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# Master Your Fingers

**LEVEL 2** • Guitar Skills

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Practice summary

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## Three Notes Per String

UNIT 3 • **LESSON 1** << PREVIOUS NEXT >>

Lesson notes Interactive tab Diagrams

### Economy Picking

The Shape First up, let's take a look at the basic shape we are working with. This is essentially a G major scale and can be moved all around the neck to dive into different keys, just as with our pentatonic shapes. We will learn it in G major but then, later on, work with it in a variety of other keys. The shape for you to learn can be found in the fretboard diagrams.

For the exercise, we are simply picking through the shape using our economy picking. This is where we do the littlest possible movement with our picking hand. In the example of this scale, we would do **“down up down down”** for the first 4 notes. The first three are on the same string, so alternate picking makes the most sense, then when moving to the A string, another down makes the most sense economically speaking as to do an upstroke means you go down (miss the string) and then up. Most players who play with lightning speed utilize this method of picking.

### BPM Count

## Course navigation

### UNIT 1

## Classic Finger Twist

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### UNIT 3

## Three Notes Per String

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This unit takes things up a level - getting into wider stretches and economy picking with a really useful new scale shape.

Lessons:

- Economy Picking
- Bendy Legato
- Sequence in 4's
- Moving The Pattern
- Picking In 3rds
- Mega Workout

### UNIT 4

## Triad Arpeggios

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For this exercise, we demo it at 80BPM 16th Notes, then scroll down to 60BPM 8th notes. Our focus is to get it sounding perfect, slowly. As you grow in confidence with this exercise you can start to push the speed, but we would always recommend practising this slowly first as a warm-up.



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