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## **Rock Essentials**

LEVEL 1 • Guitar Skills











#### **Practice summary**



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### Slow Jam

**UNIT 4 • LESSON 1** 《 PREVIOUS NEXT 》

Lesson notes Interactive tab Diagrams

### Slow Jam

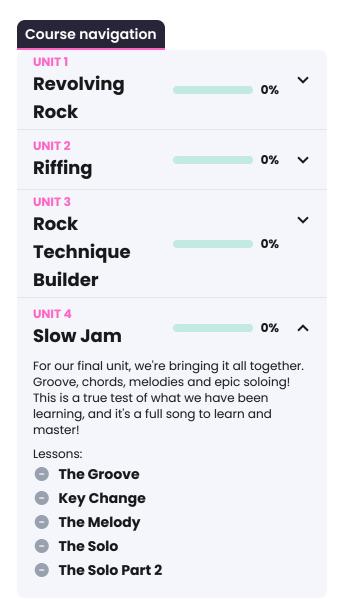
Let's kick off by taking the main groove of the A section. We're starting in the key of B Dorian, which looks something like this:

# Bm C#m D E F#m C#dim A Bm

The B Dorian scale is essentially the A major scale, we're just rooted around the B minor chord rather than the A. The chord progression for this initial section is simply a 1 5 4 in B Dorian. This looks like this:

|ED|(x4)

The really cool thing about this first part is that we're quite free with the chord shapes. We're working with a sort of Hendrix-esque approach, where the chords give us access to the licks underneath them. We have the Bm chord in the E shape, which gives us our minor pentatonic box I and the E and D major in the G shape, giving us the major pentatonic box 1. The



scale shapes in the **Fretboard Diagrams** should clear that up!

"PS. If this is blowing your mind, please make sure to take our Major & Minor CAGED courses first! All the secrets are in there!"



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# guitar club

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