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# **Bends**

**LEVEL 2** • Challenges









# **Practice summary**



You haven't logged any practice time for this lesson yet. There's no time like the present to start

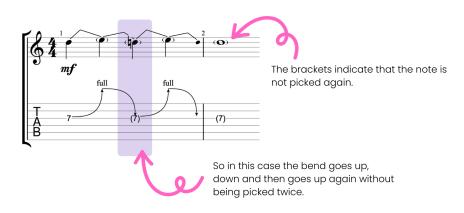
# **Bends Level 2**

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# Re-Bends!

So we'll start of with the simple yet tricky to execute "re-bend"! This is simply when you bend one note and then bend it again without picking it a second time. Let's start with the most simple way to approach this as possible, which is a simple tone bend up and tone bend up again, like this:





It can really help having a jam track on in the background to help you get the

# Course navigation

### **UNIT 1**

### **Bends Level 2**

Over these 5 lessons, we're going to explore 4 advanced bending concepts that will take you to the next level.

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#### Lessons:

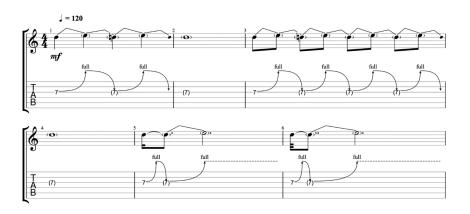
- Re-Bends!
- Overbends
- Fluidity
- Bend Rhythm
- The Solo

pitch right as you're practicing this first note re bend concept.

**Thomas** 

"

The useage of this technique gives us yet another tool in our soloing toolbox, and can help start to add more expression to your playing. In the exercise we'll work on today, I have broken it down into 4th notes bends, 8th note, 16th note and even a 32nd note rebend! You can see that if you practice all of these you have multiple ways to add more life into your bends and therefore your soloing skills. Let's look at that full exercise:





So take your time working with all of this types of rebend, and I would

**Thomas** 



# All done?

Click here to mark this lesson as complete.

Not quite done? Check the toolbox for more practice options.

**Next lesson** 

# guitar club

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