# Case study:predicting home-care duration by machine learning

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#### Abstract

Ecare is a company provides home-care. So, predicting home-care duration weakly for each patient is important for them. In this case study, machine learning methods are applied to predict home-care duration for next week. Multiple classifiers are tried but they all failed. But Gradient-boosted trees(GBTs) and Deep neural networks(DNN) for regression perform quite well and they all reach nearly 0.99 coefficient of determination( $R^2$ ). GBTs got better results on MAE(0.2130) and RMSE(9.0385) while DNN only got mean absolute error(MAE) 7.0359 and Root Mean Square Error(RMSE) 13.1125. But RMSE variance of DNN(19.9206) is much lower than GBTs(36.3063). So GBTs will predict more accurate care-duration, but it is sensitive to outliers while DNN is much more stable.

# 1 Introduction

Ecare is a company that provides residential care and community care. Predicting care duration for each patient is a big concern for them, so that they can arrange medical teams beforehand effectively.

This article aims at predicting weakly home-care duration with the data provided by Ecare company. Section 2 introduces some techniques applied in this experiment. Then, methodology that employed in this experiment is introduced in Section 3. After that, results of all experiments are showed in Section 4. Subsequently, Section 5 is discussion and conclusion about this case study.

The roughly steps of this experiment are that data analysis, preprocessing data, training models and picking the best one. Data are first explored by exploratory data analysis(EDA) to gain some insights. Then, after preprocessing data, multiple machine learning models are applied, including logistic regression(LR), decision tree(DT), random forest(RF), multilayer perceptron classifier (MLP), one-vs-rest classifier (OvR), boosted-gradient trees (GBTs), deep neural network (DNN). The aim of the experiment is subdivide into regression and multi-classes classification problem. After testing simple models, best two models stand out and are trained deeper. Finally, Gradient-boosted trees get best performance.

# 2 Background

#### 2.1 Linear Regression

In statistics, linear regression is a linear approach to modeling the relationship between a scalar response (or dependent variable) and one or more explanatory variables (or independent variables)[1]. Given a data set  $\{y_1, x_{i_1}, ... x_{i_p}\}_{i=1}^n$  of n statistical units, a linear regression model assumes that the relationship between the dependent variable y and the p-vector of regression x is linear. This relationship is modeled through a disturbance term or error variable  $\epsilon$  — an unobserved random variable that adds "noise" to the linear relationship between the dependent variable and regressors. Thus the model takes the form:

$$y_i = \beta_0 1 + \beta_1 X_{i_1} + \dots + \beta_p X_{i_p} + \epsilon_i = X_T^i \beta + \epsilon_i, i = 1, \dots, n,$$

where T denotes the transpose, so that  $x_i^T \beta$  is the inner product between vectors  $x_i$  and  $\beta[1]$ .

In this experiment, a combination of L1 and L2 are used as regularization. it is called elastic net[2], and its form is listed below:

$$\alpha(\lambda||w||_1) + (1 - \alpha)(\frac{\lambda}{2}||w||_2^2), \alpha \in [0, 1], \lambda \ge 0$$
(1)

By setting  $\alpha$  properly, elastic net contains both L1 and L2 regularization as special cases.

# 2.2 Generalized Linear Regression

Contrasted with linear regression where the output is assumed to follow a Gaussian distribution, generalized linear models (GLMs) are specifications of linear models where the response variable  $Y_i$  follows some distribution from the exponential family of distributions[3]. GLMs require exponential family distributions that can be written in their "canonical" or "natural" form, aka natural exponential family distributions. The form of a natural exponential family distribution is given as:

$$f_Y(y|\theta,\tau) = h(y,\tau) \exp\left(\frac{\theta \cdot y - A(\theta)}{d(\tau)}\right)$$

where  $\theta$  is the parameter of interest and  $\tau$  is a dispersion parameter. In a GLM the response variable  $Y_i$  is assumed to be drawn from a natural exponential family distribution:

$$Y_i \sim f(\cdot|\theta_i,\tau)$$

where the parameter of interest  $\theta_i$  is related to the expected value of the response variable  $\mu_i$  by

$$\mu_i = A'(\theta_i)$$

Here,  $A'(\theta_i)$  is defined by the form of the distribution selected. GLMs also allow specification of a link function, which defines the relationship between the expected value of the response variable  $\mu_i$  and the so called linear predictor  $\eta_i$ :

$$q(\mu_i) = \eta_i = \vec{x_i}^T \cdot \vec{\beta}$$

Often, the link function is chosen such that  $A' = g^{-1}$ , which yields a simplified relationship between the parameter of interest  $\theta$  and the linear predictor  $\eta$ . In this case, the link function  $g(\mu)$  is said to be the "canonical" link function.

$$\theta_i = A'^{-1}(\mu_i) = g(g^{-1}(\eta_i)) = \eta_i$$

A GLM finds the regression coefficients  $\vec{\beta}$  which maximize the likelihood function:

$$\max_{\vec{\beta}} \mathcal{L}(\vec{\theta}|\vec{y}, X) = \prod_{i=1}^{N} h(y_i, \tau) \exp\left(\frac{y_i \theta_i - A(\theta_i)}{d(\tau)}\right)$$

# 2.3 Logistic Classification

Multi-class classification is supported via multinomial logistic (softmax) regression. In multinomial logistic regression, the algorithm produces K sets of coefficients, or a matrix of dimension  $K \times J$  where K is the number of outcome classes and J is the number of features. If the algorithm is fit with an intercept term then a length K vector of intercepts is available, the confitional probabilities of the outcome classes  $k \in {1, 2, ..., K}$  are modeled using the softmax function:

$$P(Y = k | \mathbf{X}, \boldsymbol{\beta}_k, \beta_{0k}) = \frac{e^{\boldsymbol{\beta}_k \cdot \mathbf{X} + \beta_{0k}}}{\sum_{k'=0}^{K-1} e^{\boldsymbol{\beta}_{k'} \cdot \mathbf{X} + \beta_{0k'}}}$$

The weighted negative log-likelihood should be minimized by a multinomial response model, with elastic-net penalty to control for overfitting.

$$\min_{\beta,\beta_0} - \left[ \sum_{i=1}^{L} w_i \cdot \log P(Y = y_i | \mathbf{x}_i) \right] + \lambda \left[ \frac{1}{2} \left( 1 - \alpha \right) ||\boldsymbol{\beta}||_2^2 + \alpha ||\boldsymbol{\beta}||_1 \right]$$
 (2)

## 2.4 Decision Tree

Decision trees are widely used since they are easy to interpret, handle categorical features, extend to the multi-class classification setting, do not require feature scaling, and are able to capture non-linearities are feature interactions. The decision tree is a greedy algorithm that performs a recursive binary partitioning of the feature space. The tree predicts the same label for each bottommost (leaf) partition. Each partition is chosen greedily by selecting the best split from a set of possible splits, in order to maximize the information gain at a tree node. In other words, the split chosen at each tree node is chosen from the set  $\underset{s}{\operatorname{argmax}}IG(D,s)$  where IG(D,s) is the information gain when a split s is applied to a dataset D.

The node impurity is a measure of the homogeneity of the labels at the node. The current implementation provides two impurity measures for classification (Gini impurity and entropy) and one impurity measure for regression (variance).

Here Gini impurity is applied for classification and variance is employed for regression. Gini impurity:

$$\sum_{i=1}^{C} f_i (1 - f_i)$$

 $f_i$  is the frequency of label i at a node and C is the number of unique labels. variance:

$$\frac{1}{N} \sum_{i=1}^{N} (y_i - \mu)^2$$

 $y_i$  is label for an instance, N is the number of instances and  $\mu$  is the mean given by  $\frac{1}{N}\sum_{i=1}^{N}y_i$ 

The information gain is the difference between the parent node impurity and the weighted sum of the two child node impurities. Assuming that a split s partitions the dataset D of size N into two datasets  $D_left$  and  $D_right$  of sizes  $N_left$  and  $N_right$ , respectively, the information gain is:

$$IG(D,s) = Impurity(D) - \frac{N_{left}}{N} Impurity(D_{left}) - \frac{N_{right}}{N} Impurity(D_{right})$$

In spark-ML model, there are three conditions that will lead tree stop splitting:

- the node depth is equal to the max-depth training parameter
- No split candidate leads to an information gain greater than min-infomatrion-gain parameter.
- No split candidate produces child nodes which each have at least min-Instances-for-per-Node(which is a training parameter) training instances. The algorithm injects randomness into the training process so tree reduces the variance of the predictions, improving the per-formance on test data.

## 2.5 Random Forest

Random forests are ensembles of decision trees. They combine many decision trees in order to reduce the risk of over-fitting.

In training phrase, the randomness injected into the training process includes:

- Sub-sampling the original dataset on each iteration to get a different training set (a.k.a. bootstrapping).
- Considering different random subsets of features to split on at each tree node.

Apart from these randomizations, decision tree training is done in the same way as for individual decision trees.

In prediction phrase, to make a prediction on a new instance, a random forest must aggregate the predictions from its set of decision trees. This aggregation is done differently for classification and regression.

- Classification: Majority vote. Each tree's prediction is counted as a vote for one class. The label is predicted to be the class which receives the most votes.
- Regression: Averaging. Each tree predicts a real value. The label is predicted to be the average of the tree predictions.

## 2.6 Gradient-Boosted Trees

Gradient-Boosted Trees(GBTs) are ensembles of decision trees. Gradient boosting iteratively trains a sequence of decision trees. On each iteration, the algorithm uses the current ensemble to predict the label of each training instance and then compares the prediction with the true label. The dataset is re-labeled to put more emphasis on training instances with poor predictions. Thus, in the next iteration, the decision tree will help correct for previous mistakes.

The specific mechanism for re-labeling instances is defined by a loss function (discussed below). With each iteration, GBTs further reduce this loss function on the training data[4]. In this experiment, Log loss are used, formula is listed blow:

$$2\sum_{i=1}^{N}\log(1+\exp(-2y_{i}F(x_{i})))$$

where

 $N = number \ of \ instances.$   $y_i = label \ of \ instance \ i.$   $x_i = features \ of \ instance \ i.$   $F(x_i) = model's \ predicted \ label \ for \ instance \ i.$ 

## 2.7 Neural Network

Neural networks(NN), with their remarkable ability to derive meaning from complicated or imprecise data, can be used to extract patterns and detect trends that are too complex to be noticed by either humans or other computer techniques[5].

#### 2.7.1 How Many Layers

How many hidden layers and how many neurons in each layer is a big concern for neural network. As for hidden layer numbers, Jeff Heaton[6] pointed out that if hidden layer is 0, then this NN is only capable of representing linear separable functions or decisions, if there is only one hidden layer, then the NN can approximate any function that contains a continuous mapping from one finite space to another. If there is more than 1 hidden layers, then NN model can represent an arbitrary decision boundary to arbitrary accuracy with rational activation functions and can approximate any smooth mapping to any accuracy. Also, but too many layers will result over-fitting and require much more data to train, which will increase computation and result more time to train.

#### 2.7.2 How Many Neurons In One Layer?

Also ,for how many neurons on each layer, Howard B. Demuth et al.[7] stated a formula to help define the neurons number in each layer.

$$N_h = \frac{N_s}{(\alpha * (N_i + N_o))} \tag{3}$$

$$N_i = number\ of\ input\ neurons.$$
 (4)

$$N_o = number\ of\ output\ neurons.$$
 (5)

$$N_s = number\ of\ samples\ in\ training\ data\ set.$$
 (6)

$$\alpha = an \ arbitrary \ scaling \ factor \ usually \ 2 - 10.$$
 (7)

As explained by Howard B.Demuth et al[7], the goal is to limit the number of free parameters in NN model (its degree or number of nonzero weights) to a small portion of the degrees of freedom in the data. The degrees of freedom in the data is the number samples multiple degrees of freedom (dimensions) in each sample or  $N_s * (N_i + N_o)$  (assuming data are independent). So  $\alpha$  is a way to indicate how general you want your model to be, or how much you want to prevent over-fitting.

#### 2.7.3 Which Activation Function?

In artificial neural networks, the activation function of a node defines the output of that node given an input or set of inputs. Activation functions are really important for a Artificial Neural Network to learn and make sense of something really complicated and Non-linear complex functional mappings between the inputs and response variable. They introduce non-linear properties to our Network[8].

In this experiment, Relu activation is applied. Rectified linear unit(ReLU) is defined as:

$$f(x) = \begin{cases} 0 & x < 0 \\ x & x \ge 0 \end{cases}$$

The advantage of ReLU vanish gradient. And more it is more computationally efficient to compute than sigmoid like functions since Relu just needs to pick  $\max(0,x)$  and not perform expensive exponential operations as in Sigmoids. Alex Krizhevsky et al[9] pointed out that in practice, networks with Relu tend to show better convergence performance than sigmoid. But Relu tends to blow up activation (since there is no mechanism to constrain the output of the neuron, as input itself is the output if input larger than zero). Also, if too many activations get zero then the most of the neurons in network with Relu will simply output zero, in other words, die and thereby prohibiting learning [10].

# 2.7.4 Reducing Over-fitting

Since deep neural network(DNN) is quite complex and has strong learning compacity, it can cause over-fitting easily. So, drop out regularization and early stopping methods are applied to avoid over-fitting.

In early stopping technique, data is splitted into training, validation and testing sets. When the network begins to overfit the data, the error on the validation set typically begins to rise. When the validation error increases for a specified number of iterations, the training is stopped and the weights and biases at the minimum of the validation error is the best parameter for DNN model.

Dropout is technique where randomly drop components of neural network (outputs) from a layer of neural network. The neurons which are "dropped out" in this way do not contribute to the forward pass and do not participate in backpropagation. So every time an input is presented, the neural network samples a different architecture. This technique reduces complex co-adaptations of neurons, since a neuron cannot rely on the presence of particular other neurons. It is, therefore, forced to learn more robust features that are useful in conjunction with many different random subsets of the other neurons[11].

#### 2.7.5 Other Parameters Need To Be Tuned

There are other hyper-parameters needed to be tuned. They are:

- The batch size controls how many of the training set data points are randomly exposed to the optimization process at each iteration. This has the effect of reducing potential overfitting by providing some randomness to the optimization process. Batch sizes between 10 to 40K were considered.
- The learning rate parameter controls the rate of decent during the parameter estimation iterations and these values were contrasted to be between zero and one.
- A decay rate that decreases the learning rate over time (ranging between zero and one).

## 2.8 Feature transforming

#### 2.8.1 Feature scaling

Feature scaling is a method used to standardize the range of independent variables or features of data. In data processing, it is also known as data normalization and is generally performed during the data preprocessing step[12].

Feature scaling including rescaling (min-max normalization), mean normalization, standardization and scaling to unit length. In this experiment, standardization is applied. Feature standardization makes the values of each feature in the data have zero-mean (when subtracting the mean in the numerator) and unit-variance [12]. Each feature is use the formula below to transform:

$$x' = \frac{x - \bar{x}}{\sigma}$$

where x is the original feature vector  $\bar{x}$  is the mean of that feature vector, and  $\sigma$  is its standard deviation.

Feature scaling is general trick applied to optimization problems. With scaled features, the contour of the cost function might look like circles; then the gradient can take much more straight path and achieve the optimal point much faster, otherwise the contour of the cost function can look like very tall and skinny ovals, which will take the gradients for a long time to go back and forth to find the optimal solution[13].

scaling and centering these feature transformations are mostly innocuous and are typically needed when the model requires the features to be in common units. For example, when the distance or dot products between predictors are used (such as K-nearest neighbors or support vector machines) or when the variables are required to be a common scale in order to apply a penalty (e.g. the lasso or ridge regression), a standardization procedure is essential [14].

#### 2.8.2 Yeo-Johnson transformation

In statistics, a power transform is a family of functions that are applied to create a monotonic transformation of data using power functions. The Box-Cox transformation is a family of power transformation functions that are used to stabilize variance and make dataset look like a normal distribution, Yeo-Johnson transformation is similar with Box-cox, but it also allows for zero and negative values.

The reason to do variance-stablizing transformation is to limit/remove the relationship between mean and variance. One of very important assumptions of linear regression is the constant variance (aka homoskedasticity). Violation of the assumption will lead to "less precise parameter estimates and misleading inferential quantities such as standard errors" [15].

The Yeo-Johnson transformation law reads:

$$y_i^{(\lambda)} = \begin{cases} ((y_i + 1)^{\lambda} - 1)/\lambda & if \lambda \neq 0, y \geq 0\\ log(y_i + 1) & if \lambda = 0, y \geq 0\\ -[(-y_i + 1)^{(2-\lambda)} - 1]/(2 - \lambda) & if \lambda \neq 2, y < 0\\ -log(-y_i + 1) & if \lambda = 2, y < 0 \end{cases}$$

## 2.8.3 One-Hot-Encoding

In statistics and econometrics, particularly in regression analysis, a dummy variable (also known as an indicator variable, design variable, Boolean indicator, binary variable, or qualitative variable[1][2]) is one that takes the value 0 or 1 to indicate the absence or presence of some categorical effect that may be expected to shift the outcome.[3][4] Dummy variables are used as devices to sort data into mutually exclusive categories (such as smoker/non-smoker, etc.)[16]. One-hot-encoding is to transform categorical data into dummy variable form.

Compare to integer encoding, one-hot encoding effectively blow up the feature space, and create feature for each possible variables in categorical predictor, so that each variable will get their own weights, rather than the whole categorical predictor. So one-hot encoding performs much better than integer encoding for most machine learning algorithms (except for decision tree, if it is deep enough, it can handle categorical variables without one-hot encoding).

## 2.8.4 Zero- and near zero-variance features

Datasets come sometimes with predictors that take an unique value across sample. This kind of predictor is non-informative, and also it can break some learning models. Constant and almost constant predictors across samples (called zero and near-zero variance predictors in [17], respectively) happens quite often. One reason is because we usually break a categorical variable with

many categories into several dummy variables. Hence, when one of the categories have zero observations, it becomes a dummy variable full of zeroes[18]. The quick and brute solution is to throw these features away.

In this experiment, near ZeroVar from caret package in R language is applied. It not only removes predictors that have one unique value across samples (zero variance predictors), but also removes predictors that have both

- few unique values relative to the number of samples and
- large ratio of the frequency of the most common value to the frequency of the second most common value (near-zero variance predictors).

## 2.9 Evaluation Metrics

for classification, accuracy and F1 score, weighted precision and weighted recall. Define the class ,or label, set as:

$$L = \{\ell_0, \ell_1, \dots, \ell_{M-1}\}\$$

the true output vector y consists of N elements

$$\mathbf{y}_0, \mathbf{y}_1, \dots, \mathbf{y}_{N-1} \in L$$

A multi-class prediction algorithm generates a prediction vector  $\hat{\mathbf{y}}$  of N elements

$$\hat{\mathbf{y}}_0, \hat{\mathbf{y}}_1, \dots, \hat{\mathbf{y}}_{N-1} \in L$$

A delta function is

$$\hat{\delta}(x) = \begin{cases} 1 & \text{if } x = 0, \\ 0 & \text{otherwise.} \end{cases}$$

Then formula for each metrics are defined below:

$$Accuracy: ACC = \frac{TP}{TP + FP} = \frac{1}{N} \sum_{i=0}^{N-1} \hat{\delta} \left( \hat{\mathbf{y}}_i - \mathbf{y}_i \right)$$
 (8)

$$Precision by label: PPV(\ell) = \frac{TP}{TP + FP} = \frac{\sum_{i=0}^{N-1} \hat{\delta}(\hat{\mathbf{y}}_i - \ell) \cdot \hat{\delta}(\mathbf{y}_i - \ell)}{\sum_{i=0}^{N-1} \hat{\delta}(\hat{\mathbf{y}}_i - \ell)}$$
(9)

$$Recall by label: TPR(\ell) = \frac{TP}{P} = \frac{\sum_{i=0}^{N-1} \hat{\delta}(\hat{\mathbf{y}}_i - \ell) \cdot \hat{\delta}(\mathbf{y}_i - \ell)}{\sum_{i=0}^{N-1} \hat{\delta}(\mathbf{y}_i - \ell)}$$
(10)

$$F - measure by label: F(\beta, \ell) = (1 + \beta^2) \cdot \left(\frac{PPV(\ell) \cdot TPR(\ell)}{\beta^2 \cdot PPV(\ell) + TPR(\ell)}\right)$$
(11)

weighted precision: 
$$PPV_w = \frac{1}{N} \sum_{\ell \in L} PPV(\ell) \cdot \sum_{i=0}^{N-1} \hat{\delta}(\mathbf{y}_i - \ell)$$
 (12)

weightedrecall: 
$$TPR_w = \frac{1}{N} \sum_{\ell \in L} TPR(\ell) \cdot \sum_{i=0}^{N-1} \hat{\delta}(\mathbf{y}_i - \ell)$$
 (13)

Since the data is unbalanced, so F1 and weighted precision and weighted recall are all taken into consideration.

For regression, root mean squared error(RMSE), mean absolute error (MAE), and coefficient of determination( $\mathbb{R}^2$ ) are applied. Formulas are listed below:

$$MAE = \frac{1}{N} \sum_{i=0}^{N-1} |\mathbf{y}_i - \hat{\mathbf{y}}_i|$$
 (14)

$$RMSE = \sqrt{\frac{\sum_{i=0}^{N-1} (\mathbf{y}_i - \hat{\mathbf{y}}_i)^2}{N}}$$
(15)

$$MSE = \frac{\sum_{i=0}^{N-1} (\mathbf{y}_i - \hat{\mathbf{y}}_i)^2}{N}$$
 (16)

$$R^{2} = 1 - \frac{MSE}{VAR(\mathbf{y}) \cdot (N-1)} = 1 - \frac{\sum_{i=0}^{N-1} (\mathbf{y}_{i} - \hat{\mathbf{y}}_{i})^{2}}{\sum_{i=0}^{N-1} (\mathbf{y}_{i} - \bar{\mathbf{y}})^{2}}$$
(17)

# 3 Methodology

#### 3.1 Dataset

The entity relationship diagram show in 3.1. There are 4 tables and 2 lookup tables.

- Registration: This is data about each home care patient take, predictors include patientID, care start time, care end time, nurse information.
- Assessment: nurse assessment for each patient about their home care duration and their illness situation, this is done after home care.
- care plan: care plan information, this is about problem each patient has.
- Patient: patient information: personal information about patient, about their age, martial state etc.

two look up tables are:

- problem\_lookup\_table:

  This table provide illness name which is connected with care plan table by IllnessID.
- signAndsympton\_lookup\_table: this table provide symptom name which is connected with care plan table by illnessID and signAndSymptonID.

There are many different data type: categorical, date type and numerical. Detail is listed in 3.1.

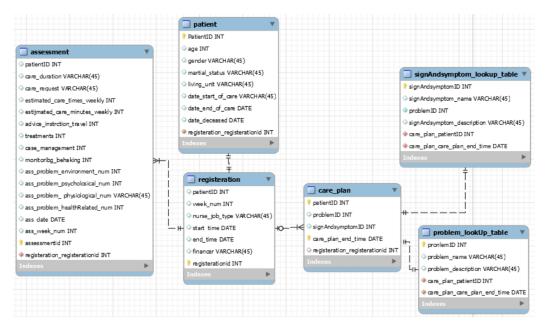


Figure 1: ERR diagram

#### 3.2 Work-flow

Figure 3.2 shows the work flow for this case study. There are three phrases in this workflow: data collection, preprocessing data and training models. In the first stage, Na and outliers are first removed by Exploratory Data Analysis (EDA). Then based on understanding of the data, useful predictors are selected, also, some predictors are combined into a newly created feature. Feature engineering is applied afterwards based on EDA and expertise. The last step of this phrase is combining all tables together to create the dataset.

In the second preprocessing data stage, one-hot encoding is applied to categorical data. Then scaling, centering, removing zero- and near-zero variance predictors and Yeo-Johnson transformation are employed. Last, feature are selected by entropy-based filter methods.

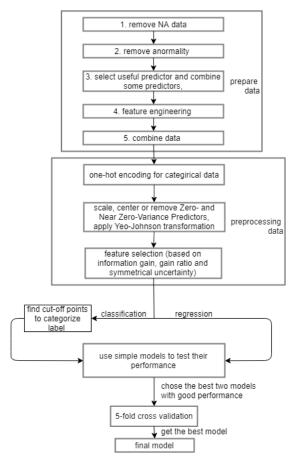


Figure 2: Overall work-flow

Then data is trained in classifiers or regressions. In classifiers, proper cut-off points to the response are needed to categorize the label. After testing simple models, best two models stand out. Then 5-fold cross validation is applied to train these two. At last, choose the best one as the final model.

In this case study, simple classifiers are LR, DT,RF and OvR while simple regressors include LR, generalized linear regression, DT, RF, GBTs and DNN(Figure 3 shows the DNN structure). The evaluation metrics for classification are F1-score, accuracy, weighted precision and weighted recall, while for regression, RMSE, R2 and MAE are applied as measurements.

The detailed steps are listed in appendixA.

# 4 Results

# 4.1 EDA

EDA is applied to gain some insights about the dataset. Also, some features are created based on these descriptive statistics analysis.

Figure 4 shows the relationship between features about assessment date and the response. Figure 4a shows some months contain very highly care duration data, such as January, February, July, June, August and December. Also, Figure 4b indicates that high care duration scatters on some particular date, like, date 5,6,8 and 15-18, 20,23,25,26,28 and 30. Since all data points are not equally distributed, all these predictors can provide some information for the response.

Figure 5a shows that "less than 3 months" category accounts for the most response, including the high duration time and the middle range duration from 3000 to 6000 minutes. Figure 5d indicates that "increasing care" has the strong connection with long care duration. Also, "decreasing care" corresponds mostly to the low range of care duration while "stable care demand" also implies to low care duration but also with some specific duration, such as care duration around 5000 minutes. Base on common sense, the first conjuncture is that as the home-care times increases

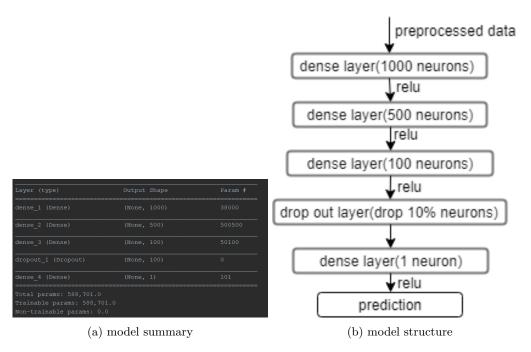


Figure 3: neural network model used in case study

in one week, the total care time weakly should also increase, but Figure5b tells different story. Data are augmented in some specific care amounts, such as 7,14,21,28 and 35, especially in care amount 14, lots long care duration data is also scattered here. And also the dots are not scattered on the diagonal line of the plot. These are all quite out of expectation. Also, for nurse "estimated care duration" predictor, if it is precise then the scatter plot of this predictor with the response should follows a diagonal line. But Figure5b shows that the estimated minutes predictor is not so accurate, and nurses are fond of estimate around 4800 minutes for guessing all long care duration. But Figure5c still follows some pattern.

Figure 6a, Figure 6b, Figure 6c and Figure 6d shows that they are informative since the distribution for 0 and 1 are not equal.

Figure 7a, Figure 7b, Figure 7c and Figure 7d can provide some week information about the response since the distribution for each values in each tables are quite different. Figure 7e is can also provide some information to the response, such as most high care duration data are located on "verpleegkundig specialist", "verzorgende niveau 3" and "wijkverpleegkundige/Verpleegkundig Specialist" categorizes. At first guess, "nurse team" predictor maybe is non-informative, but Figure 7f indicates that it is weakly informative, such as long care durations are only distributed in some specific teams.

Figure8a points that most patients are old, and there is no long duration for young patient. Figure8b shows that care duration for the male and the female are slightly different. Figure8c points that some care durations are specificly fond of some particular living units, such as care duration around 8000 is only located on "unknown" category. The similar pattern can be detected in Figure8d

Figure 9 shows the relationship between the features created based on care duration happened date and the response. Figure 9a is non-informative since each category has quite the same distribution. The multiple horizontal lines on Figure?? show that care duration are consistent in some continuous days. The same pattern follows on Figure 9d.

Figure 10 shows that the created features are informative. Features about the lagged one week care duration are created. Since Figure?? shows some duration consistency during several dates, features about duration in lagged week are created. The assumption is that care-duration should be the same in this week and the lagged week, that is, in scatter plots 10, data dots should fit a diagonal line. Although Figure 10 does not follow this rule strictly, they are still weakly informative.

Figure 4.1 shows the heatmap of correlation matrix. The organizational structure is visualized using a dendrogram (top and left). The dendrogram highlights at least two groups of predictors. Since the assessment date and home-care happened date are within the same week number, features

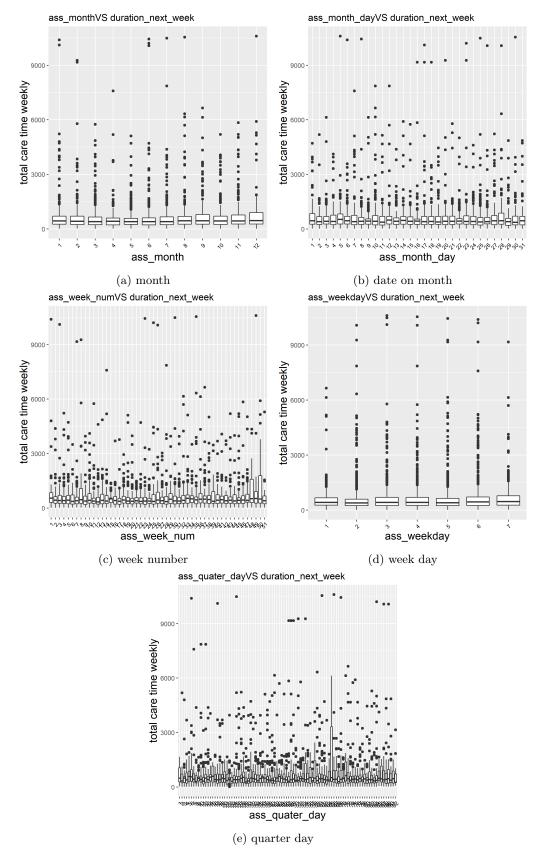


Figure 4: A scatter plot of predictors created with the assessment date and the response

extracted by these two predictors have strong correlation ( red color in the the middle of ). Some corrections fit common sense, such as "decreasing care" estimated care request (left bottom) predic-

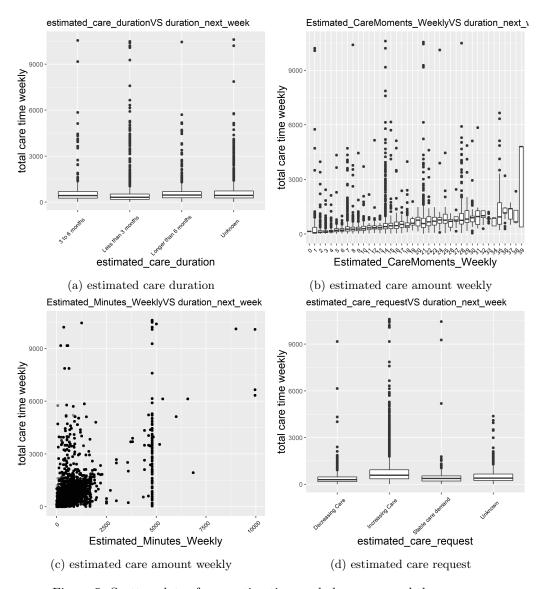


Figure 5: Scatter plots of care estimation made by nurses and the response

tor has strong positive correlation with "less than 3 month" estimated care duration(left bottom). However, some findings are out of interpretation, say, "increasing care" estimated care request feature has a negative correlation with "healthRelated\_num" health related problem amount feature which is estimated by nurse.

# 4.2 Classification Result

In test phrase, some simple classifiers are used to test classification performance. Figure 4.2 shows that data are unbalanced. Bar chart shows that the distribution for the response is highly skewed with a long tail. Violin plot indicates that there are three peaks in distribution: one is very huge at the beginning, another is in the middle, the last peak located at the end of the distribution. Boxplot indicates that there are lots outliers. So, it's quite intractable to find proper cut-off-point to categorize the response.

In this experiment, the label is categorized into 31 classes, 1-23 classes correspond to 1-23 hours separately, after that, data are combined and categorized into 8 groups since their frequency is quite low.

The results for classification are listed in table 1 with 5 decimals. All classifiers perform bad.

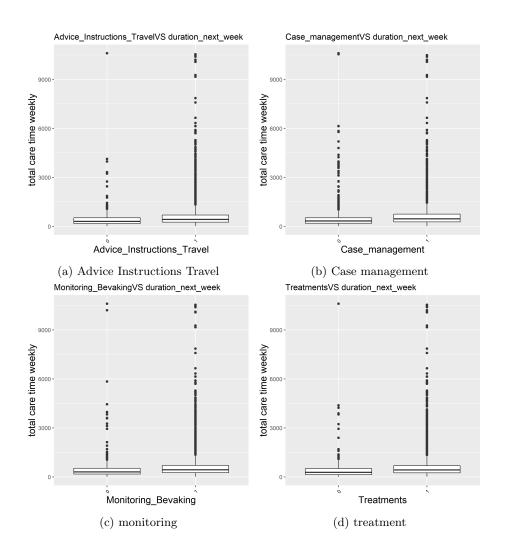


Table 1: Classification Performance

classifier	f1	accuracy	weighted precision	weighted recall
logistic regression	.27657	.28548	.28308	.28548
decision tree	.26005	.28496	.26204	.28496
random forest	.29644	.32663	.35753	.32663
OvR	.22864	.23880	.24923	.23880

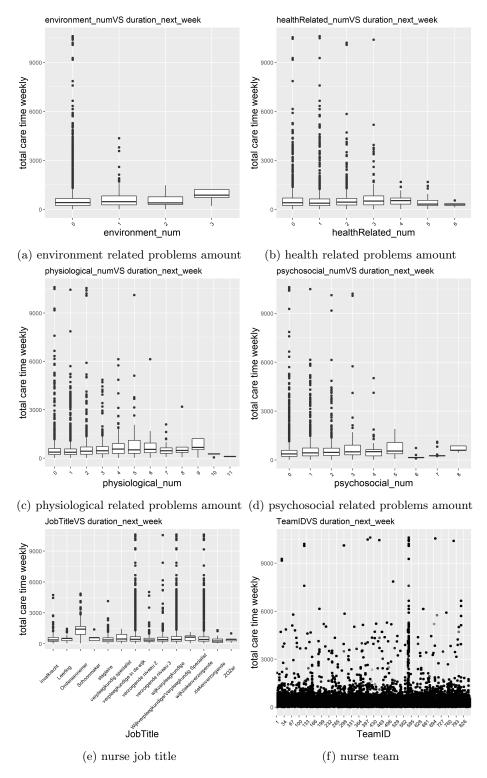


Figure 7: Scatter plots of predictors on assessment table and the response

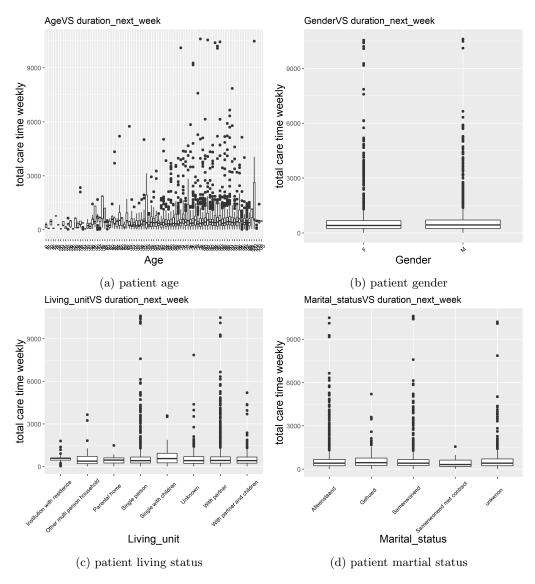


Figure 8: Scatter plots of predictors on patient table and the response

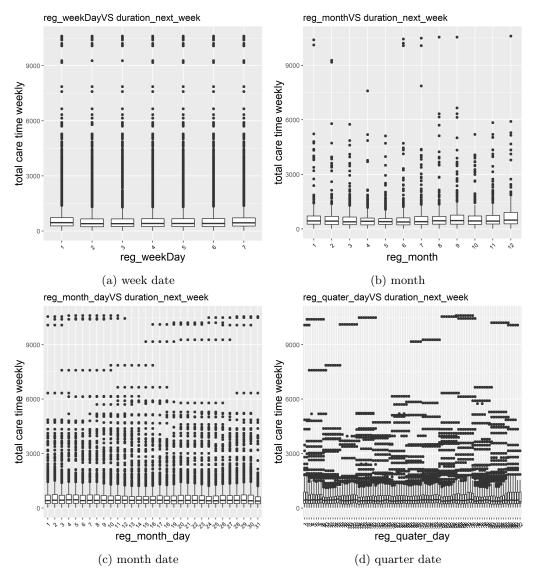


Figure 9: relationship between care end time and the label

# 4.3 Regression Result

In test phrase, simple regressors are employed to test performance. The results for regression test are listed in table 4.3.

Table 2:regression performance						
regressor	RMSE	R2	MAE			
linear regression	508.252	0.67969	228.889			
generalized linear regression	504.436	0.684481	223.816			
decision tree regression	444.408	0.755107	201.451			
random forest	434.595	0.765802	191.337			
Gradient-boosted trees	374.88	0.82574	178.186			
$DNN(epoch=30,batch\_size = 256)$	229.1842	0.8080	183.29			

From table 4.3, Gradient-boosted trees and DNN outperform the other models, so these two are explored deeper. On facet of DNN model, epoch is tuned into 500, and batch size is 256, if mean squared error for validation set is not improved for 40 iteration, then training will be stopped. Adam stochastic optimization is applied with 0.001 learning rate. 5-fold cross validation is employed.

Figure 15, figure 14 and figure 13 show the DNN performance graphically. Figure 15 shows that training error is larger than error on validation set, but is can not prove our model bad, because this is special case for Keras, which is a python neural network API that applied in this experiment.

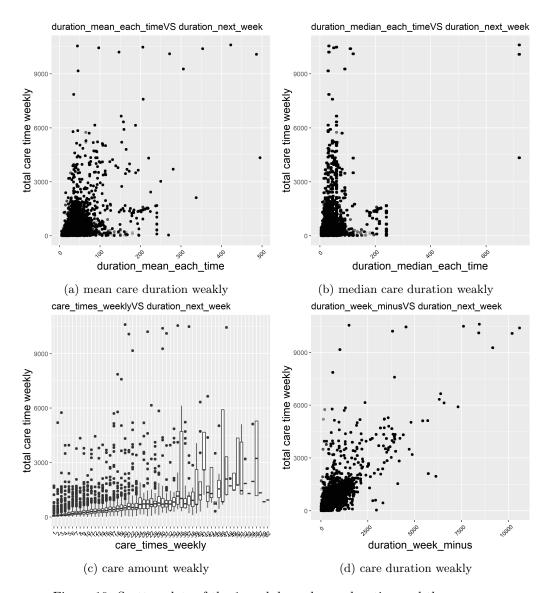


Figure 10: Scatter plots of the 1-week lagged care duration and the response

According to Keras documentation, a Keras model has two modes: training and testing. Regularization mechanisms, such as Dropout and L1/L2 weight regularization, are turned off at testing time. Besides, the training loss is the average of the losses over each batch of training data. Because the model is changing over time, the loss over the first batches of an epoch is generally higher than over the last batches. On the other hand, the testing loss for an epoch is computed using the model as it is at the end of the epoch, resulting in a lower loss[19].

Also, since these model is trained twice, and the plots depict the second training DNN results with the pre-trained weights, so the R2 starting point is not from zero and RMSE initial point is quit small (around 35).

In figure 13, x-axes is observed data while y is predicted value, if the prediction is accurate, then this regression line should be a perfect forward diagonal line which fits prediction equals to observations equation. Figure 13 shows that the results is quit good, but there are some dots that DNN failed to detect. As for these dots, one possibility is that they are outliers, which means they should be removed. But from five regression plots which correspond to different fold, these dots are all different, shows that they are strongly unlikely to be abnormality. Another explanation for these dots is that there are limited data for training, which lead to DNN weak prediction ability, so more data should be collected to enhance DNN learning ability.

Table 4.3 shows the DNN performance on test dataset. Compared with table 4.3, average MAE and RMSE is much higher than GBTs performance, but the variance of RMSE is lower, which means DNN is more robust for outliers.

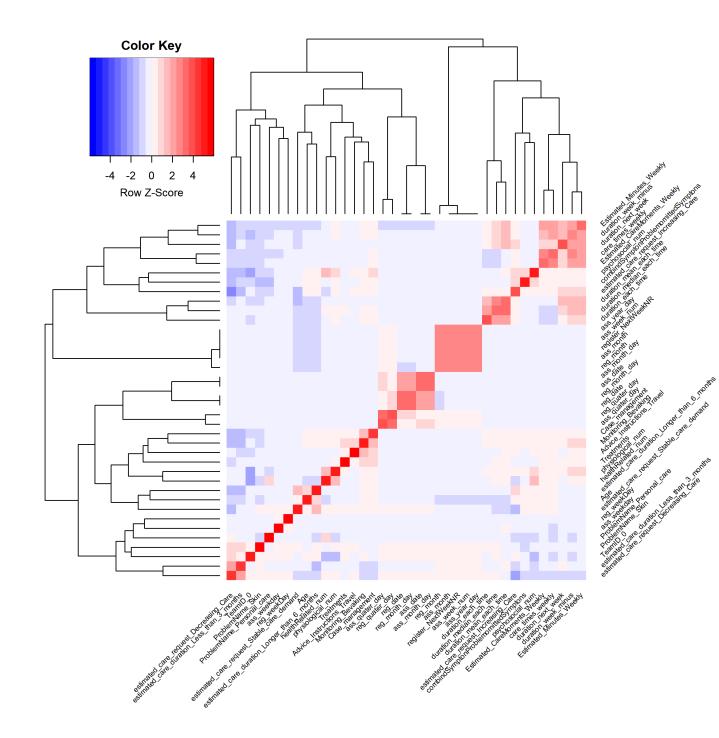


Figure 11: heatmap of correlation matrix

Table:DNN performance on test data						
fold	MAE	RMSE	R square			
1	5.968459	10.719667	0.999861			
2	4.586403	10.350457	0.999870			
3	5.627282	20.387276	0.999495			
4	4.670589	9.427946	0.999892			
5	6.318077	11.978439	0.999825			
average	7.0359174	13.1125448	0.999788			
variance	0.601453	19.9206	$2.75213 \times 10^{-8}$			

Table 4.3 shows home-care duration prediction for next 1 to 15 weeks by DNN with 4-fold cross validation. Out of expectation, MAE score do not increase a lot for the latter weeks (or even

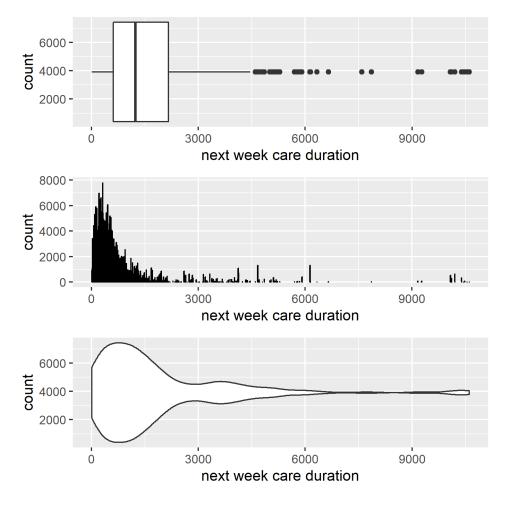


Figure 12: distribution plot of the response

decrease and get much lower MAE at the 13 week). Average RMSE and MAE are quite similar for all weeks but the RMSE variance fluctuate a lot. This model is very good for week 2,3,8,5,12,13 and 15 since they have both very low RMSE variance and MAE variance, which shows that this model is stable and accurate.

Table:DNN performance of next 1 to 15 week care duration prediction							
week	data	average	RMSE	average R	R square vari-	average	MAE
num-	amount	RMSE	variance	square	ance	MAE	variance
ber							
1	642418	12.7213	26.4136	.99978	$3.6143 \times 10^{-8}$	5.21318	.476394
2	604562	9.65548	.0471152	.999883	$3.09167 \times 10^{-11}$	4.73064	.102726
3	569974	10.3735	.987279	.999865	$6.96667 \times 10^{-10}$	4.26097	.0352978
4	540212	16.856	47.6125	.999603	$9.85143 \times 10^{-8}$	6.46722	2.82405
5	511270	14.1787	5.7967	.999749	$7.78892 \times 10^{-9}$	5.20881	.968344
6	485443	17.2281	33.0063	.999604	$6.30543 \times 10^{-8}$	6.08039	.661169
7	462607	14.7498	21.5439	.999706	$3.97229 \times 10^{-8}$	5.30805	1.31465
8	440348	13.2502	.566764	.999833	$3.51583 \times 10^{-10}$	5.42724	.689974
9	419303	21.4657	113.706	.999452	$2.88956 \times 10^{-7}$	5.96737	.442504
10	399372	16.6311	62.4267	.999669	$1.09165 \times 10^{-7}$	5.8688	.304841
11	382167	15.6148	47.5432	.999681	$8.40109 \times 10^{-8}$	6.06584	.910262
12	362664	13.5017	2.56485	.99972	$4.49492 \times 10^{-9}$	5.92112	.552264
13	341653	12.3946	1.64213	.99971	$3.96533 \times 10^{-9}$	4.84936	.0871184
14	326118	14.296	34.0457	.999545	$1.22431 \times 10^{-7}$	5.02931	1.19153
15	313122	14.0894	7.79763	.999589	$2.2394 \times 10^{-8}$	4.7003	.189861

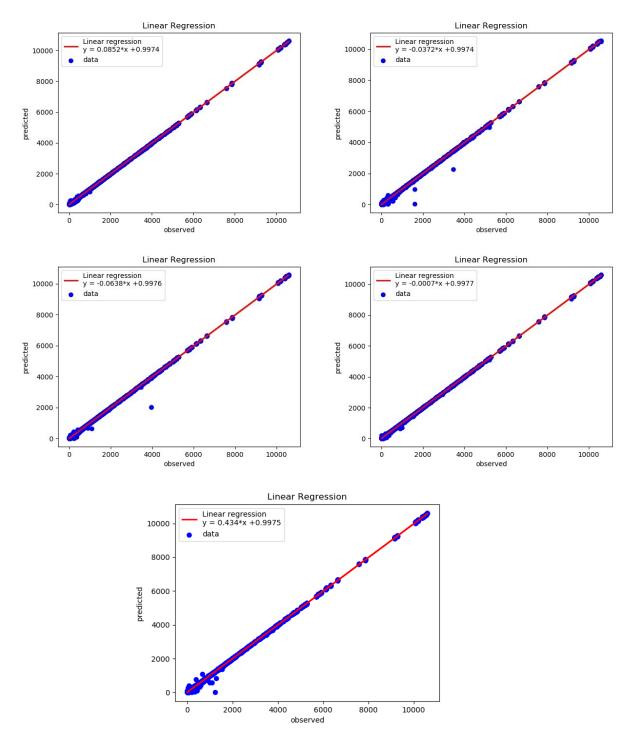


Figure 13: linear regression of prediction and observation from DNN testing results

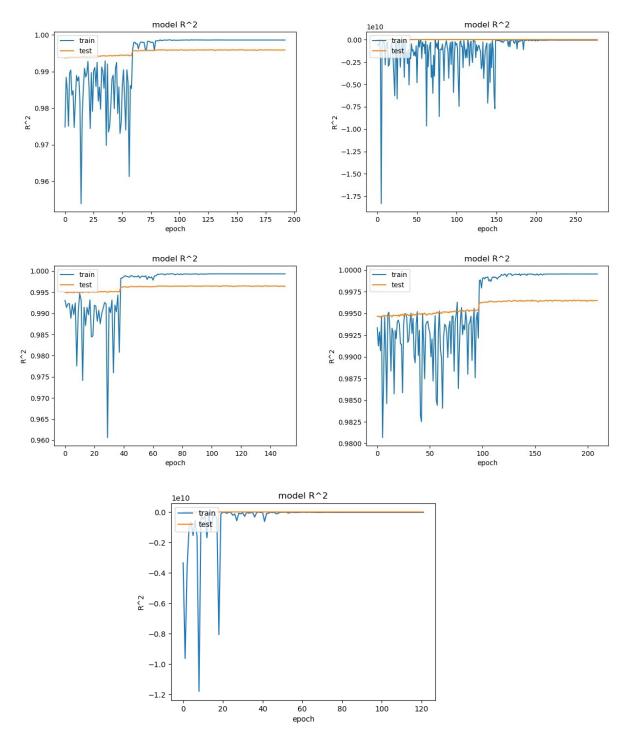


Figure 14: coefficient of determination  $(\mathbb{R}^2)$  for each fold of DNN testing results

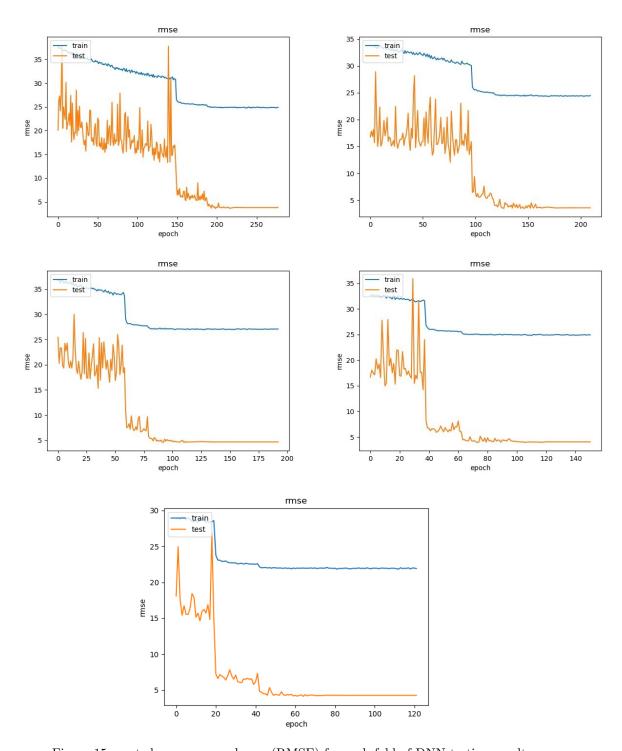


Figure 15: rooted mean squared error (RMSE) for each fold of DNN testing results

For gradient-boosted trees, also, 5-fold cross validation is employed. And grid search is applied in each fold. The maximum depth of tree are set to 20 and 30, which means that there are maximum 20 or 30 nodes for one simple tree. Number of iterations of boosting is 20 and 30, that is there are 20 or 30 trees built. Learning rate is 0.1 and log loss function is applied.

Table:GBTs performance on test data					
fold	MAE	RMSE	R square		
1	0.1402	3.7108	0.9999		
2	0.2045	15.8865	0.9996		
3	0.1751	6.1884	0.9999		
4	0.2535	15.2234	0.9997		
5	0.2918	4.1836	0.9999		
average	0.2130	9.0385	0.9998		
variance	0.0036	36.3063	$2.1328 \times 10^{-8}$		

For the test data, the tree model gets result listed on table 4.3 with 4 decimals remained. Also, figure 16 shows the linear regression plot for the prediction and observation from GBTs testing test dataset result. As mentioned above, if plot fit forward-diagonal line, then the model is perfect. Figure 16 shows that GBTs has very strong learning ability, but there are some predictions that far away from the corresponding observations. This phenomenon can also be explained by that RMSE is much more higher than MAE in table 4.3 since RRMSE is inclined to be influenced by some extremely large errors (error here refers to |prediction - observation|) and MAE is more about showing the all error variance. RMSE variance in table 4.3 and table 4.3 shows that GBTs is more sensitive to outliers with respect to DNN.

The same GBTs model are applied to predict the next 1 to 15 week home-care duration. The result is listed on table 4.3 with 4 decimals. Although MAE is much smaller with respect to DNN model (table 4.3, RMSE variance fluctuate a lot and is a bit higher than the data in table 4.3, such as for week 11 and week 13, GBTs got 220.5632 and 161.4723 RMSE variance.

Table:GBTs performance of next 1 to 15 week care duration prediction							
week	average	RMSE	average R	R square	average	MAE	
num-	RMSE	variance	square	variance	MAE	variance	
ber							
1	9.0385	36.3063	.9998	$2.1328 \times 10^{-8}$	.2130	.0036	
2	7.5515	17.3892	.9999	$6.864 \times 10^{-9}$	.2075	.0040	
3	6.9168	5.2497	.9999	$1.7437 \times 10^{-9}$	.2214	.0003	
4	12.0482	22.6318	.9997	$1.8419 \times 10^{-8}$	.2176	.0015	
5	13.0081	58.3776	.9997	$7.0021 \times 10^{-8}$	.2693	.0032	
6	18.6388	64.3931	.9995	$1.1581 \times 10^{-7}$	.2643	.0072	
7	13.8999	79.1741	.9996	$1.4819 \times 10^{-7}$	.2518	.0024	
8	TBD	TBD	TBD	TBD	TBD	TBD	
9	TBD	TBD	TBD	TBD	TBD	TBD	
10	12.2683	26.6381	.9998	$1.3985 \times 10^{-8}$	.2722	.0028	
11	18.2433	220.5632	.9994	$3.7433 \times 10^{-7}$	.2375	.0021	
12	12.0621	50.7449	.9995	$3.2376 \times 10^{-7}$	.21356	.0050	
13	13.1867	161.4723	.99947	$6.1198 \times 10^{-7}$	.21085	.0121	
14	12.7825	40.2535	.9996	$9.9066 \times 10^{-8}$	.3011	.0010	
15	17.2010	18.4699	.99939	$8.8327 \times 10^{-8}$	.34063	.0012	

# 5 Discussion and Conclusions

For classification problem, the quantitative response data needed to be changed into qualitative type, but it's intractable to find the proper cut-off points. There are a number of problematic issues with turning continuous data categorical. First, it is extremely unlikely that the underlying trend is consistent with the new model. Secondly, when a real trend exists, discretizing the data is most likely making it harder for the model to do an effective job since all of the nuance in the

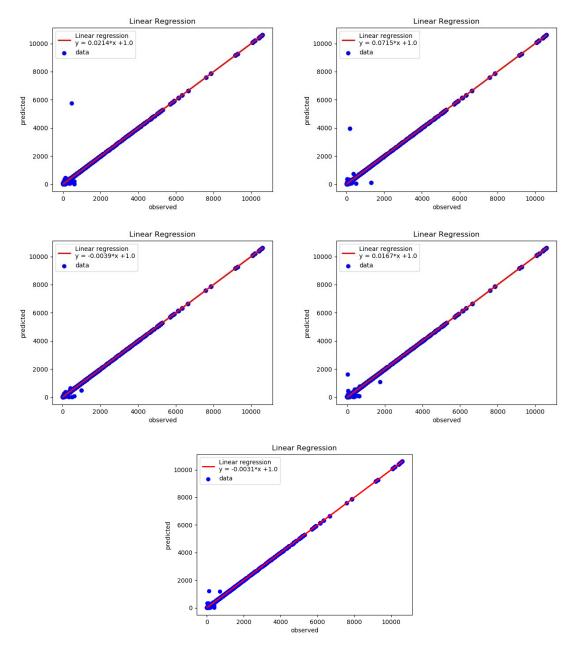


Figure 16: Linear regression of prediction and observation from GBTs testing results

data has been removed. Third, there is probably no objective rationale for a specific cut-point. Fourth, when there is no relationship between the outcome and the predictor, there is a substantial increase in the probability that an erroneous trend will be "discovered" [14].

As for regression, gradient-boosted trees is a boosting algorithm that combined multiple week learners to create a strong one and DNN has a strong learning ability since it has multiple layer with non-linear activation. Also, Figure 4.2 shows that the dependent variable distribution has high variance, which is quite suitable for high variance models, which are models that use individual data points to define their parameters, such as GBTs and neural network. Also, tree-based modeling techniques, unlike K-nearest neighbors and support vector machines, are immune to predictor distributions that are skewed or to individual samples that have unusual values (i.e.outliers)[14]. So these two regressors perform well. But the downside is that it's very time-consuming to train these model with lots of hyper-parameters. And tuning the hyper-parameter is a delicate work, such as the iteration for early stopping, if it is too small then DNN might still stuck in the local minimum of loss function, while if it is too big then it will costs lost of time to do unnecessary training.

There are some still some improvements. As for DNN model, according to Max Kuhn et al.[14], correlation will deteriorate DNN performance, but the DNN results for removing predictors with more than .99 correlation score doesn't improve a lot. Maybe some other correlation threshold can be applied to test to get much more better performance. Also, as mentioned above, there are some outliers in regression plots(figure16 and figure13). There are some uncertainty about why these dots are unfitted by models. They could be abnormalities, which means they should be removed, or they could be correct data but the dataset is not big enough so that the model learning ability is limited. There are nothing to do about testing these two hypotheses.

Distribution of the response (figure 4.2) show that data has a long tail, also, regression plots (figure 13 and figure 16) indicate that there is very small amount of data (blue dot) in the latter phase of the regression line (read line). So, the predicting ability for the long duration may be fragile since the data is not big enough. Beside, all outliers in figure 13 and figure 16 are located in the short home-care duration time-frame (before 2000 minutes in x-axes more specifically), which means there are some noise in these time-frame data. These two phenomena indicate that more data should be collected.

For the final application, GBTs and DNNs should be both applied. And the two results are compared, if they are quite similar, then prediction from GBTs is applied as final result. But if these two prediction vary a bit, then the result from DNN is taken as final care-duration.

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# A Detailed Steps

The detailed steps about how to handle data are listed below.

- Preparing data
  - Removing NA:

Since there are only a small amount of NA data, deleting them doesn't influence the classification performance.

Remove abnormality.

From patient table:

- \* Remove age more than 110
- \* Remove date\_start\_of\_care below than the year 2007, since ecare company started at 2007
- $\ast$  Remove data that column date\_end\_of\_care earlier than date\_start\_of\_care

From assessment table:

- \* Remove estimated care minutes weakly more than 10080 mins (7day\*24h\*60mins)
- \* Remove duplications

From registration table:

- \* Remove care duration less than 5 mins data (registration\_end\_time registration\_start\_time)
- Select useful columns and combine some columns

From registration table:

\* patientID:

This is used for combine data.

\* Financer:

This is insurance company.

\* weekNR:

This is the week number in the year.

\* JobTitle:

This is used to identify different nurse type.

\* TeamID:

This is treated as categorical data, since different team has unique ID. And team is distributed locally, this predictor can offer some location information.

- \* Starttime: This is care start time, formate is alike "2017-09-08 09:23:12".
- \* Einddtime: This is care end time.

From assessment table:

\* patientID:

This will be used to combine data afterwards

\* estimated care duration:

This is categorical data done by nurse, possible value are : 3 to 6 months, Less than 3 months, Longer than 6 months and unknown

\* estimated care request:

This is categorical data done by nurse, possible value are: Decreasing Care, Increasing Care, Stable care demand and unknown.

\* Estimated CareMoments weakly:

This is how many care the patient will take in one week, this data is estaimted by nurse.

\* Estimated Minutes weakly:

This is numerical data estimated by nurse after finishing each care visiting. The unit is minute.

- \* Advice Instructions Travel
- \* Treatments
- \* case management

- \* Monitoring Bevaking
- $\ast$  problem\_environment\_domain\_num (sum of values in columns: income, sanitation, resodence, neighborhood/workplace safety)
- \* problem\_psychosocial\_domain\_num (sum of values in columns: communication with community resources, social contact, role change, interpersonal relationship, spirituality, grief, mental health, caretaking/parenting, neglect, abuse, growth and developement)
- \* problem\_physoicalical\_domaintextunderscore num ( sum of values in columns : Hearing, Vision, Speech and language, Oral health, Cognition, Pain, Consciousness, Skin, Neuro-musculo-skeletal function, Respiration, Circulation, Digestion-hydration, Bowel function, Urinary function, Reproductive function, Pregnancy, Postpartum, Communicable/infectious condition)
- \* problem\_health\_related\_behaviors\_domain\_num (sum of values in columns: Nutrition, Sleep and rest patterns, Physical activity, Personal, care, Substance use, Family planning, Health care supervision, Medication regimen)

From care plan table:

\* patientID:

This is used to combine data

- \* problemID: this is used to combine data in problem table
- \* signAndsymptomID this is used to combine data in signAndsymptom table
- \* care plan end time

this is useful since each care should happen before this predictor time From signAndsympton lookup table

- \* signAndsymptonID
- \* problemID
- \* signAndSympton name

From problem lookup table

- \* problemID
- \* problem name

From patient table

- \* PatientID
- \* age
- \* gender
- \* martial status:

This is categorical data including possible values: Single, Married, Living together, Living together with contract and unknown.

\* living unit:

THis is categorical data including possible values: Institution with residence,Other multi person household,Parental home,Single person,Single with children,Unknown,With partner,With partner and children.

- Feature engineering.

For registration table:

- \* timeDiff: the duration for each care. timeDiff = endTime startTime
- \* Mean duration for each week: mean care duration weakly for each patient. This is calculated by grouping by weekNR and PatientID column
- \* Median duration for each week: median care duration weakly for each patient.
- \* Total duration for each week: sum care duration weakly for each patient.
- \* reg weekDay: care are happend in which day on one week, 0 refers to sunday
- \* reg month: care happened on which month
- \* reg month day:care happnend on which day in a month
- \* reg quater day: care happended on which quarter

For assessment table:

- \* ass\_month: assement made on which month
- \* ass\_weekday: assement made on which day in one week ( 0 corresponding to Sunday)
- \* ass\_month\_day: assessment made on which day in month
- \* ass quarter day: assessment made on which quarter

#### - Combine data:

Combined by PatientID, care\_end\_time in care\_plan table must longer than register WeekNR. assessment\_date\_week\_num must be the same with weekNR in registration table. Create a new column named next\_week\_duration which week\_num is one more than weekNR in registratin table. Steps are listed below:

- 1. Copy and rename registration table into next\_registration, delete columns except 3 columns: PatientID, total duration for each week and weekNR
- 2. Rename column in next\_registration from total\_duration\_for\_each\_week into duration\_for\_next\_week
- 3. Rename column in next—registration from weekNR into next—weekNR
- 4. Combined next\_registration and registration table by PatientID and condition: next\_weekNR = weekNR +1
- 5. Categorize duration\_for\_next\_week into hours and calculate frequency for each hour categorization, combined less frequent categorizes into one. (in this experiment, we get 177 categories corresponding to 177 hours, and we categorize hours after 15 into 5 groups since they have low frequency)

#### • Preprocessing data

- Change categorical data into one-hot-encoding
- scale, center and remove Zero- and Near Zero-Variance Predictors, Yeo-Johnson transformation.
- Feature selection (based on information gain, gain ratio and symmetrical uncertainty)

#### • Use simple classifiers to test performance

Randomly split data into training data and test data with .7 and .3 percentage. Then use some simple classifiers to test data. For classification:

- Logistic regression : L2 penalty is applied, the regularization parameter is 0, and max iteration is  $50\,$
- Decision tree: Gini is applied for information gain calculation, max depth is 5 (means 5 internal node )
- Random forest: Gini is applied, max depth is 4, number of features to consider for splits at each node is sqrt of all features.
- Multilayer perceptron classifier: a simple version of Neural Network with 3 layers, input (feature) layer, middle layer (set 30 here) and output (classes) layer(20 classes here). Nodes in intermediate layers use sigmoid function and nodes in the output layer use softmax function. The logistic loss function for optimization and L-BFGS as an optimization routine is applied here.
- One-vs-rest classifier: it cares a binary classification problem for each of the k classes.

#### For regression:

- linear regression: loss function is squared error, corresponding to formula 2.1,  $\alpha$  is 0.3,  $\lambda$  is 0.8.
- Generalized linear regression
- regression decision tree
- gradient boosted tree

- neural network: neural network structure is shown in figure 3. Since data are not linearly separable, which means more than one layer need to be applied. According to formula shown in 2.7.2, there are around 600,000 data, so the first layer is 1000 neurons. And output layer is one neuron with Relu activation function, because prediction cannot be negative, so Relu is applicable.

#### • choose the best two models to train

- DNN: 5 cross-validation is applied. Figure 3 shows the neural network result. Adam optmizer is applied. Loss function is mean squared error. Iteration for early stopping is 40, that is, if mean squared error does not decrease in next 40 iterations, then training will be stopped. Also, learning rate is reduced by 10% if the performance does not improved in 10 iterations. Initial learning rate is  $10^{-4}$ .
- GBTs:.And grid search is applied in each fold. The maximum depth of tree are set to 20 and 30, which means that there are maximum 20 or 30 nodes for one simple tree.
   Number of iterations of boosting is 20 and 30, that is there are 20 or 30 trees built.
   Learning rate is 0.1 and log loss function is applied.