

Model-Based RL

Reinforcement Learning School of Data Science University of Virginia

Last updated: July 21, 2025

Agenda

- > Model-Free RL
- > Model-Based RL
- > World Models

Model Free vs. Model-Based

So far we have looked at model-free approaches

There was no transition model $\left|P(s_{t+1}|s_t,a_t)
ight|$

$$P(s_{t+1}|s_t,a_t)$$

Instead, we *sampled* next state by running action in environment:

$$(s_t, a_t) \stackrel{ ext{environment}}{\longrightarrow} s_{t+1}, r_{t+1}$$

Reminder about Model-Free RL

In some cases, we devised toy rules

In other cases, we ran a simulator



Reminder about Model-Free RL

In some cases, we devised toy rules

In other cases, we ran a simulator

Of course, a simulator might use a model

But the RL agent doesn't know or learn the model



Disadvantages of Model-Free RL

> Lower sample efficiency: without a model, agent only learns from experience

<u>Disadvantages of Model-Free RL</u>

- > Lower sample efficiency: without a model, agent only learns from experience
- > Can't plan ahead: it is not possible to simulate rollouts and learn from them



Disadvantages of Model-Free RL

- > Lower sample efficiency: without a model, agent only learns from experience
- > Can't plan ahead: it is not possible to simulate rollouts and learn from them
- > Adaptability is challenging: if environment / reward function changes, a lot of experience is required for learning

Disadvantages of Model-Free RL

- > Lower sample efficiency: without a model, agent only learns from experience
- > Can't plan ahead: it is not possible to simulate rollouts and learn from them
- > Adaptability is challenging: if environment / reward function changes, a lot of experience is required for learning
- > Lack of interpretability: value functions and policies can be black boxes

<u>Model-Based RL – General Strategy</u>

Two parts:

1. Learn a **dynamics function** to model observed state transitions $|P(s_{t+1}|s_t,a_t)|$

$$P(s_{t+1}|s_t,a_t)$$

2. Use model predictions to learn what **actions** to take (e.g., learn a policy)

Action Selection and Horizon

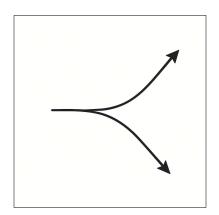
We can use model predictions to learn what actions to take

For example, our usual strategy is to maximize return (= expected total discounted reward)

Q: What horizon to use?

Infinite horizon won't work ... prediction errors can compound

Instead, we use some planning horizon *H*



Action Selection with Finite Planning Horizon

- 1. Set planning horizon H
- 2. Generate K random action sequences each with length H, denoted

$$\mathbf{A}^{(k)} = (a_t^{(k)}, \dots, a_{t+H-1}^{(k)})$$

- 3. Use the dynamics model $f_{ heta}$ to predict the future states after taking each action sequence
- 4. Evaluate the return associated with each candidate action sequence
- 5. Select the best action sequence

This method is called random shooting

Refinement to Action Selection: Replanning

Since our model is imperfect, we might have compounding errors as we plan into the future

We can adopt a *model predictive control* (MPC) approach:

- 1. At each time step, we perform random shooting or something else
- 2. Select the best *H*-step action sequence
- 3. Only take the first action from the sequence
- 4. Now replan at the next time step using updated state information

Refinement to Dynamics Model: Ensemble

We are using some model (e.g., a neural network) $f_{ heta}$ to predict the next state

A method for **potentially improving predictions** is to use a set of models $\{f_{\theta_n}\}_{n=1}^N$

These can be independently initialized

At inference time: For each candidate action sequence, generate N independent rollouts

Average the rewards of the rollouts to select the best sequence

Model-Based RL

Q: Given model-free RL limitations, why don't we always use a model?

Model-Based RL

Q: Given model-free RL limitations, why don't we always use a model?

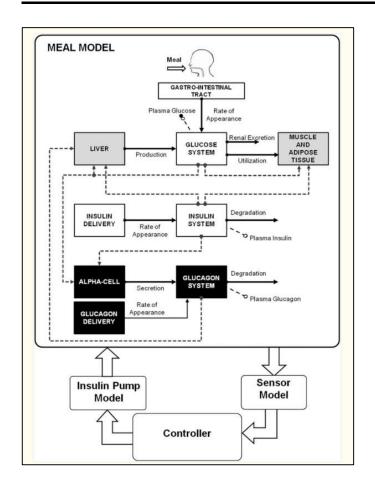
A: Because developing an accurate model can be hard.

$$x_{1}[k+1] = \theta_{1}u[k-1] + \theta_{2}u[k] + \theta_{3}u[k+1] + \theta_{4}x_{1}[k-1] + \theta_{5}x_{1}[k] + \theta_{6}x_{2}[k] + \theta_{0}$$

Individualization of pharmacological anemia management using reinforcement learning [★]

Adam E. Gaweda^{a,*}, Mehmet K. Muezzinoglu^b, George R. Aronoff^a, Alfred A. Jacobs^a, Jacek M. Zurada^b, Michael E. Brier^{a,c}

Model-Based RL: Diabetes Simulator



▶ J Diabetes Sci Technol. 2014 Jan;8(1):26-34. doi: 10.1177/1932296813514502 ☑

The UVA/PADOVA Type 1 Diabetes Simulator

New Features

Chiara Dalla Man ¹, Francesco Micheletto ¹, Dayu Lv ², Marc Breton ², Boris Kovatchev ², Claudio Cobelli ^{1,⊠}

The model of glucose kinetics is described by,

$$\begin{cases} \dot{G}_p = EGP - U_{ii} - k_1 \cdot G_p(t) + k_2 \cdot G_t(t) & G_p(0) = G_{pb} \\ \dot{G}_t = -U_{id}(t) + k_1 \cdot G_p(t) - k_2 \cdot G_t(t) & G_t(0) = G_{pb} \frac{k_1}{k_2} \end{cases}$$

World Models

World Models

A world model (David Ha, Jürgen Schmidhuber, 2018) is a learned model of the dynamics:

Useful for:

$$(s_t,a_t)
ightarrow s_{t+1}, r_{t+1}$$

- > Predicting next state
- > Planning
- > Imagining possible futures without taking the actions in real environment.

 Critical when it would be dangerous or costly to try the actions in real world.

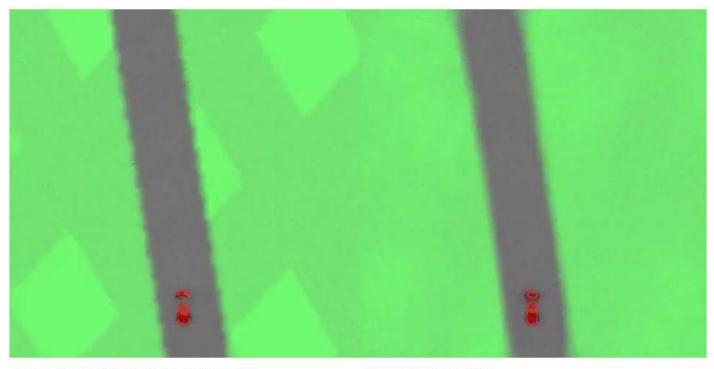
worldmodels.github.io

World Models - Classic Model

From Ha & Schmidhuber paper, architecture has three parts:

VAE (encoder)	Compress high-dim obs (e.g., images) into a low-dim latent space
MDN-RNN	Learn to predict next latent state, given current latent state, action
Controller	"Small" policy network that decides actions in latent space

Car Racing Experiment - Image Encoding

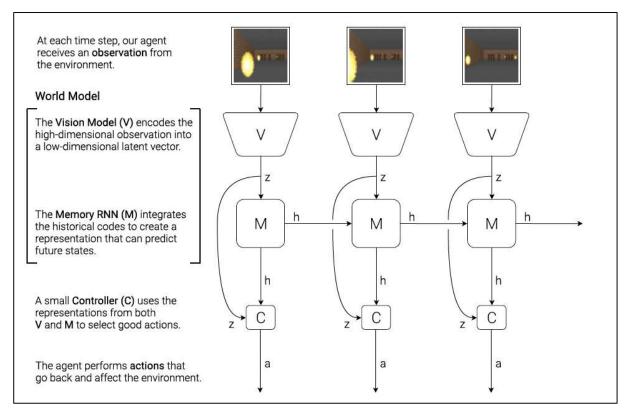


Actual observations from the environment.

What gets encoded into z_t .

World Model with Images

David Ha, Jürgen Schmidhuber, 2018



MDN-RNN

Predicts next latent state as density function p(z)

Approximated as mixture of Gaussians

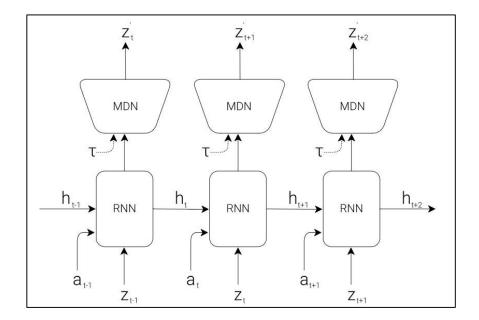
RNN used to model $\ P(z_{t+1} \mid a_t, z_t, h_t)$

where a_t denotes the action

 h_t is the hidden state

au is the *temperature* for controlling uncertainty

MDN component outputs parameters of mixture distn.



Car Racing Experiment - Procedure

- 1. Collect 10,000 rollouts from a random policy.
- 2. Train VAE (V) to encode each frame into a latent vector $z \in \mathbb{R}^{32}$.
- 3. Train MDN-RNN (M) to model $P(z_{t+1} \mid a_t, z_t, h_t)$.
- 4. Evolve Controller (C) to maximize the expected cumulative reward of a rollout.

Learning in a Dream

We have seen the procedure for training a simple policy to solve tasks

Can train the agent insides its "dream" environment

Then transfer policy back to actual environment

Explore the paper and interactive demo:

https://worldmodels.github.io/

