

## FORGIVENESS

Forgiveness is a precious gift you give to yourself, that is what I have always believed. I was raised in a generation where people actually find it very difficult to forgive one another. Many relationships, friendships and marriages never worked out just because people failed to practice forgiveness.

The sweetest part of being a Christian for me at age 15 is attending the yearly teenager's camp in 2009, tagged "forgiveness" which led to a life changing experience. Earlier before the camp, I hadn't really given much thought on the word "forgiveness" not until I received a week explicit lectures, backed up with powerful bible verses on it. Forgiveness as the message was delivered, is choosing not to let someone's negative event of the past define how you feel about someone or something in the present. It is also a powerful attribute that can turn positively change the life of a man, a man who chooses to forgive and let go is a man who is ready to move forward.

The camping experience also taught me that the biggest impacting factor in the life of a man is learning how to forgive, forgiveness is not only practiced by the clergy, but it is an important attribute every man must put in place. Taking decision to let go of a hurtful event is never an easy thing to do; however it is very important that we maintain an attitude of forgiveness for our own good.