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# Rock Essentials

**LEVEL 1** • Guitar Skills



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## Rock Technique Builder

UNIT 3 • **LESSON 4** << PREVIOUS NEXT >>

Lesson notes

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### Finger Strength 2

Now, let's take the same idea as in the previous lesson, but apply it to a scale shape. There is no better scale shape to use in rock than the E minor shape in the open position! You'll be using this shape so many times that you need to be able to quickly navigate it!

Once again, we must only pick the string when we change the string. The rest is all generated using your legato skills! Experiment using different fingers to ensure you practice all the finger positions and get them all strong!



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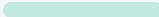
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Next lesson

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### UNIT 1


## Revolving Rock

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### UNIT 2

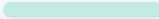
## Riffing

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### UNIT 3

## Rock Technique Builder

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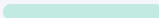
Up to this point, we've been diving into great rock tracks and working through all the skills, techniques and theories behind all of them. In this unit, we're going to take a break from learning full tracks and focus instead on building your technique.

Lessons:

- Rotating Lick 1
- Rotating Lick 2
- Finger Strength 1
- Finger Strength 2
- In Practice

### UNIT 4

## Slow Jam

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# guitar club

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