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Pentatonic Mastery

Guitar Skills



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Practice summary

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Workout 7

UNIT 7 • **LESSON 1** << PREVIOUS NEXT >>

Lesson notes

Interactive tab

Level 7 Workout

Our guitar gym section is all about you guys playing along in real-time with your tutor, Dan. Dan will walk you through a guitar gym session in much the same way a fitness instructor would walk you through a workout.

PENTATONIC MASTERY 2 - WORKOUT 3

PART 1 - 60BPM

DESCENDING ACROSS THE NECK 1

8 SETS

DESCENDING ACROSS THE NECK 2

8 SETS

PART 2 - 70BPM

DESCENDING ACROSS THE NECK 1

8 SETS

DESCENDING ACROSS THE NECK 2

8 SETS

PART 3 - 80BPM

DESCENDING ACROSS THE NECK 1

8 SETS

DESCENDING ACROSS THE NECK 2

8 SETS

PART 4 - 90BPM

DESCENDING ACROSS THE NECK 1

8 SETS

DESCENDING ACROSS THE NECK 2

8 SETS

DESCENDING IN FIVES (Am)

1 SET

DESCENDING IN FIVES (Dm)

1 SET

DESCENDING IN FIVES LEGATO (Am)

1 SET

DESCENDING IN FIVES LEGATO (Dm)

1 SET



All done?

Click here to mark this lesson as complete.

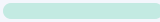

Course navigation

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Next lesson

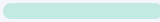

UNIT 1

Workout 1

 0% 

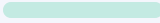

UNIT 2

Workout 2

 0% 

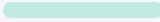

UNIT 3

Workout 3

 0% 

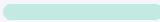

UNIT 4

Workout 4

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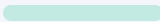

UNIT 5

Workout 5

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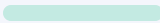

UNIT 6

Workout 6

 0% 

UNIT 7

Workout 7

 0% 

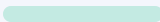

For your third work out we step the level up again with an awesome, Joe Bonamassa / Eric Johnson inspired descending pattern across the neck. This is the main focus of our workout as it is very challenging and extremely fiddly!

Lessons:


 **Workout 7 (16 Minutes)**

UNIT 8

Workout 8

 0% 

guitar club

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