

SAMPLE Introductions and Conclusions

Asking a Question

What's body image? Body image is how people picture themselves and how they think other people picture them. It is basically how you feel about your body, and it includes your perception, imagination, emotions, and physical sensations. Mass media has been able to shape popular culture and often influence public opinion. *However, the body images projected by social media have affected teens with physical problems, low self-esteem, and depression*

Starting with an Anecdote

Sitting against the backdrop of stars, I then noticed the boats gently drifting on the ocean, taking me back through the tides of time to my childhood. These boats reminded me of my own boating trips with my grandfather and my next door neighbor. During fishing trips we took every three weeks, my grandfather continually talked about customers and sales from his business, introducing me to the world of economics and finance. The beach has always held a special place in my heart. **I love to spend time at the beach because I reminds me of my childhood , helps disconnects from the busy city life and meditate in peace.**

Starting with an Anecdote

Last year there was a huge ruckus created about a student that committed suicide. All that could be gleaned from the facts was that the student was under a lot of pressure to perform well in the final exams, unable to cope with the pressure she jumped of the roof of the building leaving the students and faculty shocked. Why would anyone take their life if they are poorly prepared for their exams? The lack of mental health awareness is a contributing factor in the increase in suicides . Mental health awareness is very important for a balanced natural life. **In Pakistan, there is a lack of mental awareness due to society taboo, lack of support and education.**

Starting with an interesting fact or statistics

“Just 0.00545 percent of the 550,000 boys playing high school basketball each year in the United States become a first-round draft pick — 1 in 18,333” stated Jeff Rabjohns, a writer for The Indianapolis Star, in an article titled “Prep players face long odds of making it to NBA.” Basically, only a few high school players will make it to the NBA. Even though there are many that strive, play, train, practice, and fight to be great, a huge majority of them do not make it.

Starting with an interesting fact or statistics
CO2 output is measured in pounds, and the average emissions per person in the United States, according to the U.S. Environmental Protection Agency, is 20,750 pounds per year [source: [EPA](#)]. Of course, everyone is different. But whether you're above, below or at that average, it's still possible to reduce your technology carbon footprint, and many people are taking steps to reduce. ***Everyone can reduce their carbon footprint by regulating the use of electricity at home, commute***

alternatives and investing in sources of renewable energy.

SAMPLE Conclusion Paragraph

Influence of Social media on Youth

Social media helps people connect with each other through time and space, share thoughts and impressions, congratulate on various occasions support each other when needed. That caused a massive globalization process and affected people from all over the world. And now it is time to limit the negative influence of Facebook and take responsibility for future generations.

What are the causes of homelessness?

Passing by a homeless person is not uncommon, especially in urban settings. Homelessness can be caused by many factors, including job loss, lack of family support, and the diminishing availability of affordable housing. Although it is easy for some to think that homelessness is caused by mental problems or general laziness, there are other factors to consider. Only when the whole scope of the problem is known can society begin to come up with a comprehensive solution.