

## Exercise 1

Lecturer: Prof. Amit Daniely

Name: Hadar Tal

## Exercise 1

The moment generating function (MGF) of a random variable  $X$  is  $M_X(\lambda) = \mathbb{E}[e^{\lambda X}]$ . Assume that  $M_X$  is defined for any  $\lambda$  in a non-empty segment  $(-a, a)$ . Show that

1.  $M_X^{(k)}(0) = \mathbb{E}[X^k]$

Using the definition of the moment-generating function, we can write:

$$M_X^{(k)}(t) = \frac{d^k}{d\lambda^k} \mathbb{E}[e^{\lambda X}]$$

Using the power series expansion of the exponential function

$$e^x = \sum_{k=0}^{\infty} \frac{x^k}{k!}$$

we can write

$$M_X^{(k)}(t) = \frac{d^k}{d\lambda^k} \mathbb{E} \left( \sum_{m=0}^{\infty} \frac{\lambda^m X^m}{m!} \right)$$

Because the expected value is a linear operator, we have:

$$M_X^{(k)}(t) = \frac{d^k}{d\lambda^k} \sum_{m=0}^{\infty} \mathbb{E} \left( \frac{\lambda^m X^m}{m!} \right) = \sum_{m=0}^{\infty} \frac{d^k}{d\lambda^k} \left( \frac{\lambda^m}{m!} \right) \mathbb{E}[X^m]$$

Using the  $k$ -th derivative of the  $m$ -th power

$$\frac{d^k}{d\lambda^k} \lambda^m = \begin{cases} \tilde{m}^k \lambda^{m-k}, & \text{if } k \leq m \\ 0, & \text{if } k > m \end{cases}$$

when

$$\tilde{m}^k = \prod_{i=0}^{k-1} (m-i) = \frac{m!}{(m-k)!}$$

then we have

$$\begin{aligned} M_X^{(k)}(\lambda) &= \sum_{m=0}^{\infty} \frac{d^k}{d\lambda^k} \left( \frac{\lambda^m}{m!} \right) \mathbb{E}[X^m] = \sum_{m=k}^{\infty} \frac{\tilde{m}^k \lambda^{m-k}}{m!} \mathbb{E}[X^m] = \sum_{m=k}^{\infty} \frac{m! \lambda^{m-k}}{(m-k)! m!} \mathbb{E}[X^m] \\ &= \sum_{m=k}^{\infty} \frac{\lambda^{m-k}}{(m-k)!} \mathbb{E}[X^m] = \frac{t^{n-n}}{(n-n)!} \mathbb{E}[X^n] + \sum_{m=k+1}^{\infty} \frac{\lambda^{m-k}}{(m-k)!} \mathbb{E}[X^m] \\ &= \mathbb{E}[X^k] + \sum_{m=k+1}^{\infty} \frac{\lambda^{m-k}}{(m-k)!} \mathbb{E}[X^m] \end{aligned}$$

Setting  $\lambda = 0$  in the above equation, we get

$$M_X^{(k)}(0) = \mathbb{E}[X^k] + \sum_{m=k+1}^{\infty} \frac{0^{m-k}}{(m-k)!} \mathbb{E}[X^m] = \mathbb{E}[X^k]$$

which completes the proof.

2. Show that for a centered Gaussian  $X$  with variance  $\sigma^2$ ,  $M_X(\lambda) = e^{\frac{\lambda^2 \sigma^2}{2}}$ . In other words, being  $\sigma$ -SubGaussian is equivalent to having MGF that is bounded by the MGF of a centered Gaussian with variance  $\sigma^2$ .

Let  $X$  be a centered Gaussian random variable with mean  $\mathbb{E}[X] = 0$  and variance  $\text{var}(X) = \sigma^2$ . The moment generating function (MGF) of  $X$  is defined as:

$$M_X(\lambda) = \mathbb{E}[e^{\lambda X}].$$

Since  $X$  is Gaussian,  $X$  has the probability density function:

$$f_X(x) = \frac{1}{\sqrt{2\pi\sigma^2}} e^{-\frac{x^2}{2\sigma^2}}$$

Therefore, the MGF  $M_X(\lambda)$  is:

$$M_X(\lambda) = \int_{-\infty}^{\infty} e^{\lambda x} f_X(x) dx = \int_{-\infty}^{\infty} e^{\lambda x} \frac{1}{\sqrt{2\pi\sigma^2}} e^{-\frac{x^2}{2\sigma^2}} dx$$

Combining the exponents, we get:

$$M_X(\lambda) = \int_{-\infty}^{\infty} \frac{1}{\sqrt{2\pi\sigma^2}} e^{\lambda x - \frac{x^2}{2\sigma^2}} dx$$

Completing the square in the exponent:

$$\lambda x - \frac{x^2}{2\sigma^2} = -\frac{1}{2\sigma^2} (x^2 - 2\sigma^2 \lambda x) = -\frac{1}{2\sigma^2} (x^2 - 2\sigma^2 \lambda x + \sigma^4 \lambda^2 - \sigma^4 \lambda^2) = -\frac{1}{2\sigma^2} ((x - \sigma^2 \lambda)^2 - \sigma^4 \lambda^2).$$

Thus, the integral becomes:

$$M_X(\lambda) = \int_{-\infty}^{\infty} \frac{1}{\sqrt{2\pi\sigma^2}} e^{-\frac{1}{2\sigma^2} (x - \sigma^2 \lambda)^2} e^{\frac{\sigma^2 \lambda^2}{2}} dx$$

Since the first term inside the integral is a normal distribution that integrates to 1, we get:

$$M_X(\lambda) = e^{\frac{\sigma^2 \lambda^2}{2}} \int_{-\infty}^{\infty} \frac{1}{\sqrt{2\pi\sigma^2}} e^{-\frac{1}{2\sigma^2} (x - \sigma^2 \lambda)^2} dx = e^{\frac{\sigma^2 \lambda^2}{2}}$$

Therefore, the MGF of  $X$  is:

$$M_X(\lambda) = e^{\frac{\lambda^2 \sigma^2}{2}}$$

This shows that being  $\sigma$ -SubGaussian is equivalent to having an MGF that is bounded by the MGF of a centered Gaussian with variance  $\sigma^2$ .

3. Show that if  $X$  is uniform over  $[a, b]$  then  $M_X(\lambda) = \frac{e^{\lambda b} - e^{\lambda a}}{\lambda(b-a)}$ .

Let  $X$  be a random variable uniformly distributed over the interval  $[a, b]$ . The probability density function of  $X$  is:

$$f_X(x) = \frac{1}{b-a}, \quad \text{for } a \leq x \leq b$$

The moment generating function (MGF) of  $X$  is defined as:

$$M_X(\lambda) = \mathbb{E}[e^{\lambda X}] = \int_a^b e^{\lambda x} f_X(x) dx$$

Substituting the PDF of  $X$ :

$$M_X(\lambda) = \int_a^b e^{\lambda x} \frac{1}{b-a} dx$$

Since  $\frac{1}{b-a}$  is a constant, we can factor it out:

$$M_X(\lambda) = \frac{1}{b-a} \int_a^b e^{\lambda x} dx$$

To solve the integral, we use the antiderivative of  $e^{\lambda x}$ :

$$\int e^{\lambda x} dx = \frac{1}{\lambda} e^{\lambda x} + C$$

Evaluating this from  $a$  to  $b$ , we get:

$$\int_a^b e^{\lambda x} dx = \left. \frac{1}{\lambda} e^{\lambda x} + C \right|_a^b = \frac{1}{\lambda} (e^{\lambda b} - e^{\lambda a}).$$

Therefore,

$$M_X(\lambda) = \frac{1}{b-a} \cdot \frac{1}{\lambda} (e^{\lambda b} - e^{\lambda a}) = \frac{e^{\lambda b} - e^{\lambda a}}{\lambda(b-a)}.$$

This completes the proof that the moment generating function of a uniform random variable over  $[a, b]$  is:

$$M_X(\lambda) = \frac{e^{\lambda b} - e^{\lambda a}}{\lambda(b-a)}$$

## Exercise 2

1. Show that if  $X_i$  is  $\sigma_i$ -SubGaussian for  $i = 1, 2$  then  $X_1 + X_2$  is  $(\sigma_1 + \sigma_2)$ -SubGaussian<sup>1</sup>.

Let  $X_1$  and  $X_2$  be  $\sigma_1$ -SubGaussian and  $\sigma_2$ -SubGaussian random variables, respectively.

This means that for any  $\lambda \in \mathbb{R}$ ,

$$\mathbb{E} \left[ e^{\lambda(X_1 - \mathbb{E}[X_1])} \right] \leq e^{\frac{\lambda^2 \sigma_1^2}{2}} \quad \text{and} \quad \mathbb{E} \left[ e^{\lambda(X_2 - \mathbb{E}[X_2])} \right] \leq e^{\frac{\lambda^2 \sigma_2^2}{2}}$$

We need to show that  $X_1 + X_2$  is  $(\sigma_1 + \sigma_2)$ -SubGaussian, i.e.,

$$\mathbb{E} \left[ e^{\lambda(X_1 + X_2 - \mathbb{E}[X_1 + X_2])} \right] \leq e^{\frac{\lambda^2 (\sigma_1 + \sigma_2)^2}{2}}$$

Consider the expectation:

$$\mathbb{E} \left[ e^{\lambda(X_1 + X_2 - \mathbb{E}[X_1] - \mathbb{E}[X_2])} \right] = \mathbb{E} \left[ e^{\lambda(X_1 - \mathbb{E}[X_1])} e^{\lambda(X_2 - \mathbb{E}[X_2])} \right]$$

Using Hölder's inequality with  $p = q = 2$  (since  $\frac{1}{p} + \frac{1}{q} = 1$  and  $p, q \geq 0$ ), we get:

$$\mathbb{E} \left[ e^{\lambda(X_1 - \mathbb{E}[X_1])} e^{\lambda(X_2 - \mathbb{E}[X_2])} \right] \leq \left( \mathbb{E} \left[ e^{2\lambda(X_1 - \mathbb{E}[X_1])} \right] \right)^{1/2} \left( \mathbb{E} \left[ e^{2\lambda(X_2 - \mathbb{E}[X_2])} \right] \right)^{1/2}$$

Since  $X_1$  is  $\sigma_1$ -SubGaussian and  $X_2$  is  $\sigma_2$ -SubGaussian, we have:

$$\mathbb{E} \left[ e^{2\lambda(X_1 - \mathbb{E}[X_1])} \right] \leq e^{2\lambda^2 \sigma_1^2} \quad \text{and} \quad \mathbb{E} \left[ e^{2\lambda(X_2 - \mathbb{E}[X_2])} \right] \leq e^{2\lambda^2 \sigma_2^2}$$

Therefore,

$$\mathbb{E} \left[ e^{\lambda(X_1 + X_2 - \mathbb{E}[X_1 + X_2])} \right] \leq \left( e^{2\lambda^2 \sigma_1^2} \right)^{1/2} \left( e^{2\lambda^2 \sigma_2^2} \right)^{1/2} = e^{\lambda^2 \sigma_1^2} e^{\lambda^2 \sigma_2^2} = e^{\lambda^2 (\sigma_1^2 + \sigma_2^2)}.$$

To show that  $X_1 + X_2$  is  $(\sigma_1 + \sigma_2)$ -SubGaussian, we use the triangle inequality for the variance:

$$\sigma_1^2 + \sigma_2^2 \leq (\sigma_1 + \sigma_2)^2$$

Thus,

$$\mathbb{E} \left[ e^{\lambda(X_1 + X_2 - \mathbb{E}[X_1 + X_2])} \right] \leq e^{\lambda^2 (\sigma_1 + \sigma_2)^2}.$$

Hence,  $X_1 + X_2$  is  $(\sigma_1 + \sigma_2)$ -SubGaussian.

---

<sup>1</sup>Use the Hölder inequality  $(\mathbb{E}[XY]) \leq (\mathbb{E}[X^p])^{1/p} (\mathbb{E}[Y^q])^{1/q}$  if  $\frac{1}{p} + \frac{1}{q} = 1$  and  $p, q \geq 0$  on  $\mathbb{E}[e^{\lambda(X - \mathbb{E}[X])} e^{\lambda(Y - \mathbb{E}[Y])}]$

2. For a sub-Gaussian random variable  $X$ , define  $\|X\|_{vp}$  as the minimal  $\sigma$  for which  $X$  is  $\sigma$ -SubGaussian. Show that  $\|\cdot\|_{vp}$  is a norm on the space of centered sub-Gaussian random variables. This norm is called the Proxy Variance norm and  $\|X\|_{vp}$  is called the optimal proxy variance of  $X$ .

To show that  $\|\cdot\|_{vp}$  is a norm, we need to verify the following properties for all centered sub-Gaussian random variables  $X$  and  $Y$ :

- (a) **Positivity**:  $\|X\|_{vp} \geq 0$  and  $\|X\|_{vp} = 0$  if and only if  $X = 0$  almost surely.
- (b) **Homogeneity**:  $\|aX\|_{vp} = |a|\|X\|_{vp}$ .
- (c) **Triangle Inequality**:  $\|X + Y\|_{vp} \leq \|X\|_{vp} + \|Y\|_{vp}$ .

**Positivity** By definition,  $\|X\|_{vp}$  is the minimal  $\sigma$  such that  $X$  is  $\sigma$ -SubGaussian.

Since the variance of  $X$  is non-negative,  $\sigma$  must also be non-negative. Therefore,  $\|X\|_{vp} \geq 0$ .

If  $X = 0$  almost surely, then  $X$  is deterministically zero, meaning it has no variability and does not deviate from its mean. Therefore, it is trivially  $\sigma$ -SubGaussian for any  $\sigma$ , and hence  $\|X\|_{vp} = 0$ .

Conversely, if  $\|X\|_{vp} = 0$ , then by definition, for all  $\lambda \in \mathbb{R}$ ,

$$\mathbb{E}[e^{\lambda X}] \leq e^{\frac{\lambda^2 \cdot 0^2}{2}} = 1$$

The moment generating function of  $X$ ,  $\mathbb{E}[e^{\lambda X}]$ , being less than or equal to 1 for all  $\lambda$  implies that  $X$  must be zero almost surely. This is because the only random variable with this property is the constant zero. If  $X$  had any non-zero value with non-zero probability, the expectation  $\mathbb{E}[e^{\lambda X}]$  would exceed 1 for some  $\lambda$ . Hence,  $\|X\|_{vp} = 0$  implies that  $X = 0$  almost surely.

**Homogeneity** Let  $a \in \mathbb{R}$  and  $X$  be a centered sub-Gaussian random variable. We need to show that  $\|aX\|_{vp} = |a|\|X\|_{vp}$ .

**Step 1:**  $\|aX\|_{vp} \leq |a|\|X\|_{vp}$

Assume  $\|X\|_{vp} = \sigma$ . This means that for all  $\lambda \in \mathbb{R}$ ,

$$\mathbb{E}[e^{\lambda X}] \leq e^{\frac{\lambda^2 \sigma^2}{2}}$$

We need to show that  $aX$  is  $|a|\sigma$ -SubGaussian. Consider the moment generating function of  $aX$ :

$$\mathbb{E}[e^{\lambda(aX)}] = \mathbb{E}[e^{a\lambda X}]$$

Using the sub-Gaussian property of  $X$  and the fact that  $a$  is a constant and  $a\lambda$  spans that same range as  $\lambda$ , we have:

$$\mathbb{E}[e^{a\lambda X}] \leq e^{\frac{(a\lambda)^2 \sigma^2}{2}} = e^{\frac{\lambda^2 a^2 \sigma^2}{2}} = e^{\frac{\lambda^2 (|a|\sigma)^2}{2}}$$

This shows that  $aX$  is  $|a|\sigma$ -SubGaussian. Therefore,  $\|aX\|_{vp} \leq |a|\|X\|_{vp}$ .

**Step 2:**  $\|aX\|_{vp} \geq |a|\|X\|_{vp}$

If  $a = 0$ , then  $aX = 0$  almost surely, and  $\|aX\|_{vp} = 0 = |a|\|X\|_{vp}$ .

Otherwise, Assume  $aX$  is  $\tau$ -SubGaussian for some  $\tau \geq 0$ . This means that for all  $\lambda \in \mathbb{R}$ ,

$$\mathbb{E}[e^{\lambda(aX)}] \leq e^{\frac{\lambda^2 \tau^2}{2}}.$$

Consider  $\lambda' = \frac{\lambda}{a}$ :

$$\mathbb{E}[e^{\lambda X}] = \mathbb{E}[e^{\lambda' aX}] \leq e^{\frac{(\lambda')^2 \tau^2}{2}} = e^{\frac{\lambda^2 \tau^2}{2a^2}}$$

By the definition of the sub-Gaussian property of  $X$ , we must have:

$$\frac{\tau^2}{a^2} \geq \sigma^2 \quad \Rightarrow \quad \tau \geq |a|\sigma.$$

Therefore,  $\|aX\|_{vp} \geq |a|\|X\|_{vp}$ .

Combining both steps, we have shown that  $\|aX\|_{vp} = |a|\|X\|_{vp}$ .

**Triangle Inequality** Let  $X$  and  $Y$  be centered sub-Gaussian random variables with  $\|X\|_{vp} = \sigma_X$  and  $\|Y\|_{vp} = \sigma_Y$ .

From Exercise 2.1, we know that if  $X$  is  $\sigma_X$ -SubGaussian and  $Y$  is  $\sigma_Y$ -SubGaussian, then  $X + Y$  is  $(\sigma_X + \sigma_Y)$ -SubGaussian. Therefore, the proxy variance norm satisfies the triangle inequality:

$$\begin{aligned} \mathbb{E} \left[ e^{\lambda(X+Y)} \right] &\leq e^{\frac{\lambda^2(\sigma_X + \sigma_Y)^2}{2}} \Rightarrow \\ \|X + Y\|_{vp} &:= \min\{\sigma \mid \forall \lambda \in \mathbb{R}, \quad \mathbb{E} \left[ e^{\lambda(X+Y)} \right] \leq e^{\frac{\lambda^2 \sigma^2}{2}}\} \leq \sigma_X + \sigma_Y \Rightarrow \\ \|X + Y\|_{vp} &\leq \|X\|_{vp} + \|Y\|_{vp} \end{aligned}$$

Since the Proxy Variance operator  $\|\cdot\|_{vp}$  satisfies positivity, homogeneity, and the triangle inequality, it is a norm on the space of centered sub-Gaussian random variables.

### Exercise 3

1. Let  $X$  be a  $\sigma$ -SubGaussian random variable. Show that <sup>2</sup>  $\sigma \geq \sqrt{\text{var}(X)}$ .

Let  $Y = X - \mathbb{E}[X]$ . Note that  $Y$  is a centered random variable, i.e.,  $\mathbb{E}[Y] = 0$ , and since  $X$  is  $\sigma$ -SubGaussian,  $Y$  is also  $\sigma$ -SubGaussian. This is because the sub-Gaussian property is invariant under shifts by the mean. Hence,

$$\mathbb{E}[e^{\lambda Y}] \leq e^{\frac{\lambda^2 \sigma^2}{2}} \quad \text{for all } \lambda \in \mathbb{R}.$$

Define the function  $f(\lambda) = \mathbb{E}[e^{\lambda Y}]$  and  $g(\lambda) = e^{\frac{\lambda^2 \sigma^2}{2}}$ .

We need to show that:

$$\sqrt{\text{var}(X)} \leq \sigma.$$

To do this, consider the Taylor expansions of  $f(\lambda)$  and  $g(\lambda)$  around  $\lambda = 0$ .

The Taylor expansions of  $f(\lambda)$  and  $g(\lambda)$  are:

$$\begin{aligned} f(\lambda) &= f(0) + f'(0)\lambda + \frac{f''(0)}{2}\lambda^2 + O(\lambda^3) \\ g(\lambda) &= g(0) + g'(0)\lambda + \frac{g''(0)}{2}\lambda^2 + O(\lambda^3) \end{aligned}$$

Now, calculate the derivatives at  $\lambda = 0$ , utilizing the result from question 1.1:

$$\begin{aligned} f(0) &= \mathbb{E}[e^0] = 1 \\ f'(0) &= \left. \frac{d}{d\lambda} \mathbb{E}[e^{\lambda Y}] \right|_{\lambda=0} \stackrel{1.1}{=} \mathbb{E}[Y] = 0 \\ f''(0) &= \left. \frac{d^2}{d\lambda^2} \mathbb{E}[e^{\lambda Y}] \right|_{\lambda=0} = \mathbb{E}[Y^2] = \text{var}(Y) \stackrel{\text{Shifting R.V. by constant}}{=} \text{var}(X) \\ g(0) &= e^0 = 1 \\ g'(0) &= \left. \frac{d}{d\lambda} e^{\frac{\lambda^2 \sigma^2}{2}} \right|_{\lambda=0} = \lambda \sigma^2 e^{\frac{\lambda^2 \sigma^2}{2}} \Big|_{\lambda=0} = 0 \\ g''(0) &= \left. \frac{d^2}{d\lambda^2} e^{\frac{\lambda^2 \sigma^2}{2}} \right|_{\lambda=0} = \left. \frac{d}{d\lambda} \left( \lambda \sigma^2 e^{\frac{\lambda^2 \sigma^2}{2}} \right) \right|_{\lambda=0} = \sigma^2 e^{\frac{\lambda^2 \sigma^2}{2}} + \lambda \sigma^2 \left( \sigma^2 e^{\frac{\lambda^2 \sigma^2}{2}} \right) \Big|_{\lambda=0} = \sigma^2 \end{aligned}$$

From the given hint, since  $f(0) = g(0)$ ,  $f'(0) = g'(0)$ , and  $f(\lambda) \leq g(\lambda)$  for all  $\lambda \in \mathbb{R}$ , we have:

$$f''(0) \leq g''(0).$$

Therefore,

$$\text{var}(X) \leq \sigma^2.$$

Taking the square root of both sides, we get:

$$\sqrt{\text{var}(X)} \leq \sigma.$$

This completes the proof.

---

<sup>2</sup>Hint: You can use the fact that for twice differentiable  $f$  and  $g$ , we have that if  $f(0) = g(0)$ ,  $f'(0) = g'(0)$  and  $f(x) \leq g(x)$  then  $f''(0) \leq g''(0)$

2. If  $\|X\|_{vp} = \sqrt{\text{var}(X)}$ , then  $X$  is called strictly sub-Gaussian. Show that if  $X$  is uniform on  $\{-1, 1\}$ , then it is strictly sub-Gaussian. Conclude that the bound in Hoeffding's lemma is optimal.

First, let's show that if  $X$  is uniform on  $\{-1, 1\}$ , then it is strictly sub-Gaussian.

Given  $X$  is uniform on  $\{-1, 1\}$ , the probability mass function is:

$$\mathbb{P}(X = -1) = \mathbb{P}(X = 1) = \frac{1}{2}.$$

The mean and variance of  $X$  are:

$$\mathbb{E}[X] = 0, \quad \text{var}(X) = \mathbb{E}[X^2] - (\mathbb{E}[X])^2 = 1.$$

The moment generating function (MGF) of  $X$  is:

$$M_X(\lambda) = \mathbb{E}[e^{\lambda X}] = \frac{1}{2}e^{\lambda} + \frac{1}{2}e^{-\lambda} = \cosh(\lambda).$$

For  $X$  to be  $\sigma$ -SubGaussian, we need for all  $\lambda \in \mathbb{R}$ :

$$\cosh(\lambda) \leq e^{\frac{\lambda^2 \sigma^2}{2}}.$$

For this inequality to hold for all  $\lambda$ , we need to equate the exponents on both sides. Consider  $\lambda = 0$ :

$$\cosh(0) = e^0 = 1.$$

Next, consider the general case for  $\lambda \neq 0$ . Use the Taylor series expansions to equate terms:

1. The Taylor series expansion for  $\cosh(\lambda)$  is:

$$\cosh(\lambda) = 1 + \frac{\lambda^2}{2!} + \frac{\lambda^4}{4!} + \dots$$

2. The Taylor series expansion for  $e^{\frac{\lambda^2 \sigma^2}{2}}$  is:

$$e^{\frac{\lambda^2 \sigma^2}{2}} = 1 + \frac{\lambda^2 \sigma^2}{2!} + \frac{(\lambda^2 \sigma^2)^2}{4!} + \dots$$

For the series to be equal for all  $\lambda$ , each term in the expansion must match. Let's equate the coefficients of  $\lambda^2$ :

$$\frac{\lambda^2}{2} = \frac{\lambda^2 \sigma^2}{2}.$$

Solving for  $\sigma$ :

$$\frac{1}{2} = \frac{\sigma^2}{2} \quad \Rightarrow \quad \sigma^2 = 1 \quad \Rightarrow \quad \sigma = 1.$$

Therefore, the equality (\*):

$$\frac{e^{\lambda} + e^{-\lambda}}{2} = e^{\frac{\lambda^2 \sigma^2}{2}}$$

holds for all  $\lambda$  if and only if  $\sigma = 1$ .

Thus,  $X$  is strictly sub-Gaussian with  $\sigma = 1$ , meaning  $\|X\|_{vp} = \sqrt{\text{var}(X)} = 1$ . This shows that if  $X$  is uniform on  $\{-1, 1\}$ , then it is strictly sub-Gaussian.

Let  $a \leq X \leq b$  be a random variable. Hoeffding's lemma states that  $X$  is  $\frac{(a-b)}{2}$ -SubGaussian, i.e., for all  $\lambda \in \mathbb{R}$ ,

$$\mathbb{E} \left[ e^{\lambda(X - \mathbb{E}[X])} \right] \leq e^{\frac{\lambda^2 (b-a)^2}{8}}.$$

Lets substitute  $X$  to both sides of the inequality:

The left side becomes:

$$\mathbb{E} \left[ e^{\lambda(X - \mathbb{E}[X])} \right] = \mathbb{E} \left[ e^{\lambda X} \right] = \cosh(\lambda)$$

The right side becomes:

$$e^{\frac{\lambda^2 (b-a)^2}{8}} = e^{\frac{\lambda^2 (1-(-1))^2}{8}} = e^{\frac{\lambda^2 4}{8}} = e^{\frac{\lambda^2 (\text{Var}(X))}{2}}$$

and we have seen in (\*) a case where the inequality holds with equality. Therefore, the bound in Hoeffding's lemma is optimal.



3. Show that a linear combination of independent strictly sub-Gaussians is strictly sub-Gaussian.

Let  $X_1, X_2, \dots, X_n$  be independent strictly sub-Gaussian random variables, and let  $a_1, a_2, \dots, a_n$  be real coefficients. We need to show that the linear combination  $Y = \sum_{i=1}^n a_i X_i$  is strictly sub-Gaussian.

Since  $X_i$  are strictly sub-Gaussian, we have  $\|X_i\|_{vp} = \sqrt{\text{var}(X_i)}$  for all  $i$ . By definition, this means that for each  $X_i$ ,

$$\mathbb{E}[e^{\lambda X_i}] \leq e^{\frac{\lambda^2 \text{var}(X_i)}{2}} \quad \text{for all } \lambda \in \mathbb{R}$$

Because the  $X_i$  are independent, the moment generating function (MGF) of their linear combination  $Y$  is:

$$M_Y(\lambda) = \mathbb{E}[e^{\lambda Y}] = \mathbb{E}\left[e^{\lambda \sum_{i=1}^n a_i X_i}\right] = \mathbb{E}\left[e^{\sum_{i=1}^n \lambda a_i X_i}\right] = \mathbb{E}\left[\prod_{i=1}^n e^{\lambda a_i X_i}\right] \stackrel{\text{independency}}{=} \prod_{i=1}^n \mathbb{E}\left[e^{\lambda a_i X_i}\right].$$

For each  $X_i$ , since it is strictly sub-Gaussian, we have:

$$\mathbb{E}\left[e^{\lambda a_i X_i}\right] \leq e^{\frac{\lambda^2 a_i^2 \text{var}(X_i)}{2}}$$

Therefore,

$$M_Y(\lambda) \leq \prod_{i=1}^n e^{\frac{\lambda^2 a_i^2 \text{var}(X_i)}{2}} = e^{\frac{\lambda^2}{2} \sum_{i=1}^n a_i^2 \text{var}(X_i)}.$$

From question 1.1, being  $\sigma$ -SubGaussian is equivalent to having an MGF that is bounded by the MGF of a centered Gaussian with variance  $\sigma^2$ . Therefore,  $Y$  is sub-Gaussian with variance parameter  $\sum_{i=1}^n a_i^2 \text{var}(X_i)$ .

Next, we need to show that  $Y$  is strictly sub-Gaussian. To do this, we calculate the variance of  $Y$ :

$$\text{var}(Y) = \text{var}\left(\sum_{i=1}^n a_i X_i\right)$$

Since the  $X_i$  are independent, the variance of their linear combination is:

$$\text{var}(Y) = \sum_{i=1}^n a_i^2 \text{var}(X_i).$$

Since we already showed that:

$$M_Y(\lambda) \leq e^{\frac{\lambda^2 \text{var}(Y)}{2}},$$

we have:

$$\mathbb{E}[e^{\lambda Y}] \leq e^{\frac{\lambda^2 \text{var}(Y)}{2}} \quad \text{for all } \lambda \in \mathbb{R}.$$

Therefore, the variance proxy norm of  $Y$  is:

$$\|Y\|_{vp} = \sqrt{\text{var}(Y)}.$$

Hence,  $Y$  is strictly sub-Gaussian.

4. Show that for any  $M \geq 1$ , there is a random variable  $X$  with  $\text{var}(X) = 1$  and  $\|X\|_{vp} = M$ .<sup>3</sup>

We need to show that for any  $M \geq 1$ , there is a random variable  $X$  with  $\text{var}(X) = 1$  and  $\|X\|_{vp} = M$ .

Consider the random variables  $X_n$  defined as follows:

$$X_n = \begin{cases} 0 & \text{with probability } 1 - \frac{1}{n^2}, \\ n & \text{with probability } \frac{1}{2n^2}, \\ -n & \text{with probability } \frac{1}{2n^2}. \end{cases}$$

### Computing the Variance of $X_n$

The variance of  $X_n$  is:

$$\text{var}(X_n) = \mathbb{E}[X_n^2] - (\mathbb{E}[X_n])^2$$

The expectation of  $X_n$  is:

$$\mathbb{E}[X_n] = 0 \cdot \left(1 - \frac{1}{n^2}\right) + n \cdot \frac{1}{2n^2} - n \cdot \frac{1}{2n^2} = 0$$

The expectation of  $X_n^2$  is:

$$\mathbb{E}[X_n^2] = 0^2 \cdot \left(1 - \frac{1}{n^2}\right) + n^2 \cdot \frac{1}{2n^2} + n^2 \cdot \frac{1}{2n^2} = 1$$

Therefore, the variance of  $X_n$  is:

$$\text{var}(X_n) = 1 - 0 = 1$$

### Proving Each $X_n$ is $n$ -SubGaussian

First, let's compute the MGF  $E[e^{\lambda X_n}]$  for  $X_n$ :

$$E[e^{\lambda X_n}] = e^{\lambda \cdot 0} \left(1 - \frac{1}{n^2}\right) + e^{\lambda \cdot n} \left(\frac{1}{2n^2}\right) + e^{\lambda \cdot (-n)} \left(\frac{1}{2n^2}\right).$$

This simplifies to:

$$E[e^{\lambda X_n}] = 1 - \frac{1}{n^2} + \frac{1}{2n^2} e^{\lambda n} + \frac{1}{2n^2} e^{-\lambda n}.$$

Using the identity for the hyperbolic cosine,  $\cosh(x) = \frac{e^x + e^{-x}}{2}$ , we get:

$$E[e^{\lambda X_n}] = 1 - \frac{1}{n^2} + \frac{1}{n^2} \cosh(\lambda n).$$

### Bound $\cosh(x)$ by $e^{x^2/2}$

The infinite product representation of the hyperbolic cosine function is given by:

$$\cosh(x) = \prod_{k=1}^{\infty} \left(1 + \frac{4x^2}{\pi^2(2k-1)^2}\right).$$

We aim to show that:

$$\cosh(x) \leq e^{x^2/2}.$$

### Step 1: Infinite Product Representation

---

<sup>3</sup>Hint: Consider the random variables  $X_n$  that are 0 w.p.  $1 - \frac{1}{n^2}$ ,  $n$  w.p.  $\frac{1}{2n^2}$  and  $-n$  w.p.  $\frac{1}{2n^2}$ .

First, we write the infinite product representation of  $\cosh(x)$  :

$$\cosh(x) = \prod_{k=1}^{\infty} \left( 1 + \frac{4x^2}{\pi^2(2k-1)^2} \right).$$

Step 2: Exponential Form

We can use the fact that for any real number  $y$  :

$$1 + y \leq e^y.$$

Applying this to our product term-by-term:

$$1 + \frac{4x^2}{\pi^2(2k-1)^2} \leq \exp \left( \frac{4x^2}{\pi^2(2k-1)^2} \right).$$

Thus, we can bound  $\cosh(x)$  as follows:

$$\cosh(x) = \prod_{k=1}^{\infty} \left( 1 + \frac{4x^2}{\pi^2(2k-1)^2} \right) \leq \prod_{k=1}^{\infty} \exp \left( \frac{4x^2}{\pi^2(2k-1)^2} \right).$$

Step 3: Simplifying the Product of Exponentials

The product of exponentials can be simplified to a single exponential:

$$\prod_{k=1}^{\infty} \exp \left( \frac{4x^2}{\pi^2(2k-1)^2} \right) = \exp \left( \sum_{k=1}^{\infty} \frac{4x^2}{\pi^2(2k-1)^2} \right).$$

Step 4: Evaluating the Series

Now, we need to evaluate the sum inside the exponential:

$$\sum_{k=1}^{\infty} \frac{4x^2}{\pi^2(2k-1)^2}.$$

Using the known series result:

$$\sum_{k=1}^{\infty} \frac{1}{(2k-1)^2} = \frac{\pi^2}{8},$$

we get:

$$\sum_{k=1}^{\infty} \frac{4x^2}{\pi^2(2k-1)^2} = 4x^2 \cdot \frac{1}{8} = \frac{x^2}{2}.$$

Step 5: Final Exponential Form

Substituting this back into our exponential expression, we have:

$$\exp \left( \sum_{k=1}^{\infty} \frac{4x^2}{\pi^2(2k-1)^2} \right) = \exp \left( \frac{x^2}{2} \right).$$

Thus, we have shown that:

$$\cosh(x) \leq \exp \left( \frac{x^2}{2} \right).$$

**Substitute the Bound into  $E[e^{\lambda X_n}]$** 

Substitute the bound into the expression for  $E[e^{\lambda X_n}]$ :

$$E[e^{\lambda X_n}] = 1 - \frac{1}{n^2} + \frac{1}{n^2} \cosh(\lambda n) \leq 1 - \frac{1}{n^2} + \frac{1}{n^2} \exp\left(\frac{\lambda^2 n^2}{2}\right).$$

**Prove that for every  $n \geq 1$ ,  $\lambda \in \mathbb{R}$ ,  $E[e^{\lambda X_n}] \leq e^{\frac{\lambda^2 n^2}{2}}$**

We aim to prove that for every  $n \geq 1$  and  $\lambda \in \mathbb{R}$ ,

$$1 - \frac{1}{n^2} + \frac{1}{n^2} \exp\left(\frac{\lambda^2 n^2}{2}\right) \leq \exp\left(\frac{\lambda^2 n^2}{2}\right).$$

Let's denote  $A = \exp\left(\frac{\lambda^2 n^2}{2}\right)$ . The inequality can then be rewritten as:

$$1 - \frac{1}{n^2} + \frac{1}{n^2} A \leq A.$$

Subtracting 1 from both sides, we get:

$$-\frac{1}{n^2} + \frac{1}{n^2} A \leq A - 1.$$

Combining the terms on the left-hand side, we get:

$$\frac{A - 1}{n^2} \leq A - 1.$$

Assuming  $A \neq 1$ , divide both sides by  $A - 1$ :

$$\frac{1}{n^2} \leq 1.$$

Since  $n \geq 1$ , we have  $\frac{1}{n^2} \leq 1$ , which is true for all  $n \geq 1$ . Therefore, the original inequality holds.

In the case where  $A = 1$ , which occurs when  $\lambda = 0$ , the inequality simplifies to:

$$1 - \frac{1}{n^2} + \frac{1}{n^2} \leq 1,$$

which is clearly true for all  $n \geq 1$ .

Thus, we have proven that for every  $n \geq 1$  and  $\lambda \in \mathbb{R}$ ,

$$1 - \frac{1}{n^2} + \frac{1}{n^2} \exp\left(\frac{\lambda^2 n^2}{2}\right) \leq \exp\left(\frac{\lambda^2 n^2}{2}\right).$$

And therefore,  $X_n$  is  $n$ -SubGaussian.

Since  $X_n$  is  $n$ -SubGaussian, we have:

$$\mathbb{E}[e^{\lambda X_n}] \leq e^{\frac{\lambda^2 n^2}{2}} \quad \text{for all } \lambda \in \mathbb{R}.$$

This means that  $\|X_n\|_{vp} \leq n$ .

Therefore,  $X_1$  is strictly sub-Gaussian with  $\|X_1\|_{vp} = 1$  ( $1 = \text{Var}(X_1) \leq \|X_1\|_{vp} \leq 1$ ).

**Construction of the Sequence  $\{a_n\}$** 

To show that for any  $M \geq 1$ , there is a random variable  $X$  with  $\text{var}(X) = 1$  and  $\|X\|_{vp} = M$ , we will construct a sequence  $\{a_n\}$  such that  $\sum_{n=1}^{\infty} a_n = M$  and  $\sum_{n=1}^{\infty} a_n^2 = 1$ . Then, we will use this sequence to define  $X$ .

To meet both conditions, we'll use a sequence of the form  $a_n = \frac{c}{n^\alpha}$ , where  $c$  and  $\alpha$  are constants to be determined.

**Form of  $a_n$** 

$$a_n = \frac{c}{n^\alpha}.$$

**Sum of the Sequence**

We need  $\sum_{n=1}^{\infty} a_n = M$ :

$$\sum_{n=1}^{\infty} \frac{c}{n^\alpha} = M.$$

**Sum of Squares**

We need  $\sum_{n=1}^{\infty} a_n^2 = 1$ :

$$\sum_{n=1}^{\infty} \left(\frac{c}{n^\alpha}\right)^2 = 1 \Rightarrow c^2 \sum_{n=1}^{\infty} \frac{1}{n^{2\alpha}} = 1.$$

**Choosing  $\alpha$  and  $c$** 

To satisfy these conditions, we need to choose  $\alpha$  such that both series converge. A suitable choice is  $\alpha > 1/2$ .

**Sum of Squares Condition**

Let  $\alpha > 1/2$ . The series  $\sum_{n=1}^{\infty} \frac{1}{n^{2\alpha}}$  converges. Therefore,

$$c^2 \sum_{n=1}^{\infty} \frac{1}{n^{2\alpha}} = 1 \Rightarrow c^2 \cdot \zeta(2\alpha) = 1 \Rightarrow c = \frac{1}{\sqrt{\zeta(2\alpha)}}.$$

**Sum Condition**

Now, we need the sum to equal  $M$ .

$$\sum_{n=1}^{\infty} \frac{c}{n^\alpha} = M \Rightarrow \frac{1}{\sqrt{\zeta(2\alpha)}} \sum_{n=1}^{\infty} \frac{1}{n^\alpha} = M \Rightarrow \frac{\zeta(\alpha)}{\sqrt{\zeta(2\alpha)}} = M.$$

**Solving for  $\alpha$** 

To find the value of  $\alpha$  that satisfies this condition, we set up the equation:

$$\frac{\zeta(\alpha)}{\sqrt{\zeta(2\alpha)}} = M.$$

This equation can be solved numerically to find the exact value of  $\alpha$  for a given  $M$ .

**Final Sequence**

Given the value of  $\alpha$  determined from the equation, the sequence  $\{a_n\}$  is:

$$a_n = \frac{1}{\sqrt{\zeta(2\alpha)} \cdot n^\alpha}.$$

## Verification

### Sum of the Sequence

$$\sum_{n=1}^{\infty} a_n = \sum_{n=1}^{\infty} \frac{1}{\sqrt{\zeta(2\alpha)} \cdot n^\alpha} = \frac{1}{\sqrt{\zeta(2\alpha)}} \cdot \zeta(\alpha) = M.$$

### Sum of Squares

$$\sum_{n=1}^{\infty} a_n^2 = \sum_{n=1}^{\infty} \left( \frac{1}{\sqrt{\zeta(2\alpha)} \cdot n^\alpha} \right)^2 = \frac{1}{\zeta(2\alpha)} \cdot \zeta(2\alpha) = 1.$$

## Construction of the Random Variable $X$

Now, define the random variable  $X$  as follows:

$$X = \sum_{n=1}^{\infty} a_n X_n.$$

Where  $X_n$  are independent random variables defined as above.

## Verification of the Properties of $X$

### Variance of $X$

The variance of  $X$  is:

$$\text{var}(X) = \sum_{n=1}^{\infty} a_n^2 \text{var}(X_n) = \sum_{n=1}^{\infty} \left( \frac{1}{\sqrt{\zeta(2\alpha)} \cdot n^\alpha} \right)^2 \cdot 1 = 1.$$

### Variance Proxy Norm of $X$

The variance proxy norm of  $X$  equals  $M$  since:

$$\|X\|_{vp} \stackrel{\text{question 2.1}}{\geq} \sum_{n=1}^{\infty} a_n \|X_n\|_{vp} \geq \sum_{n=1}^{\infty} \frac{1}{\sqrt{\zeta(2\alpha)} \cdot n^\alpha} = M.$$

After finding R.V.  $X$  with  $\text{var}(X) = 1$  and  $\|X\|_{vp} \geq M$ , we can create a convex combination of  $X$  and strictly sub-Gaussian random variables with variance 1 to get a random variable with  $\text{var}(X) = 1$  and  $\|X\|_{vp} = M$  (the set of strictly sub-Gaussian random variables is convex).

Therefore, for any  $M \geq 1$ , there is a random variable  $X$  with  $\text{var}(X) = 1$  and  $\|X\|_{vp} = M$ .

## Exercise 4

Show that there is a universal constant  $C > 0$  for which the following holds.  
If  $X$  is a random variable such that for any  $t \geq 0$ ,

$$\Pr(X - \mathbb{E}[X] \geq t) \leq e^{-\frac{t^2}{2\sigma^2}} \quad \text{and} \quad \Pr(X - \mathbb{E}[X] \leq -t) \leq e^{-\frac{t^2}{2\sigma^2}}$$

then  $X$  is  $(C\sigma)$ -SubGaussian<sup>4</sup>.

### Step 1: Proof of the Hint

Let  $Y$  be a non-negative random variable. We want to show that

$$\mathbb{E}[Y] = \int_0^\infty \Pr(Y \geq y) dy.$$

We start by expressing the expectation  $\mathbb{E}[Y]$  using its probability density function  $f_Y(y)$ :

$$\mathbb{E}[Y] = \int_0^\infty y f_Y(y) dy.$$

Now, consider the integral of the survival function  $\Pr(Y \geq y)$ :

$$\begin{aligned} \int_0^\infty \Pr(Y \geq y) dy &= \int_0^\infty \int_y^\infty f_Y(z) dz dy \\ &= \int_0^\infty \int_0^z f_Y(z) dy dz \\ &= \int_0^\infty f_Y(z) \int_0^z 1 dy dz \\ &= \int_0^\infty f_Y(z) \cdot z dz \\ &= \int_0^\infty z f_Y(z) dz \\ &= \mathbb{E}[Y]. \end{aligned}$$

Therefore, we have shown that

$$\mathbb{E}[Y] = \int_0^\infty \Pr(Y \geq y) dy.$$

This completes the proof.

### Step 2 : Proof of the Main Statement

Let  $Z = X - \mathbb{E}[X]$ . We want to show that  $Z$  is  $C\sigma$ -SubGaussian for some constant  $C$ .

If  $\sigma = 0$ , then  $X$  is a constant random variable and is trivially 0-SubGaussian. Therefore, we can assume that  $\sigma > 0$ .

We will split the proof into cases based on the sign of  $\lambda$ .

**Case 1:**  $\lambda > 0$

For  $\lambda > 0$ , we consider the moment generating function (MGF) of  $Z$ :

$$\mathbb{E}[e^{\lambda Z}].$$

Using the definition of the expectation and properties of the probability, we have:

---

<sup>4</sup>Hint: You may use the fact that for a non-negative random variable  $Y$ ,  $\mathbb{E}[Y] = \int_0^\infty \Pr(Y \geq x) dx$

$$\begin{aligned}
\mathbb{E}[e^{\lambda Z}] &\stackrel{\text{step 1}}{=} \int_0^\infty \Pr(e^{\lambda Z} \geq t) dt \\
&\stackrel{\text{log is monotone increasing}}{=} \int_0^\infty \Pr(\lambda Z \geq \log t) dt \\
&\stackrel{\lambda \geq 0}{=} \int_0^\infty \Pr\left(Z \geq \frac{\log t}{\lambda}\right) dt.
\end{aligned}$$

Given that  $\Pr(Z \geq t) \leq e^{-\frac{t^2}{2\sigma^2}}$ , we can bound the probability:

$$\mathbb{E}[e^{\lambda Z}] \leq \int_0^\infty e^{-\frac{(\log t)^2}{2\lambda^2\sigma^2}} dt.$$

To simplify the integral, we perform a change of variables. Let  $u = \log t$ , then  $du = \frac{1}{t} dt$  and  $dt = e^u du$ :

$$\begin{aligned}
\mathbb{E}[e^{\lambda Z}] &\leq \int_{-\infty}^\infty e^{-\frac{u^2}{2\lambda^2\sigma^2}} e^u du \\
&= \int_{-\infty}^\infty e^{-\frac{u^2}{2\lambda^2\sigma^2} + u} du \\
&= \int_{-\infty}^\infty e^{-\frac{1}{2\lambda^2\sigma^2}(u^2 - 2\lambda^2\sigma^2 u)} du \\
&= \int_{-\infty}^\infty e^{-\frac{1}{2\lambda^2\sigma^2}(u^2 - 2\lambda^2\sigma^2 u + \lambda^4\sigma^4 - \lambda^4\sigma^4)} du \\
&= e^{\frac{\lambda^2\sigma^2}{2}} \int_{-\infty}^\infty e^{-\frac{1}{2\lambda^2\sigma^2}(u - \lambda^2\sigma^2)^2} du.
\end{aligned}$$

The integral now represents the Gaussian integral with mean  $\lambda^2\sigma^2$  and variance  $\lambda^2\sigma^2$ . Since the Gaussian integral over the entire real line is  $\sqrt{2\pi}$  times the standard deviation, we get:

$$\begin{aligned}
\mathbb{E}[e^{\lambda Z}] &\leq e^{\frac{\lambda^2\sigma^2}{2}} \cdot \sqrt{2\pi\lambda^2\sigma^2} \\
&= e^{\frac{\lambda^2\sigma^2}{2}} \cdot \lambda\sigma\sqrt{2\pi}.
\end{aligned}$$

At this point, we need to ensure that this expression fits the form  $e^{\frac{\lambda^2 C^2 \sigma^2}{2}}$ . This means we need to show that  $\exists C > 0$  such that  $\forall \lambda, \sigma > 0$ :

$$\sqrt{2\pi} \cdot \lambda\sigma \leq e^{\frac{\lambda^2(C^2-1)\sigma^2}{2}}.$$

Let  $D = C^2 - 1$ . We need to show that  $\exists D > 0$  such that  $\forall \lambda, \sigma > 0$ :

$$\sqrt{2\pi} \cdot \lambda\sigma \leq e^{\frac{\lambda^2 D \sigma^2}{2}}$$

We get the following inequality:

$$\begin{aligned}
\exists D > 0 \quad s.t. \quad \forall \lambda, \sigma > 0 & \quad \sqrt{2\pi} \cdot \lambda\sigma \leq e^{\frac{\lambda^2 D \sigma^2}{2}} \iff \\
\exists D > 0 \quad s.t. \quad \forall \lambda, \sigma > 0 & \quad \log(\sqrt{2\pi} \cdot \lambda\sigma) \leq \frac{\lambda^2 D \sigma^2}{2} \iff \\
\exists D > 0 \quad s.t. \quad \forall \lambda, \sigma > 0 & \quad 2\log(\sqrt{2\pi}) + 2\log(\lambda\sigma) \leq \lambda^2 D \sigma^2 \iff \\
\exists D > 0 \quad s.t. \quad \forall \lambda, \sigma > 0 & \quad \frac{2\log(\sqrt{2\pi}) + 2\log(\lambda\sigma)}{(\lambda\sigma)^2} \leq D \iff \\
\exists D > 0 \quad s.t. \quad \forall x > 0 & \quad \frac{2\log(\sqrt{2\pi}) + 2\log(x)}{x^2} \leq D.
\end{aligned}$$

We will prove that the function  $f(x) = \frac{2\log(\sqrt{2\pi}) + 2\log(x)}{x^2}$  is bounded above by some constant  $D$  for all  $x > 0$ .



We want to compute the derivative  $f'(x)$ :

$$\begin{aligned}
 f'(x) &= \frac{d}{dx} \left( \frac{2\log(\sqrt{2\pi}) + 2\log(x)}{x^2} \right) \\
 &= \frac{d}{dx} \left( (2\log(\sqrt{2\pi}) + 2\log(x)) \cdot x^{-2} \right) \\
 &= \frac{d}{dx} \left( 2\log(\sqrt{2\pi}) \cdot x^{-2} + 2\log(x) \cdot x^{-2} \right) \\
 &= 2\log(\sqrt{2\pi}) \cdot \frac{d}{dx}(x^{-2}) + 2 \cdot \frac{d}{dx}(\log(x) \cdot x^{-2}) \\
 &= 2\log(\sqrt{2\pi}) \cdot (-2x^{-3}) + 2 \cdot \left( \frac{1}{x} \cdot x^{-2} + \log(x) \cdot (-2x^{-3}) \right) \\
 &= -\frac{4\log(\sqrt{2\pi})}{x^3} + 2 \cdot \left( \frac{1}{x^3} - \frac{2\log(x)}{x^3} \right) \\
 &= -\frac{4\log(\sqrt{2\pi})}{x^3} + \frac{2}{x^3} - \frac{4\log(x)}{x^3} \\
 &= -\frac{2(2\log(x) - 1 + \log(2\pi))}{x^3}.
 \end{aligned}$$

To find the critical points, we set  $f'(x) = 0$ :

$$-\frac{2(2\log(x) - 1 + \log(2\pi))}{x^3} = 0 \iff 2\log(x) - 1 + \log(2\pi) = 0 \iff \log(x^2 2\pi) = 1 \iff x = \sqrt{\frac{e}{2\pi}}.$$

We want to compute the second derivative  $f''(x)$ :

$$\begin{aligned}
 \frac{d}{dx} \left( -\frac{2(2\log(x) - 1 + \log(2\pi))}{x^3} \right) &= \frac{d}{dx} (-2(2\log(x) - 1 + \log(2\pi)) \cdot x^{-3}) \\
 &= -2 \left( \frac{d}{dx} (2\log(x) - 1 + \log(2\pi)) \cdot x^{-3} + (2\log(x) - 1 + \log(2\pi)) \frac{d}{dx} (x^{-3}) \right) \\
 &= -2 \left( \frac{2}{x} \cdot x^{-3} + (2\log(x) - 1 + \log(2\pi)) \cdot (-3x^{-4}) \right) \\
 &= -2 (2x^{-4} - 3(2\log(x) - 1 + \log(2\pi))x^{-4}) \\
 &= -2 (2 - 3(2\log(x) - 1 + \log(2\pi))) x^{-4} \\
 &= -2 (2 - 6\log(x) + 3 - 3\log(2\pi)) x^{-4} \\
 &= -2 (5 - 6\log(x) - 3\log(2\pi)) x^{-4} \\
 &= 2 (6\log(x) - 5 + 3\log(2\pi)) x^{-4}.
 \end{aligned}$$

Therefore, the second derivative is:

$$\frac{d}{dx} \left( -\frac{2(2\log(x) - 1 + \log(2\pi))}{x^3} \right) = \frac{2(6\log(x) - 5 + 3\log(2\pi))}{x^4}.$$

Next, we analyze the sign of the second derivative at the critical point  $x = \sqrt{\frac{e}{2\pi}}$ :

$$f'' \left( \sqrt{\frac{e}{2\pi}} \right) = \frac{2(6\log(\sqrt{\frac{e}{2\pi}}) - 5 + 3\log(2\pi))}{(\sqrt{\frac{e}{2\pi}})^4} \approx -21.3 < 0$$

Since the second derivative is negative at the critical point, the function  $f(x)$  has a local maximum at  $x = \sqrt{\frac{e}{2\pi}}$ . Therefore, the function is bounded above by the value at this point:

$$f \left( \sqrt{\frac{e}{2\pi}} \right) = \frac{2\log(\sqrt{2\pi}) + 2\log(\sqrt{\frac{e}{2\pi}})}{(\sqrt{\frac{e}{2\pi}})^2} = \frac{2\log(\sqrt{2\pi}) + 2\log(\sqrt{e}) - 2\log(\sqrt{2\pi})}{\frac{e}{2\pi}} = \frac{2\pi}{e} \approx 2.31$$

Therefore, we have shown that for all  $\lambda, \sigma > 0$ :

$$\mathbb{E}[e^{\lambda Z}] \leq e^{\frac{\lambda^2(1+2\pi/e)\sigma^2}{2}}.$$

This implies that  $Z$  is  $(\sqrt{1+2\pi/e}\sigma)$ -SubGaussian for  $\lambda > 0$ .

**Case 2:**  $\lambda < 0$

For  $\lambda < 0$ , we consider the moment generating function (MGF) of  $Z$ :

$$\mathbb{E}[e^{\lambda Z}].$$

Using the definition of the expectation and properties of the probability, we have:

$$\begin{aligned} \mathbb{E}[e^{\lambda Z}] &\stackrel{\text{step 1}}{=} \int_0^\infty \Pr(e^{\lambda Z} \geq t) dt \\ &\stackrel{\text{log is monotone increasing}}{=} \int_0^\infty \Pr(\lambda Z \geq \log t) dt \\ &\stackrel{\lambda \leq 0}{=} \int_0^\infty \Pr\left(Z \leq \frac{\log t}{\lambda}\right) dt. \end{aligned}$$

Given that  $\Pr(Z \leq -t) \leq e^{-\frac{t^2}{2\sigma^2}}$ , we can bound the probability:

$$\mathbb{E}[e^{\lambda Z}] \leq \int_0^\infty e^{-\frac{(\log t)^2}{2\lambda^2\sigma^2}} dt.$$

And we have already shown that this integral is bounded by  $e^{\frac{\lambda^2(1+2\pi/e)\sigma^2}{2}}$  (as in the previous case - the sign of  $\lambda$  does not affect the bound since it is squared).

Therefore, we have shown that  $Z$  is  $(\sqrt{1+2\pi/e}\sigma)$ -SubGaussian for all  $\lambda \neq 0$ .

**Case 3:**  $\lambda = 0$

For  $\lambda = 0$ , the MGF of  $Z$  is:

$$\mathbb{E}[e^{\lambda Z}] = \mathbb{E}[1] = 1 = e^0 \leq e^{\frac{\lambda^2(1+2\pi/e)\sigma^2}{2}}.$$

This implies that  $Z$  is  $(\sqrt{1+2\pi/e}\sigma)$ -SubGaussian.

**Conclusion**

We have shown that for any random variable  $X$  satisfying the given conditions, the random variable  $Z = X - \mathbb{E}[X]$  is  $(\sqrt{1+2\pi/e}\sigma)$ -SubGaussian. Therefore, there exists a universal constant  $C = \sqrt{1+2\pi/e}$  such that the given conditions imply that  $X$  is  $(C\sigma)$ -SubGaussian.