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Dave Grohl

Player Studies

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Practice summary

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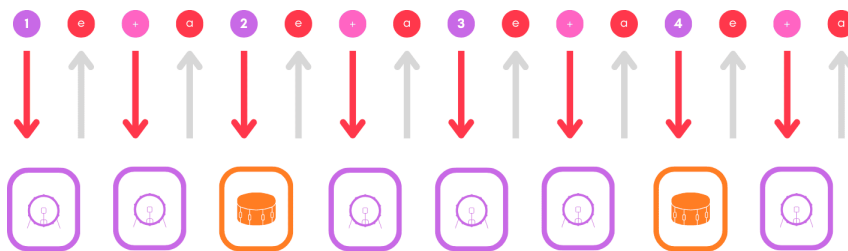
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Drums to guitar

UNIT 2 • LESSON 3 << PREVIOUS NEXT >>

Speed development

Now it's time to take the pattern we learnt in the last lesson and build some speed! The tempo in the previous lesson was 80BPM, and we want to work our way up to 140BPM. We have some top tips for you here, so let's first just remind you of the pattern:



In the audio tracks, we have this same beat working up in 20BPM increments, starting at 80BPM, then 100BPM, 120BPM and 140BPM! So how do we speed up this much without being painful? A big part of it is in the right arm position. Leaning your right arm against the guitar body is a good position to be in. Like this:

Course navigation

UNIT 1

Learn to walk

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UNIT 2

Drums to guitar

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In this second unit we are diving into how Dave Grohl's skill behind a drum kit massively helps him write and play unique guitar lines. This is another essential unit for those with songwriting or band playing aspirations, so have fun with it!

Lessons:

- The drum kit
- Drums with the guitar!
- Speed development
- Guitar drones
- Song structure

UNIT 3

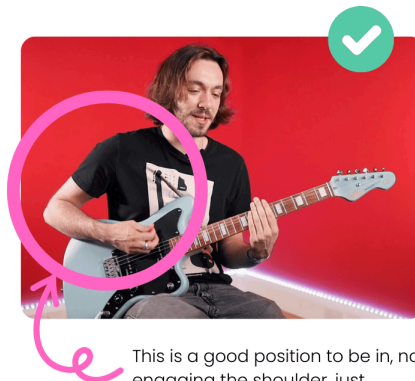
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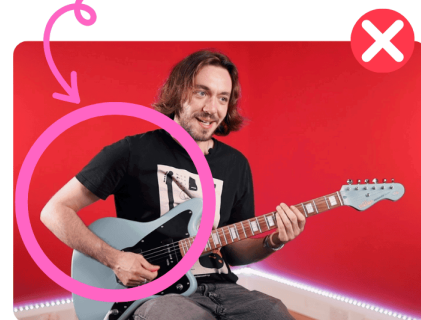
UNIT 4

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This is a good position to be in, not engaging the shoulder, just leaning the arm against the body.



This is too much engagement of the shoulder and will not be sustainable!

So, now it's your turn to practice this! Work through the different BPMs and see how you get on. It's a lot of fun to gradually speed this up, so keep it in your daily workouts!



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guitar club

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