

Get **20% off** annual membership before your trial ends – **Only 8 days left**

Back to all courses

Metal Essentials

LEVEL 1 • Guitar Skills



Recently viewed



Theatre mode



Backing tracks

Practice summary

+ Add

You haven't logged any practice time for this lesson yet. There's no time like the present to [start](#)

Metal Soloing!

UNIT 3 • **LESSON 3** << PREVIOUS NEXT >>

Lesson notes

Interactive tab

Diagrams

lick 5 & 6

At this point, we navigate to section B of the track. In this part we are working over the following chord progression:

| A5 | Bb5 | A5 | Bb5 F5 |

Over this progression, we will focus on the A Phrygian and A minor pentatonic scale shapes as we have now moved the centre of the sound to the A5 (or A minor style sounding chord).

Check out the fretboard diagrams to see the exact shapes, but essentially it is the A minor Pentatonic Box 4 and the A Phrygian Box 1. Make sure you can visualise these shapes as you go!



**All
done?**

Click here to mark this lesson as complete.

Not quite done? Check the toolbox for more practice options.

UNIT 1

Metal Primer

 0% ▾

UNIT 2

Down-Picking

 0% ▾

UNIT 3

Metal Soloing!

 0% ▲

It's now time to get to grips with our first metal solo! It has to be said that riffing and rhythm playing is the core part of the metal genre, but there are also plenty of fantastic lead guitar parts to work with.

Lessons:

- Lick 1 & 2
- Lick 3 & 4
- Lick 5 & 6
- Lick 7 & 8
- Sequencing

UNIT 4

Inverted Metal

 0% ▾

UNIT 5

Dropping The
D 0% ▾

guitar club

Made with ❤️ by Your Guitar Academy © 2025



COURSES

Guitar Skills
Player Studies
Theory Lab
Challenges
Masterclasses

TOOLS

Scale Builder
Practice History

PRICING

Subscriptions
Prepaid

BLOG

Latest Posts
All Posts

ACCOUNT

Settings
Manage subscription
Order history
Logout

COMPANY

Terms & Conditions
Privacy Policy
Cookie Preferences

GET IN TOUCH

