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Ed Sheeran

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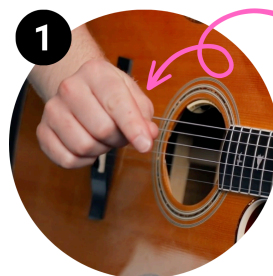
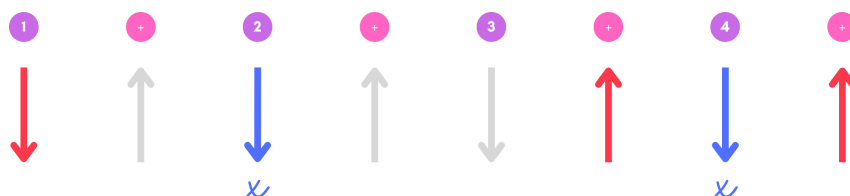
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The B Squad

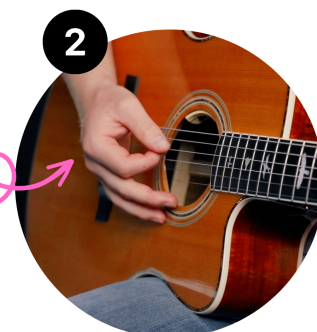
UNIT 4 • **LESSON 1** << PREVIOUS NEXT >>

Lesson notes Interactive tab

The Core Groove



1 Thomas is essentially pretending to hold a pick! So, if you've ever played with a pick before, this should feel very natural to do.



2 Then take this hand position and lean it on the bridge to create the palm muting sound.

The first finger is used to strum, and the thumb just supports that finger as you're strumming. Then, to get the slap we're simply hitting the strings with a thud, keeping the same "fake pick" action moving! This may take some time, so bear with it!

As for the strumming pattern itself, it looks like this:

Course navigation

UNIT 1

Audible

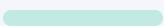
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Pontification

UNIT 2

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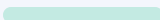
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UNIT 3

Lanzarote

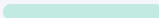
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Water

UNIT 4

The B Squad

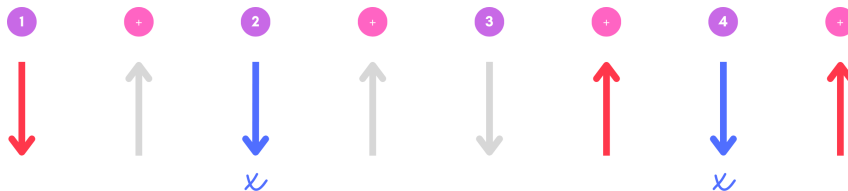
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We're now going to take a deep dive into the final style of rhythm and groove that Ed is famous for.

Lessons:

-  **The Core Groove**
-  **The Intro & Verse**
-  **The Pre-Chorus**
-  **The Chorus**
-  **The Bridge & Structure**



As you go through this, go easy on yourself! It seems simple, but as with anything that seems simple when played by a master, it can be surprisingly difficult when you first pick it up. This has a lot of elements all in one pattern, so take your time with it!



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