

Get **20% off** annual membership before your trial ends – **Only 4 days left**

Back to all courses

# Bends

LEVEL 1 • Challenges

 Recently viewed 



 Theatre mode

 Backing tracks

Practice summary

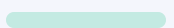
+ Add

You haven't logged any practice time for this lesson yet. There's no time like the present to [start](#)

Course navigation

UNIT 1

## Bends Level 1

 0% ^

Work on every type of bend

Lessons:

-  What Is A Bend?
-  Full Tone Bend
-  Smaller Bends
-  Unison Bends
-  Control!

## Bends Level 1

UNIT 1 • LESSON 3 << PREVIOUS NEXT >>

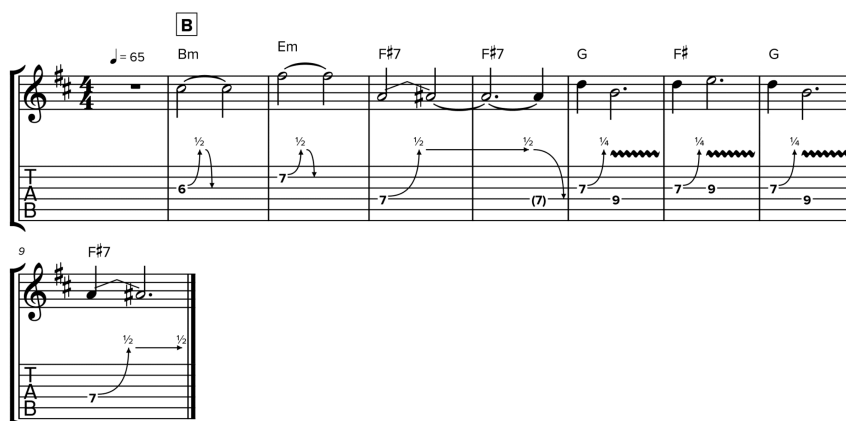
Lesson notes Interactive tab Diagrams

### Smaller Bends

In this lesson we'll be tackling bends that are smaller than the whole tone bend, and those are typically half bends and quarter bends. They both have very different sounds and techniques, so let's dive right in.

### The Tab

Once again, we will be using an example track to learn these bends properly. This is the same jam track as before, so we already know the key and the chords. Here is the tab for this lesson:



### Playing Those Bends

When playing a 1/2 bend, the technique is much the same as with a full bend. You have a note, one semitone up, that you want to target and hit. The only difference is it won't be as high a bend physically. This could be seen as being easier, but pitching it is a little harder, so it evens out in terms of difficulty! The 1/4 bend is much harder, as we don't have a pitch we can listen to as a reference. We're bending between the semitones, which are not available for us to listen to. So, here are some tips for the 1/4 bend:

Once we've bent it and you can hear the pitch change, don't hang on it too long, instead stop the note or go to a different note.



We're using the first finger in this case, and slightly pivoting the note to move it out slightly out of pitch.

So there we have it. Those fingers must be feeling pretty sore by now! That's a good thing, but you will need to allow time in between your practice for the hard calluses to start forming on the fingertips. Enjoy it guys, it means you're getting better!



“ Your third challenge is to get this next set of bends together, along with the backing

track in  
the  
lesson.  
We're  
working  
on  
getting  
used to  
these  
sounds,  
so please  
do take  
your time  
as you  
work your  
way  
through it.

**Franco**

”



**All  
done?**

Click here to mark this lesson as complete.

Not quite done? Check the toolbox for more practice options.

**Next lesson**

# guitar club

Made with ❤️ by Your Guitar Academy © 2025



## COURSES

- Guitar Skills
- Player Studies
- Theory Lab
- Challenges
- Masterclasses

## TOOLS

- Scale Builder
- Practice History

## PRICING

- Subscriptions
- Prepaid

## BLOG

- Latest Posts
- All Posts

## ACCOUNT

- Settings
- Manage subscription
- Order history
- Logout

## COMPANY

- Terms & Conditions
- Privacy Policy
- Cookie Preferences

## GET IN TOUCH

[contact@guitarclub.io](mailto:contact@guitarclub.io)

Currency: £GBP \$USD