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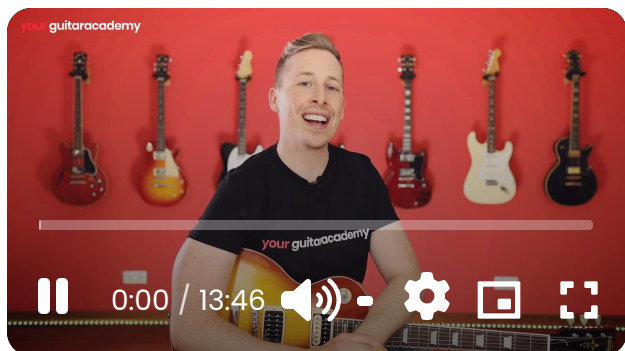
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Master Your Fingers

LEVEL 2 • Guitar Skills



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Practice summary

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Classic Finger Twist

UNIT 1 • **LESSON 2** << PREVIOUS NEXT >>

Lesson notes

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Ultimate Legato

This exercise is one of the hardest exercises you will do! We are really shining a spotlight on your legato (which means “smooth-playing”, and in this instance, that means hammer-ons and pulls offs). This exercise is one of the least musical exercises too, but you’ll be surprised just how much of an impact it has when you come to play your favourite riffs and solos. Your fingers will be stronger and more able to do those fast legato lines.

BPM Count

For this exercise, we demo it at 60BPM 16th Notes, then scroll down to 50BPM 8th notes. Our focus is to get it sounding perfect, slowly. As you grow in confidence with this exercise you can start to push the speed, but we would always recommend practising this slowly first as a warm-up. Not only does it loosen up your fingers, but by training your fingers at a slower pace, the speed will be there when you need it.

Course navigation

UNIT 1

Classic Finger 0% ^

Twist

We take 5 awesome exercises that work to build your strength and technique with both hands. These exercises are not always the most musical, but man do they do the job!

Lessons:

- 1234 & 1324 Skipping
- Ultimate Legato
- Chromatic Scale
- Lateral Spider
- Octave Exercise
- Mega Workout

UNIT 2

Pentatonic 0% v

UNIT 3

Three Notes 0% v

Per String

UNIT 4

Triad 0% v

Arpeggios



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