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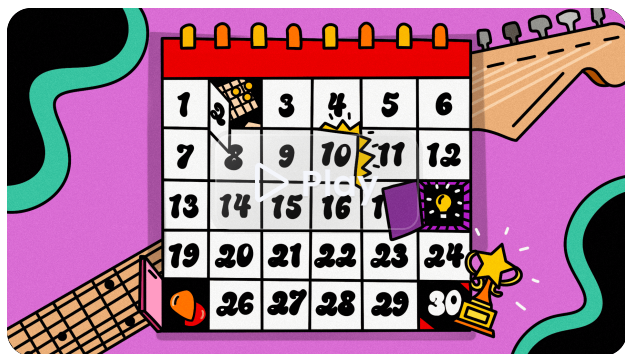
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# 30 Day Beginner Challenge

Guitar Skills

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## Smashing The Basics

UNIT 1 • **LESSON 5** << PREVIOUS NEXT >>

### Notes On The Neck

Yesterday's lesson was a big jump in technique – it will almost certainly take a while to get feeling comfortable, so today we're introducing you to some important theory. **Time to give your brain a workout!** In music we play notes. There are 12 notes in music, and this is the same for guitar, piano, trumpet, singing or any other (western) instrument you can think of! The 12 notes are made up of 7 natural notes A B C D E F G and 5 accidentals (notes between the natural notes, for example C# goes between C and D). Don't worry too much about this, for now, just learn that we have the following 12 notes in music:

A	A#	B	C	C#	D	D#	E	F	F#	G	G#
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There is no B# or E#, but the rest of the notes have sharps!

**We write accidentals out in one of two ways: sharps '#' or flats 'b'.** Sharp means 'one higher' and flat means 'one lower'. So, a C# sounds exactly the same as a Db (as they both refer to the note between C

## Course navigation

### UNIT 1

## Smashing The Basics

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Welcome to the 30 Day Beginner Challenge! In our first unit we will now tackle the basic knowledge you need to get off to the best possible start. This is where you'll learn how to read the diagrams, hold the guitar and more!

Lessons:

- Getting Started
- Chord Two!
- Timing
- Strumming Patterns
- Notes On The Neck

### UNIT 2

## Let's Hit The Gym

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### UNIT 3

## Getting Musical

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### UNIT 4

## The Nitty Gritty

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### UNIT 5

## Second Song

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### UNIT 6

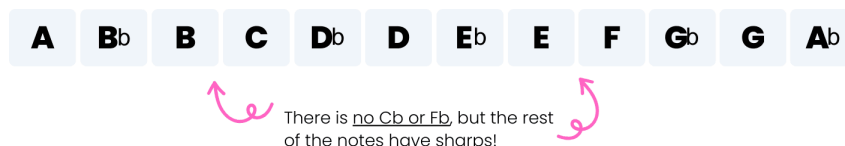
## Getting Ready

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and D). It's also really important to remember that **there is no note between E & F or between B & C.**

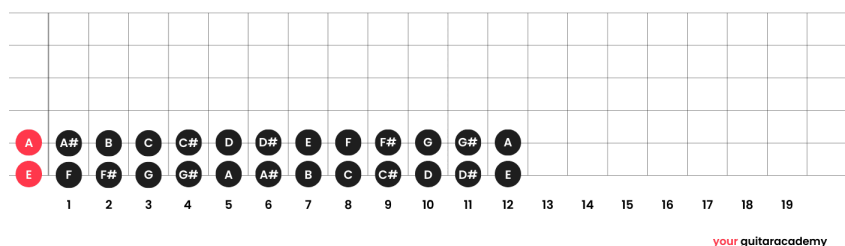
Again, don't worry about the reasons for this, just make a note of it! Here are the same notes written out in flats:



## Applying theory

Of of the many great things about guitar is that it's a very visual instrument - simply move fret and you move note! Here are the notes on the E and A string for now:

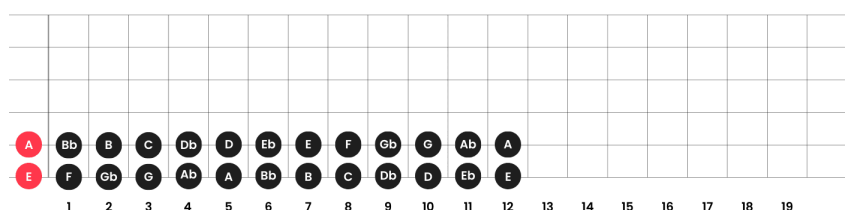
Sharps On E & A String



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Each string starts on the notes we learned in lesson 2 and follows the sequence through, always in the same order. We've used sharps in the above diagram, and for completeness here it is again with flats:

Flats On E & A String



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There we have it! We can now, quite slowly, work out all of the notes on the neck. It's a steady process, but doing it each day will help get it quicker and quicker. Eventually, you can start memorising the notes on the neck, and we'll get to that! For now, do this process at some point each day and it'll become second nature soon enough.



“

There we have it for unit 1! Well done for getting through your first 5 lessons, and you have plenty to practice. Be sure you can strum those chords, with that rhythm pattern & understand the notes on the neck. See you in the next unit!

**Dan**

”



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