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# Metal Essentials

**LEVEL 1** • Guitar Skills



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## Down-Picking

UNIT 2 • **LESSON 3** << PREVIOUS NEXT >>

Lesson notes

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### Section B

Let's now take a look at section B of the track! It is essentially more of the same, but a new section means focusing on a slightly different riff. It is important to be able to break down the tracks in this way as you learn them so that you can really work towards learning in sections and then piecing them together. As you learn more in-depth metal tracks, this is an important habit of learning to build into your system!



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### UNIT 1

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### UNIT 2

## Down-Picking

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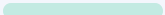

We'll be starting by looking at a cool rhythm track that will help you get to grips with the concept of down picking. This is simply the technique of playing everything with downstrokes.

Lessons:

-  **Section A**
-  **Section A Continued**
-  **Section B**
-  **Down Picking**
-  **Triplet Exercise**

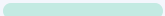

### UNIT 3

## Metal Soloing!

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### UNIT 5

## Dropping The D

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# guitar club

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