

Get **20% off** annual membership before your trial ends – **Only 1 day left**

Back to all courses

John Frusciante

Player Studies

✓ Recently viewed



⌘ Theatre mode

🎵 Backing tracks

Practice summary

+ Add

You haven't logged any practice time for this lesson yet. There's no time like the present to **start**

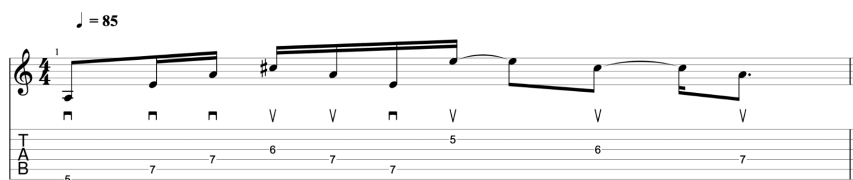
Picking Hand Development

UNIT 3 • **LESSON 4** << PREVIOUS NEXT >>

Lesson notes Interactive tab Diagrams

Arpeggios Part 1

At this point, we have a lot of work to do to develop our chunky strumming! That's just ruddy good fun, and will keep you occupied for a while! In the meantime, it's a great opportunity to develop another Frusciante core technique, called "**arpeggios**". This means to pick notes within a chord individually, paying careful attention to picking direction. Check out this little exercise:



The chord we are playing is an A major chord, as an E shape barre chord. Just in case you can't quite visualise it, check out this fretboard:

Course navigation

UNIT 1

Twiddly Widdly's

0%



UNIT 2

Over The Viaduct

0%



UNIT 3

Picking Hand Development

0%



In this third unit, we will take a departure from the fiddly, more mellow sound of the clean CAGED chord work, and turn our attention to the more heavy hitting chunky strumming work

Lessons:

- Chunky Riffs 101
- Developing The Riff
- Final Riff
- Arpeggios Part 1
- Arpeggios Part 2

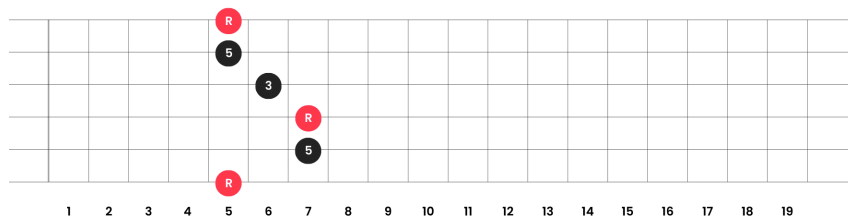
UNIT 4

Won't Start

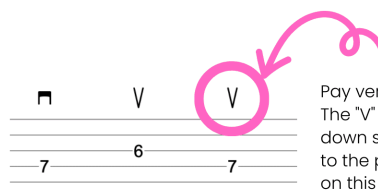
0%



A Major (E Shape)



yourguitaracademy



Pay very close attention to the direction of the pick here. The "V" means up stroke and the "goal symbol" means down stroke. There is no set rule with this, but for now stick to the picking directions Dion has set! Follow Dion exactly on this for now and see how it feels.



So, your first task is to get this small piece of tab absolutely nailed. The speed really doesn't matter... The consistency does. Try to loop it 10 times round as well as you can. When you can do that at one speed, up the speed a little more

and keep
pushing it.

Dion

”



**All
done?**

Click here to mark this lesson as
complete.

Not quite done? Check the toolbox for more practice options.

Next lesson

guitar club

Made with ❤️ by Your Guitar Academy © 2025



COURSES

Guitar Skills
Player Studies
Theory Lab
Challenges
Masterclasses

TOOLS

Scale Builder
Practice History

PRICING

Subscriptions
Prepaid

BLOG

Latest Posts
All Posts

ACCOUNT

Settings
Manage subscription
Order history
Logout

COMPANY

Terms & Conditions
Privacy Policy
Cookie Preferences

GET IN TOUCH

contact@guitarclub.io

Currency: £GBP **\$USD**