Dr Lal PathLabs
Regd. Office/National Reference Lab: Dr. Lal PathLabs Ltd., Block E, Sector-18, Rohini, New Delhi - 110085
Tel: +91-11-3024-4100, 3988-5050, Fax: +91-11-2788-2134, E-mail: lalpathlabs@lalpathlabs.com
Web: www.lalpathlabs.com, CIN No.: L74899DL1995PLC065388

L61 - UMANG GUPTA - FPSC RISHIKESH 2
SHOP NO.-29, DEHRADUN ROAD, NEAR
ANDRA BANK,RISHIKESH, UK-249201

Name	: **Mrs. SHEFALI AGGARWAL**			**Collected**	: **25/5/2021 9:49:00AM**
Lab No.	: **305921002**	**Age: 55 Years**	**Gender: Female**	**Received**	: **25/5/2021 10:05:14AM**
				Reported	: **25/5/2021 6:36:05PM**
A/c Status	: **P**	**Ref By : SELF**		**Report Status**	: **Final**

SwasthFit Super 2

Test Name	Results	Units	Bio. Ref. Interval
COMPLETE BLOOD COUNT;CBC (Impedence, Photometry, Calculated, DHSS, Flow Cytometry & Cytochemistry)			
Hemoglobin	**11.70**	g/dL	12.00 - 15.00
Packed Cell Volume (PCV)	**33.40**	%	36.00 - 46.00
RBC Count	**3.53**	mill/mm3	3.80 - 4.80
MCV	95.00	fL	83.00 - 101.00
MCH	**33.10**	pg	27.00 - 32.00
MCHC	**35.00**	g/dL	31.50 - 34.50
Red Cell Distribution Width (RDW)	13.90	%	11.60 - 14.00
Total Leukocyte Count (TLC)	**3.90**	thou/mm3	4.00 - 10.00
Differential Leucocyte Count (DLC)			
Segmented Neutrophils	55.80	%	40.00 - 80.00
Lymphocytes	**41.00**	%	20.00 - 40.00
Monocytes	**1.90**	%	2.00 - 10.00
Eosinophils	1.20	%	1.00 - 6.00
Basophils	0.10	%	<2.00
Absolute Leucocyte Count			
Neutrophils	2.18	thou/mm3	2.00 - 7.00
Lymphocytes	1.60	thou/mm3	1.00 - 3.00
Monocytes	**0.07**	thou/mm3	0.20 - 1.00
Eosinophils	0.05	thou/mm3	0.02 - 0.50
Basophils	**0.00**	thou/mm3	0.02 - 0.10

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Test Name	Results	Units	Bio. Ref. Interval
Platelet Count	171.0	thou/mm3	150.00 - 410.00
Mean Platelet Volume	**12.2**	fL	6.5 - 12.0

Note

1. As per the recommendation of International council for Standardization in Hematology, the differential leucocyte counts are additionally being reported as absolute numbers of each cell in per unit volume of blood

2. Test conducted on EDTA whole blood

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Lab No.	: 305921002	**Age:** 55 Years	**Gender:** Female	**Received**	: 25/5/2021 10:05:14AM
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Test Name	Results	Units	Bio. Ref. Interval
LIVER & KIDNEY PANEL, SERUM (Reflectance Photometry,Direct ISE)			
Bilirubin Total	0.45	mg/dL	0.30 - 1.20
Bilirubin Direct	0.08	mg/dL	<0.30
Bilirubin Indirect	0.37	mg/dL	<1.10
AST (SGOT)	34	U/L	<35
ALT (SGPT)	31	U/L	<35
GGTP	16	U/L	<38
Alkaline Phosphatase (ALP)	81	U/L	30 - 120
Total Protein	7.77	g/dL	6.40 - 8.30
Albumin	4.13	g/dL	3.50 - 5.20
A : G Ratio	1.13		0.90 - 2.00
Urea	22.70	mg/dL	17.00 - 43.00
Creatinine	0.64	mg/dL	0.51 - 0.95

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Test Name	Results	Units	Bio. Ref. Interval
Uric Acid	**7.20**	mg/dL	2.60 - 6.00
Calcium, Total	9.80	mg/dL	8.80 - 10.60
Phosphorus	4.11	mg/dL	2.40 - 4.40
Sodium	137.20	mEq/L	136.00 - 146.00
Potassium	4.53	mEq/L	3.50 - 5.10
Chloride	102.70	mEq/L	101.00 - 109.00

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Test Name	Results	Units	Bio. Ref. Interval
HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD (HPLC)			
HbA1c	5.3	%	4.00 - 5.60
Estimated average glucose (eAG)	105	mg/dL	

Interpretation

HbA1c result is suggestive of non diabetic adults (>=18 years)/ well controlled Diabetes in a known Diabetic

Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH HbA1C MEASUREMENT	FACTORS THAT AFFECT INTERPRETATION OF HBA1C RESULTS
Hemoglobin variants,elevated fetal hemoglobin (HbF) and chemically modified derivatives of hemoglobin (e.g. carbamylated Hb in patients with renal failure) can affect the accuracy of HbA1c measurements	Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g.,recovery from acute blood loss, hemolytic anemia, HbSS, HbCC, and HbSC) will falsely lower HbA1c test results regardless of the assay method used.Iron deficiency anemia is associated with higher HbA1c

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Test Name	Results	Units	Bio. Ref. Interval
GLUCOSE, FASTING (F), PLASMA (Hexokinase)	**107.10**	mg/dL	70.00 - 100.00

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Test Name	Results	Units	Bio. Ref. Interval
THYROID PROFILE,TOTAL, SERUM (ECLIA)			
T3, Total	0.92	ng/mL	0.80 - 2.00
T4, Total	9.14	µg/dL	5.10 - 14.10
TSH	0.48	µIU/mL	0.27 - 4.20

Note

1. TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm . The variation is of the order of 50% . hence time of the day has influence on the measured serum TSH concentrations.
2. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy.
3. Unbound fraction (Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration
4. Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals

Interpretation

PREGNANCY	REFERENCE RANGE FOR TSH IN µIU/mL (As per American Thyroid Association)
1st Trimester	0.100 - 2.500
2nd Trimester	0.200 - 3.000
3rd Trimester	0.300- 3.000

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Test Name	Results	Units	Bio. Ref. Interval
LIPID SCREEN, SERUM (Spectrophotometry)			
Cholesterol, Total	**243.00**	mg/dL	<200.00
Triglycerides	142.40	mg/dL	<150.00
HDL Cholesterol	**47.00**	mg/dL	>50.00
LDL Cholesterol, Calculated	**167.52**	mg/dL	<100.00
VLDL Cholesterol,Calculated	28.48	mg/dL	<30.00
Non-HDL Cholesterol	**196**	mg/dL	<130

Interpretation

REMARKS	TOTAL CHOLESTEROL in mg/dL	TRIGLYCERIDE in mg/dL	LDL CHOLESTEROL in mg/dL	NON HDL CHOLESTEROL in mg/dL
Optimal	<200	<150	<100	<130
Above Optimal	-	-	100-129	130 - 159
Borderline High	200-239	150-199	130-159	160 - 189
High	>=240	200-499	160-189	190 - 219
Very High	-	>=500	>=190	>=220

Note

1. Measurements in the same patient can show physiological & analytical variations. Three serial samples 1 week apart are recommended for Total Cholesterol, Triglycerides, HDL& LDL Cholesterol.
2. NLA-2014 recommends a complete lipoprotein profile as the initial test for evaluating cholesterol.

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Test Name **Results** **Units** **Bio. Ref. Interval**

3. Friedewald equation to calculate LDL cholesterol is most accurate when Triglyceride level is < 400 mg/dL. Measurement of Direct LDL cholesterol is recommended when Triglyceride level is > 400 mg/dL
4. NLA-2014 identifies Non HDL Cholesterol(an indicator of all atherogeniclipoproteins such as LDL , VLDL, IDL, Lpa, Chylomicron remnants)along with LDL-cholesterol as co- primary target for cholesterol lowering therapy. Note that major risk factors can modify treatment goals for LDL &Non HDL.
5. Apolipoprotein B is an optional, secondary lipid target for treatment once LDL & Non HDL goals have been achieved
6. Additional testing for Apolipoprotein B, hsCRP,Lp(a) & LP-PLA2 should be considered among patients with moderate risk for ASCVD for risk refinement

Treatment Goals as per Lipid Association of India 2016

RISK CATEGORY	TREATMENT GOAL		CONSIDER THERAPY	
	LDL CHOLESTEROL (LDL-C)(mg/dL)	NON HDL CHLOESTEROL (NON HDL-C) (mg/dL)	LDL CHOLESTEROL (LDL-C)(mg/dL)	NON HDL CHLOESTEROL (NON HDL-C) (mg/dL)
Very High	<50	<80	>=50	>=80
High	<70	<100	>=70	>=100
Moderate	<100	<130	>=100	>=130
Low	<100	<130	>=130*	>=160*

*In low risk patient, consider therapy after an initial non-pharmacological intervention for at least 3 months

Dr Shubham Agarwal
MD, Pathology
Consultant Pathologist
Dr Lal PathLabs Ltd

----------End of report ----------

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Test Name	Results	Units	Bio. Ref. Interval

IMPORTANT INSTRUCTIONS

*Test results released pertain to the specimen submitted.*All test results are dependent on the quality of the sample received by the Laboratory. *Laboratory investigations are only a tool to facilitate in arriving at a diagnosis and should be clinically correlated by the Referring Physician .*Sample repeats are accepted on request of Referring Physician within 7 days post reporting.*Report delivery may be delayed due to unforeseen circumstances. Inconvenience is regretted.*Certain tests may require further testing at additional cost for derivation of exact value. Kindly submit request within 72 hours post reporting.*Test results may show interlaboratory variations.*The Courts/Forum at Delhi shall have exclusive jurisdiction in all disputes/claims concerning the test(s) & or results of test(s).*Test results are not valid for medico legal purposes. *Contact customer care Tel No. +91-11-39885050 for all queries related to test results.
(#) Sample drawn from outside source.