

Domain 8. Sexuality

Sexual identity, sexual function, and reproduction

Class 1. Sexual identity The state of being a specific person in regard to sexuality and/or gender		
Code	Diagnosis	Page
This class does not currently contain any diagnoses		
Class 2. Sexual function The capacity or ability to participate in sexual activities		
Code	Diagnosis	Page
00059	Sexual dysfunction	386
00065	Ineffective sexuality pattern	387
Class 3. Reproduction Any process by which human beings are produced		
Code	Diagnosis	Page
00221	Ineffective childbearing process	388
00227	Risk for ineffective childbearing process	390
00208	Readiness for enhanced childbearing process	391
00209	Risk for disturbed maternal-fetal dyad	392

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Domain 8 • Class 2 • Diagnosis Code 00059

Sexual dysfunction

Focus of the diagnosis: sexual function

Approved 1980 • Revised 2006, 2017 • Level of Evidence 2.1

Definition

A state in which an individual experiences a change in sexual function during the sexual response phases of desire, arousal, and/or orgasm, which is viewed as unsatisfying, unrewarding, or inadequate.

Defining characteristics

- Altered interest in others
- Altered self-interest
- Altered sexual activity
- Altered sexual excitation
- Altered sexual role
- Altered sexual satisfaction
- Decreased sexual desire
- Perceived sexual limitation
- Seeks confirmation of desirability
- Undesired alteration in sexual function

Related factors

- Inaccurate information about sexual function
- Inadequate knowledge about sexual function
- Inadequate role models
- Insufficient privacy
- Perceived vulnerability
- Unaddressed abuse
- Value conflict

At risk population

- Individuals without a significant other

Associated conditions

- Altered body function
- Altered body structure

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Domain 8 • Class 2 • Diagnosis Code 00065

Ineffective sexuality pattern

Focus of the diagnosis: sexuality pattern

Approved 1986 • Revised 2006, 2017 • Level of Evidence 2.1

Definition

Expressions of concern regarding own sexuality.

Defining characteristics

- Altered sexual activity
- Altered sexual behavior
- Altered sexual partner relations
- Altered sexual role
- Difficulty with sexual activity
- Difficulty with sexual behavior
- Value conflict

Related factors

- Conflict about sexual orientation
- Conflict about variant preference
- Fear of pregnancy
- Fear of sexually transmitted infection
- Impaired sexual partner relations
- Inadequate alternative sexual strategies
- Inadequate role models
- Insufficient privacy

At risk population

- Individuals without a significant other

Original literature support available at www.thieme.com/nanda-i.

Domain 8 • Class 3 • Diagnosis Code 00221

Ineffective childbearing process

Focus of the diagnosis: childbearing process

Approved 2010 • Revised 2017 • Level of Evidence 2.1

Definition

Inability to prepare for and/or maintain a healthy pregnancy, childbirth process and care of the newborn for ensuring well-being.

Defining characteristics

During Pregnancy

- Failure to utilize social support
- Inadequate attachment behavior
- Inadequate prenatal care
- Inadequate prenatal lifestyle
- Inadequate preparation of newborn care items
- Inadequate preparation of the home environment
- Inadequate respect for unborn baby
- Ineffective management of unpleasant symptoms in pregnancy
- Unrealistic expectations about labor and delivery

During Labor and Delivery

- Decreased proactivity during labor and delivery
- Failure to utilize social support
- Inadequate attachment behavior
- Inadequate lifestyle for stage of labor
- Inappropriate response to onset of labor

After Birth

- Failure to utilize social support
- Inadequate attachment behavior
- Inadequate baby care techniques
- Inadequate infant clothing
- Inappropriate baby feeding techniques
- Inappropriate breast care
- Inappropriate lifestyle
- Unsafe environment for an infant

Related factors

- Domestic violence
- Inadequate knowledge of childbearing process
- Inadequate mental preparation for parenting
- Inadequate parental role model
- Inadequate prenatal care
- Inadequate social support
- Inconsistent prenatal health visits
- Low maternal confidence
- Maternal malnutrition
- Maternal powerlessness

- Maternal psychological distress
- Substance misuse

- Unrealistic birth plan
- Unsafe environment

At risk population

- Individuals experiencing unplanned pregnancy

- Individuals experiencing unwanted pregnancy

Domain 8 • Class 3 • Diagnosis Code 00227

Risk for ineffective childbearing process

Focus of the diagnosis: childbearing process

Approved 2010 • Revised 2013, 2017 • Level of Evidence 2.1

Definition

Susceptible to an inability to prepare for and/or maintain a healthy pregnancy, childbirth process and care of the newborn for ensuring well-being.

Risk factors

- Inadequate knowledge of childbearing process
- Inadequate mental preparation for parenting
- Inadequate parental role model
- Inadequate prenatal care
- Inadequate social support
- Inconsistent prenatal health visits
- Low maternal confidence
- Maternal malnutrition
- Maternal powerlessness
- Maternal psychological distress
- Substance misuse
- Unaddressed domestic violence
- Unrealistic birth plan
- Unsafe environment

At risk population

- Individuals experiencing unplanned pregnancy
- Individuals experiencing unwanted pregnancy

Domain 8 • Class 3 • Diagnosis Code 00208

Readiness for enhanced childbearing process

Focus of the diagnosis: childbearing process

Approved 2008 • Revised 2013 • Level of Evidence 2.1

Definition

A pattern of preparing for and maintaining a healthy pregnancy, childbirth process and care of the newborn for ensuring well-being which can be strengthened.

Defining characteristics

During Pregnancy

- Expresses desire to enhance knowledge of childbearing process
- Expresses desire to enhance prenatal lifestyle
- Expresses desire to enhance management of unpleasant pregnancy symptoms
- Expresses desire to enhance preparation for newborn

During Labor and Delivery

- Expresses desire to enhance life-style appropriate for stage of labor
- Expresses desire to enhance proactivity during labor and delivery

After Birth

- Expresses desire to enhance attachment behavior
- Expresses desire to enhance environmental safety for the baby
- Expresses desire to enhance baby care techniques
- Expresses desire to enhance postpartum lifestyle
- Expresses desire to enhance baby feeding techniques
- Expresses desire to enhance use of support system
- Expresses desire to enhance breast care

Original literature support available at www.thieme.com/nanda-i.

Domain 8 • Class 3 • Diagnosis Code 00209

Risk for disturbed maternal-fetal dyad

Focus of the diagnosis: maternal-fetal dyad

Approved 2008 • Revised 2013, 2017 • Level of Evidence 2.1

Definition

Susceptible to a disruption of the symbiotic mother-fetal relationship as a result of comorbid or pregnancy-related conditions, which may compromise health.

Risk factors

- Inadequate prenatal care
- Substance misuse
- Unaddressed abuse

Associated conditions

- Compromised fetal oxygen transport
- Glucose metabolism disorders
- Pregnancy complication
- Treatment regimen