

Get **20% off** annual membership before your trial ends – **Only 2 days left**

Back to all courses

George Benson

Player Studies



Recently viewed



Theatre mode



Backing tracks

Practice summary

+ Add

You haven't logged any practice time for this lesson yet. There's no time like the present to [start](#)

George's Trick Bag

UNIT 2 • **LESSON 9** << PREVIOUS NEXT >>

Lesson notes

Interactive tab

Economy Picking

To run through fluid jazz lines and quick arpeggios you will need a good grasp of economy picking. This simply means that rather than strict down up alternate picking, you occasionally break this pattern where it makes sense to do so. For example, if you were playing a downstroke on the D string 5th fret, then moving to the G string 3rd fret, you can use a second downstroke to drop onto the string, rather than doing an upstroke and having to go over the string and back. It is therefore the most 'economical' way to pick!



**All
done?**

Click here to mark this lesson as complete.

Not quite done? Check the toolbox for more practice options.

Next lesson

Course navigation

UNIT 1

Feel Like

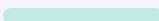
 0%



Baking Buns

UNIT 2

George's Trick

 0%



Bag

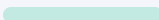
As you will have seen from the first solo study, George has a lot of go to ideas! In this section will will be looking through the octaves, double stops, economy picking, semi-tone slides and chromatic ideas that he uses in his playing.

Lessons:

-  **Octaves**
-  **Double Stops**
-  **Economy Picking**
-  **Semitone Slides**
-  **Chromatics**

UNIT 3

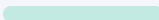
George's Jazz

 0%



UNIT 4

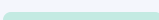
Benson's Blues

 0%



UNIT 5

Getting The Tone

 0%



guitar club

Made with ❤️ by Your Guitar Academy © 2025



COURSES

Guitar Skills
Player Studies
Theory Lab
Challenges
Masterclasses

TOOLS

Scale Builder
Practice History

PRICING

Subscriptions
Prepaid

BLOG

Latest Posts
All Posts

ACCOUNT

Settings
Manage subscription
Order history
Logout

COMPANY

Terms & Conditions
Privacy Policy
Cookie Preferences

GET IN TOUCH

contact@guitarclub.io

Currency: £GBP \$USD