

Medications Summary and Schedule

Patient: Caldwell, Ruben
Address: 240a SW 3rd St.
Gainesville, FL 32601
Date of Birth: June 20, 1939
Phone: 352-223-2091

Primary Care: Bishop, J. ANRP
Address: Malcolm Randall VA
Medical Center Gainesville, FL
Phone: 1-888-500-5678

Summary

Cardiovascular

Aspirin - 81mg tablet

What to do: Take one (1) tablet by mouth everyday.
What it does: Reduces the risk of stroke and heart attack.

Bumetanide - 1mg tablet

What to do: Take 1/2 tablet by mouth everyday.
What it does: Lowers blood pressure, helps protect heart muscle, lowers the risk of repeated heart attacks, slows the progression of congestive heart failure.

Metoprolol Succinate - 200mg tablet

What to do: Take one (1) tablet by mouth twice everyday.
What it does: Diuretic ("water pill"); reduces fluid retention, lowers blood pressure.

Diabetes

Insulin Glargine - 100ml/unit

What to do: Inject 30 units subcutaneously everyday.
What it does: Treats diabetes, provides 24-hour supply of insulin to help regulate blood sugar.

Prostate

Tamsulosin HCL - 0.4mg capsule

What to do: Take one capsule by mouth one time everyday.
What it does: Reduces prostate enlargement. Treats urinary symptoms.

Other

Pantoprazole NA - 40mg tablet

What to do: Take one (1) 40 mg tablet every morning 1/2 hour before breakfast.
What it does: Prevents gastroesophageal reflux disease.

Zolpidem Tartrate - 5mg tablet

What to do: Take one (1) tablet at bedtime as needed for insomnia. Do not take more than 4 times per week.
What it does: Makes it easier to fall asleep and stay asleep.

Schedule

Morning



01

Pantoprazole

Take one (1) 40 mg tablet every morning 1/2 hour before breakfast.
Caution: Take on an empty stomach.



02

Test Glucose

Write this number down in your log.
Caution: If is over 300 on two different days call your doctor.



03

Bumetanide

Take one (1) 1 mg tablet.

04

Aspirin

Take one (1) 81 mg tablet.

05

Tamsulosin HCL

Take one (1) 0.4 mg tablet.

06

Metoprolol

Take one-half (1/2) 200 mg tablet.

Afternoon



07

Bumetanide

Take one (1) 1 mg tablet.

Evening



08

Insulin Glargine

Inject 30 units subcutaneously at bedtime.

09

Zolpidem

Take one (1) tablet at bedtime as needed for insomnia

