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Master Your Fingers

LEVEL 2 • Guitar Skills

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Practice summary

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Three Notes Per String

UNIT 3 • **LESSON 3** << PREVIOUS NEXT >>

Lesson notes Interactive tab

Sequence In 4's

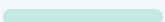

We'll now come back to our picking technique and work with a sequence in 4's. This means that we play the first 4 notes of the scale, then drop back to the 2nd note and play 4 notes from there. We then drop back to the 3rd note and play 4 notes from there. We repeat this sequence over and over again, all the way through the scale. We then do the same in reverse. Pay close attention to your economy picking on this exercise too!

BPM Count

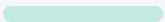

For this exercise, we demo it at 80BPM 16th Notes, then scroll down to 60BPM 8th notes. Our focus is to get it sounding perfect, slowly. As you grow in confidence with this exercise you can start to push the speed, but we would always recommend practising this slowly first as a warm-up. Not only does it loosen up your fingers, but by training your fingers at a slower pace, the speed will be there when you need it.

Course navigation

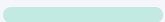

UNIT 1

**Classic Finger
Twist**  0% 

UNIT 2







**Pentatonic
Scales**  0% 

UNIT 3

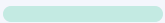

**Three Notes
Per String**  0% 

This unit takes things up a level - getting into wider stretches and economy picking with a really useful new scale shape.

Lessons:

-  **Economy Picking**
-  **Bendy Legato**
-  **Sequence in 4's**
-  **Moving The Pattern**
-  **Picking In 3rds**
-  **Mega Workout**

UNIT 4

**Triad
Arpeggios**  0% 



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