

United States of America

Name:	ALABAMA		Abbreviation:	AL
Capital:	Montgomery	Most populous city:	Birmingham	
Population:	4,708,708	Square miles:	52,423	
Timezones:	CST (UTC-6)	EST (UTC-5)	Daylight Savings time:	YES

United States of America

Name:	ALASKA		Abbreviation:	AK
Capital:	Juneau	Most populous city:	Anchorage	
Population:	698,473	Square miles:	656,425	
Timezones:	AKST (UTC-09)	HST (UTC-10)	Daylight Savings time:	YES

United States of America

Name:	ARIZONA	Abbreviation:	AZ
Capital:	Phoenix	Most populous city:	Phoenix
Population:	6,595,778	Square miles:	114,006
Timezones:	MT (UTC-07)	Daylight Savings time:	NO

United States of America

Name:	ARKANSAS	Abbreviation:	AR
Capital:	Little Rock	Most populous city:	Little Rock
Population:	2,889,450	Square miles:	53,182
Timezones:	CST (UTC-6)	Daylight Savings time:	YES

United States of America

Name:	CALIFORNIA	Abbreviation:	CA
Capital:	Sacramento	Most populous city:	Los Angeles
Population:	36,961,664	Square miles:	163,707
Timezones:	PT (UTC-8)	Daylight Savings time:	YES

United States of America

Name:	COLORADO	Abbreviation:	CO
Capital:	Denver	Most populous city:	Denver
Population:	5,024,748	Square miles:	104,100
Timezones:	MT (UTC-07)	Daylight Savings time:	YES

United States of America

Name:	CONNECTICUT	Abbreviation:	CT
Capital:	Hartford	Most populous city:	Bridgeport
Population:	3,518,288	Square miles:	5,544
Timezones:	EST (UTC-5)		Daylight Savings time: YES

United States of America

Name:	DELAWARE	Abbreviation:	DE
Capital:	Dover	Most populous city:	Wilmington
Population:	885,122	Square miles:	1,954
Timezones:	EST (UTC-5)	Daylight Savings time:	YES

United States of America

Name:	FLORIDA	Abbreviation:	FL
Capital:	Tallahassee	Most populous city:	Jacksonville
Population:	18,537,969	Square miles:	65,758
Timezones:	EST (UTC-5)	CST (UTC-6)	Daylight Savings time: YES

United States of America

Name:	GEORGIA	Abbreviation:	GA
Capital:	Atlanta	Most populous city:	Atlanta
Population:	9,829,211	Square miles:	59,441
Timezones:	EST (UTC-5)	Daylight Savings time:	YES

United States of America

Name:	HAWAII	Abbreviation:	HI
Capital:	Honolulu	Most populous city:	Honolulu
Population:	1,295,178	Square miles:	10,932
Timezones:	HST (UTC-10)		Daylight Savings time: NO

United States of America

Name:	IDAHO		Abbreviation:	ID
Capital:	Boise	Most populous city:	Boise	
Population:	1,545,801	Square miles:	83,574	
Timezones:	MT (UTC-07)	PT (UTC-8)	Daylight Savings time:	YES

United States of America

Name:	ILLINOIS	Abbreviation:	IL
Capital:	Springfield	Most populous city:	Chicago
Population:	12,910,409	Square miles:	57,918
Timezones:	CST (UTC-6)	Daylight Savings time:	YES

United States of America

Name:	INDIANA		Abbreviation:	IN
Capital:	Indianapolis	Most populous city:	Indianapolis	
Population:	6,423,113	Square miles:	36,420	
Timezones:	EST (UTC-5)	CST (UTC-6)	Daylight Savings time:	YES

United States of America

Name:	IOWA	Abbreviation:	IA
Capital:	Des Moines	Most populous city:	Des Moines
Population:	3,007,856	Square miles:	56,276
Timezones:	CST (UTC-6)	Daylight Savings time:	YES

United States of America

Name:	KANSAS		Abbreviation:	KS
Capital:	Topeka	Most populous city:	Wichita	
Population:	2,818,747	Square miles:	82,282	
Timezones:	CST (UTC-6)	MT (UTC-07)	Daylight Savings time:	YES

United States of America

Name:	KENTUCKY		Abbreviation:	KY
Capital:	Frankfort	Most populous city:	Louisville	
Population:	4,314,113	Square miles:	40,411	
Timezones:	EST (UTC-5)	CST (UTC-6)	Daylight Savings time:	YES

United States of America

Name:	LOUISIANA	Abbreviation:	LA
Capital:	Baton Rouge	Most populous city:	New Orleans
Population:	4,492,076	Square miles:	51,843
Timezones:	CST (UTC-6)	Daylight Savings time:	YES

United States of America

Name:	MAINE	Abbreviation:	ME
Capital:	Augusta	Most populous city:	Portland
Population:	1,318,301	Square miles:	35,387
Timezones:	EST (UTC-5)		Daylight Savings time: YES

United States of America

Name:	MARYLAND	Abbreviation:	MD
Capital:	Annapolis	Most populous city:	Baltimore
Population:	5,699,478	Square miles:	12,407
Timezones:	EST (UTC-5)		Daylight Savings time: YES

United States of America

Name:	MASSACHUSETTS	Abbreviation:	MA
Capital:	Boston	Most populous city:	Boston
Population:	6,593,587	Square miles:	10,555
Timezones:	EST (UTC-5)	Daylight Savings time:	YES

United States of America

Name:	MICHIGAN	Abbreviation:	MI
Capital:	Lansing	Most populous city:	Detroit
Population:	9,969,727	Square miles:	96,810
Timezones:	EST (UTC-5)	CST (UTC-6)	Daylight Savings time: YES

United States of America

Name:	MINNESOTA		Abbreviation:	MN
Capital:	Saint Paul	Most populous city:	Minneapolis	
Population:	5,266,214	Square miles:	86,943	
Timezones:	CST (UTC-6)		Daylight Savings time:	YES

United States of America

Name:	MISSISSIPPI	Abbreviation:	MS
Capital:	Jackson	Most populous city:	Jackson
Population:	2,951,996	Square miles:	48,434
Timezones:	CST (UTC-6)	Daylight Savings time:	YES

United States of America

Name:	MISSOURI	Abbreviation:	MO
Capital:	Jefferson City	Most populous city:	Kansas City
Population:	5,987,580	Square miles:	69,709
Timezones:	CST (UTC-6)		Daylight Savings time: YES

United States of America

Name:	MONTANA	Abbreviation:	MT
Capital:	Helena	Most populous city:	Billings
Population:	974,989	Square miles:	147,046
Timezones:	MT (UTC-07)		Daylight Savings time: YES

United States of America

Name:	NEBRASKA		Abbreviation:	NE
Capital:	Lincoln	Most populous city:	Omaha	
Population:	1,796,619	Square miles:	77,358	
Timezones:	CST (UTC-6)	MT (UTC-07)	Daylight Savings time:	YES

United States of America

Name:	NEVADA		Abbreviation:	NV
Capital:	Carson City	Most populous city:	Las Vegas	
Population:	2,643,085	Square miles:	110,567	
Timezones:	PT (UTC-8)	MT (UTC-07)	Daylight Savings time:	YES

United States of America

Name:	NEW HAMPSHIRE		Abbreviation:	NH
Capital:	Concord	Most populous city:	Machester	
Population:	1,324,575	Square miles:	9,351	
Timezones:	EST (UTC-5)		Daylight Savings time:	YES

United States of America

Name:	NEW JERSEY		Abbreviation:	NJ
Capital:	Trenton	Most populous city:	Newark	
Population:	8,707,739	Square miles:	8,722	
Timezones:	EST (UTC-5)		Daylight Savings time:	YES

United States of America

Name:	NEW MEXICO		Abbreviation:	NM
Capital:	Santa Fe	Most populous city:	Albuquerque	
Population:	2,009,671	Square miles:	121,593	
Timezones:	MT (UTC-07)		Daylight Savings time:	YES

United States of America

Name:	NEW YORK	Abbreviation:	NY
Capital:	Albany	Most populous city:	New York
Population:	19,541,453	Square miles:	54,475
Timezones:	EST (UTC-5)	Daylight Savings time:	YES

United States of America

Name:	NORTH CAROLINA		Abbreviation:	NC
Capital:	Raleigh	Most populous city:	Charlotte	
Population:	9,380,884	Square miles:	53,821	
Timezones:	EST (UTC-5)		Daylight Savings time:	YES

United States of America

Name:	NORTH DAKOTA		Abbreviation:	ND
Capital:	Bismarck	Most populous city:	Fargo	
Population:	646,844	Square miles:	70,704	
Timezones:	CST (UTC-6)	MT (UTC-07)	Daylight Savings time:	YES

United States of America

Name:	OHIO	Abbreviation:	OH
Capital:	Columbus	Most populous city:	Columbus
Population:	11,542,645	Square miles:	44,828
Timezones:	EST (UTC-5)	Daylight Savings time:	YES

United States of America

Name:	OKLAHOMA	Abbreviation:	OK
Capital:	Oklahoma City	Most populous city:	Oklahoma City
Population:	3,687,050	Square miles:	69,903
Timezones:	CST (UTC-6)	Daylight Savings time:	YES

United States of America

Name:	OREGON		Abbreviation:	OR
Capital:	Salem	Most populous city:	Portland	
Population:	3,825,657	Square miles:	98,386	
Timezones:	PT (UTC-8)	MT (UTC-07)	Daylight Savings time:	YES

United States of America

Name:	PENNSYLVANIA		Abbreviation:	PA
Capital:	Harrisburg	Most populous city:	Philadelphia	
Population:	12,604,767	Square miles:	46,058	
Timezones:	EST (UTC-5)		Daylight Savings time:	YES

United States of America

Name:	RHODE ISLAND		Abbreviation:	RI
Capital:	Providence	Most populous city:	Providence	
Population:	1,053,209	Square miles:	1,545	
Timezones:	EST (UTC-5)		Daylight Savings time:	YES

United States of America

Name:	SOUTH CAROLINA		Abbreviation:	SC
Capital:	Columbia	Most populous city:	Columbia	
Population:	4,561,242	Square miles:	32,007	
Timezones:	EST (UTC-5)		Daylight Savings time:	YES

United States of America

Name:	SOUTH DAKOTA		Abbreviation:	SD
Capital:	Pierre	Most populous city:	Sioux Falls	
Population:	812,383	Square miles:	77,121	
Timezones:	CST (UTC-6)	MT (UTC-07)	Daylight Savings time:	YES

United States of America

Name:	TENNESSEE		Abbreviation:	TN
Capital:	Nashville	Most populous city:	Memphis	
Population:	6,296,254	Square miles:	42,146	
Timezones:	CST (UTC-6)	EST (UTC-5)	Daylight Savings time:	YES

United States of America

Name:	TEXAS	Abbreviation:	TX
Capital:	Austin	Most populous city:	Houston
Population:	24,782,302	Square miles:	268,601
Timezones:	CST (UTC-6)	MT (UTC-07)	Daylight Savings time: YES

United States of America

Name:	UTAH		Abbreviation:	UT
Capital:	Salt Lake City	Most populous city:	Salt Lake City	
Population:	2,784,572	Square miles:	84,904	
Timezones:	MT (UTC-07)		Daylight Savings time:	YES

United States of America

Name:	VERMONT	Abbreviation:	VT
Capital:	Montpelier	Most populous city:	Burlington
Population:	621,760	Square miles:	9,615
Timezones:	EST (UTC-5)		Daylight Savings time: YES

United States of America

Name:	VIRGINIA	Abbreviation:	VA
Capital:	Richmond	Most populous city:	Virginia Beach
Population:	7,882,590	Square miles:	42,769
Timezones:	EST (UTC-5)	Daylight Savings time:	YES

United States of America

Name:	WASHINGTON		Abbreviation:	WA
Capital:	Olympia	Most populous city:	Seattle	
Population:	6,664,195	Square miles:	71,303	
Timezones:	PT (UTC-8)		Daylight Savings time:	YES

United States of America

Name:	WEST VIRGINIA		Abbreviation:	WV
Capital:	Charleston	Most populous city:	Charleston	
Population:	1,819,777	Square miles:	24,231	
Timezones:	EST (UTC-5)		Daylight Savings time:	YES

United States of America

Name:	WISCONSIN	Abbreviation:	WI
Capital:	Madison	Most populous city:	Milwaukee
Population:	5,654,774	Square miles:	65,503
Timezones:	CST (UTC-6)	Daylight Savings time:	YES

United States of America

Name:	WYOMING	Abbreviation:	WY
Capital:	Cheyenne	Most populous city:	Cheyenne
Population:	544,270	Square miles:	97,818
Timezones:	MT (UTC-07)	Daylight Savings time:	YES