


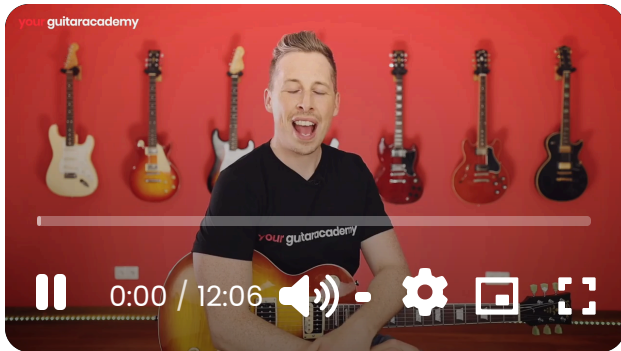
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Practice summary

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Triad Arpeggios

UNIT 4 • **LESSON 6** << PREVIOUS

Lesson notes Interactive tab

Mega Workout!

Here is our final mega workout, combining all of the exercises in one, across various speeds. You play along with the video, but make sure you know the order of exercises here.

ARPEGGIOS MEGA WORKOUT

PART 1 – 40BPM

33 String Major & Minor	2 Sets (F A C)
5 String Major & Minor	2 Sets (F A C)
Full Neck Major Triad	3 Sets
Full Neck Minor Triad	3 Sets
Major & Minor Epic!	3 Sets

PART 2 – 60BPM

33 String Major & Minor	2 Sets (F A C)
5 String Major & Minor	2 Sets (F A C)
Full Neck Major Triad	3 Sets
Full Neck Minor Triad	3 Sets
Major & Minor Epic!	3 Sets

PART 3 – 70BPM

33 String Major & Minor	2 Sets (F A C)
5 String Major & Minor	2 Sets (F A C)
Full Neck Major Triad	3 Sets
Full Neck Minor Triad	3 Sets
Major & Minor Epic!	3 Sets

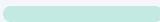

Before You Start...

Course navigation

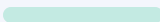

UNIT 1

**Classic Finger
Twist**  0% 

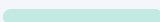

UNIT 2

**Pentatonic
Scales**  0% 

UNIT 3

**Three Notes
Per String**  0% 


UNIT 4


**Triad
Arpeggios**  0% 


This final unit deals with arpeggios. You'll learn some really useful shapes and develop the picking techniques needed to really use them in your own playing!


Lessons:


-  **3 String Major & Minor**
-  **5 String Major & Minor**
-  **Full Neck Major Triad**
-  **Full Neck Minor Triad**
-  **Major & Minor Epic**
-  **Mega Workout!**

 Make sure you have every exercise memorised – there won't be time to refer to the tab for every note!

 Familiarise yourself with the structure on the table.

 Click the link to go to our awesome interactive tab that actually plays along with the video of Dan going through the whole workout! (This is perfect if you need to pause for breaks)

 Finally, if anything is painful have a break!

 **All
done?** Click here to mark this lesson as complete.

Not quite done? Check the toolbox for more practice options.

guitar club

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