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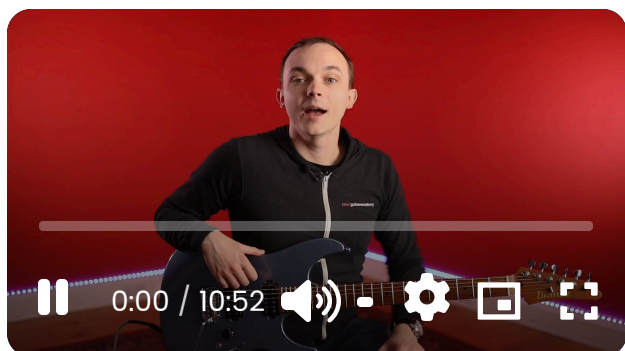
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# Metal Essentials

**LEVEL 1** • Guitar Skills



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## Down-Picking

UNIT 2 • **LESSON 4** << PREVIOUS NEXT >>

Lesson notes

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### Down Picking

To help you really master this idea of down picking, Dion has put this cool exercise together. Be sure to focus on where that accent is. In the first bar, we are putting the accent on the first note of each 4. Then, in the second bar, we are putting the accent on the second note of each 4. In bar 3 we accent the 3rd note of the 4 and then bar 4 it's the 4th note. This is the perfect exercise to get this concept mastered!



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### UNIT 1

#### Metal Primer

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### UNIT 2

#### Down-Picking

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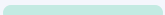

We'll be starting by looking at a cool rhythm track that will help you get to grips with the concept of down picking. This is simply the technique of playing everything with downstrokes.

Lessons:

-  **Section A**
-  **Section A Continued**
-  **Section B**
-  **Down Picking**
-  **Triplet Exercise**

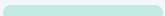

### UNIT 3

#### Metal Soloing!

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### UNIT 4

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### UNIT 5

#### Dropping The D

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# guitar club

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