day of the weekDay of the week
- Day of measurement Day number relative to start of the measurement
- L5_ENMO_mg_0-24h Magnitude of average acceleration during the least active five hours calculated with metric ENMO. Within the time window as specified
- L5hr_ENMO_mg_0-24h Starting hour of L5 on a scale from 0 to 24, where 14.5 means 14:30. Within the time window as specified
- M5_ENMO_mg_0-24h Magnitude of average acceleration during the most active five hours calculated with metric ENMO. Within the time window as specified
- M5hr_ENMO_mg_0-24h Starting hour of M5 on a scale from 0 to 24, where 14.5 means 14:30. Within the time window as specified
- mean_ENMO_mg_1-6am Mean acceleration between 1am and 6am
- mean_ENMO_mg_24hr Mean acceleration over 24 hour period
- pX_ENMO_mg_0-24h Percentile in the short epoch distribution with invalid data imputed. Within the time window as specified
- [A,B]_ENMO_mg_0-24h Time spent in minutes between (and including) acceleration value A in mg and (excluding) acceleration value B in mg. This is only done for metric ENMO at the moment, and only done if ilevels is not left blank
- MVPA_E5S_B1M80_T100 MVPA calculated based on 5 second epoch setting bout duration 1
 Minute and inclusion criterion of more than 80 percent. This is only done for metric ENMO
 at the moment, and only if mvpathreshold is not left blank

Value

summary summary for the file that was analysed (see details)
daysummary summary per day for the file that was analysed (see details)

Author(s)

Vincent T van Hees <vincentvanhees@gmail.com>

```
data(data.getmeta)
data(data.inspectfile)
data(data.calibrate)
## Not run:
    #inspect file:
    I = g.inspectfile(datafile)

    #autocalibration:
    C = g.calibrate(datafile)
```

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```
#get meta-data:
M = g.getmeta(datafile, desiredtz = "Europe/London", windowsizes = c(5, 900, 3600),
daylimit = FALSE, offset = c(0, 0, 0), scale = c(1, 1, 1), tempoffset = c(0, 0, 0))
## End(Not run)

#impute meta-data:
IMP = g.impute(M = data.getmeta, I = data.inspectfile)

#analyse and produce summary:
A = g.analyse(I = data.inspectfile, C = data.calibrate, M = data.getmeta, IMP)
```

g.binread

function to read binary files as produced by the accelerometer named 'Genea', not to be confused with the 'GENEActiv' (see package GENEActativ') (see package GENEActativ')

Description

For reading the binary data as collected with a Genea accelerometer (Unilever Discover, UK). For reading GENEActive binary data, see package GENEAread.

Usage

```
g.binread(binfile, start = 0, end = 0)
```

Arguments

binfile	filename (required)
start	start point for reading data, this can either be a timestamp "year-month-day hr:min:sec" or a page number (optional)
end	end point for reading data, this can either be a timestamp "year-month-day hr:min:sec" or a page number (optional)

Details

If only start is defined then g.binread will read all data beyond start until the end of the file is reached

Value

rawxyz	matrix with raw x, y, and, z acceleration values
header	file header
timestamps1	timestamps for rawxyz in seconds since 1970-01-01 00:00
timestamps2	timestamps for rawxyz in day time format
batt.voltage	matrix with battery voltage and corresponding timestamps

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Author(s)

Vincent T van Hees <vincentvanhees@gmail.com> Jing Hua Zhao <jinghua.zhao@mrc-epid.cam.ac.uk>

g.calibrate	function to estimate calibration error and make recommendation for addressing it

Description

Function starts by identifying ten second windows of non-movement. Next, the average acceleration per axis per window is used to estimate calibration error (offset and scaling) per axis. The function provides recommended correction factors to address the calibration error and a summary of the callibration procedure.

Usage

```
g.calibrate(datafile, use.temp = TRUE, spherecrit = 0.3, minloadcrit = 72,
printsummary = TRUE, chunksize=c(), windowsizes=c(5,900,3600), selectdaysfile=c(),
dayborder=0)
```

Arguments

datafile	name of accelerometer file
use.temp	use temperature sensor data if available (Geneactive only)
spherecrit	the minimum required acceleration value (in g) on both sides of $0\mathrm{g}$ for each axis. Used to judge whether the sphere is sufficiently populated
minloadcrit	the minimum number of hours the code needs to read for the autocalibration procedure to be effective (only sensitive to multitudes of $12\ hrs$, other values will be ceiled). After loading these hours only extra data is loaded if calibration error has not been reduced to under $0.01\ g$.
printsummary	if TRUE will print a summary when done
chunksize	number between 0.2 and 1 to specificy the size of chunks to be loaded as a fraction of a 12 hour period, e.g. 0.5 equals 6 hour chunks. The default is 1 (12 hrs). For machines with less than 4Gb of RAM memory a value below 1 is recommended.
windowsizes	see g.getmeta
selectdaysfile	see g.part1
dayborder	see g.part1

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Value

scale scaling correction values, e.g. c(1,1,1)offset offset correction values, e.g. c(0,0,0)tempoffset correction values related to temperature, e.g. c(0,0,0)cal.error.start absolute difference between Euclidean norm during all non-movement windows and 1 g before autocalibration absolute difference between Euclidean norm during all non-movement windows cal.error.end and 1 g after autocalibration spheredata average, standard deviation, Euclidean norm and temperature (if available) for all ten second non-movement windows as used for the autocalibration procedure npoints number of 10 second no-movement windows used to populate the sphere nhoursused number of hours of measurement data scanned to find the ten second time windows with no movement mean temperature corresponding to the data as used for autocalibration. Only meantempcal applies to data collected with GENEActiv monitor.

Author(s)

Vincent T van Hees <vincentvanhees@gmail.com> Zhou Fang

References

 van Hees VT, Fang Z, Langford J, Assah F, Mohammad A, da Silva IC, Trenell MI, White T, Wareham NJ, Brage S. Auto-calibration of accelerometer data for free-living physical activity assessment using local gravity and temperature: an evaluation on four continents. J Appl Physiol (1985). 2014 Aug 7

```
## Not run:
datafile = "C:/myfolder/testfile.bin"
#Apply autocalibration:
C = g.calibrate(datafile)
print(C$scale)
print(C$offset)
## End(Not run)
```

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g.cwaread	(Beta version) function to read .cwa-format files as produced by the accelerometer named 'Axivity'

Description

For reading .cwa-format data, if you have .wav format data then see function g.wavread

Usage

```
g.cwaread(fileName, start = 0, end = 0, progressBar = FALSE, ignorelastblock = TRUE)
```

Arguments

fileName (required)

start start point for reading data, this can either be a timestamp "year-month-day

hr:min:sec" or a page number (optional)

end end point for reading data, this can either be a timestamp "year-month-day

hr:min:sec" or a page number (optional)

progressBar Is trigger to switch on/off the text progress bar. If progressBar is TRUE then the

function displays the progress bar but it works slightly slower

ignorelastblock

Boolean whether to ignore the last block of data, temporary fix to handling the

end of a file

Value

data dataframe with timestamp, raw x, -y, and, -z acceleration values, temperature,

battery and light

header file header

Author(s)

Evgeny Mirkes <em322@leicester.ac.uk>

g.getbout	function to calculate bouts from vector of binary classes

Description

To detect bouts of behaviour in time series. The function is used by g.analyse

Usage

```
g.getbout(x,boutduration,boutcriter=0.8,closedbout=FALSE,bout.metric=1,ws3=5)
```

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Arguments

x vector of zeros and/or ones to be screened for bouts of ones

boutduration duration of bout in epochs

boutcriter Minimum percentage of boutduration for which the epoch values are expected

to meet the threshold criterium

closedbout TRUE if you want breaks in bouts to be counted towards time spent in bouts

(argument only active for bout.metric 1 and 2)

bout.metric If value=1 the code uses the MVPA bout definition as has been available since

2014 (see papers by Sabia AJE 2014 and da Silva IJE 2014). Here, the algorithm looks for 10 minute windows in which more than XX percent of the epochs are above mypathreshold, and then counts the entire window as mypa. If value=2 the code looks for a group or groups of epochs with a value above mypathreshold that span a time window of at least mypadur minutes in which more than boutcriter percent of the epochs are above the threshold. The motivation for the defition 1 was: A person who spends 10 minutes in MVPA with a 2 minute break in the middle is equally active as a person who spends 8 minutes in MVPA without taking a break. Therefore, both should be counted equal and counted as 10 minute MVPA bout. The motivation for the definition 2 is: not counting breaks towards MVPA simplifies interpretation and still counts the two persons in the example as each others equal. If value=3, using sliding window across the data to test bout criteria per window and do not allow for breaks of 1 minute or longer. If value=4, same as 3 but also requires the first and last epoch to require

the threshold criteria.

ws3 epoch length in seconds, only needed for bout.metric =3, because it needs to

measure how many epochs equal 1 minute breaks

Value

x Vector with binary numbers indicator where bouts where detected

boutcount Vector with binary numbers indicator where bouts where detected and counted

towards time spent in bouts, see argument closedbout for clarification

Author(s)

Vincent T van Hees <vincentvanhees@gmail.com>

```
y = g.getbout(x=round(runif(1000,0.4,1)),boutduration = 120,boutcriter=0.9,
      closedbout=FALSE,bout.metric=3,ws3=5)
```

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g.getmeta

function to extract meta-data (features) from data in accelerometer file

Description

Reads a accelerometer file in blocks, extracts various features and stores average feature value per short or long epoch. Acceleration and angle metrics are stored at short epoch length. The non-wear indication score, the clipping score, temperature (if available), light (if available), and Euclidean norm are stored at long epoch length. The function has been designed and thoroughly tested with accelerometer files from GENEA and GENEActiv. Further, the function should be able to cope with csv-format data procuded by GENEActiv and Actigraph

Usage

```
g.getmeta(datafile, desiredtz = c(),
windowsizes = c(5, 900, 3600),daylimit = FALSE,
offset = c(0,0,0), scale = c(1,1,1),
tempoffset = c(0,0,0),do.bfen = FALSE, do.enmo = TRUE,
do.lfenmo = FALSE, do.en = FALSE,
do.hfen = FALSE, do.hfenplus = FALSE,
do.anglex=FALSE,do.angley=FALSE,do.anglez=FALSE,
do.roll_med_acc_x=FALSE,do.roll_med_acc_y=FALSE,do.roll_med_acc_z=FALSE,
do.dev_roll_med_acc_x=FALSE,do.dev_roll_med_acc_y=FALSE,do.dev_roll_med_acc_z=FALSE,
do.enmoa = FALSE,lb = 0.2,hb = 15, n = 4,meantempcal=c(),chunksize=c(),
selectdaysfile=c(),dayborder=0,...)
```

Arguments

datafile	name of accelerometer file
desiredtz	desired timezone: see also http://en.wikipedia.org/wiki/Zone.tab
windowsizes	Three values to indicate the lengths of the windows as in c(window1,window2,window3): window1 is the short epoch length in seconds and by default 5 this is the time window over which acceleration and angle metrics are calculated, window2 is the long epoch length in seconds for which non-wear and signal clipping are defined, default 900. However, window3 is the window length of data used for non-wear detection and by default 3600 seconds. So, when window3 is larger than window2 we use overlapping windows, while if window2 equals window3 non-wear periods are assessed by non-overlapping windows.
daylimit	number of days to limit (roughly), if set to FALSE no daylimit will be applied
offset	offset correction value per axis, usage: value = scale(value,center = -offset, scale = 1/scale)
scale	scaling correction value per axis, usage: value = scale(value,center = -offset, scale = 1/scale)
tempoffset	temperature offset correction value per axis, usage: value = scale(value,center = -offset, scale = 1/scale) + scale(temperature, center = rep(averagetemperate,3), scale = 1/tempoffset)

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do.bfen	if TRUE, calculate metric BFEN with band-pass filter configuration set by 1b and ${\sf hb}$
do.enmo	if TRUE (default), calculate metric ENMO with negative values rounded to zero
do.lfenmo	if TRUE, calculate metric LFENMO with low-pass filter configuration set by hb
do.en	if TRUE, calculate metric EN
do.hfen	if TRUE, calculate metric HFEN with low-pass filter configuration set by hb
do.hfenplus	if TRUE, calculate metric HFENplus with band-pass filter configuration set by 1b and hb
do.anglex	if TRUE, calculate the angle of the x-axis relative to the horizontal plane (degrees) utilizing all three axes
do.angley	if TRUE, calculate the angle of the y-axis relative to the horizontal plane (degrees) utilizing all three axes
do.anglez	if TRUE, calculate the angle of the z-axis relative to the horizontal plane (degrees) utilizing all three axes
do.enmoa	if TRUE (default), calculate metric ENMOa which is equal to metric ENMO but with the absolute taken from the Euclidean norm minus one.
do.roll_med_acc	
d	if TRUE, calculate rolling median for the x axis
do.roll_med_acc	if TRUE, calculate rolling median for the y axis
do.roll_med_acc	•
	if TRUE, calculate rolling median for the z axis
do.dev_roll_med	
	if TRUE, calculate deviations from rolling median for the x axis
do.dev_roll_med	if TRUE, calculate deviations from rolling median for the y axis
do.dev_roll_med	
40.4ev_1011_med	if TRUE, calculate deviations from rolling median for the z axis
1b	lower boundary of the frequency filter (in Hertz)
hb	upper boundary of the frequency filter (in Hertz)
n	order of the frequency filter
meantempcal	mean temperature corresponding to the data as used for autocalibration. If autocalibration is not done or if temperature was not available then leave blank (default)
chunksize	number between 0.2 and 1 to specificy the size of chunks to be loaded as a fraction of a 24 hour period, e.g. 0.5 equals 12 hour chunks. The default is 1 (24 hrs). For machines with less than 4Gb of RAM memory a value below 1 is recommended.
selectdaysfile	see g.part1
dayborder	see g.part1
• • •	Please ignore. Only used by the code internally when called from within g.part1 with selectdowsfile specific

with selectdaysfile specific.

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Value

metalong dataframe with long epoch meta-data: EN, non-wear score, clipping score, tem-

perature

metashort dataframe with short epoch meta-data: timestamp and metric

tooshort indicator of whether file was too short for processing (TRUE or FALSE) corrupt indicator of whether file was considered corrupt (TRUE or FALSE)

Author(s)

Vincent T van Hees <vincentvanhees@gmail.com>

References

van Hees VT, Gorzelniak L, Dean Leon EC, Eder M, Pias M, et al. (2013) Separating Movement and Gravity Components in an Acceleration Signal and Implications for the Assessment of Human Daily Physical Activity. PLoS ONE 8(4): e61691. doi:10.1371/journal.pone.0061691

Examples

```
## Not run:
datafile = "C:/myfolder/testfile.bin"

#Extract meta-data:
M = g.getmeta(datafile)

#Inspect first couple of rows of long epoch length meta data:
print(M$metalong[1:5,])

#Inspect first couple of rows of short epoch length meta data:
print(M$metalong[1:5,])

## End(Not run)
```

g.impute

function to identify invalid periods in the meta-data as generated by g.getmeta and to impute these invalid periods with the average of similar timepoints on other days of the measurement

Description

Functions takes the output from g.getmeta and information about the study protocol to label impute invalid time segments in the data.

Usage

```
g.impute(M, I, strategy = 1, hrs.del.start = 0, hrs.del.end = 0, maxdur = 0,
ndayswindow = 7,desiredtz="Europe/London")
```

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Arguments

M output from g.getmeta
I output from g.inspectfile

strategy how to deal with knowledge about study protocol. value = 1 means select data

based on hrs.del.start, hrs.del.end, and maxdur. Value = 2 makes that only the data between the first midnight and the last midnight is used for imputation. Value = 3 only selects the most active X days in the files. X is specified

by argument ndayswindow

hrs.del.start how many HOURS after start of experiment did wearing of monitor start?

hrs.del.end how many HOURS before the end of the experiment did wearing of monitor

definitely end?

maxdur How many DAYS after start of experiment did experiment definitely stop? (set

to zero if unknown = default)

ndayswindow If strategy is set to 3 then this is the size of the window as a number of days

desiredtz see g.getmeta

Value

metashort imputed short epoch variables

rout matrix to clarify when data was imputed for each long epoch time window and

the reason for imputation. Value = 1 indicates imputation. Columns 1 = monitor non wear, column 2 = clipping, column 3 = additional nonwear, column 4 = clipping

protocol based exclusion and column5 = sum of column 1,2,3 and 4.

averageday matrix with n columns for n metrics values and m rows for m short epoch time

windows in an average 24 hours period

Author(s)

Vincent T van Hees <vincentvanhees@gmail.com>

```
## Not run:
    #inspect file:
    I = g.inspectfile(datafile)

    #autocalibration:
    C = g.calibrate(datafile)

    #get meta-data:
    M = g.getmeta(datafile)

## End(Not run)

data(data.getmeta)
data(data.inspectfile)
```

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```
#impute meta-data:
IMP = g.impute(M=data.getmeta, I=data.inspectfile)
```

g.inspectfile

function to inspect accelerometer file for brand, sample frequency and header

Description

Inspects accelerometer file for key information, including: monitor brand, sample frequency and file header

Usage

```
g.inspectfile(datafile)
```

Arguments

datafile name of data file

Value

header fileheader

monn monitor name (genea, geneactive)

monc monitor brand code (1 = genea; 2 = geneactive, 3 = actigraph)

dformn data format (bin, csv)

dformc data format code (1 = bin, 2 = csv)

sf samplefrequency in Hertz

filename filename

Author(s)

Vincent T van Hees <vincentvanhees@gmail.com>

g.part1

function to load and pre-process acceleration files

Description

Calls function g.getmeta and g.calibrate, and converts the output to .RData-format which will be the input for g.part2. Here, the function generates a folder structure to keep track of various output files. The reason why these g.part1 and g.part2 are not merged as one generic shell function is because g.part1 takes much longer to and involves only minor decisions of interest to the movement scientist. Function g.part2 on the other hand is relatively fast and comes with all the decisions that directly impact on the variables that are of interest to the movement scientist. Therefore, the user may want to run g.part1 overnight or on a computing cluster, while g.part2 can then be the main playing ground for the movement scientist. Function g.shell.GGIR provides the main shell that allows for operating g.part1 and g.part2.

Usage

```
g.part1(datadir=c(),outputdir=c(),f0=1,f1=c(),windowsizes = c(5,900,3600),
                   desiredtz = "Europe/London", chunksize=c(), studyname=c(),
                   do.enmo = TRUE, do.lfenmo = FALSE, do.en = FALSE,
                   do.bfen = FALSE,do.hfen=FALSE,do.hfenplus = FALSE,
                   do.anglex=FALSE,do.angley=FALSE,
                   do.anglez=FALSE, do.enmoa=FALSE,
                   do.roll_med_acc_x=FALSE, do.roll_med_acc_y=FALSE,
                   do.roll_med_acc_z=FALSE,do.dev_roll_med_acc_x=FALSE,
                   do.dev_roll_med_acc_y=FALSE, do.dev_roll_med_acc_z=FALSE,
                   do.cal = TRUE, lb = 0.2, hb = 15, n = 4,
                   use.temp=TRUE,spherecrit=0.3,minloadcrit=72,
                   printsummary=TRUE,print.filename=FALSE,overwrite=FALSE,
                   backup.cal.coef=c(),selectdaysfile=c(),dayborder=0)
```

Arguments

datadir	Directory where the accelerometer files are stored or list of accelerometer filenames and directories
outputdir	Directory where the output needs to be stored. Note that this function will attempt to create folders in this directory and uses those folder to organise output
f0	File index to start with (default = 1). Index refers to the filenames sorted in increasing order
f1	File index to finish with (defaults to number of files available)
windowsizes	see g.getmeta
desiredtz	see g.getmeta
chunksize	see g.getmeta
studyname	If the datadir is a folder then the study will be given the name of the data directory. If datadir is a list of filenames then the studyname will be used as name for the analysis

do.bfen	if TRUE, calculate metric BFEN with band-pass filter configuration set by 1b and hb, see g.getmeta	
do.enmo	if TRUE (default), calculate metric ENMO, see g.getmeta	
do.lfenmo	if TRUE, calculate metric LFENMO with low-pass filter configuration set by hb,see g.getmeta	
do.en	if TRUE, calculate metric EN, see g.getmeta	
do.hfen	if TRUE, calculate metric HFEN with low-pass filter configuration set by hb, see g.getmeta	
do.hfenplus	if TRUE, calculate metric HFENplus with band-pass filter configuration set by 1b and hb, see g.getmeta	
do.anglex	if TRUE, calculate the angle of the x-axis relative to the horizontal plane (degrees) utilizing all three axes	
do.angley	if TRUE, calculate the angle of the y-axis relative to the horizontal plane (degrees) utilizing all three axes	
do.anglez	if TRUE, calculate the angle of the z-axis relative to the horizontal plane (degrees) utilizing all three axes	
do.enmoa	if TRUE (default), calculate metric ENMOa which is equal to metric ENMO but with the absolute taken from the Euclidean norm minus one.	
do.roll_med_acc		
	see g.getmeta	
do.roll_med_acc	•	
see g.getmeta do.roll_med_acc_z		
do.1 off_med_det	see g.getmeta	
do.dev_roll_med		
	see g.getmeta	
do.dev_roll_med	d_acc_y	
	see g.getmeta	
do.dev_roll_med	d_acc_z	
	see g.getmeta	
do.cal	Whether to apply auto-calibration or not, see g.calibrate. Default and recommended setting is TRUE	
lb	lower boundary of the frequency filter (in Hertz)	
hb	upper boundary of the frequency filter (in Hertz), see g.getmeta	
n	order of the frequency filter, see g.getmeta	
use.temp	see g.calibrate use temperature sensor data if available (Geneactive only)	
spherecrit	see g.calibrate the minimum required acceleration value (in g) on both sides of 0 g for each axis. Used to judge whether the sphere is sufficiently populated	
minloadcrit	see g.calibrate the minimum number of hours the code needs to read for the autocalibration procedure to be effective (only sensitive to multitudes of 12 hrs, other values will be ceiled). After loading these hours only extra data is loaded if calibration error has not be reduced to under 0.01 g.	

printsummary see g.calibrate if TRUE will print a summary when done

print.filename Whether to print the filename before before analysing it (default is FALSE).

Printing the filename can be useful to investigate problems (e.g. to verify that

which file is being read).

overwrite Overwrite previously generated milestone data by this function for this particu-

lar dataset. If FALSE then it will skip the previously processed files (default =

FALSE).

backup.cal.coef

If the auto-calibration fails then the user has the option to provide back-up calibration coefficients via this argument. The value of the argument needs to be the name and directory of a csv-spreadsheet with the following column names and subsequent values: 'filename' with the names of accelerometer files on which the calibration coefficients need to be applied in case auto-calibration fails; 'scale.x', 'scale.y', and 'scale.z' with the scaling coefficients; 'offset.x', 'offset.y', and 'offset.z' with the offset coefficients, and; 'temperature.offset.x', 'temperature.offset.y', and 'temperature.offset.z' with the temperature offset coefficients. The argument is intended for analysing short lasting laboratory experiments with insufficient sphere data, but for which calibration coefficients can be derived in an alternative way. It is the users responsibility to compile the csv-spreadsheet.

selectdaysfile Optional functionality. Character pointing at a csv file holding the relationship between device serial numbers (first column) and measurement dates of interest (second and third column). The date format should be dd/mm/yyyy. And the first row if the csv file is assumed to have a character variable names, e.g. "serialnumber" "Day1" and "Day2" respectively. Raw data will be extracted and stored in the output directory in a new subfolder named 'raw'.

dayborder

Hour at which days start and end (default = 0), value = 4 would mean 4am

Value

The function provides no values, it only ensures that the output from other functions is stored in .RData(one file per accelerometer file) in folder structure

Author(s)

Vincent T van Hees <vincentvanhees@gmail.com>

References

- van Hees VT, Gorzelniak L, Dean Leon EC, Eder M, Pias M, et al. (2013) Separating Movement and Gravity Components in an Acceleration Signal and Implications for the Assessment of Human Daily Physical Activity. PLoS ONE 8(4): e61691. doi:10.1371/journal.pone.0061691
- van Hees VT, Fang Z, Langford J, Assah F, Mohammad A, da Silva IC, Trenell MI, White T, Wareham NJ, Brage S. Auto-calibration of accelerometer data for free-living physical activity assessment using local gravity and temperature: an evaluation on four continents. J Appl Physiol (1985). 2014 Aug 7

Examples

```
## Not run:
datafile = "C:/myfolder/mydata"
outputdir = "C:/myresults"
g.part1(datadir,outputdir)
## End(Not run)
```

g.part2

function to analyse and summarize pre-processed output from g.part1

Description

Loads the output from g.part1 and then applies g.impute and g.analyse, after which the output is converted to .RData-format which will be used by g.shell.GGIR to generate reports. The variables in these reports are the same variables as described in g.analyse.

Usage

```
g.part2(datadir=c(),metadatadir=c(),f0=c(),f1=c(),strategy = 1, hrs.del.start = 0.5, hrs.del.end = 0.5, maxdur = 7, includedaycrit = 16, L5M5window = c(0,24), M5L5res = 10, winhr = 5, qwindow=c(0,24), qlevels = c(0.1), ilevels = c(0,10), mvpathreshold = c(100),boutcriter = 0.8,ndayswindow=7,idloc=1, do.imp=TRUE,storefolderstructure=FALSE,overwrite=FALSE,epochvalues2csv=FALSE, mvpadur=c(1,5,10),selectdaysfile=c(),window.summary.size=10,dayborder=0, bout.metric=2,closedbout=FALSE,desiredtz="Europe/London", IVIS_windowsize_minutes = 60, IVIS_epochsize_seconds = 30)
```

Arguments

datadir	Directory where the accelerometer files are stored or list, e.g. "C:/mydata" of accelerometer filenames and directories, e.g. c("C:/mydata/myfile1.bin","C:/mydata/myfile2.bin").
metadatadir	Directory where the output from g.part1 was stored
f0	File index to start with (default = 1). Index refers to the filenames sorted in increasing order
f1	File index to finish with (defaults to number of files available)
strategy	how to deal with knowledge about study protocol. value = 1 to select data based on hrs.del.start, hrs.del.end, and maxdur. Value = 2 to only use the data between the first midnight and the last midnight, value = 3 only selects the most active X days in the files. X is specified by argument ndayswindow See also g.impute
hrs.del.start	how many HOURS after start of experiment did wearing of monitor start?, see g.impute
hrs.del.end	how many HOURS before the end of the experiment did wearing of monitor definitely end?, see g.impute

maxdur how many DAYS after start of experiment did experiment definitely stop? (set

to zero if unknown = default), see g.impute

includedaycrit minimum required number of valid hours in day specific analysis (NOTE: there

is no minimum required number of hours per day in the summary of an entire measurement, every available hour is used to make the best possible inference

on average metric value per week)

L5M5window start and end time, in 24 hour clock hours, over which L5M5 needs to be calcu-

lated. The calculation is done based on the average day

M5L5res resoltion of L5 and M5 analysis in minutes (default: 10 minutes) winhr window size in hours of L5 and M5 analysis (dedault = 5 hours)

qwindow start and end time, in 24 hour clock hours, over which distribution in metric

values need to be extracted. Value = c(0.24) will consider all 24 hours.

qlevels array of percentiles for which value needs to be extracted. These need to be

expressed as a fraction of 1, e.g. c(0.1, 0.5, 0.75). There is no limit to the number of percentiles. If left empty then percentiles will not be extracted. Distribution

will be derived from short epoch metric data, see g.getmeta.

ilevels Levels for acceleration value frequency distribution in mg, e.g. c(0.100,200)

There is no constriction to the number of levels.

mvpathreshold Threshold for MVPA estimation. Threshold needs to be based on metric ENMO.

This can be a single number or an array of numbers, e.g. c(100,120). In the later case the code will estimate MVPA separately for each threshold. If this variable

is left blank c() then MVPA is not estimated

boutcriter The variable boutcriter is a number between 0 and 1 and defines what fraction

of a bout needs to be above the mvpathreshold

ndayswindow If strategy is set to 3 then this is the size of the window as a number of days

idloc If value = 1 (default) the code assumes that ID number is stored in the obvi-

ous header field. If value = 2 the code uses the character string preceding the

character '_' in the filename as the ID number

do.imp Whether to impute missing values (e.g. suspected of monitor non-wear) or not

by g.impute. Default and recommended setting is TRUE

storefolderstructure

Store folder structure of the accelerometer data

overwrite Overwrite previously generated milestone data by this function for this particu-

lar dataset. If FALSE then it will skip the previously processed files (default =

FALSE).

epochvalues2csv

If TRUE then epoch values are exported to a CSV spreadsheet. Here, non-wear

time is imputed where possible (default = FALSE).

mvpadur default = c(1,5,10). Three bout duration for which MVPA will be calculated

selectdaysfile Functionality designed for the London Centre of Longidutinal studies. Csv file

holding the relation between device serial numbers and measurement days of

interest.

dayborder Hour at which days start and end (default = 0), value = 4 would mean 4am

window.summary.size

Functionality designed for the London Centre of Longidutinal studies. Size in

minutes of the summary window

bout.metric This argument used to be called mvpa.2014 and had TRUE or FALSE as its

value. However, it has now become clear that this aspect of the analyses is still very much open for debate. Therefore, I have changed it into an argument where you can specify a metric for bout detection based on a number. A description of

these bout metrics can be found in the new function g.getbout

closedbout See g.getbout desiredtz see g.getmeta

IVIS_windowsize_minutes

Window size of the Intradaily Variability (IV) and Interdaily Stability (IS) met-

rics in minutes

IVIS_epochsize_seconds

Epoch size of the Intradaily Variability (IV) and Interdaily Stability (IS) metrics

in seconds

Value

The function provides no values, it only ensures that other functions are called and that their output is stored in the folder structure as created with g.part1.

Author(s)

Vincent T van Hees <vincentvanhees@gmail.com>

References

- van Hees VT, Gorzelniak L, Dean Leon EC, Eder M, Pias M, et al. (2013) Separating Movement and Gravity Components in an Acceleration Signal and Implications for the Assessment of Human Daily Physical Activity. PLoS ONE 8(4): e61691. doi:10.1371/journal.pone.0061691
- van Hees VT, Fang Z, Langford J, Assah F, Mohammad A, da Silva IC, Trenell MI, White T, Wareham NJ, Brage S. Auto-calibration of accelerometer data for free-living physical activity assessment using local gravity and temperature: an evaluation on four continents. J Appl Physiol (1985). 2014 Aug 7

```
## Not run:
metadatadir = "C:/myresults/output_mystudy"
g.part2(metadatadir)
## End(Not run)
```

g.part3	Detection of sustained inactivity periods as needed for sleep detection in g.part4.

Description

Function called by g.shell.GGIR. It estimates the sustained inactivity periods in each day, which are used as input for g.part4 which then labels them as nocturnal sleep or day time sustained inactivity periods. Typical users should work with function g.shell.GGIR only.

Usage

```
g.part3(metadatadir=c(),f0,f1,anglethreshold = 5,timethreshold = 5,
ignorenonwear=FALSE,overwrite=FALSE,desiredtz="Europe/London")
```

Arguments

metadatadir	Directory that holds a folder 'meta' and inside this a folder 'basic' which contains the milestone data produced by g.part1. The folderstructure is normally created by g.part1 and g.shell.GGIR will recognise what the value of metadatadir is.
f0	File index to start with (default $= 1$). Index refers to the filenames sorted in increasing order
f1	File index to finish with (defaults to number of files available)
anglethreshold	Angle threshold (degrees) for sustained inactivity periods detection, default = 5
timethreshold	Time threshold (minutes) for sustained inactivity periods detection, default = 5. This can be specified as multiple thresholds, each of which will be implemented. For example, timethreshold = $c(5,10)$
ignorenonwear	If TRUEE then ignore detected monitor non-wear periods to avoid confusion between monitor non-wear time and sustained inactivity (default = TRUE)
overwrite	Overwrite previously generated milestone data by this function for this particular dataset? If FALSE then it will skip the previously processed files (default = FALSE).
desiredtz	See g.getmeta

Value

The function provides no values, it only ensures that other functions are called and that their output is stored in .RData files.

- night nightnumber
- definition definition of sustained inactivity. For example, T10A5 refers to 10 minute window and a 5 degree angle (see paper for further explaination).
- start.time.day timestamp when the day started

- nsib.periods number of sustained inactivity bouts
- tot.sib.dur.hrs total duration of all sustained inactivity bouts
- fraction.night.invalid fraction of the night for which accelerometer data was invalid, e.g. monitor not worn
- sib.period number of sustained inactivity period
- sib.onset.time onset time of sustained inactivity period
- sib.end.time end time of sustained inactivity period

Author(s)

Vincent T van Hees <vincentvanhees@gmail.com>

References

• van Hees VT, Sabia S, et al. (2015) A novel, open access method to assess sleep duration using a wrist-worn accelerometer, PLoS ONE, November 2015

Examples

```
## Not run:
metadatadir = "C:/myfolder/meta" # assumes that there is a subfolder in
# metadatadir named 'basic' containing the output from g.part1
g.part3(metadatadir=metadatadir,anglethreshold=5,timethreshold=5,overwrite=FALSE)

## End(Not run)

Labels detected sustained inactivity periods by g.part3 as either nocturnal sleep or daytime sustained inactivity
```

Description

Loads output from g.part3 as stored in milestone data and sleep log information (if available) and then uses these information sources to define nocturnal sleep and daytime sustained inactivity.

Usage

Arguments

datadir Directory where the accelerometer files are stored or list of accelerometer file-

names and directories

metadatadir Directory that holds a folders 'meta' and inside this a folder 'basic' which con-

tains the milestone data produced by g.part1. The folderstructure is normally created by g.part3. When using g.part4 via g.shell.GGIR then g.shell.GGIR will automatically recognise what the value of metadatadir is, so the user does not

need to specify this.

f0 File index to start with (default = 1). Index refers to the filenames sorted in

increasing order

File index to finish with (defaults to number of files available)

idloc If value = 1 (default) the code assumes that ID number is stored in the obvi-

ous header field. If value = 2 the code uses the character string preceding the

character '_' in the filename as the ID number

loglocation Location of the spreadsheet (csv) with sleep log information. The spreadsheet

needs to have the following structure: one column for participant id, and then followed by alternatingly one column for onset time and one column for waking time. There can be multiple sleeplogs in the same spreadsheet. The first raw of the spreadsheet needs to be filled with column names, it does not matter what these column names are. Timestamps are to be stored without date as in hh:mm:ss. If onset corresponds to lights out or intention to fall asleep, then it is the end-users responsibility to account for this in the interpretation of the results.

colid Column number in the sleep log spreadsheet in which the participant ID code is

stored (default = 1)

coln1 Column number in the sleep log spreadsheet where the onset of the first night

starts

nnights Number of nights for which sleep log information should be available. It as-

sumes that this is constant within a study. If sleep log information is missing for

certain nights then leave these blank

sleeplogidnum Should the participant identifier as stored in the sleeplog be interpretted as a

number (TRUE=default) or a character (FALSE)?

do.visual If g.part4 is run with do.visual == TRUE then the function will generate a pdf

with a visual representation of the overlap between the sleeplog entries and the accelerometer detections. This can be used to visually verify that the sleeplog

entries do not come with obvious mistakes.

outliers.only Relevant for do.visual == TRUE. Outliers.only == FALSE will visualise all

available nights in the data. Outliers.only == TRUE will visualise only for nights with a difference in onset or waking time larger than the variable of argument

criterror.

excludefirstlast

If TRUE then the first and last night of the measurement are ignored for the sleep

assessment.

criterror Relevant for do.visual == TRUE and outliers.only == TRUE. criterror speci-

fies the number of minimum number of hours difference between sleep log and accelerometer estimate for the night to be included in the visualisation

includenightcrit

Minimum number of valid hours per night (24 hour window between noon and

relyonsleeplog If TRUE then sleep onset and waking time are defined based on timestamps derived from sleep log if FALSE (default) the sleep log is only used to guide the accelerometer-based detection. If participants were instructed NOT to wear the accelerometer during waking hours then set to TRUE, in all other scenarios set to FALSE (FALSE).

def.noc.sleep

The time window during which sustained inactivity will be assumed to represent sleep, e.g. def.noc.sleep=c(21,9). This is only used if no sleep log entry is available. If def.noc.sleep is left blank 'def.noc.sleep=c()' then the 12 hour window centred at the least active 5 hours of the 24 hour period will be used instead. Here, L5 is hardcoded and will not change by changing argument winhr in function g.part2

storefolderstructure

Store folder structure of the accelerometer data

overwrite

Overwrite previously generated milestone data by this function for this particular dataset. If FALSE then it will skip the previously processed files (default = FALSE).

Value

The function does not produce values but generates an RData file in the milestone subfolder ms4.out which incudes a dataframe named nightsummary and comes with the following variables:

- id Participant id extracted from file
- night Night number
- acc_onset Detected onset of sleep expressed as hours since the previous midnight
- acc_wake Detected waking time (after sleep period) expressed as hours since the previous midnight
- acc_timeinbed Difference between onset and waking time.
- · acc_def Definition of sustained inactivity by accelerometer
- · sleeplog_onset Sleep onset derived from sleep log or specified by researcher if not sleep log is available
- sleeplog_wake Waking time derived from sleep log or specified by researcher if not sleep log is available
- · sleeplog_timeinbed Time in bed derived from sleep log or specified by researcher if not sleep log is available
- error_onset Difference between sleep onset as estimated by accelerometer and estimated by sleeplog/defined by researcher
- error_wake Difference between waking time as estimated by accelerometer and estimated by sleeplog/defined by researcher
- fraction_night_invalid Fraction of the night for which the data was invalid, e.g. monitor not worn or no accelerometer measurement started/ended within the night

acc_dur_noc Total sleep duration, which equals the accumulated nocturnal sustained inactivity bouts. This is not the same as the time in bed, which only looks at time difference between falling asleep and waking up.

- acc_dur_sibd Accumulated sustained inactivty bouts during the day. These are the periods
 we would label during the night as sleep, but during the day they form a subclass of inactivity,
 which may represent day time sleep or wakefulness while being motionless for a sustained
 period of time
- acc_n_noc Number of noturnal sleep periods
- acc_n_sibd Number of sustained inactivity periods during the day
- acc_onset_ts acc_onset formatted as a timestamp
- acc_wake_ts acc_wake formatted as a timestamp
- sleeplog_onset_ts sleeplog_onset formatted as a timestamp
- sleeplog_wake_ts sleeplog_wake formatted as a timestamp
- page pdf page on which the visualisation can be found
- daysleeper If 0 then the person is a nightsleeper (sleep period did not overlap with noon) if value=1 then the person is a daysleeper (sleep period did overlap with noon)
- weekday Day of the week on which the night started
- calendardate Calendar data which the night started
- filename Name of the accelerometer file
- cleaningcode 0: no problem; 1: sleeplog not available, 2: not enough valid accelerometer data, 3: no accelerometer data available, 4: there were no nights to be analysed for this person
- sleeplog_used Whether a sleep log was used (TRUE/FALSE)
- acc_available Whether accelerometer data was available (TRUE/FALSE). This dataframe is used in g.report.part4 to create two reports one per night and one per person.

Note that function g.shell.GGIR comes with the option for report generation. In relation to function g.part4 it is important to mention that these reports are effectively the variable names mentioned above or derivatives. Please fine below extra clarification on a few of the variable names for which the meaning may not be obvious:

- sleeplog_used Whether a sleeplog was available (TRUE) or not (FALSE)
- n_nights_acc Number of nights of accelerometer data
- n_WE_nights_complete Number of weekend nights complete which means both accelerometer and sleeplog data
- n_WD_nights_complete Number of weekday nights complete which means both accelerometer and sleeplog data
- n_WEnights_daysleeper Number of weekend nights on which the person slept until after noon
- n_WDnights_daysleeper Number of weekday nights on which the person slept until after noon
- sleeplog_dur_AD_mn Mean sleep duration according to sleeplog accros all days

 sleeplog_dur_AD_sd Standard deviation of sleep duration according to sleeplog accros all days

- sleeplog_dur_WD_sd Standard deviation of sleep duration according to sleeplog accros weekdays
- sleeplog_dur_WE_sd Standard deviation of sleep duration according to sleeplog accros weekend days

Author(s)

Vincent T van Hees <vincentvanhees@gmail.com>

References

• van Hees VT, Sabia S, et al. (2015) A novel, open access method to assess sleep duration using a wrist-worn accelerometer, PLoS ONE, accepted for publication October 2015

Examples

```
## Not run:
metadatadir = "C:/myfolder/meta" # assumes that there is a subfolder in
# metadatadir named 'ms3.out' containing the output from g.part3
g.part4(metadatadir=metadatadir)
## End(Not run)
```

g.part5

Merge output from physical activity and sleep analysis into one report

Description

Function to merge the output from g.part2 and g.part4 into one report enhanced with profiling of sleep and physical activity stratified across intensity levels and based on bouted periods as well as non-bouted periods.

Usage

```
g.part5(datadir=c(),metadatadir=c(),f0=c(),f1=c(),strategy=1,maxdur=7,
hrs.del.start=0,hrs.del.end =0,
loglocation= c(),excludefirstlast=FALSE,windowsizes=c(5,900,3600),
boutcriter.mvpa=0.8,boutcriter.in=0.9,boutcriter.lig=0.8,
storefolderstructure=FALSE,threshold.lig = c(40),threshold.mod = c(100),
threshold.vig = c(400),timewindow=c("MM","WW"),boutdur.mvpa = c(1,5,10),
boutdur.in = c(10,20,30),boutdur.lig = c(1,5,10),winhr = 5,
M5L5res = 10,overwrite=FALSE,desiredtz="Europe/London",bout.metric=4)
```

Arguments

datadir Directory where the accelerometer files are stored or list of accelerometer file-

names and directories

metadatadir Directory that holds a folders 'meta' and inside this a folder 'basic' which con-

tains the milestone data produced by g.part1. The folderstructure is normally created by g.part1 and g.shell.GGIR will recognise what the value of meta-

datadir is.

f0 File index to start with (default = 1). Index refers to the filenames sorted in

increasing order

f1 File index to finish with (defaults to number of files available)

strategy how to deal with knowledge about study protocol. value = 1 means select data

based on hrs.del.start, hrs.del.end, and maxdur. Value = 2 makes that only the data between the first midnight and the last midnight is used for impu-

tation, see g.impute

maxdur how many DAYS after start of experiment did experiment definitely stop? (set

to zero if unknown = default), see g.impute

hrs.del.start how many HOURS after start of experiment did wearing of monitor start?, see

g.impute

hrs.del.end how many HOURS before the end of the experiment did wearing of monitor

definitely end?, see g.impute

loglocation Location of the spreadsheet (csv) with sleep log information. The spreadsheet

needs to have the following structure: one column for participant id, and then followed by alternatingly one column for onset time and one column for waking time. Timestamps are to be stored without date as in 18:20:00. If onset corresponds to lights out or intention to fall asleep, then it is the end-users re-

sponsibility to account for this in the interpretation of the results.

excludefirstlast

If TRUE then the first and last night of the measurement are ignored for the sleep

assessment.

windowsizes see g.getmeta

boutcriter.mvpa

A number between 0 and 1 and defines what fraction of a bout needs to be above

the mypathreshold

boutcriter.in A number between 0 and 1 and defines what fraction of a bout needs to be below

the light threshold

boutcriter.lig A number between 0 and 1 and defines what fraction of a bout needs to be

between the light and moderage threshold

storefolderstructure

Store folder structure of the accelerometer data

threshold.lig Threshold for light physical activity to separate inactivity from light. Value can

be one number or an array of multiple numbers, e.g. threshold.lig =c(30,40). If multiple numbers are entered then analysis will be repliced for each combination of threshold values. Threshold is applied to the first metric in the milestone data, so if you have only specified do.ENMO == TRUE then it will be applied

to ENMO.

threshold.mod Threshold for moderate physical activity to separate light from moderate. Value

can be one number or an array of multiple numbers, e.g. threshold.mod =c(100,110). If multiple numbers are entered then analysis will be repliced for each ombination of threshold values. Threshold is applied to the first metric in the milestone data, so if you have only specified do.ENMO == TRUE then it will be applied

to ENMO.

threshold.vig Threshold for vigorous physical activity to separate moderate from vigorous.

Value can be one number or an array of multiple numbers, e.g. threshold.mod =c(400,500). If multiple numbers are entered then analysis will be repliced for each combination of threshold values. Threshold is applied to the first metric in the milestone data, so if you have only specified do.ENMO == TRUE then it

will be applied to ENMO.

timewindow Timewindow over which summary statistics are derived. Value can be "MM"

(midnight to midnight), "WW" (waking time to waking time), or both c("MM","WW").

boutdur.mvpa Durations of mvpa bouts in minutes to be extracted. The default values is

c(1,5,10) and will start with the identification of 10 minute bouts, followed by 5 minute bouts in the rest of the data, and followed by 1 minute bouts in the rest

of the data.

boutdur.in Durations of inactivity bouts in minutes to be extracted. Inactivity bouts are de-

tected in the segments of the data which were not labelled as sleep or MVPA bouts. The default duration values is c(10,20,30), this will start with the identification of 30 minute bouts, followed by 20 minute bouts in the rest of the data,

and followed by 10 minute bouts in the rest of the data.

boutdur.lig Durations of light activity bouts in minutes to be extracted. Light activity bouts

are detected in the segments of the data which were not labelled as sleep, MVPA, or inactivity bouts. The default duration values is c(1,5,10), this will start with the identification of 10 minute bouts, followed by 5 minute bouts in the rest of

the data, and followed by 1 minute bouts in the rest of the data.

M5L5res resoltion of L5 and M5 analysis in minutes (default: 10 minutes)

overwrite Overwrite previously generated milestone data by this function for this particu-

lar dataset. If FALSE then it will skip the previously processed files (default =

FALSE).

desiredtz see g.getmeta

bout.metric See documnetion in g.getbout and

winhr see g.getmeta

Details

This function writes all its output to an RData file The value output is a dataframe and comes with a large range of variables which hopefully are sufficiently intuitive or are already explained elsewhere in the package tutorial.

Explaination of general terminology:

- dur = duration
- acc = (average) acceleration
- Nblock = number of blocks
- D10 = bout lengths with 10 minutes and longer
- T120 = threshold of 120 mg and higher
- _pla = plain average across available days
- _wei = weighted average across available days where weekend days always weighted 2/5 relative to the contribution of week days
- If there is no D in the variable name like in LIG50_120 then it refers to unbouted time spent between those thresholds
- dur_LIGB_D10T50_120 = the time spent in bouts of light activity of at least 10 minutes
- WW in filename refers to analyses based on the timewindow from waking to waking up
- MM in filename refers to analyses done on windows between midnight and midnight
- SIB=sustained inactivity bouts, are the periods of time during which the accelerometer does not rotate at all for at least 5 or 10 minutes. This could be daytime sleep or the monitor not being worn for a very short period of time.
- INB are bouts of time during which acceleration is below an acceleration threshold for at least X percent of the time.
- If boutdur.mvpa holds two bout duration thresholds like 1 and 10 minutes when it is set to c(1,10) then you will get D1T100 and D10T100. In this case D1T100 effectively means bouts between 1 and 9.99 minutes, while D10T100 refers to bouts of at least 10 minutes.
- TMOD and TVIG are total moderate and total vigorous PA with all bouted and unbouted time contributing. Just MOD and VIG are only the unbouted time spent in those categories.
- nightwak = night waking time
- SIB= sustained inactivity bouts, can be part of inactivity bouts (INB variables), SIB are the sustained inactivity bouts that are not part of the inactivity bouts. This is why I have a TSIB and a SIB variable
- TSIB = total of all sustained inactivity bouts (regardless of whether they contributed or not to inactivity bouts (INB).
- TOIN = Total other inactivity
- TIN = Total inactivity = TOIN + SIB = Total other inactivity + Sustained inactivity

In summary, g.part5 works with following levels of behaviour from least active to most active:

- · Sleep or SIB
- Other inactivity
- Light
- Moderate
- Vigorous

Additionally they a grouped in:

- MVPA bouts (Moderate or Vigorous)
- Light bouts (just light)
- Inactivity bouts (Other inactivity or SIB)
- And the non-bouted time spent in each of the five categories
- And also as the total of each category: TSIB, TOIN, TLIG, TMOD, TVIG

Other variabels:

 dur_day_min_pla, dur_night_min_pla, and dur_nightandday_min_pla: duration of a day and night time

Final note:

Motivation for default bout criteria for inactivity 0.9: Ssomewhat arbitrary decision, but the idea is that if you allow for bouts of 30 minutes it would not make sense to allow for breaks of 20 percent (6 minutes!) this is why I used a more stringent criteria for the highest category

Value

The function provides no values, it only ensures that other functions are called and that their output is stored in .RData files. See details.

Author(s)

Vincent T van Hees <vincentvanhees@gmail.com>

References

• This function has not been described in a scientific journal yet

```
## Not run:
metadatadir = "C:/myfolder/meta"
g.part5(metadatadir=metadatadir)
## End(Not run)
```

g.plot

g.plot

function to generate a plot for quality check purposes

Description

Function takes meta-data as generated by g.getmeta and g.impute to create a visual representation of imputed time periods

Usage

```
g.plot(IMP, M, I, durplot)
```

Arguments

IMP	output from g.impute
М	output from g.getmeta
I	output from g.inspectfile
durplot	number of days to plot

Value

function only produces a plot, no values

Author(s)

Vincent T van Hees <vincentvanhees@gmail.com>

```
## Not run:
    #inspect file:
    I = g.inspectfile(datafile)

    #autocalibration:
    C = g.calibrate(datafile)

    #get meta-data:
    M = g.getmeta(datafile)

## End(Not run)
data(data.getmeta)
data(data.inspectfile)

#impute meta-data:
IMP = g.impute(M = data.getmeta, I = data.inspectfile, strategy = 1, hrs.del.start = 0, hrs.del.end = 0, maxdur = 0)

#plot data
g.plot(IMP, M = data.getmeta, I = data.inspectfile, durplot=4)
```

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g.shell.GGIR

Shell function for analysing an accelerometer dataset.

Description

This function is designed to help users operate all steps of the analysis. It helps to generate and structure milestone data, produces user-friendly reports. The function acts as a shell with calls to g.part1, g.part2, g.part3 and g.part4. Please see these specific functions for clarification on optional input arguments.

Usage

```
g.shell.GGIR(mode=c(1,2),datadir=c(),outputdir=c(),studyname=c(),f0=1,f1=0,
do.report=c(2),overwrite=FALSE,visualreport=FALSE,viewingwindow=1,...)
```

Arguments

mode	Specify which of the four parts need to be run, e.g. mode = 1 makes that g.part1 is run. Default setting, mode = $c(1,2)$, makes that both part1 and part2 are ran. Note that if mode = $c(1,3)$ then the code will also set do.anglez = TRUE in order to enable sleep detection. If you run part 1 and 3 seperatedly then you need to remember to set argument do.anglez to TRUE when running part1.
datadir	Directory where the accelerometer files are stored or list, e.g. "C:/mydata" of accelerometer filenames and directories, e.g. c("C:/mydata/myfile1.bin","C:/mydata/myfile2.bin").
outputdir	Directory where the output needs to be stored. Note that this function will attempt to create folders in this directory and uses those folder to keep output
studyname	If the datadir is a folder then the study will be given the name of the data directory. If datadir is a list of filenames then the studyname as specified by this input argument will be used as name for the study
f0	File index to start with (default = 1). Index refers to the filenames sorted in increasing order
f1	File index to finish with (defaults to number of files available)
overwrite	Do you want to overwrite analysis for which milestone data exists? If overwrite=FALSE then milestone data from a previous analysis will be used if available and visual reports will not be created again.
do.report	For which parts to generate a summary spreadsheet: 2 and/or 4. Default is $c(2)$. A report will be generated based on the available milestone data. When creating milestone data with multiple machines it is advisable to turn the report generation off when generating the milestone data, value = $c()$, and then to merge the milestone data and turn report generation back on while setting overwrite to FALSE.
visualreport	If TRUE then generate visual report based on combined output from part 2 and 4. This is in beta-version at the moment.
viewingwindow	Centre the day as displayed around noon (value = 1) or around midnight (value = 2)

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Any input argument needed for functions g.part1, g.part2, g.part3 or g.part4. See respective function documentation for further clarification.

Value

The function provides no values, it only ensures that other functions are called and that their output is stored.

Author(s)

Vincent T van Hees <vincentvanhees@gmail.com>

References

- van Hees VT, Gorzelniak L, Dean Leon EC, Eder M, Pias M, et al. (2013) Separating Movement and Gravity Components in an Acceleration Signal and Implications for the Assessment of Human Daily Physical Activity. PLoS ONE 8(4): e61691. doi:10.1371/journal.pone.0061691
- van Hees VT, Fang Z, Langford J, Assah F, Mohammad A, da Silva IC, Trenell MI, White T, Wareham NJ, Brage S. Auto-calibration of accelerometer data for free-living physical activity assessment using local gravity and temperature: an evaluation on four continents. J Appl Physiol (1985). 2014 Aug 7
- van Hees VT, Sabia S, et al. (2015) A novel, open access method to assess sleep duration using a wrist-worn accelerometer, PLoS ONE, November 2015

```
## Not run:
mode = c(1,2,3,4)
datadir= "C:/myfolder/mydata"
outputdir= "C:/myresults"
studyname="test"
f0 = 1
f1 = 2
g.shell.GGIR(#-----
           # General parameters
           #-----
           mode=mode,
           datadir=datadir,
           outputdir=outputdir,
           studyname=studyname,
           f0=f0,
           f1=f1,
           overwrite = FALSE,
           do.imp=TRUE,
           idloc=1,
           print.filename=FALSE,
           storefolderstructure = FALSE,
           # Part 1 parameters:
           windowsizes = c(5,900,3600),
```

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```
do.cal=TRUE,
do.enmo = TRUE,
do.anglez=TRUE,
chunksize=1,
printsummary=TRUE,
#-----
# Part 2 parameters:
#-----
strategy = 1,
ndayswindow=7,
hrs.del.start = 1,
hrs.del.end = 1,
maxdur = 9,
includedaycrit = 16,
L5M5window = c(0,24),
M5L5res = 10,
winhr = c(5,10),
qlevels = c(c(1380/1440), c(1410/1440)),
qwindow=c(0,24),
ilevels = c(seq(0,400,by=50),8000),
mvpathreshold = c(100, 120),
#-----
# Part 3 parameters:
#-----
timethreshold= c(5,10),
anglethreshold=5,
ignorenonwear = TRUE,
#-----
# Part 4 parameters:
excludefirstlast = TRUE,
includenightcrit = 16,
def.noc.sleep = c(),
loglocation= "D:/sleeplog.csv",
outliers.only = FALSE,
criterror = 4,
relyonsleeplog = FALSE,
sleeplogidnum = TRUE,
colid=1,
coln1=2,
do.visual = TRUE,
nnights = 9,
#-----
# Part 5 parameters:
#-----
# Key functions: Merging physical activity with sleep analyses
threshold.lig = c(30, 40, 50),
threshold.mod = c(100, 120),
threshold.vig = c(400,500),
boutcriter = 0.8,
boutcriter.in = 0.9,
boutcriter.lig = 0.8,
boutcriter.mvpa = 0.8,
```

g.wavread 41

g.wavread

function to read .wav files as produced by the accelerometer named 'Axivity'

Description

For reading the wav accelerometer data as collected with an Axivity accelerometer

Usage

```
g.wavread(wavfile, start = 1, end = 100,units="minutes")
```

Arguments

wavfile filename (required)

start start point for reading data, see also units end end point for reading data, see also units units units used for defining start and end

Details

If only start is defined then g.binread will read all data beyond start until the end of the file is reached

Value

rawxyz matrix with raw x, y, and, z acceleration values

header file header

timestamps local timestamps for rawxyz

Author(s)

Vincent T van Hees <vincentvanhees@gmail.com>

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