



**AFRIKA NGOUAN** is a herbal tea that has a broad action on people of various ages. The product is purgative so it cleanses the systems and the body in general. It is advisable for people of first, Second and third age.

## Treatments

- > Re-boosts the body's energy
- > Cold, flu and stomach aches
- > Anxiety problem, depression, nervous fatigue and nervous pain
- > Rheumatism problem
- > Bronchitis problem
- > Memory impairment and insomnia
- > Bad breath and sore throat
- > Arthritis and osteoarthritis problem
- > Kidney cleansing
- > Urinary tract infection
- > Digestive disorders
- > Burn fat
- > Asthma problem and blood purification

## Mode of use

> Preparation: Boil water at a high temperature, then add one teaspoon of herbal tea per cup and let it steep for an average of 5 minutes. Alternatively, you can directly boil two tablespoons of herbal tea in half a liter of water for approximately 15 minutes.

> Consumption: Remember to strain it well before drinking ! For preventive purposes, drink one cup in the morning and one cup in the evening. For curative purposes, drink one glass in the morning and one glass in the evening

## Ingredients

- > Kinkeliba seeds.
- > Leaves of the soursop tree.
- > Clove buds
- > cymbopogon citratus



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