

Get **20% off** annual membership before your trial ends – **Only 8 days left**

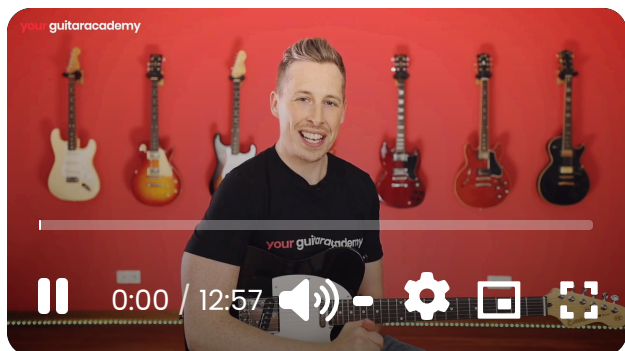
[Back to all courses](#)

# Master Your Fingers

**LEVEL 2** • Guitar Skills



Recently viewed



Theatre mode

Practice summary

+ Add

You haven't logged any practice time for this lesson yet. There's no time like the present to [start](#)

## Three Notes Per String

UNIT 3 • **LESSON 3** << PREVIOUS NEXT >>

Lesson notes Interactive tab

### Sequence In 4's

We'll now come back to our picking technique and work with a sequence in 4's. This means that we play the first 4 notes of the scale, then drop back to the 2nd note and play 4 notes from there. We then drop back to the 3rd note and play 4 notes from there. We repeat this sequence over and over again, all the way through the scale. We then do the same in reverse. Pay close attention to your economy picking on this exercise too!

### BPM Count

For this exercise, we demo it at 80BPM 16th Notes, then scroll down to 60BPM 8th notes. Our focus is to get it sounding perfect, slowly. As you grow in confidence with this exercise you can start to push the speed, but we would always recommend practising this slowly first as a warm-up. Not only does it loosen up your fingers, but by training your fingers at a slower pace, the speed will be there when you need it.

## Course navigation

### UNIT 1

## Classic Finger Twist

0%

▼

### UNIT 2

## Pentatonic Scales

0%

▼

### UNIT 3

## Three Notes Per String

0%

^

This unit takes things up a level - getting into wider stretches and economy picking with a really useful new scale shape.

Lessons:

- Economy Picking
- Bendy Legato
- Sequence in 4's
- Moving The Pattern
- Picking In 3rds
- Mega Workout

### UNIT 4

## Triad Arpeggios

0%

▼



**All  
done?**

Click here to mark this lesson as complete.

Not quite done? Check the toolbox for more practice options.

Next lesson



## COURSES

Guitar Skills  
Player Studies  
Theory Lab  
Challenges  
Masterclasses

## TOOLS

Scale Builder  
Practice History

## PRICING

Subscriptions  
Prepaid

## BLOG

Latest Posts  
All Posts

## ACCOUNT

Settings  
Manage subscription  
Order history  
Logout

## COMPANY

Terms & Conditions  
Privacy Policy  
Cookie Preferences

## GET IN TOUCH

[contact@guitarclub.io](mailto:contact@guitarclub.io)