

Get **20% off** annual membership before your trial ends – **Only 1 day left**

Back to all courses

Lead Guitar

LEVEL 3 • Guitar Skills



Recently viewed



Theatre mode

Practice summary

+ Add

You haven't logged any practice time for this lesson yet. There's no time like the present to [start](#)

Essentials Part 3

UNIT 3 • **LESSON 1** << PREVIOUS NEXT >>

How to Bend

Bends can be an extremely challenging technique for most beginners but once you get them, they can bring your lead playing to life! They are a true form of expression on the instrument and take time to master. Firstly, let's talk about how to perform the bends:

The process

- 🔥 Use your third finger to start with, place it on the note (7th fret G string)
- 🔥 Position your 1st & 2nd fingers on the same string behind your 3rd finger
- 🔥 Pick the note to make sure it is sounding properly
- 🔥 Whilst keeping the note sounding push the string up with all 3 fingers

Let's take a look at how the various bends look on a piece of tab. This tab is just an example, and doesn't need to be learnt!

Course navigation

UNIT 1

Essentials Part

0%



1

UNIT 2

Essentials Part

0%



2

UNIT 3

Essentials Part

0%



3

We will be adding bends to your repertoire, learning how to link your patterns across the entire neck, and tackling the most challenging solo yet!

Lessons:

- How to Bend
- Mega Linking Patterns
- "ZZ Solo" Part 1
- "ZZ Solo" Part 2
- "ZZ Solo" Part 3

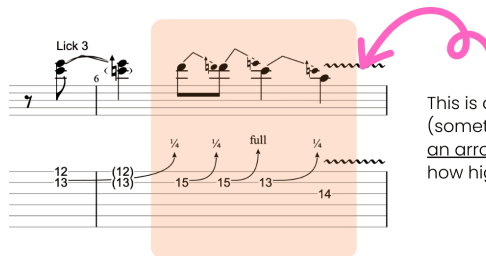
UNIT 4

Essentials Part

0%



4



This is an excerpt from our Eric Clapton course (something to look forward to!). Notice the bend is an arrow upwards, and then has the instruction of how high to bend (quarter, half, whole).

We are currently learning a full bend, half bend and quarter bend, each of which are pictured above.

With a full bend, (indicated by the number '1') we bend the note up a whole tone (2 frets), a half bend (indicated by the fraction '1/2') we bend the note up a semitone (1 fret) and with a quarter bend (indicated by the fraction '1/4'), we nudge the note up a little bit before stopping it dead.



“

Learning to perform a rock solid bend is a journey! This is a great kick off, but we'll be working on these for months to come! Get started today, and in later

lessons
we'll put it
into
practice
even
more.

Dan

”



**All
done?**

Click here to mark this lesson as
complete.

Not quite done? Check the toolbox for more practice options.

Next lesson

guitar club

Made with ❤️ by Your Guitar Academy © 2025



COURSES

Guitar Skills
Player Studies
Theory Lab
Challenges
Masterclasses

TOOLS

Scale Builder
Practice History

PRICING

Subscriptions
Prepaid

BLOG

Latest Posts
All Posts

ACCOUNT

Settings
Manage subscription
Order history
Logout

COMPANY

Terms & Conditions
Privacy Policy
Cookie Preferences

GET IN TOUCH

contact@guitarclub.io

Currency: £GBP \$USD