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Master Your Fingers

LEVEL 2 • Guitar Skills

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Practice summary

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Three Notes Per String

UNIT 3 • **LESSON 5** << PREVIOUS NEXT >>

Lesson notes Interactive tab

Picking In 3rds

Our final exercise is a real finger twister! We take the 3 notes per string scale shape and move through it in major 3rds. What this means in practice is that we play the first note, skip the second and hit the third. We then return to the 2nd note (the one we missed) and repeat the sequence considering that note and the first. This is initially difficult to grasp, but as you go through the shape it will start to click! Great practice for your economy picking too!

BPM Count

For this exercise, we demo it at 80BPM 16th Notes, then scroll down to 60BPM 8th notes. Our focus is to get it sounding perfect, slowly. As you grow in confidence with this exercise you can start to push the speed, but we would always recommend practising this slowly first as a warm-up. Not only does it loosen up your fingers, but by training your fingers at a slower pace, the speed will be there when you need it.

Course navigation

UNIT 1

Classic Finger Twist

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Pentatonic Scales

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UNIT 3

Three Notes Per String

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This unit takes things up a level - getting into wider stretches and economy picking with a really useful new scale shape.

Lessons:

- Economy Picking
- Bendy Legato
- Sequence in 4's
- Moving The Pattern
- Picking In 3rds
- Mega Workout

UNIT 4

Triad Arpeggios

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