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Practice summary

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The E Shape Chord

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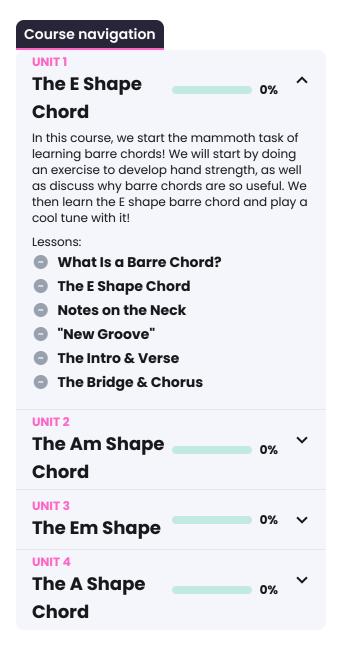
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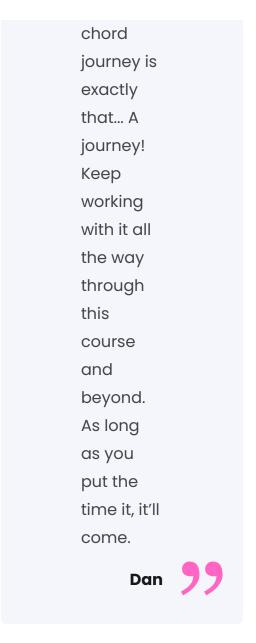
What Is a Barre Chord?

A barre chord is quite simply a chord where you play multiple notes using just one finger. These can range from 2 notes all the way up to 6 notes at a time with one finger. What this means for us as guitar players is that we don't need to rely on open strings and, therefore, open-string chord shapes any more. This opens up a new world of possible chords that were unavailable as open chords.



Having
this world
of chords
available
to us
doesn't
come
easy
though,
and the
barre





An exercise for strength.

To help us learn barre chords, we will do a simple exercise that will help you build up strength to barre 6 strings. Here is that exercise:



Remember to play all the notes with just the first finger and be sure that your finger is tilted to the side and is all the way up against the fret. Also remember that this will not come easy and may take weeks to be able to fret all 6 strings with one finger. Add it to your warm up exercises each day and observe how it goes (this is a perfect one to write down some notes on your account with your observations so you can look back over them). Good luck!



All

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