

Topic 5

5. Loss and dispersion limits

5.1 Introduction

5.2 Review of Fibre Properties

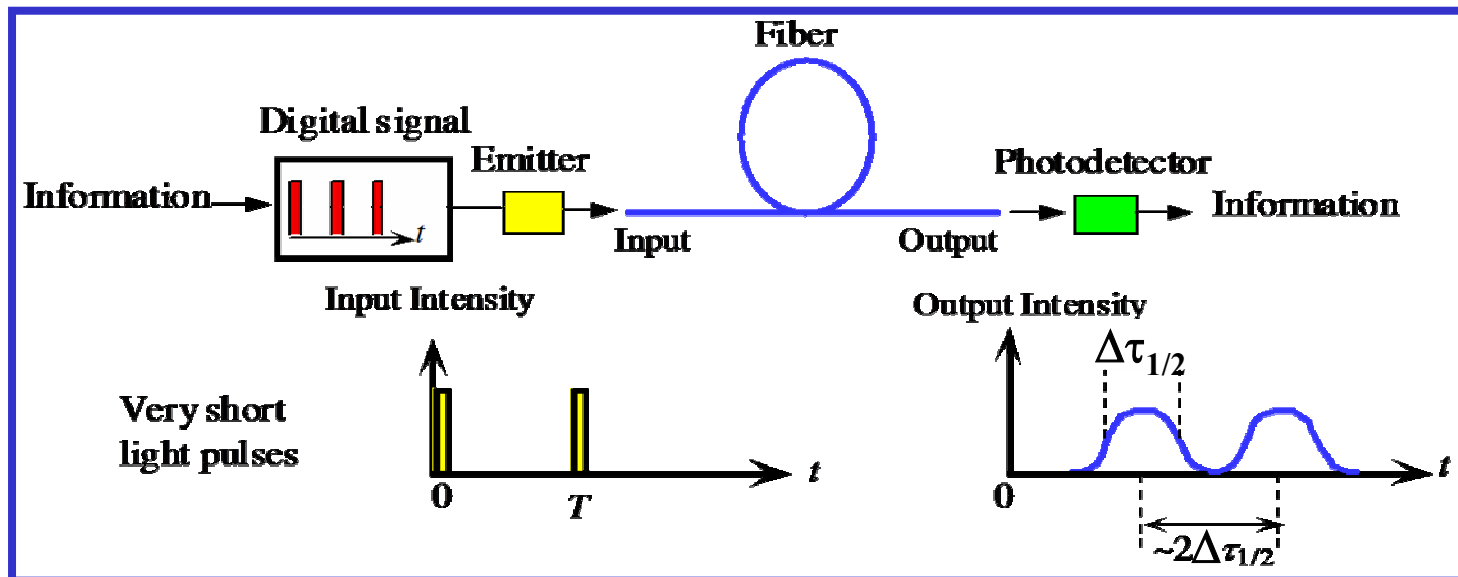
- i) Repeater spacing (longest length without “boost”)
- ii) Bandwidth

5.3 Characteristics

- i) Attenuation
- ii) dB and dBm
- iii) Dispersion

5.4 Power Budget

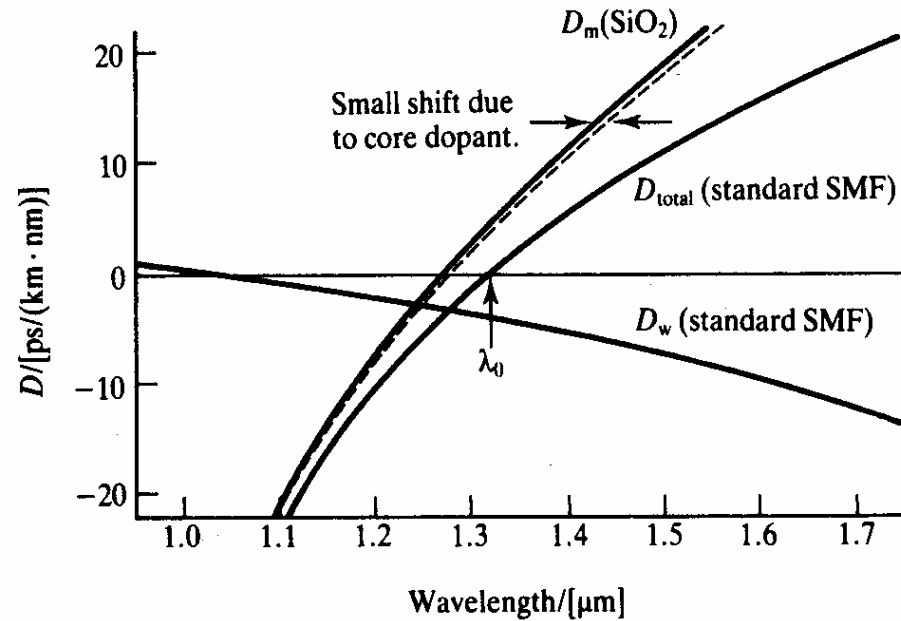
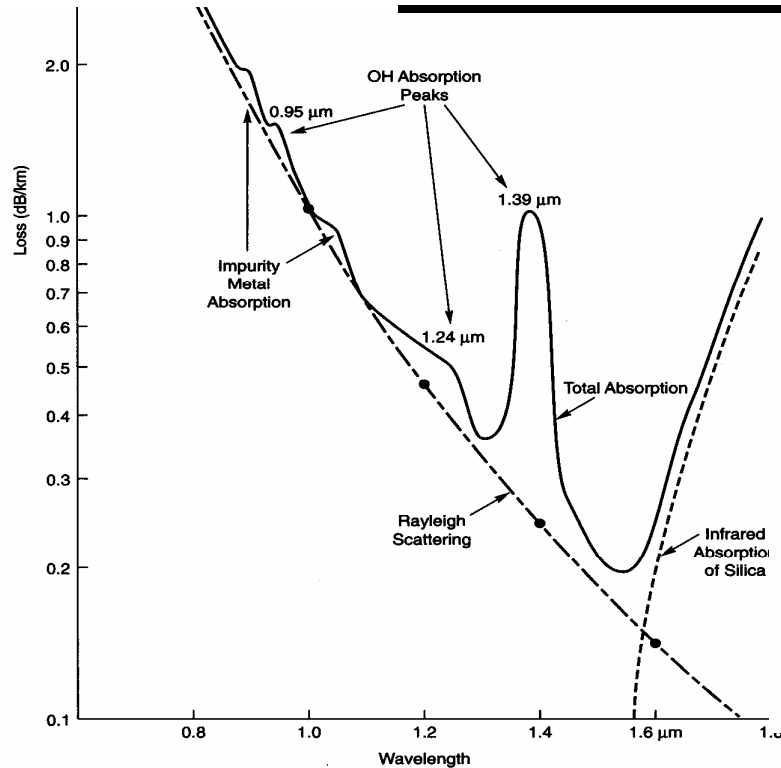
Introduction



The limits in an optical communication system:

1. Signal attenuation due to **optical loss**: limit how far the signal can travel (longest distance without “boost”)
2. Signal distortion due to **optical dispersion**: limit signal resolution (bit-rate)

Review of Fibre Properties



Optical loss: 5 major reasons (see Slide 3 in Topic 4)

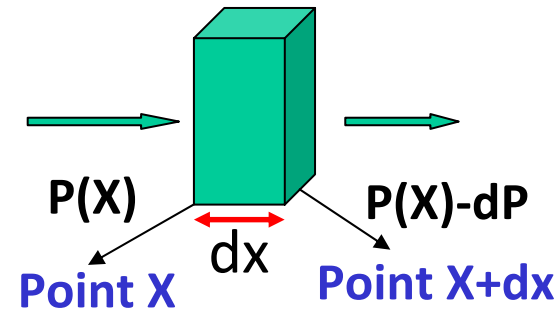
Optical dispersion: Intermodal and Intermodal (material, waveguide)

Minimising optical loss and optical dispersion:
longest length of optical fibre and highest bit-rate

Attenuation coefficient

- Definition of attenuation coefficient (α): fractional decrease in optical power per unit distance

$$\alpha = -\frac{1}{P} \frac{dP}{dx}$$



$P(x)$: optical power in the fiber at a location X from the input

- Unit dB: **Number of Decibels for loss**

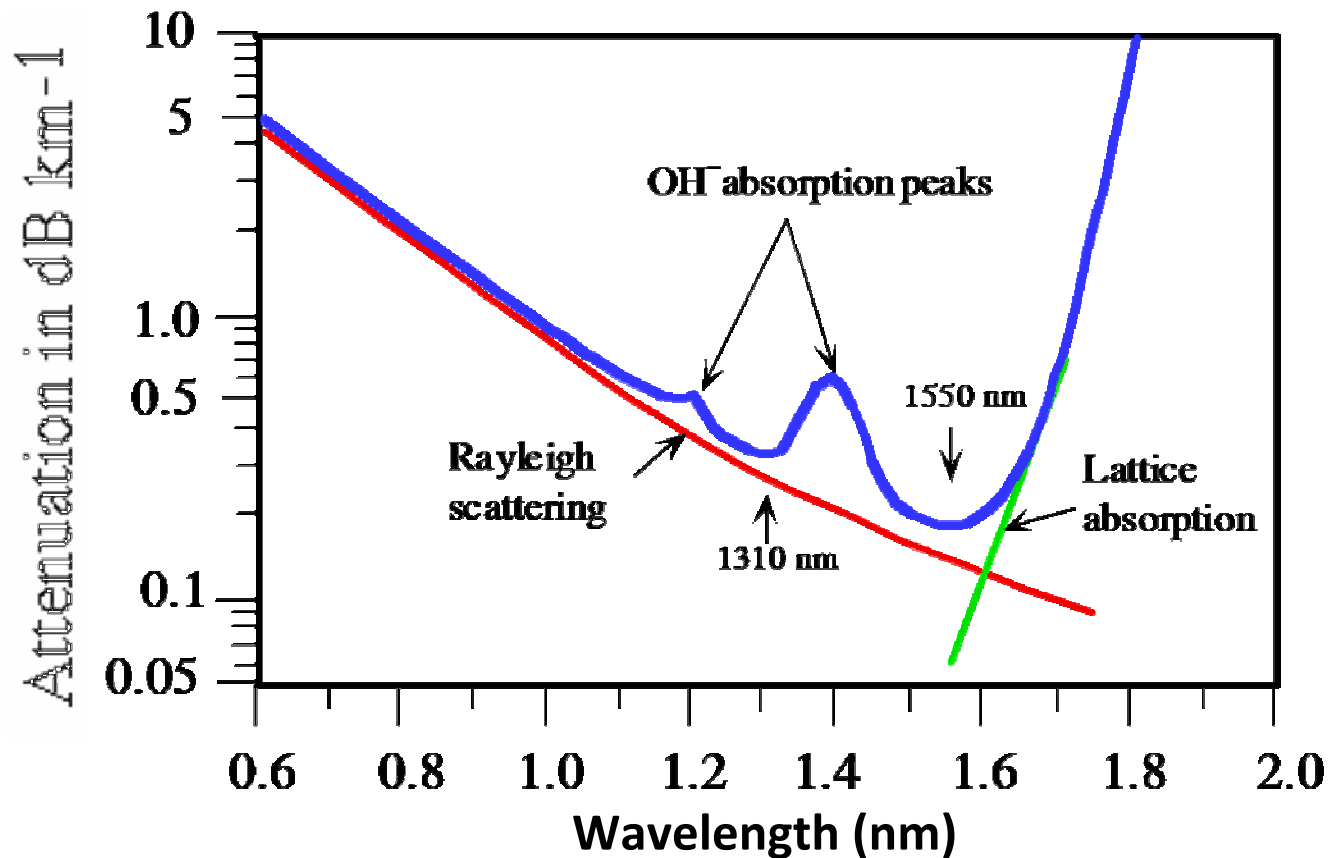
$$dB = 10 \log\left(\frac{P_{in}}{P_{out}}\right)$$

- Number of Decibels for loss per unit distance (kilometre)

$$dB = \frac{10}{L} \log\left(\frac{P_{in}}{P_{out}}\right)$$

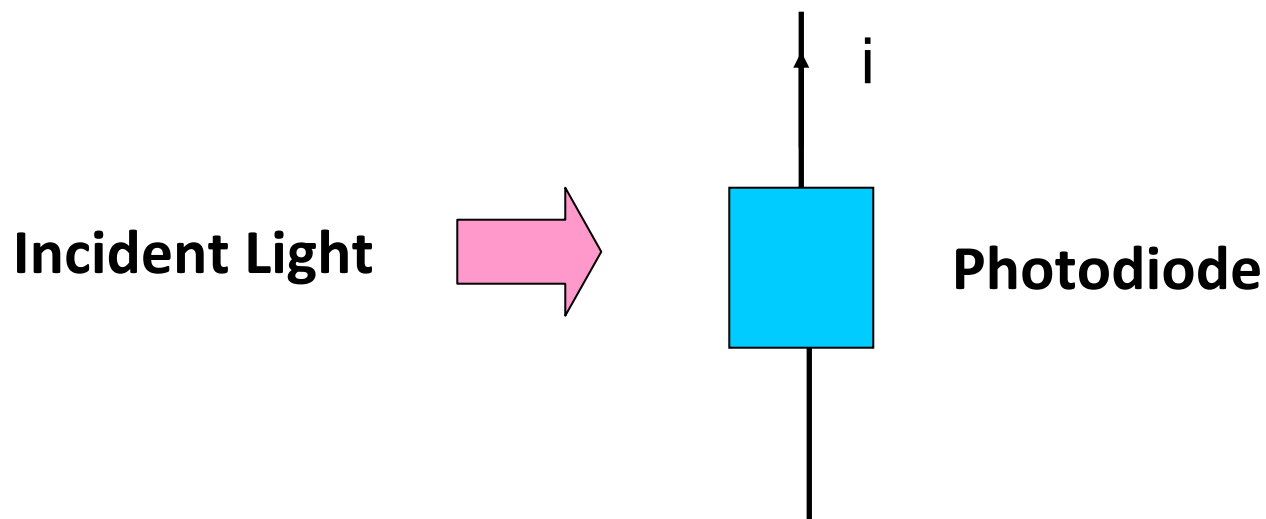
- Optical fibre loss (1000 dB/km ~ 1dB/meter) in 1953, meaning **2mW** laser will drop to **1.58 mW** in only a meter distance
- Optical fibre loss (20 dB/km ~ 0.02dB/meter) in 1970, meaning **2mW** laser will drop to **1.99 mW** in a meter distance.

Attenuation coefficient of a silica fiber



- Sharp increase at $\lambda > 1.6 \mu\text{m}$ (*infrared region*)
- Strong absorption due to the OH- mainly at 1.2 and 1.4 μm .
- Latest progress on a new kind of fiber (plastic), eliminating absorption due to OH-

Electrical vs. Optical dBm



- If we double the incident optical power

(1) Optical Power x2 gives – Electrical power x4 as $\text{Power} \propto i^2$

(2) 3dB of Optical power gives 6 dB electrical power

In the rest of this course we only deal with dB_{opt} , unless indicated

Why bother with dBm ? (1)

For convenience, we introduce dBm, which is based on a fixed output power of 1 mW

$$dB = 10 \log\left(\frac{P}{P_{ref}}\right)$$
$$dBm = 10 \log\left(\frac{P}{1mW}\right)$$

Laser = -1dBm



Attenuator 10dB



Output Power?

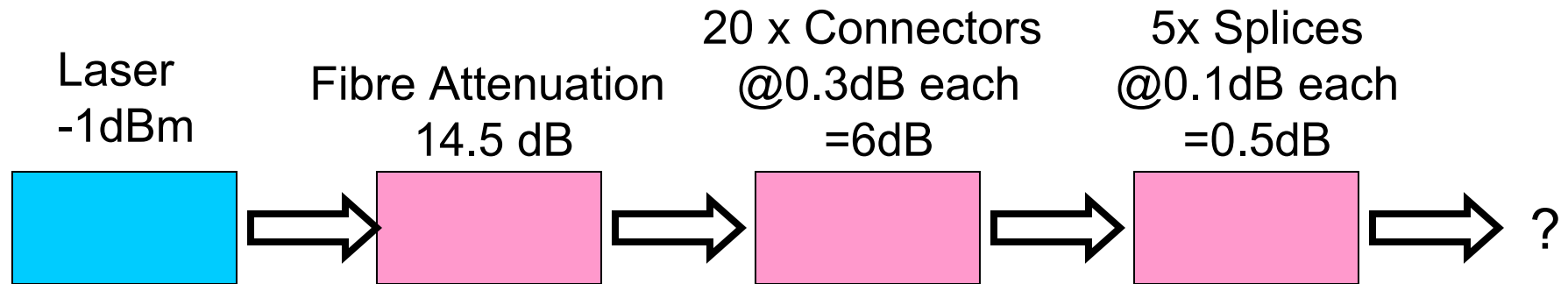
-1dBm meaning

$$-1 = 10 \log\left(\frac{P_{in}}{1mW}\right)$$

Therefore, $P_{out} = 0.7943$ mW,

For a 10 dB attenuator, 10 dB means $(P_{in}/P_{out}) = 10^{10/10}$, and thus $P_{out} = 0.0794$ mW (-11 dBm, i.e., -1dBm-10dB=-11dBm)

Why bother with dBm ? (2)



$$dB = 10 \log\left(\frac{P_{in}}{P_{out}}\right)$$

$$dBm = 10 \log\left(\frac{P_{in}}{1mW}\right)$$

(1) Easy – Total loss = 21dB

$$(P_{in}/P_{out}) = 10^{21/10} = 126$$

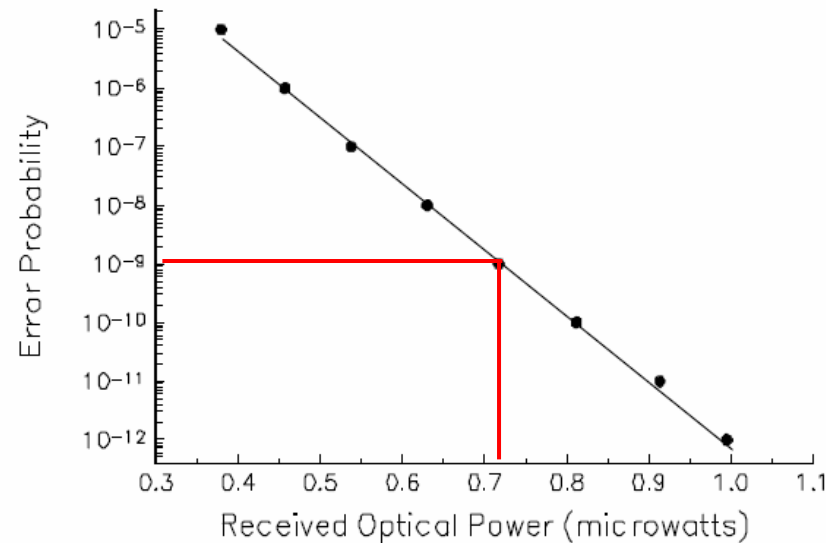
$$P_{out} = 0.795mW/126 = 0.63\mu W$$

(2) Easier way $\Rightarrow -1dBm - 21dB = -22dBm = 0.63\mu W$

- Important when we have many sources of gain and loss!
- Remember attenuation is –ve, amplification is +ve

dBm level	Power	22 dBm	160 mW
80 dBm	100 kW	21 dBm	125 mW
60 dBm	1 kW = 1000 W	20 dBm	100 mW
50 dBm	100 W	15 dBm	32 mW
40 dBm	10 W	10 dBm	10 mW
37 dBm	5 W	6 dBm	4.0 mW
36 dBm	4 W	5 dBm	3.2 mW
33 dBm	2 W	4 dBm	2.5 mW
30 dBm	1 W = 1000 mW	3 dBm	2.0 mW
27 dBm	500 mW	2 dBm	1.6 mW
26 dBm	400 mW	1 dBm	1.3 mW
25 dBm	316 mW	0 dBm	1.0 mW = 1000 μW
24 dBm	250 mW	-1 dBm	794 μW
23 dBm	200 mW	-3 dBm	501 μW
		-5 dBm	316 μW
		-10 dBm	100 μW
		-20 dBm	10 μW
		-30 dBm	1.0 μW = 1000 nW
		-40 dBm	100 nW

Attenuation Limitation-1



- Optical signal is too low, and the correct data cannot be received
- (1) An optical communication system: Bit Error Ratio (BER) < 10⁻⁹.
- (2) The minimum number of photons required depends on receiver sensitivity

- Assuming that the minimum number of photon required is N_p per bit, the bit rate is B , and the wavelength is λ , the minimum optical power requested is given :

$$p_{\min} = h \frac{c}{\lambda} N_p B$$

Attenuation Limitation-2

- If we know the optical power of the input optical source P_i and the minimum optical power requested by a photo-detector

$$p_{\min} = h \frac{c}{\lambda} N_p B$$

the total optical losses are allowed:

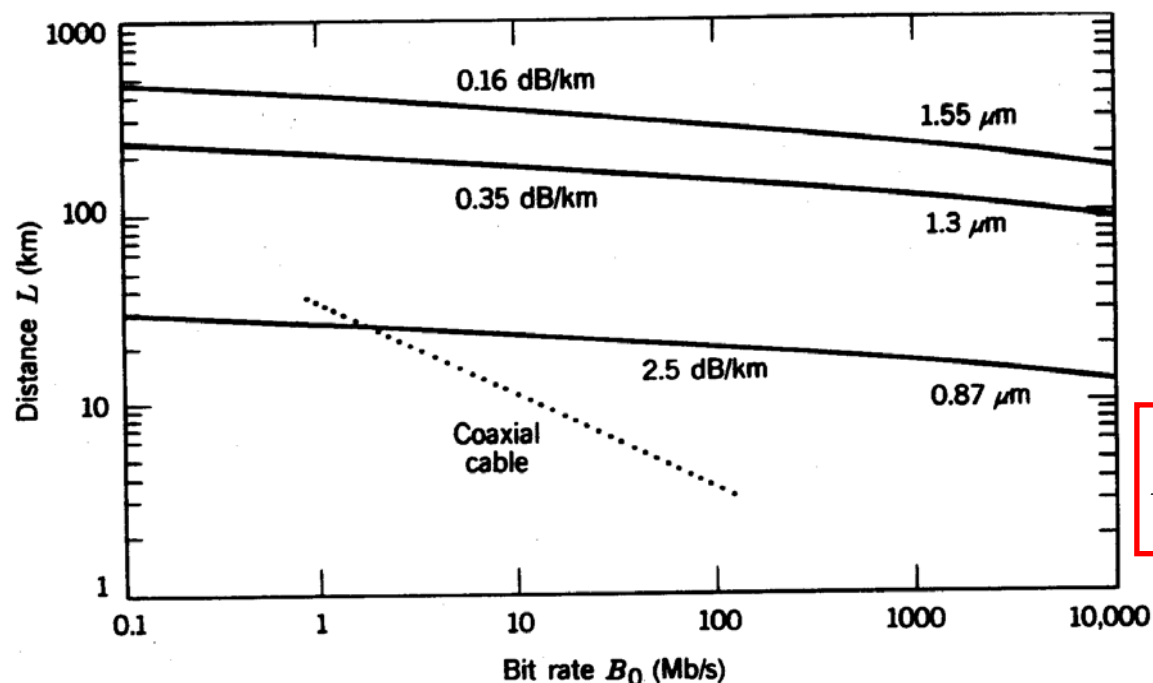
$$dB_{total} = 10 \log\left(\frac{P_i}{p_{\min}}\right)$$

- Assuming that α : loss coefficient of the fiber (in dB/km)

the maximum fiber length would be

$$L_{\max} = \frac{dB_{total}}{\alpha} = \frac{10}{\alpha} \log\left(\frac{P_i}{p_{\min}}\right) = \frac{10}{\alpha} \log\left(\frac{P_i}{N_p B h c / \lambda}\right)$$

Attenuation and Bit-Rate



$$L_{\max} = \frac{10}{\alpha} \log\left(\frac{P_i}{N_p B h c / \lambda}\right)$$

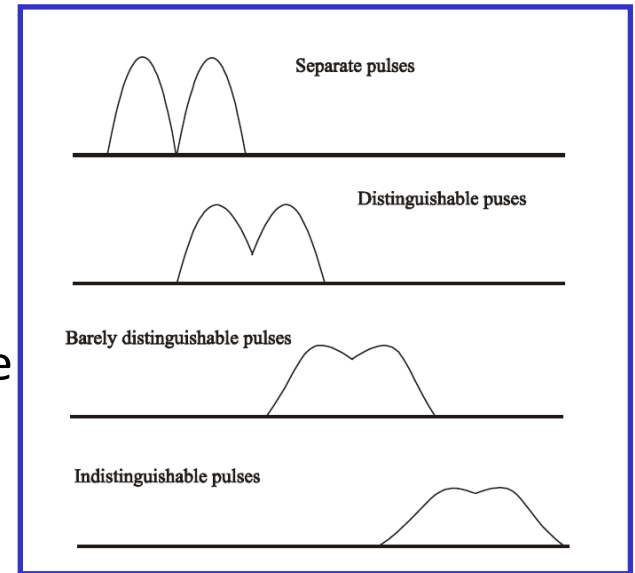
Figure 22.3-4 Maximum fiber length L as a function of bit rate B_0 under attenuation-limited conditions for a fused silica glass fiber operating at wavelengths $\lambda_o = 0.87, 1.3$, and $1.55 \mu\text{m}$ assuming fiber attenuation coefficients $\alpha = 2.5, 0.35$, and 0.16 dB/km , respectively; source power $P_s = 1 \text{ mW}$ ($\mathcal{P}_s = 0 \text{ dBm}$); receiver sensitivity $\bar{n}_0 = 300$ photons/bit for receivers operating at 0.87 and $1.3 \mu\text{m}$ and $\bar{n}_0 = 1000$ for the receiver operating at $1.55 \mu\text{m}$; and $P_c = P_m = 0$. For comparison, the L - B_0 relation for a typical coaxial cable is also shown.

Bit (binary digit): basic capacity of information in telecommunications;
a bit can have the value of either one or Zero only

Bit rate: number of bits that are transmitted or processed per unit of time.

Bit-Rate Capacity

- **Bit rate capacity** is directly related to the **dispersion characteristics**.
- **Bit rate capacity B** (bits per second) of the fiber:
The maximum rate at which the digital data can be transmitted along the fiber.



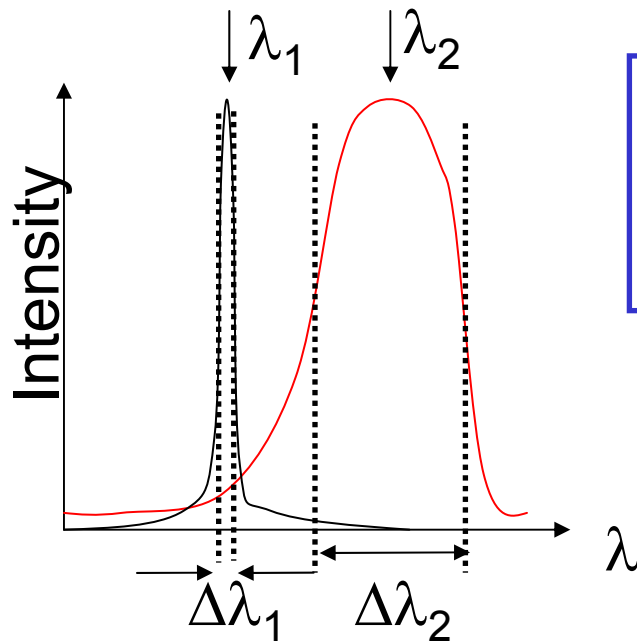
For a particular wavelength, if the length of an optical fibre increases, optical dispersion will increase as well, **limiting the bit-rate capacity**.

Therefore, a compromise between length and bit-rate will be made
i) Long length and low bit-rate; or ii) short length and high bit-rate

Simple characteristics describing the overall capability:

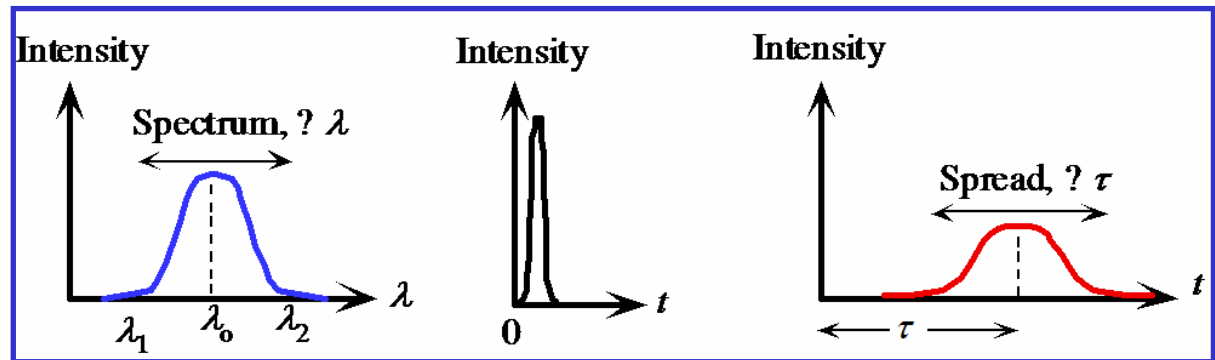
product of bit-rate (B) and length of optical fibre (L), i.e., BL product

Light source - Wavelength and Linewidth



Operating wavelength (λ): Peak wavelength

Linewidth ($\Delta\lambda$): Full Width at Half Maximum



$\Delta\lambda$: linewidth of intensity between the half-intensity points (**wavelength spectrum**).

$\Delta\tau$: linewidth of the output light intensity between the half-intensity points (**vs. time**)

$$\Delta\tau = L\Delta\lambda D(\lambda)_{\text{total}}$$

$$D : \text{ps km}^{-1} \text{nm}^{-1}$$

- No perfectly monochromatic light source
- Optical pulse with various components
- Each component with a different λ will propagate at a different group velocity

⇒ The different components arrives **at different time** at the end of fiber, leading to **broadening of output light pulse**.¹³

Dispersion Limit and Bit-rate

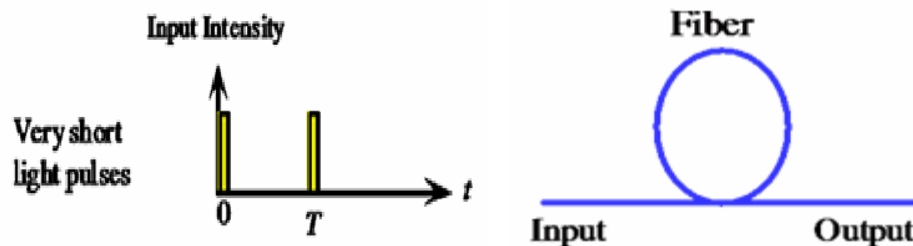
- Optical Dispersion limit
 - Optical Pulse Broadening Depends on:
 - Fiber dispersion** (material dispersion waveguide dispersion, etc): $D(\lambda)_{\text{total}}$
 - Linewidth** of the optical source: $\Delta\lambda$
 - Transmission Distance**: L

$$\Delta\tau = L\Delta\lambda D(\lambda)_{\text{total}}$$

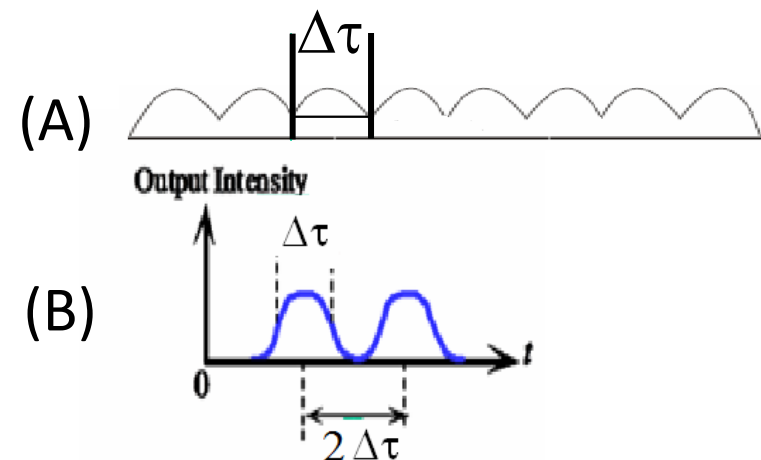
$\Delta\lambda$: the linewidth of intensity between the half-intensity points (wavelength spectrum).

$\Delta\tau$: the linewidth of the output light intensity between the half-intensity points (vs. time).

D : $\text{ps km}^{-1}\text{nm}^{-1}$



Input: very short-duration light pulse
 Output: a pulse that is broadened
 (by $\Delta\tau = L\Delta\lambda D(\lambda)_{\text{total}}$)



In case A: Bit rate $B = 1/\Delta\tau$ (bit slot: $T = \Delta\tau$)

In case B: Bit rate $B = 1/(2\Delta\tau)$ (bit slot: $T = 2\Delta\tau$)

BL Product

Further using case B as an example, we can simply conclude the relationship between optical pulse width and bit-rate $B = 1/2 \Delta\tau$,

We have learnt: $\Delta\tau = L\Delta\lambda D(\lambda)$,

$$BL = \frac{L}{2\Delta\tau} = \frac{L}{2L\Delta\lambda|D_{total}|} = \frac{1}{2\Delta\lambda|D_{total}|}$$

- ⇒ BL is the **intrinsic properties** of the fiber, and only depends on D_{total} (total dispersion coefficient) and also of the linewidth of optical source.
- In specifications, the fiber length is taken as 1km.
 - Ex., step-index single mode fiber @ $\lambda = 1300$ nm and excited by a laser diode source
- ⇒ Unit for $BL \sim \text{Gb s}^{-1} \text{ km}$

Given the fibre length required by an optical system, the maximum bit-rate allowed can be obtained

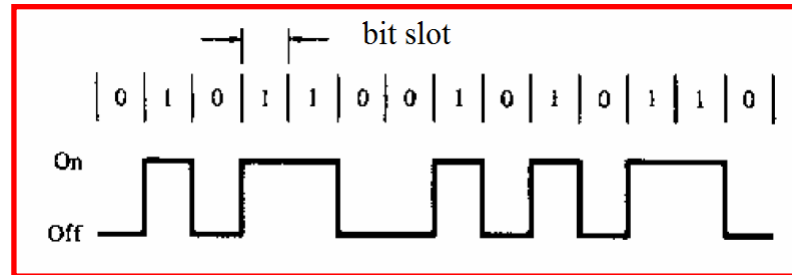
(Depends on the fibre length used)

$$B = \frac{1}{2\Delta\lambda|D_{total}|L}$$

Return-to-zero (RZ) and Nonreturn-to-zero (NRZ)

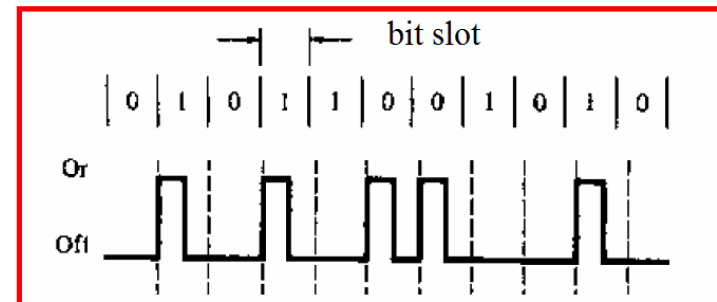
- **Nonreturn-to-zero (NRZ) optical pulse**

The binary 1 level is hold for the whole bit period



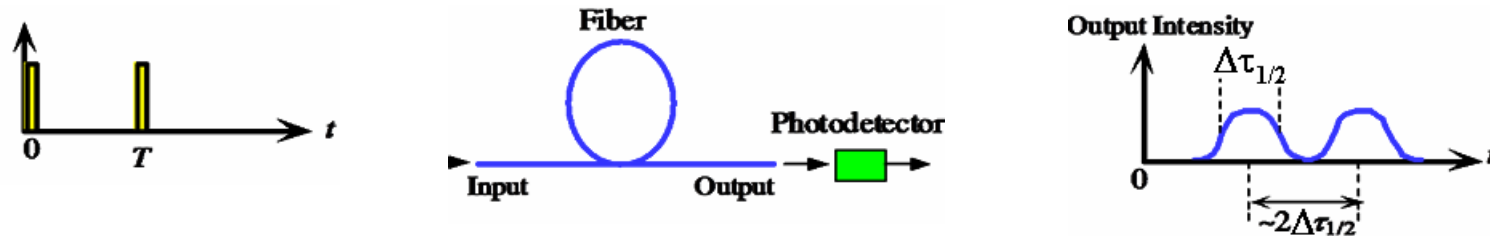
- **Return-to-zero (RZ) optical pulse**

(1) The binary 1 level is hold for only part (half) of the bit period; and 0 level for the rest part of the bit period



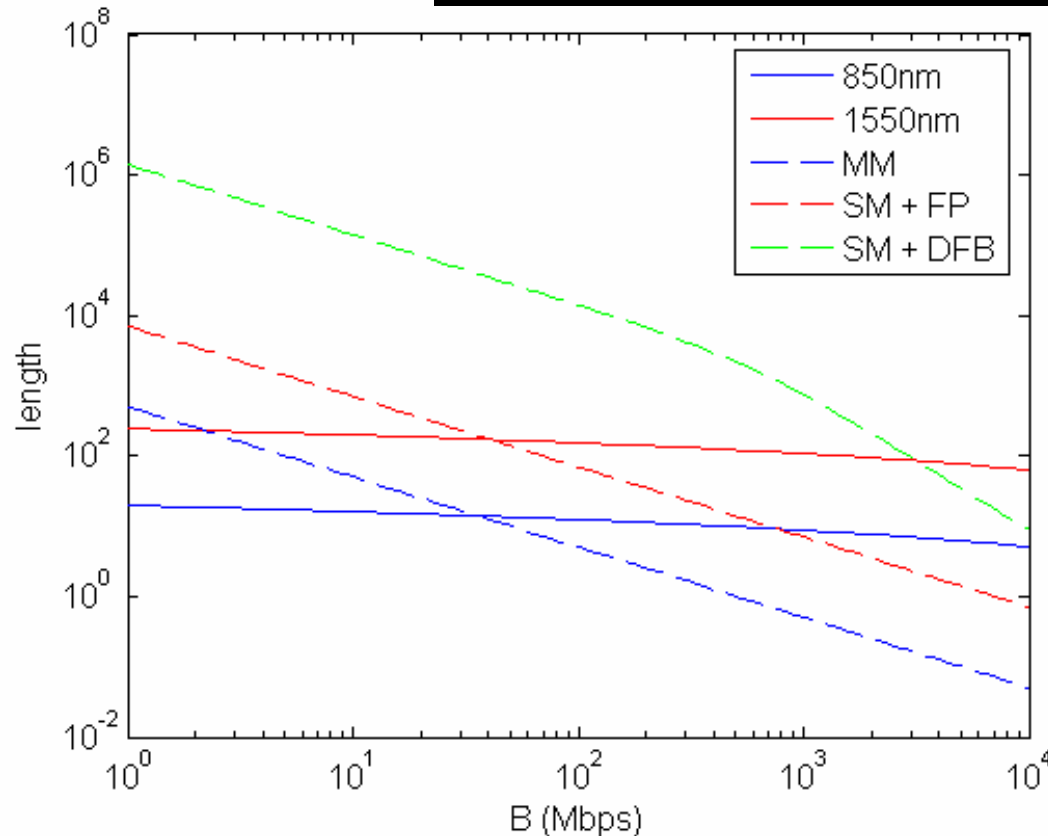
- **In practical applications, Bit rate $B(\text{NRZ}) > B(\text{RZ})$** (generally speaking a factor of two, i.e., $B(\text{NRZ}) = 2 B(\text{RZ})$)

Summary of Bit rate B and BL product



- Bit rate $B \propto 1/\Delta\tau$
- Dispersion increases with fiber length L and also with the linewidth of source wavelength $\Delta\lambda$ (related to $\Delta\tau = L\Delta\lambda D(\lambda)$)
- ⇒ Dispersion $\Delta\tau \uparrow$, as $L \uparrow$ and $\Delta\lambda \uparrow$
- ⇒ Bit rate $B \propto 1/\Delta\tau \downarrow$, as $L \uparrow$ and $\Delta\lambda \uparrow$
- It is customary to specify the product of the bit rate B with the fiber length L at the operating wavelength for a given emitter.
- The BL product, called the **bit-rate \times length product**, describes the intrinsic properties of an optical fibre

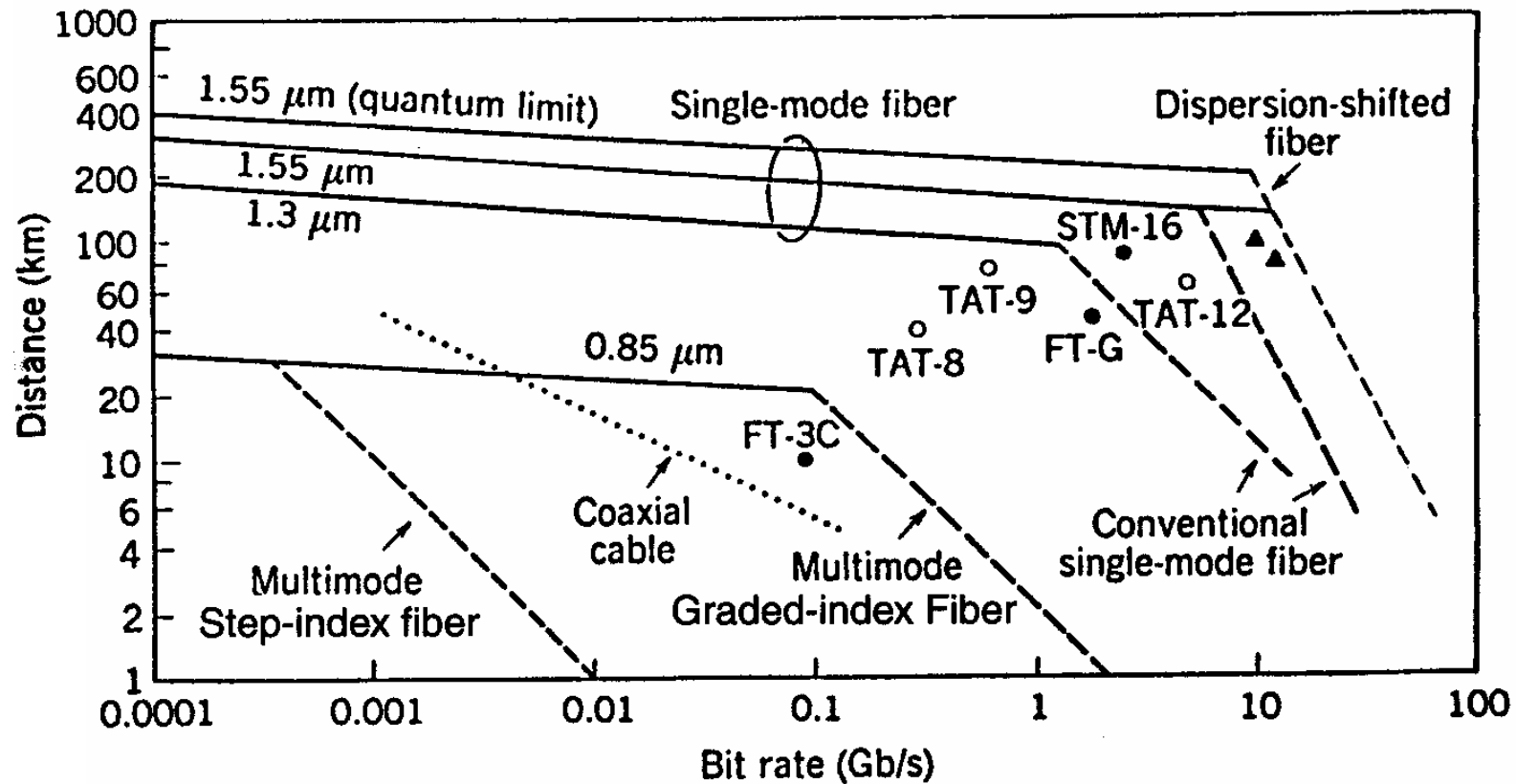
Length Limitations



- Solid lines: attenuation limit
- Dashed lines: dispersion limit

- Length of Optical fibre without “boost” is limited
 - (1) **Attenuation and detection limitation** of detector
 - (2) **Dispersion**: transmitted signals need to be identified
- Both are related to Bit-rate
 - (1) Bit-rate is too **less**, leading the signal intensity below detection
 - (2) Bit-rate is too **high**, leading to merge of two consecutive signals

Typical Systems – Attenuation and Dispersion Limits



Solid – Loss limited

Dashed – dispersion limited

Fibre Properties: Effect on Transmitter and Receiver

Operating Wavelength – Minimum for attenuation or dispersion?

- Dispersion limited transmission;
- Linewidth of Transmitter – Minimise Dispersion

Loss Limited Transmission:-

- Power of Transmitter – Turn power up and up! (maximum limit exists)
- Receiver sensitivity – Function of Bit-rate,

Power Budget

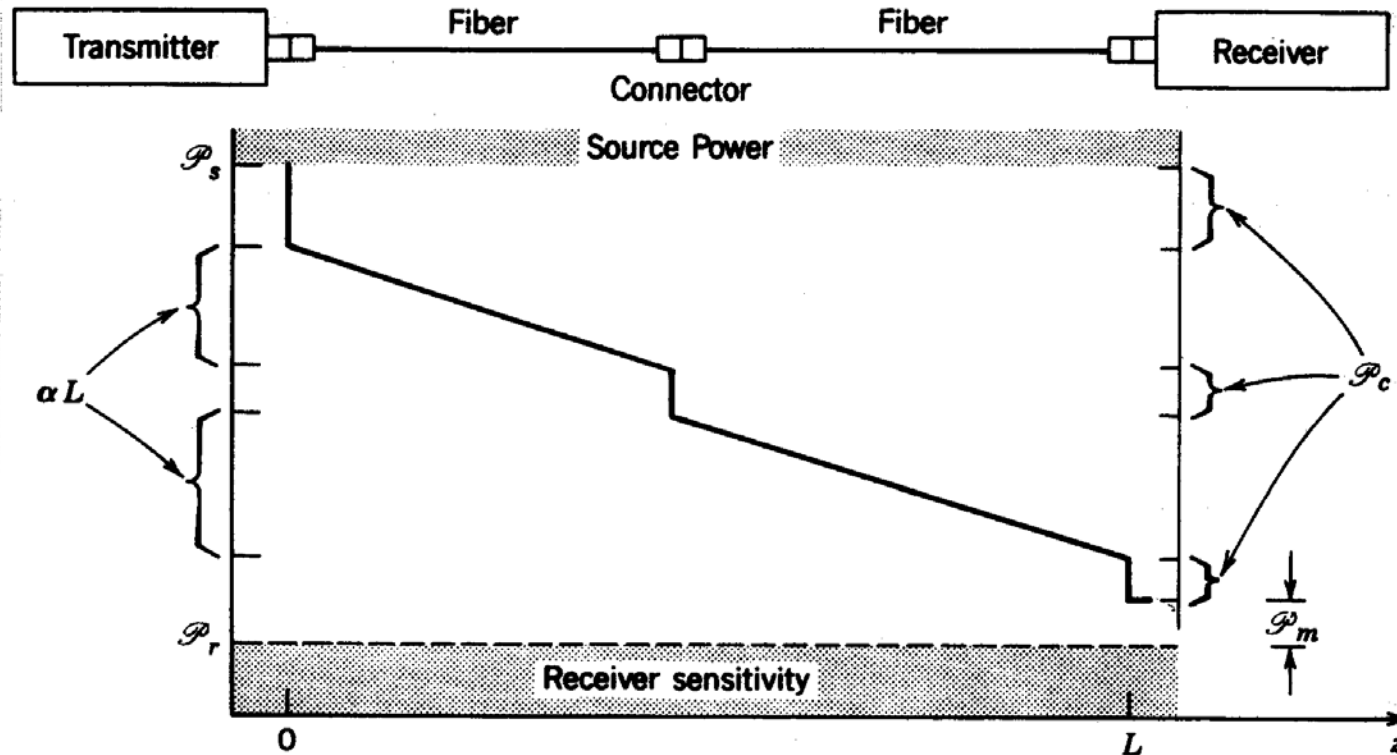


Figure 22.3-2 Power budget of an optical link.

- **Power budget:**

Allocation of available optical power from transmitter considering a number of optical losses, such as fiber attenuation, coupling loss, splice losses, and connector losses, in order to ensure that adequate signal strength (optical power) is available at the receiver.

- **Unit of Power budget:** usually expressed in dB.

Losses In A System

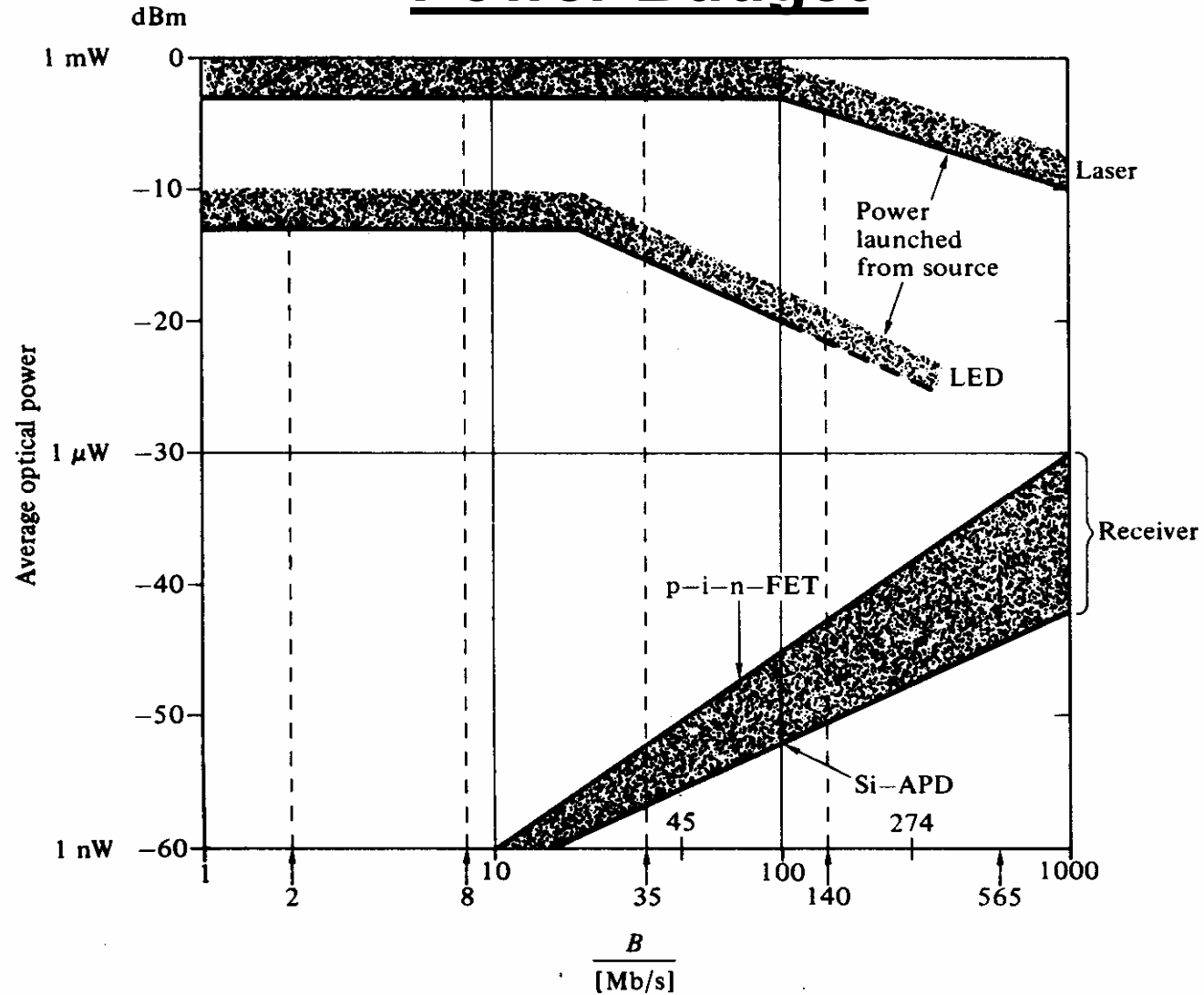
Loss:

- (1) Fibre: few tenths of dB/km
- (2) Splice: 0.1 dB each
- (3) Connector: 0.3 dB each

If we just budget for fibre loss in designing our system we will be in big trouble if we have to repair the fibre or add and additional components..

A smart engineer will leave some slack or “**margin**”, meaning the input provided is slightly higher than the minimum power required.

Power Budget



Power (input or transmitter) - total loss + amplification = margin + sensitivity (Receiver)

Power Budget Example

1GHz system

-10 dBm Transmitter Power

-30 dBm Receiver Sensitivity

10 dB gain EDFA (Amplifier)

Need loss of 20 dB for connectors/splices/unexpected losses etc

What is total loss I can tolerate?

Loss of fibre is 0.2 dB/km – how far can I transmit?

Power (input or transmitter) - total loss + amplification = margin + sensitivity (Receiver)

T5 – Summary

- **Amplitude Modulated Bits**
- Loss and Dispersion Characteristics are key in determining how far and at what data rate we can transmit data
- Dispersion – broadens bit within its bit-slot – if too severe get inter-symbol interference and errors
- Loss – if not enough photons in a pulse cannot differentiate between “0” and “1” at receiver
- Later gives rise to a “power budget”
- Power budget – determined by power required at receiver (fn Data rate), launch power, margin, other factors e.g. Dispersion penalty, Extinction ratio penalty, etc

T5 Tutorial Questions

- T5.1 Sketch the variation of optical power with time for a digital NRZ bit stream 010111101110 assuming a bit rate of 10Gb/s. What is the duration of the shortest and widest optical pulse? What is the peak power when an average power of 2mW is launched into the fibre?
- T5.2 Draw a schematic of the attenuation and dispersion of a standard single mode fibre as a function of wavelength. Explain how these characteristics affect the transmission of an amplitude modulated bit stream.
- T5.3 Consider a fiber link operating at 1300 nm with a fiber loss of $\alpha = 0.4$ dB/km. The input optical power is 1 mW and the minimum number of photons per bit of information N_p is 1000. If the data rate is 2.5 Gbit/s, what is the maximum fiber length limited by fiber attenuation

$$L_{\max} = \frac{10}{\alpha} \log\left(\frac{P_i}{N_p B h \gamma}\right) = \frac{10}{0.4} \times \log \frac{10^{-3}}{10^3 \times 2.5 \times 10^9 \times 0.9537 \times 1.602 \times 10^{-19}} = 85 \text{ km}_{26}$$

T5 Tutorial Questions

T5.4 A laser source launches $120\ \mu\text{W}$ of optical power into an optical fibre of length 8km. The mean optical output at the end of the fibre is $3\ \mu\text{W}$.

Calculate:

- (a) The overall signal attenuation in dB.
- (b) The signal attenuation per kilometre
- (c) The output power of the laser source in dBm.
- (d) The output power of the fibre in dBm

Answers

(a) $\text{loss} = 10 \log_{10} P_i/P_o = 16\text{dB}$

(a) attenuation per kilometre = $16/8 = 2\text{dB/km}$

(b) $-9.2\ \text{dBm}$

(c) $-25.2\ \text{dBm}$

T5 Tutorial Questions

T5.5 Confirm the following table (do a few mW to dBm, a few dBm to mW)

Power (mW)	Power (dBm)
100	20
10	10
1.6	2.04
1	0
0.32	-5
0.1	-10
0.01	-20

T 5.6 An 800nm optical receiver needs at least 1000 photons to detect 1 bits accurately. What is the maximum possible length of the fibre link for a 100Mb/s lightwave system designed to transmit -10dBm of average power? Fibre loss is 2dB/km at 800nm. Assume an NRZ format and 1:1 mark space ratio for the optical pulse.