2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS) Codebook for Sample Adult file (Document Version: September 2020) PUBLIC USE

Variable: ANXFREQ_A Module: Adult Section: ANX File(s): Adult Data Type: Numeric Length: Question Text: How often do you feel worried, nervous or anxious? Would you say daily, weekly, monthly, a few times a year, or never? * If respondent asks whether they are to answer about their emotional states after taking mood-regulating medications, say: "Please answer based on your usual use of medication." Description: How often feel worried, nervous, or anxious Recode: Universe: HHSTAT_A=1 Universe Description: Sample adults 18+ Sources: Question ID: ANX.0010.00.1 Keywords: worry; nervous; anxiety Notes: **Evaluation Report:**

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Variable: ANXLEVEL_A

Module: Adult
Section: ANX
File(s): Adult
Data Type: Numeric

Length: 1

Question Text: Thinking about the last time you felt worried, nervous or anxious, how would

you describe the level of these feelings? Would you say a little, a lot, or

somewhere in between?

Description: Level of feelings when last felt worried/nervous/anxious

Recode:

Universe: HHSTAT_A=1 and (ANXFREQ_A IN (1,2,3,4,7,9) or ANXMED_A IN (1,7,9))

Universe Description: Sample adults 18+ who feel worried, anxious, or nervous daily, weekly,

monthly, a few times a year or don't know or refused how often OR who do take medication for these feelings or don't know or refused if they take medication

for these feelings

Sources:

Question ID: ANX.0030.00.1

Keywords: worry; nervous; anxiety

Notes:

Evaluation Report: