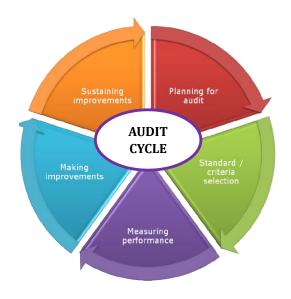


# DEDER GENERAL HOSPITAL GYNECOLOGY AND OBSTETRICS DEPARTMENT



## CLINICAL AUDIT TO IMPROVE THE QUALITY OF CLINICAL CARE OF CISERAIAN SECTION

**By**: Abdella Mohammed (BSc MW)- Maternity ward head Dr. Taju Abdi (MD, GynOBS specialist)-Team leader

## **Advisors:**

**◆** HSQU

December, 2017 E.C Deder, Oromia

Table 1: GynOBS Case team Clinical Audit/QI team members, 2025/17

S/N	Name	Responsibility	Remarks		
1.	Dr. Taju Abdi (MD, GYNOBS specialist)	Team leader			
2.	Dr. Anwar Sham (MD, GYNOBS specialist)	Co-leader/Advisor			
3.	Beyan Abdo (IESO)	Member			
4.	Wogayeho Birhanu (BSc MW)	Secretory			
<b>5.</b>	Addisu Wondimu (Labour & Delivery Ward head)	Secretory			
6.	Arif Mohamed	Member			
7.	Neima Abdo	Member			
8.	Shukriya Hassen	Member			
9.	Abdella Mohammed	Member			
10.	Oromia Abdulaziz	Member			
11.	Alfiya Abdella	Member			
12.	Hangatu Yusuf	Member			
13.	Tsion Tolasa	Member			
14.	Hanan Usmail	Member			
15.	Getahun Beleta	Member			
16.	Dine Ahmed	Member			
17.	Tuji Dawid	Member			
18.	Wazira Mohamed	Member			



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### Implementation Status of Previous Audit Action Plan

The implementation of the previous audit action plan was partially successful, as reflected in the overall performance score of 83%. Key improvements were observed in areas such as intraoperative care (93%) and discharge care (100%). However, gaps remain in pre-operative preparation (75%) and post-operative care (69.5%). Specific challenges included inconsistent documentation of daily order sheets and incomplete follow-up of vital signs post-operatively.

#### INTRODUCTION

Cesarean section (CS) is a lifesaving surgical intervention for mothers and newborns. Ensuring high-quality care across the perioperative, intraoperative, and post-operative phases is critical to improving maternal and neonatal outcomes. Clinical audits help identify gaps in care and facilitate evidence-based improvements.

This audit evaluates adherence to standards of care for women undergoing CS at Deder General Hospital, Oromia, Ethiopia, to ensure safe and effective care delivery.

#### Aim

▲ To improve the quality of care provided for women who delivered by cesarean section.

## **Objectives**

- ♠ To ensure women who gave birth by CS are evaluated appropriately
- ↑ To ensure women had undergone CS received evidence based intraoperative care
- ↑ To ensure women who gave birth by CS received evidence based post operative care



## Methods

## Study area & period

The clinical audit was conducted in C/S room of Deder General Hospital from September 21, 2017EC to December 20, 2017E.C

## Study design

Retrospective cross-sectional study

## Source population

All patients delivered by C/S and cards are available during the study period.

#### **Inclusion criteria**

All women who gave birth by elective CS between **September 21, 2017EC to December 20, 2017E.C** was included

#### **Exclusion criteria**

Women who delivered by emergency CS

## Sampling technique

A total of 19 medical records (client chart) of the last reporting quarter should be sampled for the audit. The individual client charts were withdrawn by systematic random sampling. Clinical audit is not research. It is about evaluating compliance with standards rather than creating new knowledge, therefore sample sizes for data collection are often a compromise between the statistical validity of the results and pragmatic issues around data collection i.e., time, access to data, costs. The sample should be small enough to allow for speedy data collection but large enough to be representative. In some audits the sample will be time driven and in others it will be numerical.



## **Study Variables**

## **Dependent variables:**

Cesarian section

## **Independent Variables**

C/Section, OR,

#### Data collection method

## Data Processing & analysis

Data from extraction sheets was manually verified and entered into the SPSS version 25 software for analysis. The software checked data types, sizes, classifications, and allowable values. Corrections were made, and the findings were presented in tables and figures.



### **RESULT**

The overall compliance with standards of care for women undergoing cesarean sections was 83% (figure 1), highlighting both strengths and areas needing improvement. High compliance was observed in intraoperative care (93%) and discharge care (100%). Key successes included adherence to WHO surgical safety checklists, proper documentation of procedures, and comprehensive discharge counseling, including follow-up plans and supplementation with iron/folate. However, pre-operative preparation lagged at 75%, primarily due to the absence of timely administration of prophylactic antibiotics (0%) (Table 1)...

Post-operative care compliance was 69.5%, with notable gaps in daily order sheet revisions (0%) and inconsistent follow-up of vital signs. Additionally, while provider documentation on key forms such as admission and discharge sheets were complete, progress notes were often missing (0%). These gaps underscore the need for better workflow management, enhanced staff accountability, and regular training to ensure consistent adherence to clinical standards (**Table 1**).

Table 1: ACTUAL PERFORMANCE ANDV PERFORMANCE AGAINST TARGET

Sno	Variables	Target	Actual Performance	Performance against
1	Adequate pre-operative preparation is made for a mother who delivered by cs	100%	75	25
	Standard intraoperative care is provided during c-section for a mother who delivered by cs	100%	93	7
	Post operative care to be carried out in the post anesthesia care unit and ward clearly communicated for a mother who delivered by cs		69.5	30.5
4	Appropriate discharge care is provided for a mother who delivered by cs	100%	100	О
	Identification of provider is documented for a mother who delivered by cs	100%	75	25
	Overall performance	100	83%	17



## Overall Performance of clinical audit of C/S delivery women

The overall Performance of Management of Women delivered by C/S was 88%.

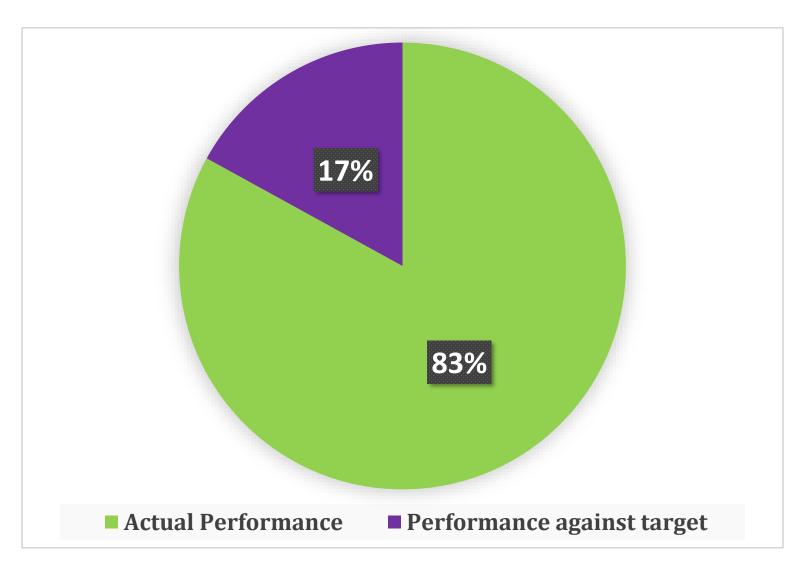


Figure 1: Overall Performance of Management of Women delivered by C/S, December 2017EC



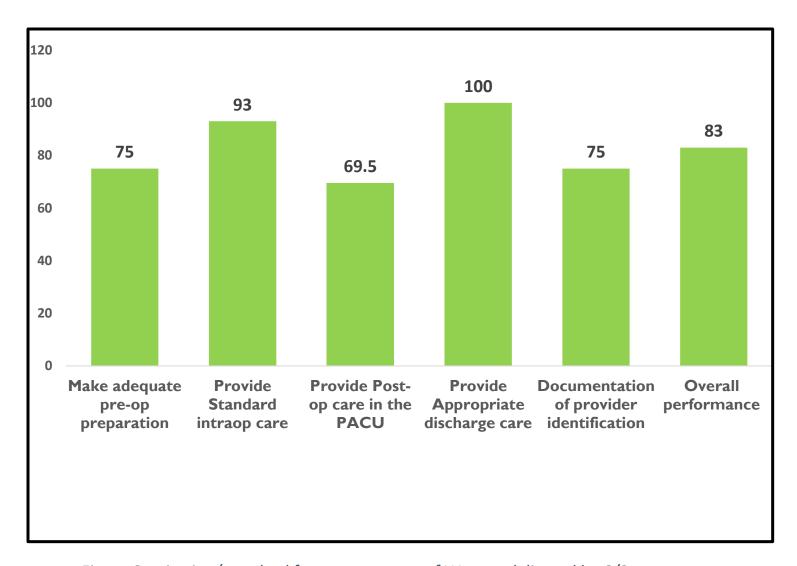


Figure 2: criterion/standard for management of Women delivered by C/S, December 2017EC

## Pre-operative Preparation (75%)

- Informed consent and decision notes achieved full compliance (100%).
- Antibiotic administration 30 minutes prior to surgery was not performed (0%).

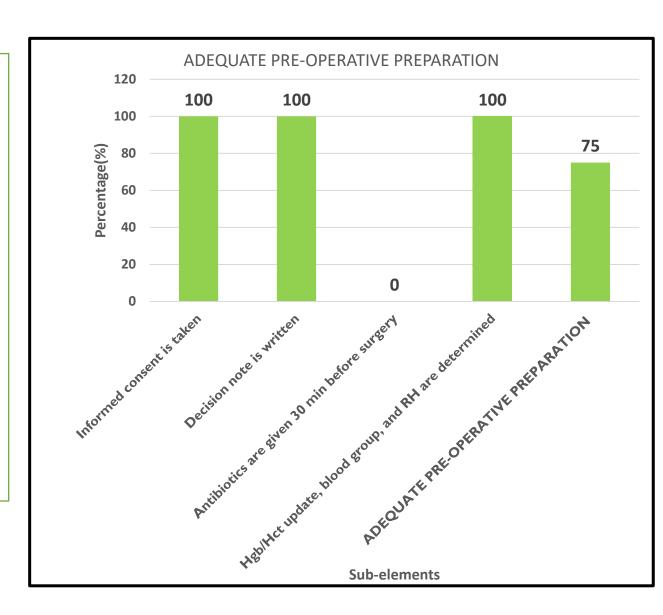


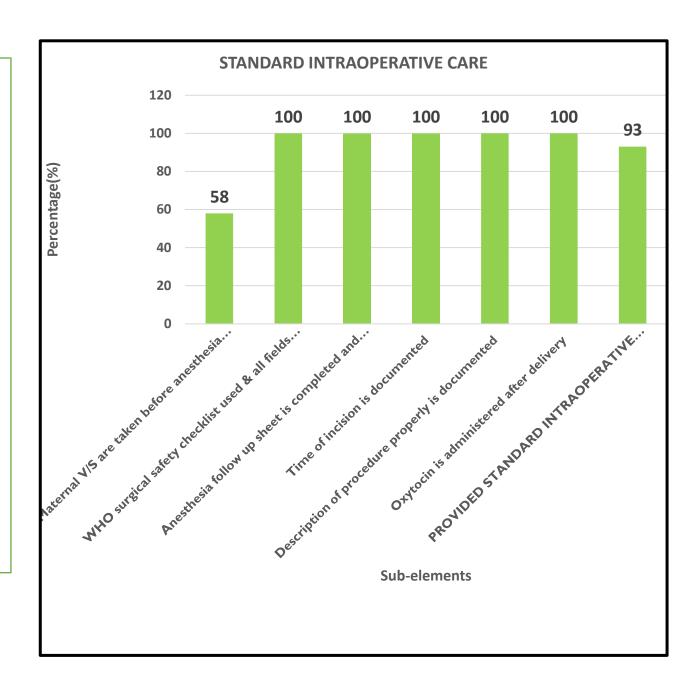
Figure 3: ADEQUATE PRE-OPERATIVE PREPARATION



## Intraoperative Care (93%)

- Compliance was high across
  most indicators, including
  maintaining patient safety using
  WHO checklists, documenting
  procedures, and administering
  oxytocin.
- Maternal vital signs monitoring before anesthesia lagged behind (11%).

Figure 4: STANDARD INTRAOPERATIVE CARE





#### GRAPH SHOWING SCORE APPROPRIATE POST-OP CARE

The performance for appropriate postop care was **70%**. This indicates suboptimal compliance with recommended practices. Specific subelements include:

• Post-operative orders and progress tracking were consistent (100%), but daily order sheet revisions were absent (0%) (figure 5)

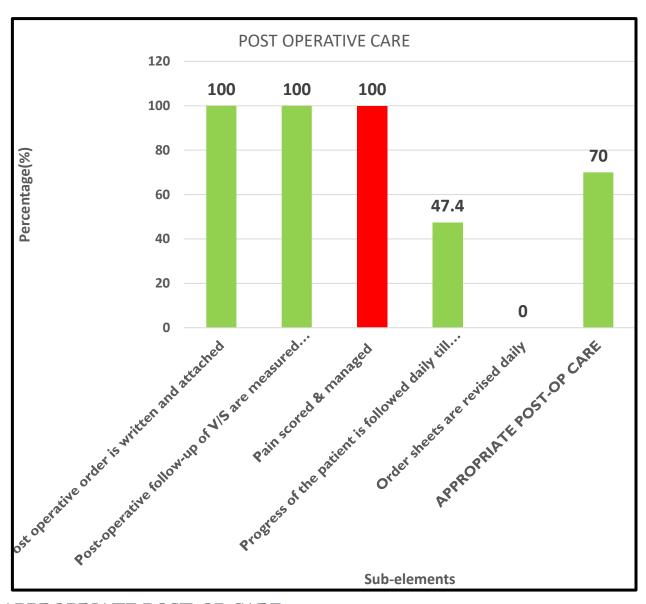


Figure 5: APPROPRIATE POST-OP CARE



#### GRAPH SHOWING SCORE APPROPRIATE DISCHARGE CARE

The performance for appropriate discharge care was 10%.

• All indicators, including counseling, follow-up appointments, and iron/folate supplementation, were fully met (100%) (figure 6)

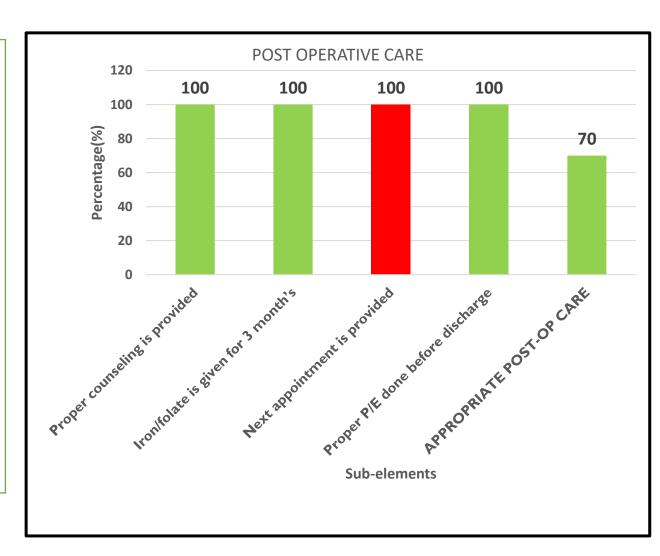


Figure 6: APPROPRIATE DISCHARGE CARE



#### GRAPH SHOWING SCORE PROVIDER IDENTIFICATION

The performance of provider documentation was 75%.

• Physician and nurse documentation were generally complete, except for progress notes (0%) (figure 7)

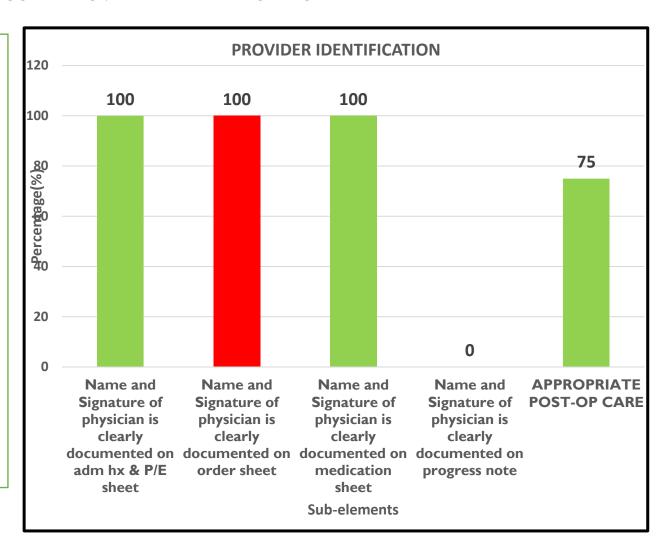


Figure 7: APPROPRIATE DISCHARGE CARE



#### **Discussion**

The audit revealed an overall compliance score of 83%, indicating substantial progress in meeting clinical standards for cesarean section care. Strengths were observed in intraoperative care and discharge practices, with most indicators fully met, reflecting adherence to WHO guidelines and effective teamwork during critical phases of care. Proper use of surgical safety checklists, complete documentation of procedures, and comprehensive discharge planning contributed to these successes. These achievements demonstrate the hospital's ability to deliver high-quality care in certain areas and the potential to sustain and build on these strengths.

However, significant gaps were identified in pre-operative and post-operative care, with specific challenges such as the failure to administer pre-operative antibiotics within the recommended timeframe (0%) and the lack of daily order sheet revisions (0%). These gaps are likely due to inadequate workflows, limited staff training, and inconsistent monitoring mechanisms. Additionally, the absence of proper documentation in progress notes reflects a need for stronger accountability among providers. Addressing these challenges requires a multi-faceted approach, including training, improved coordination, and ongoing audits to ensure sustained improvements in care quality.

#### Recommendations

- 1. Ensure timely administration of pre-operative antibiotics through staff education and workflow adjustments.
- 2. Improve monitoring of maternal vital signs during intraoperative care with proper training and equipment availability.
- 3. Reinforce the need for daily order sheet revisions by assigning specific responsibilities to team members.
- 4. Regularly review physician documentation, particularly for progress notes.
- 5. Conduct routine audits to sustain compliance with discharge care standards.



## DEDER GENERAL HOSPITAL CLINICAL AUDIT QUALITY IMPROVEMENT PLAN/PDSA FORM

Date: 28/4/2017E.C

Clinical Audit Title: To improve the quality of clinical care provided for C/S women

Clinical Audit Lead: <u>Dr. Taju Abdi (GYN/OBS Specialist)</u>. Department /Team: <u>GY/OBS WARD</u>

	Plan					DO	STUDY	ACT
	Actions to address the recommendation/Change idea	Person Responsible	Target Date	Data collection plan		plan. Record data, observations and modifications to the plan. Use visual	taken to address them.	Decision: What action are we going to take as a result of this cycle (Adopt, Adapt, or Abandon)? Are we ready to implement? What other processes or systems might be affected by this
	What change will we test? What do we need to try the change?	•			Who will collect the data? (Name or Role)			
Improve Pre-operative Care	standard operating procedure (SOP) for administering antibiotics 30 minutes before surgery.	OR nurse head (Shame) anesthesiologist (Ahmed Bune) & L&D ward head (Addisu)	·	Regular review of patient records by the quality team to ensure compliance	T+ Abdella A)			
Care Monitoring	signs before anesthesia administration		2017E.C	Spot checks during procedures and review of anesthesia follow-	Quality U(Abdi T+ Abdella A)			
Care Practices	integrate it into the routine handover process.	(Abdella) and Senior physician's coordinator (Dr. Taju).		supervisor.	Quality U(Abdi T+ Abdella A)			
Improve Documentation in Progress Notes				Monthly audits of provider documentation.	Quality U (Abdi T+ Abdella A)			

Adapt (Modify this change and plan next PDSA cycle; loop back to "Plan") DAbandon (Change didn't work/won't lead to improvement. Identify new change; plan new PDSA cycle; loop back to "Plan")								
Adopt (Data revealed this change was effective and worked well; Next step, develop implementation plan) >>>>								
	Completed by:	Sign off:	Date of review of PDSA:					

## References

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- 2. Royal College of Obstetricians and Gynaecologists (RCOG). (2016). Standards for Maternity Care. London: RCOG Press.
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- 5. Donabedian, A. (1988). The quality of care: How can it be assessed? *Journal of the American Medical Association*, 260(12), 1743-1748.
- 6. Institute for Healthcare Improvement (IHI). (2022). The Model for Improvement: Using PDSA Cycles for Quality Improvement. Boston: IHI.