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Rock Essentials

LEVEL 1 • Guitar Skills



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Rock Technique Builder

UNIT 3 • **LESSON 3** << PREVIOUS NEXT >>

Lesson notes

Interactive tab

Finger Strength 1

Let's move away from the scale-based ideas and work on a pure exercise for getting your legato strength absolutely rock solid. This is not a particularly musical exercise, but it really does do the job!

Remember that we only pick the string once per 2 bars! So as we start the E string, we pick the string once. As we start the B string we pick the string once. The rest of the notes are generated using only your finger strength! Epic!

"You can extend this exercise to all 6 strings if you'd like to!"



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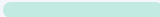
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Revolving Rock

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UNIT 2

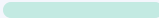
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UNIT 3






Rock Technique Builder

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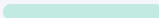
Up to this point, we've been diving into great rock tracks and working through all the skills, techniques and theories behind all of them. In this unit, we're going to take a break from learning full tracks and focus instead on building your technique.

Lessons:

-  Rotating Lick 1
-  Rotating Lick 2
-  Finger Strength 1
-  Finger Strength 2
-  In Practice

UNIT 4

Slow Jam

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guitar club

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