

Get **20% off** annual membership before your trial ends – **Only 8 days left**

[Back to all courses](#)

Master Your Fingers

LEVEL 2 • Guitar Skills

✓ Recently viewed ⓘ



⌵ Theatre mode

Practice summary

+ Add

You haven't logged any practice time for this lesson yet. There's no time like the present to [start](#)

Classic Finger Twist

UNIT 1 • **LESSON 3** << PREVIOUS NEXT >>

Lesson notes Interactive tab

Chromatic Scale

Although on the surface of it, the chromatic scale does not sound very musical, it is in fact extremely useful! When combining the chromatic scale with other scales such as the pentatonic, you can find your way into some very cool lead lines and riffs! The challenge here comes with the change of fret and string at the same time. It's also a great opportunity to practice more alternate picking, keeping the picking hand really synced up to the fretting hand. On the way back, we practice our legato, smooth playing, using slides and pulls off a lot!

BPM Count

For this exercise, we demo it at 60BPM 16th Notes, then scroll down to 50BPM 8th notes. Our focus is to get it sounding perfect, slowly. As you grow in confidence with this exercise you can start to push the speed, but we would always recommend practising this slowly first as a warm-up. Not only does it loosen up your fingers, but by training your fingers at a slower pace, the speed will be there when you need it.

Course navigation

UNIT 1

Classic Finger Twist 0% ^

We take 5 awesome exercises that work to build your strength and technique with both hands. These exercises are not always the most musical, but man do they do the job!

Lessons:

- 1234 & 1324 Skipping
- Ultimate Legato
- Chromatic Scale
- Lateral Spider
- Octave Exercise
- Mega Workout

UNIT 2

Pentatonic Scales 0% v

UNIT 3

Three Notes Per String 0% v

UNIT 4

Triad Arpeggios 0% v



All
done?

Click here to mark this lesson as complete.

Not quite done? Check the toolbox for more practice options.

Next lesson

guitar club

Made with ❤ by Your Guitar Academy © 2025



COURSES

Guitar Skills
Player Studies
Theory Lab
Challenges
Masterclasses

TOOLS

Scale Builder
Practice History

PRICING

Subscriptions
Prepaid

BLOG

Latest Posts
All Posts

ACCOUNT

Settings
Manage subscription
Order history
Logout

COMPANY

Terms & Conditions
Privacy Policy
Cookie Preferences

GET IN TOUCH

