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# Metal Essentials

**LEVEL 2** • Guitar Skills

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## VHS

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## The Breakdown

The C section is another riff, that is once again played using 8th notes, rather than 4th note triplets. As you work through the tab be sure to identify those intervals again, just as Claire talks through them in the video.

©

18 19 20 21 22 23 24 25 26 27 28 29

## Polymeter...

A polymeter means that there are two time signatures going on at the same time. In this example **we have a 4/4 and 7/4 going alongside**

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### UNIT 1

## The Modes of Metal

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### UNIT 2

## VHS

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In this unit we will tackle our first song! Claire will be walking you through her very own song, VHS, written by her band Glytsh. This is a very cool modern metal track that will immediately help you apply the principles of the last unit.

Lessons:

- The Main Riff
- The Chorus Section
- The Chromatics
- The Breakdown
- Guitar Layers!

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### UNIT 4

## Savage

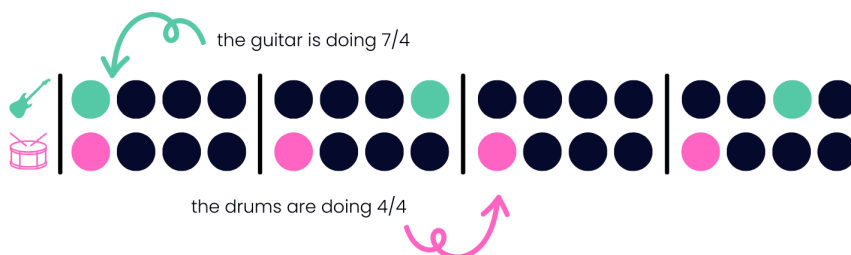
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**each other.** This means that the main drum loop and song are using this classic 4/4 timing, but the guitar part itself is using a 7/4 pattern. The effect of this is a bit disorientating for the listener, as the two are quite contrasting, and you have the feeling of not quite understanding the rhythm, even though the beat is solid on 4/4. To help visualise that, let's first look at the tab:

So each grouping of seven overlaps that basic 4/4 time signature, creating a very cool sound!

Another cool way to visualise this, is looking at the beats side by side, just in terms of the count. Claire counts through this in the video, so do watch that as well to fully engage with this diagram...



In our example we're using 7/4 and 4/4, but you can do any set of time signatures. Try counting 3/4 or 5/4 over the normal drum loops in 4/4. Have some fun with it and keep counting!



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