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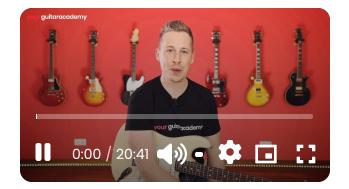
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Master Your Fingers

LEVEL 2 • Guitar Skills









Practice summary



You haven't logged any practice time for this lesson yet. There's no time like the present to start

Pentatonic Scales

UNIT 2 • LESSON 6 《 PREVIOUS NEXT 》

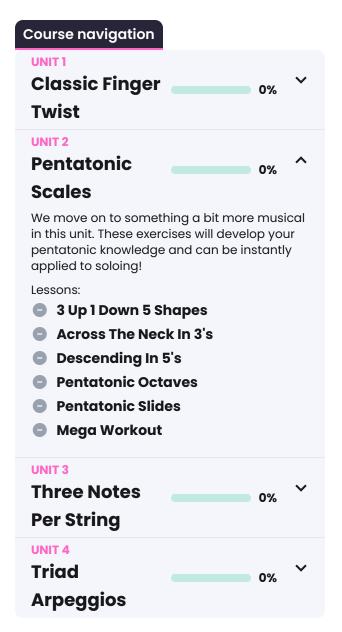
Lesson notes Interactive tab

Mega Workout

Here is our second mega workout, combining all of the exercises in one, across various speeds. You play along with the video, but make sure you know the order of exercises here.

PENTATONIC SCALES MEGA WORKOUT	
PART 1 - 40BPM	
3 Up 1 Down	1 Set
Across The Neck in 3's	3 Sets
Descending in 5's	3 Sets
Pentatonic Octaves (1/2 Time)	3 Sets
Pentatonic Stides	3 Sets
PART 2 – 60BPM	
3 Up 1 Down	1 Set
Across The Neck in 3's	3 Sets
Descending in 5's	
Pentatonic Octaves (1/2 Time)	
Pentatonic Slides	3 Sets
PART 3 - 70BPM	
3 Up 1 Down	
Across The Neck in 3's	
Descending in 5's	3 Sets
Pentatonic Octaves (1/2 Time)	3 Sets
Pentatonic Slides	3 Sets

Before You Start...



Make sure you have every exercise memorised - there won't be time to refer to the tab for every note!

Familiarise yourself with the structure on the table.

Click the link to go to our awesome interactive tab that actually plays along with the video of Dan going through the whole workout! (This is perfect if you need to pause for breaks)

Finally, if anything is painful have a break!

ΔII

Click here to mark this lesson as done? complete.

Not quite done? Check the toolbox for more practice options.

Next lesson

<mark>guitar</mark> club

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