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Acoustic Beginners

LEVEL 1 • Guitar Skills



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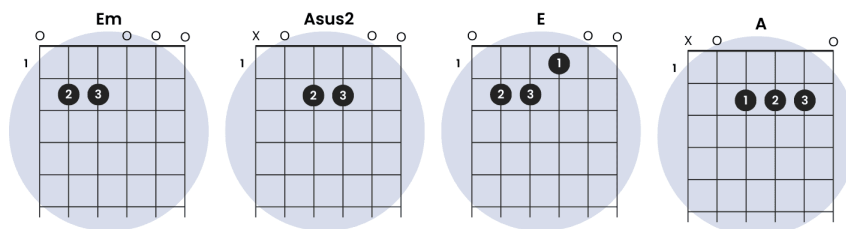
Essentials Part 1

UNIT 1 • **LESSON 5** << PREVIOUS NEXT >>

[Lesson notes](#) [Diagrams](#)

Practice Habits

Practice, practice, practice! We've covered several different concepts now, but the only way to make real progress is to get into a regular practice routine. You've now learnt four chords and a cool strumming pattern, so it's time to mix things up and introduce some more creative exercises to keep things fun. Let's just start by recapping all the chords we now know. Have you memorised the names yet?



Your job now is to put these chords into practice in as many creative ways as you can think of. The constant will be the rhythm pattern, as shown below, but around that we want you to get creative with chord charts. For example, you may want to kick off with something like this:

Course navigation

UNIT 1

Essentials Part 0% ^

1

This course is all about laying the foundations. We will show you how to play your first chords, read chord charts and strum confidently in time. Follow this carefully and you won't have any bad habits moving forwards!

Lessons:

- Your First Chords
- Changing Chords
- Strumming
- More Chords
- Practice Habits

UNIT 2

Essentials Part 0% v

2

UNIT 3

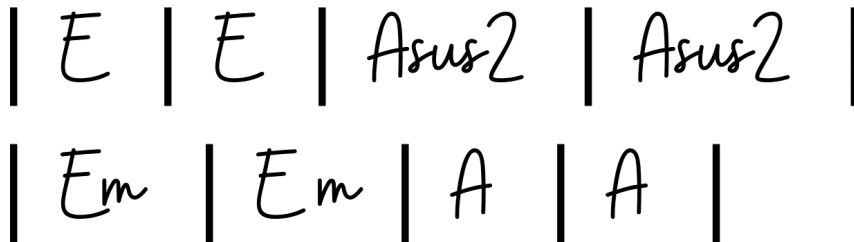
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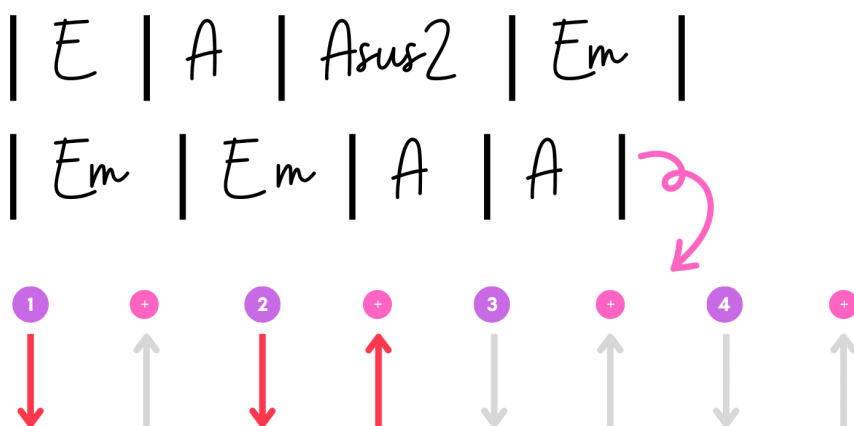
UNIT 4

Essentials Part 0% v

4



Here we are still taking playing each chord for two bars, allowing time to rest on the chord, but we are using every single chord we now know! What about taking that one step further and adding quicker changes, like this:



This adds a new layer of complexity, and a new challenge, but that is exactly what we want! It's all about gradually stepping it up and challenging yourself. When you feel like you are able to change through these chords, at **60BPM**, with the strumming pattern and any type of chord chart, you are ready to progress to unit 2! Woohoo!



**All
done?**

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