

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS)  
Codebook for Sample Adult file (Document Version: September 2020)  
PUBLIC USE

<b>Variable:</b>	ANXEV_A
<b>Module:</b>	Adult
<b>Section:</b>	CON
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	<p>* <b>Read if necessary:</b> Have you EVER been told by a doctor or other health professional that you had</p> <p>...Any type of anxiety disorder?</p> <p>* <b>Read if necessary:</b> Some common types of anxiety disorders include generalized anxiety disorder, social anxiety disorder, panic disorder, post-traumatic stress disorder, obsessive-compulsive disorder, and phobias.</p>
<b>Description:</b>	Ever had anxiety disorder
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	CON.0040.00.1
<b>Keywords:</b>	panic disorder; PTSD; OCD; phobia
<b>Notes:</b>	This is 4 of 5 questions on lifetime prevalence of specific conditions.
<b>Evaluation Report:</b>	

Unweighted frequencies:

ANXEV\_A      Ever had anxiety disorder

Code	Description	Frequency	Percent
1	Yes	4745	14.83
2	No	27190	84.98
7	Refused	40	0.13
8	Not Ascertained	0	0.00
9	Don't Know	22	0.07

Frequency Missing:

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<b>Variable:</b>	ANXFREQ_A
<b>Module:</b>	Adult
<b>Section:</b>	ANX
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	How often do you feel worried, nervous or anxious? Would you say daily, weekly, monthly, a few times a year, or never?  * If respondent asks whether they are to answer about their emotional states after taking mood-regulating medications, say: "Please answer based on your usual use of medication."
<b>Description:</b>	How often feel worried, nervous, or anxious
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1
<b>Universe Description:</b>	Sample adults 18+
<b>Sources:</b>	
<b>Question ID:</b>	ANX.0010.00.1
<b>Keywords:</b>	worry; nervous; anxiety
<b>Notes:</b>	
<b>Evaluation Report:</b>	

Unweighted frequencies:

ANXFREQ\_A How often feel worried, nervous, or anxious

Code	Description	Frequency	Percent
1	Daily	3945	12.33
2	Weekly	3951	12.35
3	Monthly	3465	10.83
4	A few times a year	9932	31.04
5	Never	10110	31.60
7	Refused	86	0.27
8	Not Ascertained	397	1.24
9	Don't Know	111	0.35

Frequency Missing:

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<b>Variable:</b>	ANXLEVEL_A
<b>Module:</b>	Adult
<b>Section:</b>	ANX
<b>File(s):</b>	Adult
<b>Data Type:</b>	Numeric
<b>Length:</b>	1
<b>Question Text:</b>	Thinking about the last time you felt worried, nervous or anxious, how would you describe the level of these feelings? Would you say a little, a lot, or somewhere in between?
<b>Description:</b>	Level of feelings when last felt worried/nervous/anxious
<b>Recode:</b>	
<b>Universe:</b>	HHSTAT_A=1 and (ANXFREQ_A IN (1,2,3,4,7,9) or ANXMED_A IN (1,7,9))
<b>Universe Description:</b>	Sample adults 18+ who feel worried, anxious, or nervous daily, weekly, monthly, a few times a year or don't know or refused how often OR who do take medication for these feelings or don't know or refused if they take medication for these feelings
<b>Sources:</b>	
<b>Question ID:</b>	ANX.0030.00.1
<b>Keywords:</b>	worry; nervous; anxiety
<b>Notes:</b>	
<b>Evaluation Report:</b>	

**Unweighted frequencies:**

ANXLEVEL\_A Level of feelings when last felt worried/nervous/anxious

Code	Description	Frequency	Percent
1	A little	10849	50.17
2	A lot	2609	12.06
3	Somewhere in between a little and a lot	7974	36.87
7	Refused	87	0.40
8	Not Ascertained	10	0.05
9	Don't Know	97	0.45

Frequency Missing: 10371