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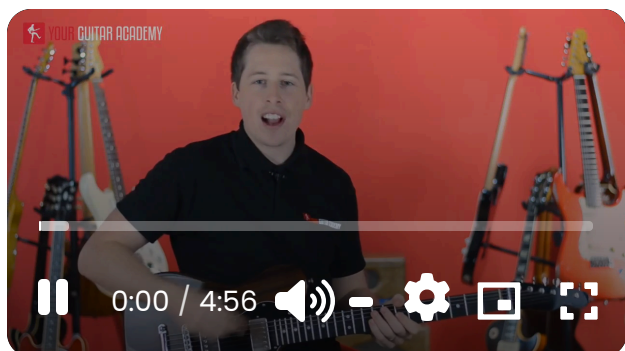
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# Lead Guitar

**LEVEL 1** • Guitar Skills



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## Practice summary

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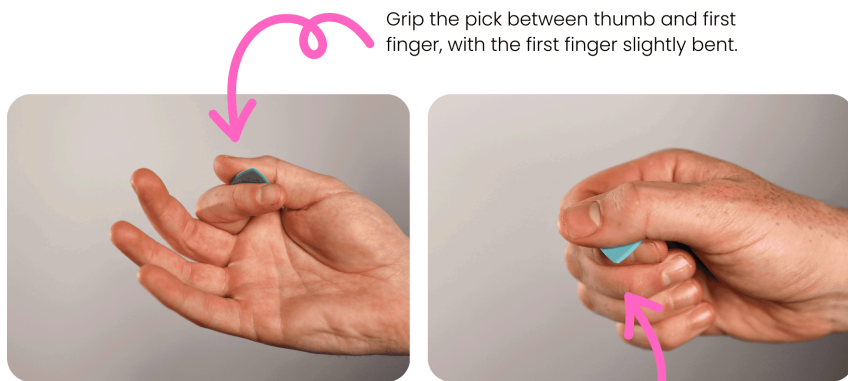
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## Essentials Part 1

UNIT 1 • **LESSON 3** << PREVIOUS NEXT >>

### Picking Technique

The main thing to remember is that picking technique takes time and it takes consistency. You need to put into practice what we go through in the video, find a comfortable position and stick with it. Be sure to double-check how you are holding the pick each time you play and in a few weeks you'll find it far more comfortable and natural. As a quick reference point, here are two images to demonstrate how the pick should be held:



Grip the pick between thumb and first finger, with the first finger slightly bent.

The rest of the fingers can be in our out, that doesn't matter so much! The focus is the thumb and first finger.



“

This isn't the ONLY way people hold a pick,

## Course navigation

### UNIT 1

## Essentials Part 0% ^

### 1

During these 5 lessons we will be taking you through how to read tab, learning your first exercises, developing perfect technique and much more. Think of this first 5 lessons as the foundation that will allow you to play any solo's and riffs you want!

Lessons:

- 1234 Spider Exercise
- The Major Scale
- Picking Technique
- Notes On The Neck
- Moving The Scale

### UNIT 2

## Essentials Part 0% v

### 2

### UNIT 3

## Essentials Part 0% v

### 3

### UNIT 4

## Essentials Part 0% v

### 4

but in my experience as a teacher and player, it is consistently the way the brings the best results. So give it a try first, and stick with it a for a good few weeks to let it settle in.

Dan

”



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**guitar club**

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