How to install extractFormants on your computer:

1. Install **Praat**. You can download it from http://www.fon.hum.uva.nl/praat/
   Put the file *Praat.app* into the */Applications* folder on your computer.

2. **Add Praat to the path of your shell**: In Terminal, go to your home
   directory: `cd ~`. List all files in it, including hidden files, by typing `ls -la`.
   Check whether a *.bash_login* (or *.bash_profile*) file is listed. If not, create the
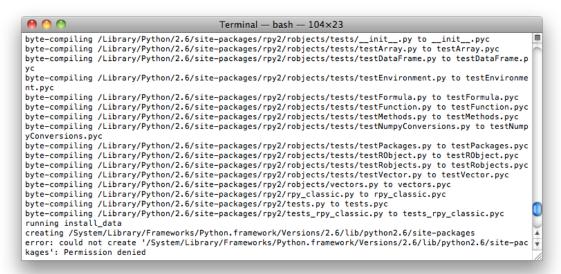   empty file by typing `touch .bash_login`.
   Open the file (`open .bash_login`, or via Finder), and add the following line to
   the file:

   ```
   PATH=$PATH:/Applications/Praat.app/Contents/MacOS
   ```

   To check that Praat is indeed in your path now, open a new Terminal window
   and type in `praat`. You should see Praat opening.

3. Install **R** (the statistics package). You can download it from http://www.r-project.org/

4. Download the **rpy2 module** for python from
   http://rpy.sourceforge.net/rpy2.html   As of this writing, the latest version is
   rpy2-2.1.8.tar.gz. Unzip the file.

5. Install **rpy2**: Open a new terminal window and `cd` into the resulting *rpy2-
   2.1.8* folder (e.g. by typing `cd Downloads/rpy2-2.1.8`).
   Type `python setup.py install`. If this gives you a "Permission denied"
   error,

   repeat with `sudo python setup.py install`. You will be prompted for
   a password, which should be your administrator password.

6. Install **extractFormants**: Unzip the *extractFormants.zip* folder and move it to wherever you want it on your computer.

And that's it...