



"RemindMe" supports Alzheimer's patients in keeping appointments

Thanks to the novel Alexa skill "RemindMe", neither appointments nor preparations are forgotten.

Munich -- 24 February 2021 - The new Alexa skill "RemindMe" for Alzheimer's patients was developed at Munich University of Applied Sciences. The application reminds the user of appointments and things that need to be taken along. In the process, the reminder interval becomes shorter the closer an appointment gets. This ensures that the Alzheimer's patient does not forget his or her appointment.

Patients with Alzheimer's face many problems every day. Forgetting important appointments and the feeling of being without a plan in everyday life is not only a great challenge for the persons affected and their relatives, but also a strong psychological burden. Many patients are still very independent in everyday life but need support now and then to remember appointments that are not part of their routine.

"RemindMe" offers help here. The user interacts with the tool through a digital voice assistant (Amazon Alexa). The assistant reads out upcoming appointments and important information in natural language. The interaction is intuitive even for non-technical users. Through this support, those affected regain a bit of independence. More autonomy in everyday life strengthens self-confidence. "RemindMe" is therefore a constructive and positive measure in the fight against Alzheimer's disease.

"Before the introduction of "RemindMe", patients often forgot their appointments. Now they are reminded often enough and in time of their scheduled events. This gives them a certain self-confidence" tells Jane Doe, chairperson of the Alzheimer Society Munich.

"Since I installed "RemindMe" on my Alexa, it hardly ever happens that I miss one of my appointments. It's really reassuring to know that apart from the appointments Alexa reminds me of, there's nothing else due in a day."

- John Doe

For more information on how "RemindMe" can help you in your everyday life, visit www.remindme.example.de.