

You Are Cordially
Invited to Attend

**J&J Innovative Medicine
Inflammatory Bowel Disease
Emerging Markets Summit**



16-17th of January,
2026



Marriott Hotel Downtown,
Abu Dhabi, UAE



IBD Summit 2026



Dr. Ahmad Jazzer

Gastroenterologist, Burjeel Day Surgery Center Division Chief
Consultant Physician of Gastroenterology, Abu Dhabi
Medical Tourism
Fellow of the American College of
Gastroenterology (FACG), Abu Dhabi



Dr. Mohammad Badre Alam

Staff Physician in the Digestive Disease Institute
at Cleveland Clinic, Abu Dhabi



Dr. Alaa Dekis

Consultant Rheumatologist,
Healthpoint Multi-Specialty Hospital
(M42 group), Abu Dhabi, UAE



Dr. Mohammed Nabil Quraishi

Ph.D., F.R.C.P., F.E.B.G.H.; UK Board-Certified Consultant
Gastroenterologist and the Director of the IBD Centre, Sheikh
Shakhbout Medical City (SSMC); Abu Dhabi, UAE



Dr. Alaa Sharara

MD, FACG, AGAF, FRCP; Professor, Division of
Gastroenterology and Hepatology, American University of
Beirut Medical Center; Beirut, Lebanon



Dr. Philippe Saniour

Head of the GI Division, St. Joseph University Hospital
Beirut, Lebanon



Dr. Armen Vardanyan

Head of the Department of IBD Surgery, National
Medical Research Center of Coloproctology
named after Ryzih, PhD (Moscow)



Dr. Rahul Nathwani

Consultant Gastroenterologist, Mediclinic City Hospital;
Medical degree from the University of Bombay;
Post-graduate studies from the USA; UAE



Dr. Badr Al-Bawardi

Consultant Gastroenterologist and Inflammatory Bowel
Disease (IBD); Specialist, King Faisal Specialist Hospital and
Research Center, Riyadh, KSA; Assistant Professor of
Medicine at Yale University in New Haven, CT, USA



Dr. Sara El Ouali

Staff Physician in the Digestive Disease Institute, Cleveland Clinic, Abu Dhabi;
Clinical Assistant; Professor of Medicine, Cleveland Clinic Lerner College of
Medicine, Case Western Reserve University, Cleveland, Ohio; UAE



Dr. Elena Belousova

Professor, Head of the Department of Gastroenterology of
Moscow; Regional Research Clinical Institute named after
Vladimirsky M.F.; Vice President, Russian IBD Society, PhD
(Moscow)



Dr. Turki Alameel

Gastroenterologist, King Fahad Specialist Hospital; Board member of
Saudi Gastroenterology Association; Fellowship from the Royal College
of Physicians of Canada; American Board Certifications in Internal
Medicine and Gastroenterology; Dammam, KSA



Dr. Ezzat Ali Ahmed

Professor of Gastroenterology and Endoscopy, Alexandria
University; President of ESGID Society-Founder of IBD.edu and
patient advocacy; Founder of Alexscope Endoscopy Center;
President of ESIBD Society; Alexandria, Egypt



Dr. Zaher Koutoubi

MD, Staff Physician at the Digestive Disease
Institute at Cleveland Clinic, Abu Dhabi, UAE



Dr. Filiz Akyuz

Gastroenterologist at Istanbul University Capa Medical Faculty
President of the Turkish Inflammatory Bowel
Disease Society, Istanbul, Turkey



Maria Jazra

Head of Medical Affairs - Johnson&Johnson
Innovative Medicine - Emerging Markets



Dr. Khaled Hamdy

Professor of Internal Medicine and Gastroenterology, Ain
Shams University; Board Member and Head of Scientific
Committee of ESCCO; Egypt



Asgar Rangoonwala

Managing Director - Johnson&Johnson
Innovative Medicine - Emerging Markets



Dr. Maan Alkhatabi

American and Canadian-Board-Certified Specialist in Gastroenterology and IBD;
Advanced fellowship training from Canada, specialized in the diagnosis and treatment
of inflammatory bowel diseases, liver health (Fibroscan), and advanced endoscopic
procedures; King Abdulaziz University, Jeddah, KSA

Agenda

Day 1

16 January 2026

| Time | Session/Topics | Speaker | Moderator |
|------------------|---|------------------------------|---------------------------------|
| 05:30 - 06:00 PM | Welcome Coffee | | |
| 06:00 - 06:10 PM | Opening | Dr. Asgar, Dr. Maria | |
| 06:00 – 08:00 PM | IBD Today and Tomorrow: From Symptoms Control to Disease Modification | | |
| 06:10 - 06:30 PM | From Pathogenesis Fundamentals to Disease Modification | Dr. Filiz Akyüz (Turkey) | |
| 06:30 - 06:50 PM | Visualization as an Enabler of IBD Management Evolution | Dr. Ezzat Aly (Egypt) | |
| 06:50 - 07:10 PM | Challenges in IBD Management in 2026: Unmet Needs and Ways to Break the Therapeutic Ceiling | Dr. Alaa Sharara (Lebanon) | Dr. Mohamed Badre Alam (UAE) |
| 07:10 - 07:50 PM | Panel Discussion and Q&A | All | |
| 07:50 - 08:00 PM | A Preview of What Is to Come on Day 2 | Dr. Mohamed Badre Alam (UAE) | |
| 08:00 - 09:30 PM | Networking Dinner | | |

Day 2

17 January 2026

| Time | Session/Topics | Speaker | Moderator |
|---------------------|---|---|---|
| 09:00 - 10:20 AM | Ulcerative Colitis: A New Era of Success | | |
| 09:00 - 09:05 AM | Introduction and Case Briefing | Dr. Zaher Koutoubi (UAE) | |
| 09:05 - 09:25 AM | “UC Unlocked” Modern Paths to Control and Care | Dr. Ahmad Jazza (UAE) | |
| 09:25 - 09:45 AM | “IL-23 Inhibitors” A New Chapter in UC Care | Dr. Turki Alameel (KSA) | Dr. Zaher Koutoubi (UAE) |
| 09:45 - 09:55 AM | Q&A | All | |
| 09:55 - 10:20 AM | “From Evidence to Practice” A Real UC Experience | Dr. Mohamed Nabil Quraishi (UAE) | |
| 10:20 - 10:30 AM | Coffee Break | | |
| 10:30 - 11:50 AM | Game of Crohn's | | |
| 10:30 - 10:35 AM | Opening: Clinical Case Presentation and Voting | Dr. Rahul Nathwani (UAE) | |
| 10:35 - 10:55 AM | A Song of Flare and Healing in Crohn's Disease | Dr. Elena Belousova (Russia) | |
| 10:55 - 11:15 AM | The Battle for Remission: iIL-23s in Crohn's Disease Management | Dr. Badr Al-Bawardi (KSA) | Dr. Rahul Nathwani (UAE) |
| 11:15 - 11:25 AM | Q&A | All | |
| 11:25 - 11:45 AM | The Council of Cases: Wisdom from Real-World Experience of iIL-23 | Dr. Maan Alkhatabi (KSA) | |
| 11:45 - 11:50 AM | Closure: Clinical Case Final Voting | Dr. Maan Alkhatabi (KSA) | |
| 11:50 AM - 01:00 PM | Lunch | | |
| 01:00 - 02:25 PM | Personalized IBD Management Talks | | |
| 01:00 - 01:20 PM | Risk Stratification: Personalizing the IBD Journey | Dr. Khaled Hamdy (Egypt) | |
| 01:20 - 01:40 PM | Beyond GUT: EIMs and the Art of Tailored Treatment | Dr. Sara Al-Quali and Dr. Alaa Dekis (UAE) | Dr. Elena Belousova (Russia) and Dr. Philippe Sanjour (Lebanon) |
| 01:40 - 01:50 PM | Q&A | All | |
| 01:50 - 02:10 PM | Managing Fistulizing Crohn's with MDT Lens | Dr. Armen Vardanian (Russia) | |
| 02:10 - 02:25 PM | Closing and Wrap-Up | | |