2021 Arcadia Mobile Market

Purchase Report: Member #12

Visits: 9 Servings: 170 Total: \$94.65

EAT A RAINBOW

An easy way to eat right is to fill at least half your plate with vegetables and fruits, and to try to eat all the colors of the rainbow every day, especially lots of greens. Different colors of produce have different nutrients, so eating a rainbow means you get as many as possible.

YOUR 2021 PURCHASES Asian Pears \$6.25 Blueberries \$3.50 Broccoli \$1.95 Cabbage \$8.59 Cantaloupe \$3.00 Corn \$3.96 Cucumber \$1.95 Garlic \$1.00 Kale \$4.00 Okra (Pound) \$3.72 Peaches \$20.72 Peppers (Bell) \$2.40 Plums \$3.75 Potatoes \$5.25 Potatoes (Sweet) \$5.01 Tomatoes (Red) \$9.50 Watermelon (Small) \$6.10

Your Personal 2021 Eating Rainbow

