	User	
PK	user_id	AutoField
	first_name	CharField
	last_name	CharField
	username	VarChar
	password	VarChar
	email	EmailField

Appointment		
 PK	appoinmtent_id	AutoField
FK	user	UserMiodel
	first_name	CharField
	last_name	CharField
	email	EmailField
	age	int
FK	gender	CharField
	date_time	DateTimeField
	duration	DurationField
	goals	TextField
	health-info	TextField
	created_on	DateTime Field
	updated_on	DateTime Field

Gender				
PK	gender_id	AutoField		
	gender	CharField		
	gondor	Onan iola		