

# Supplement Facts

SERVING SIZE: 2 Tablets

SERVINGS PER CONTAINER: 30

	Amount Per Serving	% Daily Value*
Vitamin E (as d-Alpha Tocopherol Succinate)	120 mg	800%
Folic Acid	800 mcg	200%
Zinc (as Zinc Oxide)	40 mg	364%
Selenium (as Selenomethionine)	60 mcg	109%
Withania Somnifera Root Extract	675 mg	†
N-Acetyl-Cysteine	600 mg	†
L-Carnitine	440 mg	†
L-Arginine	250 mg	†
Shilajit Satava	500 mg	†
Glutathion	80 mg	†
Kapikachhu (Mucuna pruriens) (Seed)	400 mg	†
Safed musli extract (Asparagus adscendens) (Root)	350 mg	†

\* Based on a 2,000 calorie diet

† Daily Values not established

**OTHER INGREDIENTS:** Calcium carbonate, Dicalcium Phosphate, Microcrystalline Cellulose, Croscarmellose Sodium, Silicon Dioxide, Magnesium Stearate, & Shellac Coating.

**DIRECTIONS:** As a dietary supplement, Adults; take 2 tablets daily, preferably with meal. As a reminder, discuss the supplements and medications you take with your health care providers.