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# 30 Day Beginner Challenge

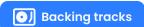
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## **Smashing The Basics**

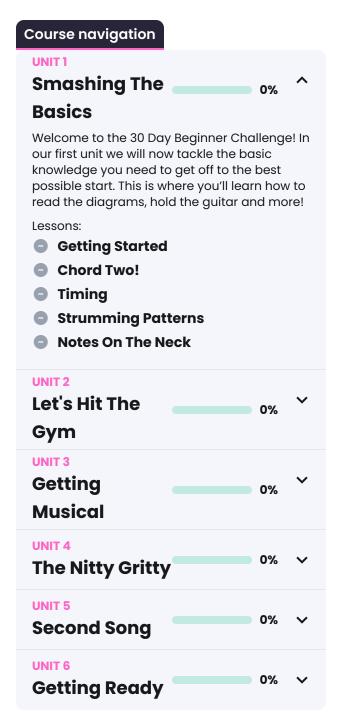
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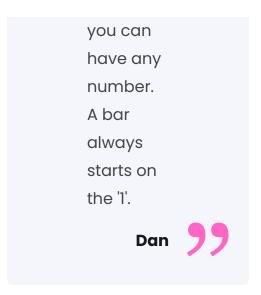
### **Timing**

In this lesson we start to work on your timing. This is such an important part of music but is often overlooked! In the video Dan will take you through practicing with a drum machine. It's great to practice with a drum machine to give a more realistic feel, but you can also practice with a metronome to keep time. When it comes to timing you're trying to sync up your own inner feel of the pulse or beat with the external drum machine. Once they're synced up you'll be perfectly in time!

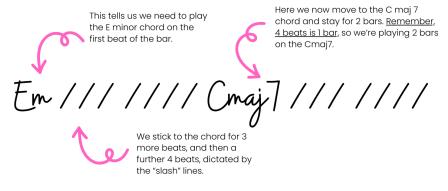


Think of a bar as a group for your beats. It's most common to have 4 beats in a bar, but





"one, two, three, four" with the beat. Once you have that, let's bring in our chord changes. We will use the E minor and C major 7 chords, using them every 2 bars. This looks something like this:



In the early days of our learning, the slashes give us a lot of extra information, and you'll see them a lot. Later down the line, we lose the slash markers as we need the guide less (and we can use the slash for other things). The chord charts will end up looking like this:







You need to strum the guitar on that first beat of each bar, just as I do in the video. Try your absolute best to get to that chord. Don't worry about making it sound perfect, just get to it! This is now the focus of your practice! When it's starting to feel comfortable go ahead and try with drum beats at different tempos.

Dan 🤰



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