Glossary

**Condition**: Can either be a physical condition or mental condition, basically everything that can be inferred from RR-Data.

**RR-Data:** Describes the recorded times between heart beats, sometimes called ibi-data (for inter beat interval)

**HRV-Analyst:** Someone who knows what the results of an analysis means to be able to explain it to someone.

**HRV-User:** Someone who wants to know his condition with the help of a HRV-Measurement.