

# Grill House – Lunch/Dinner

Served from 11am

**Halal quarter pound burger** – 4 oz Halal beef patty, lettuce, tomato & pickles \$11.29, 420 Cals

**Love me tenders (3)** – 3 seasoned, breaded chicken fingers with your choice of dip \$9.49, 300 Cals

**Chicken twister wrap** – A campus favourite! Tender chicken fingers, crispy bacon, lettuce, tomato & mayo on your choice of wrap \$10.49, 710 Cals

**Morning star burger** – black bean patty, lettuce, tomato, pickles & mayo \$10.49, 390 Cals

**Crispy or grilled chicken burger** – crispy or grilled chicken with lettuce, tomato & mayo \$11.29, 320-490 Cals

**Triple decker clubhouse** – a triple-decker of deli turkey, bacon, lettuce, tomato & mayo on your choice of bread \$10.49, 440 Cals

**Grilled cheese** – cheesy cheddar cheese between 2 slices of Texas toast \$5.99, 470 Cals

**BLT sandwich** – bacon, lettuce, tomato & mayo on Texas toast \$7.59, 380 Cals

**GLT sandwich** – guacamole, lettuce & tomato on your choice of bread \$5.99, 390 Cals

Coleslaw \$1.99, 100 Cals  
French fries \$3.70, 450 Cals  
Onion rings \$3.79, 460 Cals  
Poutine \$7.59, 720 Cals  
Add bacon \$2.09, 70 Cals  
Add cheese \$2.09, 80 Cals  
Gravy \$1.59, 30 Cals

**Make it a combo** – combo with a dole juice, 500ml milk, 591ml pop, 473ml bubbly or montellier slim water and fries or a side salad  
Add \$4.99, 120-650 Cals

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

# GRILL HOUSE

grill station

Served from 11am

## 1 Halal Quarter-Pound Burger

4 oz Halal beef patty, lettuce, tomato & pickles

**\$11.29 420 Cals**

## 2 Love Me Tenders (3)

3 seasoned, breaded chicken fingers with your choice of dip

**\$9.49 300 Cals**

## 3 Chicken Twister Wrap

A campus favourite! Tender chicken fingers, crispy bacon, lettuce, tomato & mayo on your choice of wrap

**\$10.49 710 Cals**

## 4 Morning Star Burger

Black bean patty, lettuce, tomato, pickles & mayo

**\$10.49 390 Cals**



## 5 Crispy or Grilled Chicken Burger

Crispy or grilled chicken with lettuce, tomato & mayo

**\$11.29 320-490 Cals**

## MAKE IT A COMBO

Combo with a dole juice, 500ml milk, 591ml pop, 473ml bubly or montellier slim water and fries or a side salad

**Add \$4.99 (120 - 650 Cals)**

## TASTY SIDES

Coleslaw	\$1.99	100 Cals
French Fries	\$3.79	450 Cals
Onion Rings	\$3.79	460 Cals
Poutine	\$7.59	720 Cals
Add bacon	\$2.09	70 Cals
Add cheese	\$2.09	80 Cals
Gravy	\$1.59	30 Cals

# GRILL HOUSE

— grill station —

Served from 11am

## 6 Triple Decker Clubhouse

A triple-decker of deli turkey, bacon, lettuce, tomato & mayo on your choice of bread

**\$10.49 440 Cals**

## 8 BLT Sandwich

Bacon, lettuce, tomato & mayo on Texas toast

**\$7.59 380 Cals**

## 7 Grilled Cheese

Cheesy cheddar cheese between 2 slices of Texas toast

**\$5.99 470 Cals**

## 9 GLT Sandwich

Guacamole, lettuce & tomato on your choice of bread

**\$5.99 390 Cals**

## MAKE IT A COMBO

Combo with a dole juice, 500ml milk, 591ml pop, 473ml bubly or montellier slim water and fries or a side salad

**Add \$4.99 (120 - 650 Cals)**

## TASTY SIDES

Coleslaw	\$1.99	100 Cals
French Fries  	\$3.79	450 Cals
Onion Rings  	\$3.79	460 Cals
Poutine	\$7.59	720 Cals
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