

# Variational Method

Recall that in quantum mechanics, the ground state can be defined variationally as

$$E_0 = \min_{\psi} \frac{\langle \psi | \hat{H} | \psi \rangle}{\langle \psi | \psi \rangle}$$

To obtain exact result, the minimum is taken over full Hilbert space, but we can obtain upper bound on ED by a fewparameter ansatz  $|g_1, g_2, \dots\rangle$ , e.g.  $\langle r | g \rangle = e^{-\frac{1}{2}gr^2}$

$$E_0 \leq \frac{\langle g | \hat{H} | g \rangle}{\langle g | g \rangle}$$

The  $|g\rangle$  obtained in this way is in this sense the “best” approximation to  $|E_0\rangle$  in the Hilbert subspace  $|\{g\}\rangle$ .

We can do something similar in statistical physics.

Given  $T, H$ , we define the free-energy of an *arbitrary* distribution  $\rho$  by

$$\begin{aligned} F[\rho] &\equiv \sum \rho_{\mu} (H[\mu] + T \ln(\rho_{\mu})) \\ &= \langle H \rangle_{\rho} - TS[\rho] \end{aligned}$$

where we’ve used the Gibbs entropy

$$S[\rho] = - \sum_{\mu} \rho_{\mu} \log(\rho_{\mu})$$

Recall that  $\rho_{\beta} = \frac{1}{Z_{\beta}} e^{-\beta H} = e^{-\beta(H-F_0)}$  minimizes  $F$ :

$$F[\rho] \geq F[\rho_{\beta}] \equiv F_0$$

(Because  $\rho_{\beta}$  maximizes the Gibbs entropy subject to  $\langle E \rangle$ )

Given a few-parameter ansatz  $\rho_{\mu}(g)$ , we can then define our best approximation as

$$\min_g F[\rho(g)] > F_0 \quad (12)$$

and use  $\rho(g)$  to compute approximate observables.

Note that there is a simple way to see that (12) is true. Using  $\rho_{\beta} = e^{-\beta(H-F_0)}$ , we can write

$$\beta(F[\rho(g)] - F_0) = \beta[\langle H \rangle_{\rho(g)} - F_0] - S[\rho(g)]/k_B = \langle \ln(\rho(g)) \rangle_{\rho(g)} - \langle \ln(\rho(g)) \rangle$$

showing that the difference between the approximate and true free energy is proportional to the "KL" divergence

$$S_{KL}(P\|Q) = \sum P_i \ln \left( \frac{P_i}{Q_i} \right) \geq 0$$

which is non-negative (see Shannon entropy lecture, eq. (2)).

It is convenient to parameterize  $\rho(g)$  as a Boltzmann distribution corresponding to a fictitious Hamiltonian  $H_g$ ,

$$\rho(g) \equiv \frac{1}{Z_g} e^{-\beta H_g}.$$

Consider, for example, the generalized Ising Hamiltonian

$$H = -J \sum_{\langle i,j \rangle} \sigma_i \sigma_j$$

where the notation  $\langle i, j \rangle$  indicates that sites  $i$  and  $j$  are in contact (i.e. they are nearest neighbors) and each pair is only counted once. We might then choose  $H_g = -g \sum_i \sigma_i$ , where  $g$  is a parameter we will adjust. In terms of  $H_g$ , we have

$$F[\rho(g)] = \sum_{\mu} \frac{e^{-\beta H_g(\mu)}}{Z_g} \left( H(\mu) + \frac{1}{\beta} \ln \left( \frac{e^{-\beta H_g(\mu)}}{Z_g} \right) \right)$$

Defining  $e^{-\beta F_g} = Z_g = \sum_{\mu} e^{-\beta H_g(\mu)}$  ( $F_g \neq F[p(g)]$ !), we have

$$F[\rho(g)] = \langle H \rangle_g - \langle H_g \rangle_g + F_g$$

The lower bound

$$F[p(g)] - F_0 = F_g - F_0 + \langle H \rangle_g - \langle H_g \rangle_g \geq 0$$

is called the "Gibbs's inequality". It can be rewritten as

$$-\frac{1}{\beta} (\ln(Z_g) - \ln(Z)) + \langle H \rangle_g - \langle H_g \rangle_g \geq 0$$

$$\ln(Z) \geq \ln(Z_g) + \beta (\langle H_g \rangle_g - \langle H \rangle_g)$$

Let's try this for

$$H = -J \sum_{\langle i,j \rangle} \sigma_i \sigma_j,$$

$$H_g = -g \sum_i^N \sigma_i, \quad \text{"Mean field"}$$

We need to compute  $Z_g, \langle H_g \rangle_g, \langle H \rangle_g$

$$Z_g = (e^{\beta g} + e^{-\beta g})^N = [2 \cosh(\beta g)]^N \equiv z_g^N$$

$$F_g = -\frac{1}{\beta} N \ln[2 \cosh(\beta g)]$$

$$\langle H_g \rangle = -g \left\langle \sum_i \sigma_i \right\rangle_g$$

which depends on the mean magnetization  $m_g$  under the fictitious Hamiltonian,

$$m_g \equiv \langle \sigma_i \rangle_g = N^{-1} \left\langle \sum_j \sigma_j \right\rangle_g = (Ng)^{-1} \partial_\beta \ln(Z_g) = \tanh(\beta g) .$$

And crucially, because under  $\rho_g$  the different spins are uncorrelated,

$$\begin{aligned} \rho_g(\sigma_1, \sigma_2, \dots) &= \rho_g(\sigma_1) \rho_g(\sigma_2) \dots \\ &= \prod_i \underbrace{\left( \frac{e^{-\beta g \sigma_i}}{z_g} \right)}_{\rho_g(\sigma_i)} \end{aligned}$$

we obtain for the  $\rho_g$  averaged energy

$$\begin{aligned}
\langle H \rangle_g &= -J \sum_{\langle i,j \rangle} \langle \sigma_i \sigma_j \rangle_g = -J \sum_{\langle i,j \rangle} \langle \sigma_i \rangle_g \langle \sigma_j \rangle_g \\
&= -J \sum_{\langle i,j \rangle} m_g^2 = -J \sum_{\langle i,j \rangle} \tanh^2(\beta g) = \frac{N\zeta}{2} \tanh^2(\beta g)
\end{aligned}$$

where  $\zeta$  is the number of nearest neighbors each spin has - the so-called coordination number.

Putting it all together

$$\begin{aligned}
F[p(g)] &= \langle H \rangle_g - \langle H_g \rangle_g + F_g \\
&= -J \frac{N\zeta}{2} m_g^2 + N g m_g - \frac{1}{\beta} N \ln[2 \cosh(\beta g)]
\end{aligned}$$

Now, finally, we minimize ( $m'_g = \partial_g m_g$ ):

$$\begin{aligned}
\partial_g F[p(g)] &= N \partial_g \left[ -J \frac{\zeta}{2} m_g^2 + g m_g - \frac{1}{\beta} \ln(\cosh(\beta g)) \right] \\
&= N \left[ -J \zeta m_g m'_g + m'_g + m_g - \tanh(\beta g) \right] = 0 \\
g &= J \zeta \cdot m_g = J \cdot \zeta \cdot \tanh(\beta g) \\
&\text{"self-consistency"}
\end{aligned}$$

This has a simple physical interpretation: in  $H = -J \sum_{\langle i,j \rangle} \sigma_i \sigma_j$ , each  $\sigma_i$  sees "on average" a field  $J \zeta \langle \sigma_i \rangle_g = J \zeta m_g$  induced by its neighbors - suggesting  $H \approx -J \zeta m_g \sum_i \sigma_i$ . Since  $H_g = -g \sum_i \sigma_i$ , the condition is  $g = J \zeta m_g$ .

We can solve  $g = J \zeta \tanh(\beta g)$  analytically for small  $g$ :

$$g = J \zeta \beta g \left( 1 - \frac{1}{3} (\beta g)^2 \right) + \dots$$

Solution 1 :  $g = 0 \rightarrow m_g = 0$

But for  $T\zeta\beta > 1$ ,

$$1 = J\zeta\beta \left(1 - \frac{1}{3}(\beta g)^2\right)$$

Solution 2:  $\beta g = \pm \sqrt{3 \left(1 - \frac{1}{J\zeta\beta}\right)}$

$$m_g = \pm \sqrt{3 \left(1 - \frac{1}{J\zeta\beta}\right)}$$

For  $J\zeta\beta > 1$ , it can be verified this is lower-F solution: symmetry breaking!

Graphical Solution

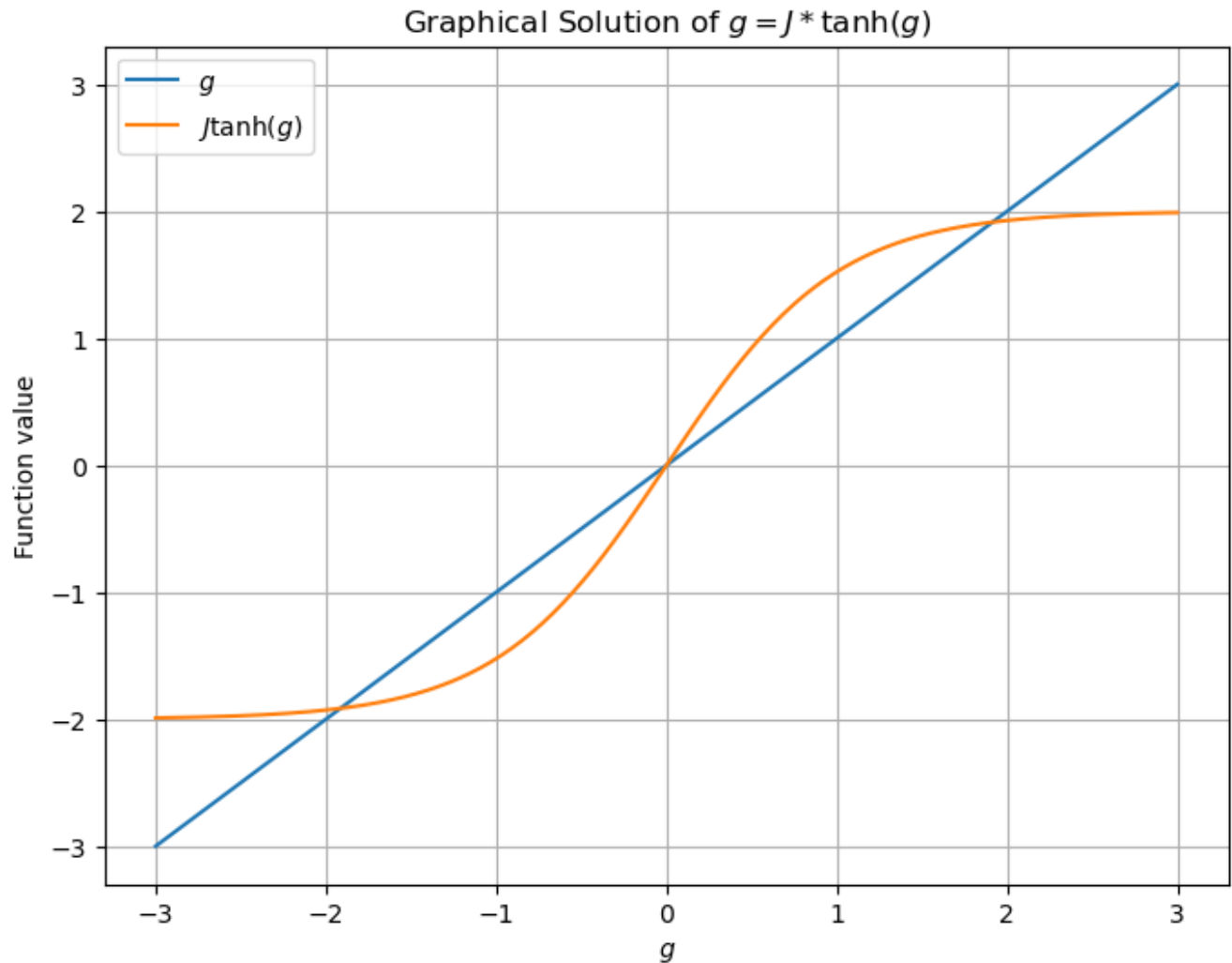
$$g = J\zeta \tanh(\beta g)$$

```
import numpy as np
import matplotlib.pyplot as plt

# Define the parameters
J = 2 # You can adjust J to see different behaviors
g_values = np.linspace(-3, 3, 400) # Range of g values for plotting

# Define the functions
g_function = g_values
tanh_function = J * np.tanh(g_values)

# Plotting
plt.figure(figsize=(8, 6))
plt.plot(g_values, g_function, label='$g$')
plt.plot(g_values, tanh_function, label='$J \tanh(g)$')
plt.title('Graphical Solution of $g = J \tanh(g)$')
plt.xlabel('$g$')
plt.ylabel('Function value')
plt.legend()
plt.grid(True)
plt.show()
```



Is this variational approximation good? It knows about the lattice and dimensions  $D = 1, 2, 3$  only through coordination number  $\zeta$ . e.g., for square lattice  $z = 2D$

But we know that the exact solution of 1D Ising model does not have symmetry breaking: the variational result is bad in 1D. On the other hand, if  $(D, z) \rightarrow \infty$ , you can verify  $F[\rho(g)]$  is identical to the exact result of the all-to-all model: it is good in large  $D$  and large  $\zeta$ .

For  $D = 2, 3$ , the accuracy is intermediate; it correctly predicts symmetry breaking but doesn't get  $T_c$  or  $m \sim |T - T_c|^\beta$  quantitatively right.

Previous

< [Finite dimensional Ising models](#)

