

HUCM STUDENT APPLICATION FOR RESEARCH TRAVEL FUNDS  
Completed applications are due two-months prior to travel.

Date: 1/26/2026

Name: Taylor Bell

Email: Taylor.Bell@bison.howard.edu Phone : (317) 361-9927

Class: 2027

Conference Title: American College of Cardiology Annual Conference

Location of Conference: New Orleans, LA

Dates of Conference: March 27 - March 29, 2026

Dates of Requested Funding: March 27 - March 29, 2026

Name of HUCM Faculty Advisor: Dr Miriam Michael

\*Signature of Research Faculty Advisor: M3Michael

First Author/Oral Presenter \_\_\_\_ or First Author/Poster Presenter X

Co/Author \_\_\_\_

Letter of Invitation Attached ✓

Date of Invitation Letter 12/15/2025

Abstract Attached w all authors ✓

\*HU REQUEST FOR TRAVEL AUTHORIZATION FORM ATTACHED ✓

Requested Funding:

Airline \$ 430 Quote Attached ✓

Hotel \$ 320 per night Quote Attached ✓  
4 nights \$700

Registration \$ \_\_\_\_\_ Other \$ \_\_\_\_\_

Please Explain on separate sheet

Total Requested \$ 1000

I approve this request for the  
max of \$1,300.00  
\$430 airline  
\$700 hotel  
\$600 registration

*John T. Stubbs III*

Approved X / Not Approved \_\_\_\_\_ John Stubbs III, PhD Dir. of Med. Student Res.

Approved X / Not Approved \_\_\_\_\_ *Marjorie Gondre-Lewis*  
Marjorie Gondre-Lewis, Ph.D., RWJF Principal  
Investigator & Associate Dean for Faculty Development  
& Justice, Equity, Diversity and Inclusion (JEDI).

Andrea Hayes Dixon, MD Dean, College of Medicine

\*Approval is not guaranteed and it is dependent upon the availability of funding.

Funding is limited to \$ 1300.00 per student.

Students may only receive one research travel award per year.

Revised 01/22/26

## HUCM Student Absence Request for Research Presentation

Student Name: Taylor Bell

Student's Email: Taylor.bell@bison.howard.edu Student's Telephone: (317) 361-9927

Dates of Meeting / Conference: March 27 - March 29 2026

Name of Meeting/ Conference: American College of Cardiology Annual Conference

Meeting Location: New Orleans, LA

Abstract Title: Prevention of GLP-1 Receptor Agonist Use and Risk of Hypertension Disorders of Pregnancy in Women with Type 2 Diabetes

Research Advisor: Dr. Shannon Westerman

Please check one:

Invited Poster Presenter/ First Author: X

Invited Oral Presenter/ First Author: \_\_\_\_\_

Invited Presenting Co-Author: \_\_\_\_\_

Date of Student Presentation: 3 / 28 / 2026

### Student Absence Request

I, Taylor Bell, request absence starting on 3/27/2026 and ending on 3/29/2026 in order to present at the above conference.

Student Signature: Taylor Bell Date: 1/26/2026

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### Clerkship Absence Notification

Please identify the HUCM Clerkship / Rotation at the time of the conference:  
Psychiatry

Is this an external clerkship: Yes \_\_\_\_\_ or No X

Name of Clerkship Director at time of absence:

Tanya Alim, MD

Acknowledged: \_\_\_\_\_

Signature of Clerkship Director: \_\_\_\_\_

Date: \_\_\_\_\_ Please save and email form to student.

\*\*\*\*\*

Student Absence Request forwarded to Associate Dean David Rose, MD

Approved: xx Not approved: \_\_\_\_\_

Signature: \_\_\_\_\_

David Rose MD, Associate Dean of Student Affairs and Admission

Date: 2/5/26 Please save and email form to student.

Revised 7/15/2024

## **Information for Funding for Conference**

### **Preconception GLP-1 Receptor Agonist Use and Risk of Hypertensive Disorders of Pregnancy in Women with Type 2 Diabetes**

Taylor Bell<sup>1</sup>, Kamiya Bridges<sup>1</sup>, Kelsey Mack<sup>1</sup>, Delma Mbulaiteye<sup>1</sup>, Rawan Elkomi<sup>2</sup>, Me'Khail Cobb<sup>5</sup>, Mrinalini Deverapali<sup>2</sup>, Miriam Michael<sup>2,3</sup>, Parisa Takaloo<sup>2</sup>, Shannon Wentworth<sup>4</sup>

#### **Abstract**

**Background:** During pregnancy, hypertensive disorders such as pre-eclampsia and HELLP syndrome are major contributors to maternal and fetal mortality. This is especially true in patients with type 2 diabetes mellitus, as they are at a higher risk of developing hypertensive disorders. GLP-1 receptor agonists are known drugs that type 2 diabetics take to help improve their glycemic control, help with weight loss, and improve their cardiovascular health overall. Their impact on obstetric outcomes is not well studied.

**Objectives:** To determine whether exposure to GLP-1 receptor agonists before pregnancy is associated with reduced risk of hypertensive disorders of pregnancy (pre-eclampsia without severe features, pre-eclampsia with severe features, HELLP) among patients with T2DM

**Methods:** We conducted a retrospective cohort study using TriNetX Global Collaborative Network. Females aged 15-49 years old with T2DM and a delivery encounter were stratified based on their use of GLP-1 receptor agonists before pregnancy and balanced using propensity score matching. The final analysis included 5,531 females with T2DM with GLP-1 receptor agonist exposure  $\geq 1$  year before pregnancy and 38,838 females with T2DM and no GLP-1 receptor agonist use. Outcomes were pre-eclampsia without severe features, pre-eclampsia with severe features, and HELLP syndrome within 365 days post-index delivery.

**Results:** GLP-1 receptor agonist use before pregnancy resulted in a decreased risk of developing pre-eclampsia and HELLP within 365 days post-index delivery.

- **Pre-eclampsia without severe features:** Among patients who took GLP-1s before pregnancy, the risk was 1.1% vs 3.3% in patients who did not take GLP-1s (RR=0.33,  $p<0.001$ ). The risk of developing pre-eclampsia without severe features was higher in the non-GLP-1 group.

- **Pre-eclampsia with severe features:** Among patients who took GLP-1s before pregnancy, the risk was 3.0% vs 8.1% in patients who did not take GLP-1s (RR=0.37,  $p<0.001$ ). The risk of developing pre-eclampsia with severe features was higher in the non-GLP-1 group.
- **HELLP Syndrome:** Among patients who took GLP-1s before pregnancy, the risk was 0.3% vs 1.5% in patients who did not take GLP-1s (RR=0.22,  $p<0.001$ ). The risk of developing HELLP syndrome was higher in the non-GLP-1 group.

**Conclusion:** The use of GLP-1 receptor agonists during the preconception period in patients with type 2 diabetes mellitus is associated with a substantial reduction in the risk of developing pre-eclampsia without severe features, pre-eclampsia with severe features, and HELLP syndrome. The non-GLP-1 group consistently exhibited a higher risk of development of these hypertensive disorders of pregnancy.

ACC.26 Acceptance: Response Required by January 6, 2026 - 12310 Inbox x



accabstracts@abstractmanagement.com  
to me

Mon, Dec 15, 2025, 4:14 PM ★ 😊 ↩ ⋮

Dear Taylor Monique Bell BS:

Congratulations!

We are pleased to inform you that your Abstract, "PRECONCEPTION GLP-1 RECEPTOR AGONIST USE AND RISK OF HYPERTENSIVE DISORDERS OF PREGNANCY IN WOMEN WITH TYPE 2 DIABETES," has been accepted as a moderated poster presentation at the 75th Annual Scientific Session, March 28-30, 2026, in New Orleans, LA.

Research presented at the Annual Scientific Session is a critical contribution to the evolving science and innovative strategies central to the experience at ACC.26.

Abstracts and cases will receive global recognition and will be available through the online ePoster system to registered attendees. They will also be published online in the Journal of the American College of Cardiology.

We ask that all ACC.26 presenters attend the conference in-person so that science can be directly shared with attendees. We are not offering virtual or remote presentation capabilities. We hope you or a co-author can present in-person.

Please use the link below to view the acceptance information for your submission.

[https://www.abstractsonline.com/dashboard/login.asp?ald=296&targetMKey=\(385C8FAB-6F2F-4047-9924-8E6528E4BAD2\)&targetMod=notifyTasks](https://www.abstractsonline.com/dashboard/login.asp?ald=296&targetMKey=(385C8FAB-6F2F-4047-9924-8E6528E4BAD2)&targetMod=notifyTasks)

#### REGISTRATION INFORMATION:

- ACC is offering a special rate of 25% off the in-person registration fee for abstract and case presenters.
- The discount is non-transferable and is only applicable for the ACC.26 in New Orleans (In-Person) registration package. It does not apply to the ACC.26 @ Home (Virtual) registration package. We will provide more details upon acceptance.

**QUESTIONS:** Please see the [FAQs page](#) on the ACC.26 Website

On behalf of the entire ACC.26 Program Committee, thank you for choosing to highlight your scientific research at ACC.26. We look forward to your presentation and to seeing you in New Orleans!

Sincerely,

Kathryn L. Berlacher, MD, FACC  
ACC.26 Chair

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## Registration Details

Taylor Monique Bell

**Registration Type:** Medical Student Nonmember, Advance  
**ACC.26** (In-Person)

Description	Item Total
<b>ACC.26</b> (In-Person)	\$599.25
Registration	\$0.00
Total Registration Fees:	\$599.25
Total Registration Paid:	(\$599.25)
<b>Current Balance:</b>	<b>\$0.00</b>

## Financial Summary

Total of All Fees:	\$599.25
Total Amount Applied to All Fees:	(\$599.25)
<b>Total Balance Due:</b>	<b>\$0.00</b>

## Payment History

Payment #1	
01/01/2026 — \$599.25 [ Payment ]	
<div></div>	
Payment Allocation	
01/01/2026 — Applied: Taylor Bell's Registration	\$599.25
Total Amount Applied:	\$599.25
Payment Totals	
Total Payments:	\$599.25
Total Refunds:	\$0.00
Total Net Paid:	\$599.25


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Potential Hotel Prices ( Friday March 27<sup>th</sup>, 2026 to Sunday March 29 2026)

- Roughly \$1000

### Embassy Suites Hotel



Rates Start At \$319.00 

0.3 miles from Ernest N. Morial Convention Center


#### Hotel Features



[View Rooms](#)

### Hilton New Orleans Riverside



Rates Start At \$307.00 

0.5 miles from Ernest N. Morial Convention Center


#### Hotel Features



[View Rooms](#)

## The Riverfront Hotel



Rates Start At \$341.00 

0.3 miles from Ernest N. Morial Convention Center


### Hotel Features



[View Rooms](#)

## Hilton St. Charles



Rates Start At \$275.00 

0.9 miles from Ernest N. Morial Convention Center

### Hotel Features



[View Rooms](#)

## Potential Flight Prices

Washington

New Orleans

Fri, Mar 27 < > Sun, Mar 29 < >

All filters

Stops

Airlines

Bags

Price

Times

Emissions

Connecting airports

Duration




Best

Cheapest from \$342

### Top departing flights

Ranked based on price and convenience ⓘ Prices include required taxes + fees for 1 adult. Optional charges and [bag fees](#) may apply. [Passenger assistance](#) info.

Sorted by top flights ⬆

	9:25 PM – 11:20 PM Southwest	2 hr 55 min BWI–MSY	Nonstop	137 kg CO <sub>2</sub> e -31% emissions ⓘ	1 bag 0 checked \$430 round trip	⌵
	8:45 PM – 10:41 PM American	2 hr 56 min DCA–MSY	Nonstop	170 kg CO <sub>2</sub> e -14% emissions ⓘ	\$503 round trip	⌵
	5:50 PM – 7:48 PM United	2 hr 58 min IAD–MSY	Nonstop	154 kg CO <sub>2</sub> e -22% emissions ⓘ	1 bag 0 checked \$647 round trip	⌵

# REQUEST FOR TRAVEL AUTHORIZATION

HOWARD UNIVERSITY · OFFICE OF THE ASSISTANT TREASURER

2214 10<sup>th</sup> Street, N.W., Washington, D.C. 20059

Payment to Nonresident Alien is: Taxable Not Taxable

**Important** – See Travel Regulations for Procedures

(To be Completed by NRATS) By: \_\_\_\_\_

Division Name	Department Name	Room	Building	Employee Name	Telephone	Employee Account No.
Coll of Medicine	Office of the Dean	512 / 513-B	Mudd	Taylor Bell	(317) 341-1127	
Activity Dates		Purpose of Travel				
From 3/27/26	To 3/29/26	American College of Cardiology Annual Conference				<input type="checkbox"/> Yes <input type="checkbox"/> Check <input type="checkbox"/> No <input type="checkbox"/> Cash
Estimated Expenditures – To Be Completed by Employee				Special Authorization Requested (Attach Supplement if Necessary)		
Transportation _____ \$436						
Lodging _____ \$700						
Meals _____						
Miscellaneous _____						
Total Requested _____ \$1000						

## Shaded Areas to Be Completed by Assistant Treasurer Office

E.C.	Dept. Account No.	Exp. Code	Authorization Code	Today's Date	Employee Name	Amount
			T	Jan 26, 2026	Taylor Bell	\$1000.00

Amount Advanced	Employee Soc. Sec. No.	Is Payee or the Beneficiary of the Payment a U.S. Citizen or Permanent Resident Alien?
		Yes _____ No _____ If “no” refer to HU Nonresident Alien Payment Manual
		Check here if Nonresident Alien information has been previously submitted _____
I hereby certify that I will file a settlement report, with supporting receipts, within ten (10) days after date of travel. I further understand and authorize the Office of the Assistant Treasurer as a condition of receiving an advance, to deduct the amount advanced from my payroll check if the settlement report is not submitted within the ten (10) days as stated above.		Responsible Person – Typed Name _____ Responsible Person – Signature _____
Payee _____ Report Due Date _____		Telephone Number _____ Date _____

Andrea A. Hayes Dixon, MD, FACS, FAAP

Authorized By: Dean/Department Head (Type and Sign Name)

Authorized Expenditures: Dean/Department Head Check One

☐ Total Requested \$ \_\_\_\_\_ ☐ Limit of \$ \_\_\_\_\_

Authorized by: Vice President (Type and Sign Name)

Foreign Travel Approved By: President (Type and Sign Name)

Approval Date _____	Rejection Date _____	Dept. Notification Date _____	Return Date _____
Explanation _____			