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Master Your Fingers

LEVEL 2 • Guitar Skills

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Practice summary

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Classic Finger Twist

UNIT 1 • **LESSON 5** << PREVIOUS NEXT >>

Lesson notes Interactive tab

Octave Exercise

For a lot of you, this exercise will be something totally different! Our main objective here is to be able to very quickly find the same note, all the way across the neck, on all the strings. It's a cool little pattern that will serve you very well in your guitar playing. Plus, the rapid string skipping is fantastic for your left and right-hand synchronisation.

BPM Count

For this exercise, we demo it at 60BPM 16th Notes, then scroll down to 40BPM 8th notes. There are BIG leaps in this track, so it will take time to even hit these speeds!



All done?

Click here to mark this lesson as complete.

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Next lesson

Course navigation

UNIT 1

Classic Finger 0% ^

Twist

We take 5 awesome exercises that work to build your strength and technique with both hands. These exercises are not always the most musical, but man do they do the job!

Lessons:

- 1234 & 1324 Skipping
- Ultimate Legato
- Chromatic Scale
- Lateral Spider
- Octave Exercise
- Mega Workout

UNIT 2

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Arpeggios

guitar club

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