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Acoustic Beginners

LEVEL 1 • Guitar Skills

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Practice summary

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Essentials Part 3

UNIT 3 • **LESSON 3** << PREVIOUS NEXT >>

"Can't Hold Me Back"

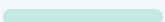

This cool new tune is all about mastering swing! The song features a few new chord shapes and some tricky changes, but the rhythm is consistent throughout to help you perfect the swung sound. As with all the songs we cover on the course, there are a lot of possible distractions (vocals, keyboards, other guitars, etc...) but you need to learn to focus only on your part at these early stages, so this is great practice! Listen to the full song and then move on to the next lesson!



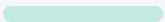

“ In the not too distant future you will be able to play this song all the way through,

Course navigation

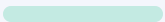

UNIT 1

Essentials Part  0% 
1

UNIT 2






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2

UNIT 3

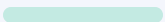

Essentials Part  0% 
3

In this course we'll be learning three more open chords, including the notoriously tricky F major! We'll then explore the difference between swung and straight rhythm patterns and finally tackle a new song with a hint of Van Morrison about it!

Lessons:

-  **New Chords**
-  **Swung Rhythms**
-  **"Can't Hold Me Back"**
-  **Intro and Verse**
-  **Chorus**

UNIT 4

Essentials Part  0% 
4

and I
therefore
think it's a
great
idea to
know the
lyrics, so
we've
added
them
below!
Just in
case you
want to
sing
along as
you
strum.

Dan

”

“Can’t hold me back” lyrics

I'm in my own sweet world
The rain is refreshing, not depressing
Like we're always told
If I kick my feet about in inches of water
I will act like a child
Be wild and careless I will

And you can hold me back
No, you can't hold me back
Because somewhere along the way
We lose our sense of fun
But now, see, you can't hold me back

This sunny morning, I'm just walking
I'm in my own sweet world
The sun is inviting, not a danger
Like we're always told
If I wanna splash around in waves
Of salty sea, I will
Act like a child, be wild and free I will

And you can hold me back
No, you can't hold me back
Because somewhere along the way
We lose our sense of fun
But now, see, you can't hold me back
And you (can't hold me)
No, you can't hold me back
No, you can't hold me back
Because somewhere along the way
We lose our sense of fun
But now I see you can't hold me back



**All
done?**

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guitar club

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