2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS) Codebook for Sample Adult file (Document Version: September 2020) PUBLIC USE

Variable: DEPEV_A

Module: Adult

Section: CON

File(s): Adult

Data Type: Numeric

Length: 1

Question Text: * Read if necessary: Have you EVER been told by a doctor or other health

professional that you had

... Any type of depression?

* Read if necessary: Some common types of depression include major depression (or major depressive disorder), bipolar depression, dysthymia, post-partum

depression, and seasonal affective disorder.

Description: Ever had depression

Recode:

Universe: HHSTAT_A=1

Universe Description: Sample adults 18+

Sources:

Question ID: CON.0050.00.1

Keywords: post-partum depression; bipolar; seasonal affective disorder

Notes: This is 5 of 5 questions on lifetime prevalence of specific conditions.

Evaluation Report:

Unweighted frequencies:

DEPEV_A Ever had depression

Code	Description	Frequency	Percent
1	Yes	5432	16.98
2	No	26502	82.83
7	Refused	38	0.12
8	Not Ascertained	0	0.00
9	Don't Know	25	0.08

Frequency Missing:

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS) Codebook for Sample Adult file (Document Version: September 2020) PUBLIC USE

Variable: DEPFREQ_A Module: Adult Section: DEP File(s): Adult Data Type: Numeric Length: Question Text: How often do you feel depressed? Would you say daily, weekly, monthly, a few times a year, or never? * If respondent asks whether they are to answer about their emotional states after taking mood-regulating medications, say: "Please answer based on your usual use of medication." Description: How often depressed Recode: Universe: HHSTAT_A=1 Universe Description: Sample adults 18+ Sources: Question ID: DEP.0010.00.1 Keywords: feelings of sadness, emotional difficulty Notes: **Evaluation Report:**

Unweighted frequencies:

DEPFREQ_A How often depressed

Code	Description	Frequency	Percent
1	Daily	1395	4.36
2	Weekly	1723	5.38
3	Monthly	2130	6.66
4	A few times a year	8515	26.61
5	Never	17598	55.00
7	Refused	93	0.29
8	Not Ascertained	417	1.30
9	Don't Know	126	0.39

Frequency Missing:

2019 NATIONAL HEALTH INTERVIEW SURVEY (NHIS) Codebook for Sample Adult file (Document Version: September 2020)

PUBLIC USE

Variable: DEPLEVEL_A

Module: Adult
Section: DEP
File(s): Adult
Data Type: Numeric

Length: 1

Question Text: Thinking about the last time you felt depressed, how depressed did you feel?

Would you say a little, a lot, or somewhere in between?

Description: Level of how depressed

Recode:

Universe: HHSTAT_A=1 and (DEPFREQ_A IN (1,2,3,4,7,9) or DEPMED_A IN (1,7,9))

Universe Description: Sample adults 18+ who feel depressed daily, weekly, monthly, a few times a

year or refused or don't know how often they feel depressed OR who do take medication or refused or don't know if they take medication for depression.

Sources:

Question ID: DEP.0030.00.1

Keywords: feelings of sadness, emotional difficulty

Notes:

Evaluation Report:

Unweighted frequencies:

DEPLEVEL_A Level of how depressed

Code	Description	Frequency	Percent
1	A little	7072	49.75
2	A lot	1907	13.41
3	Somewhere in between a little and a lot	5027	35.36
7	Refused	94	0.66
8	Not Ascertained	1	0.01
9	Don't Know	115	0.81

Frequency Missing: 17781