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# **Lead Guitar**

LEVEL 1 • Guitar Skills









## **Practice summary**



You haven't logged any practice time for this lesson yet. There's no time like the present to start

# **Essentials Part 3**

**UNIT 3 • LESSON 1** 《 PREVIOUS NEXT 》

Lesson notes Interactive tab

# 1324 Spider Exercise

Let's add a new spider exercise to your range of warm ups to work with. This spider exercise is a level up as we're really working even further on the finger independence. The exercise looks like this (don't forget you can use the interactive tab too!):



There are some key things to remember when putting this kind of spider exercise together. They are as follows (keep this as a checklist every time you learn a new scale or exercise!):

# Course navigation UNIT 1 Essentials Part 0% 1 UNIT 2 Essentials Part 0% 2 UNIT 3 Essentials Part 0% 3 We will be ramping up the difficulty level by learning soloing techniques, how to riff and even attempt your very first full guitar solo! There is plenty to absorb in this next set of lessons, so make sure you set aside some

quality practice time!

1324 Spider Exercise

**Legato Playing** 

Your First Solo!

**Essentials Part** 

The Riff Slides

"American Lady"

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**Top tips** 

# Make sure your thumb is flat at the back of the neck. This allows your wrist to come round and your fingers to stretch across all 4 frets.

- As you place the fingers on each note, keep the previous fingers down on the fretboard.

  Avoid the "see-saw" effect!
- Be sure to do down up strokes, commonly known as "alternate picking" with your right hand. This is crucial for future development!



So, add this exercise to your current warm ups alongside the 1234 and pentatonic work you are doing. You can see how we are gradually building a really cool guitar gym

session!





# All done?

Click here to mark this lesson as complete.

Not quite done? Check the toolbox for more practice options.

**Next lesson** 

# guitar club

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