

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)
Codebook for Sample Adult file (Document Version: September 2020)
PUBLIC USE

Variable:	BMICAT_A
Module:	Adult
Section:	BMI
File(s):	Adult
Data Type:	Numeric
Length:	1
Question Text:	
Description:	Categorical body mass index, public use
Recode:	Yes
Universe:	HHSTAT_A=1
Universe Description:	Sample adults 18+
Sources:	BMI_A; BMI_A_1
Question ID:	
Keywords:	body mass index; BMI; obesity; underweight; healthy weight; overweight; obese; height and weight
Notes:	<p>Recode2B: Categorical Body Mass Index (BMI)- (1) BMI was calculated using the in-house version of the height and weight variables, which contain the greater range of height and weight values than are available on the public use file. The range of possible BMI values listed (0001-9994) does not reflect actual calculated BMI values at the extremes of the range, but rather, allows for the theoretical possibility of such unlikely values. (2) BMI = [Weight (kg)/[Height(m) squared]] rounded to 2 decimal places. Conversion factors: 1 kg = 2.20462 pounds; 1 meter (m) = 39.37008 inches. For both men and women, underweight is BMI < 18.5; healthy weight is BMI 18.5 to <25; overweight is BMI > = 25 to <30; obese is BMI > = 30.</p>
Evaluation Report:	