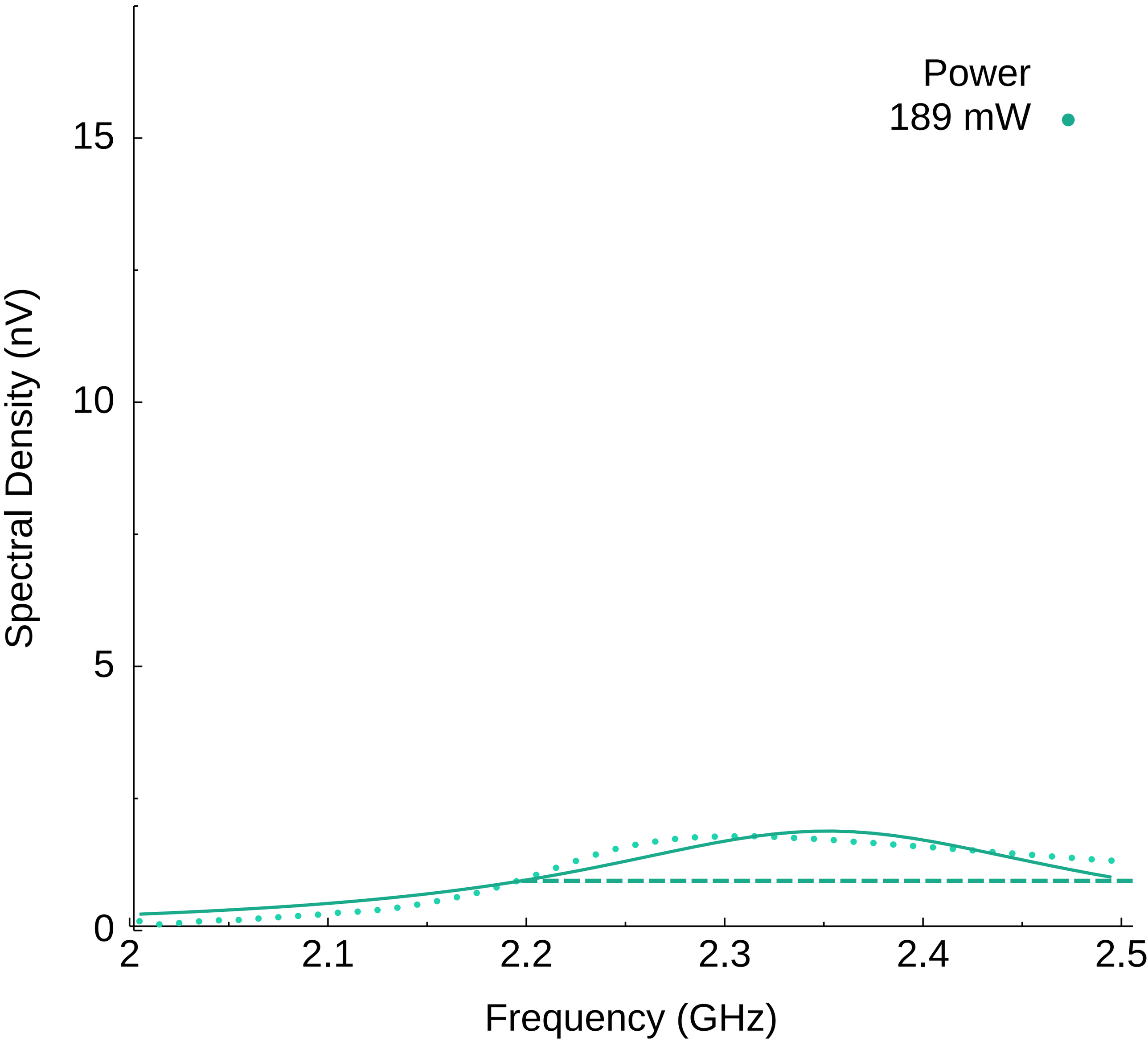Liquid-CoreAnti-Stokes