

Maternity and Children Hospital - Dammam

Keep Well Achievement 2022



EHC Vision Mission Values



Vision

to transform into a world- class
Healthcare Provider, for comprehensive
human-centric care.



Mission

To deliver prevention and accessible
integrated care through a safe, sustainable,
and innovative system; resulting in
improving primary care and enabling people
to take ownership of their own health.



Values

Innovation
Efficiency
Empowerment
Accountability

Workplace Wellness

Breast cancer campaign

Raise the awareness of importance of breast cancer screening
Mammogram done for 249 staff ,Breast feeding session 11.

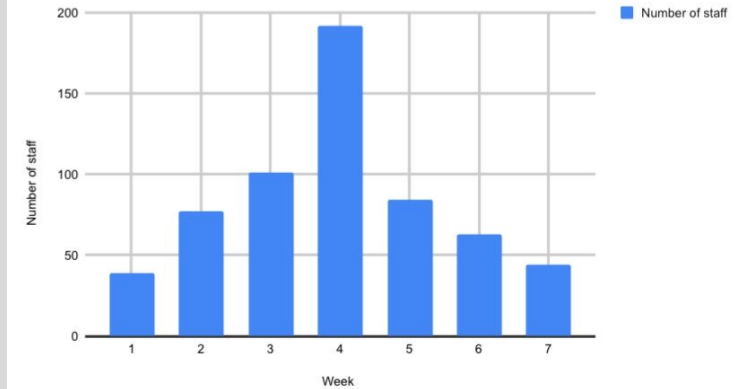
Flu vaccine

Start in November,
Total vaccinated staff 600 /7week

Wellness Workshops

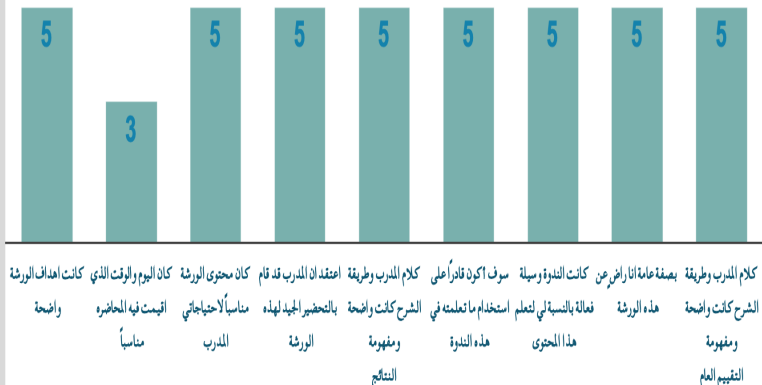
First workshop done with physiotherapy department
title: Consequences of electronic devices use on medical workers on 28 November

Number of staff vs. Week



Flu Vaccine

متوسط استبيان محاضرة تأثير استخدام الأجهزة الإلكترونية على الموظفين



Wellness Workshops

Workplace Wellness

Virology
investigation

Investigate for baseline Virology for all staff beginning with surgical departments

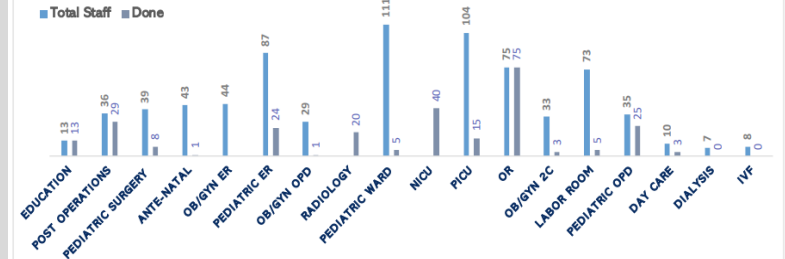
Physiotherapy
staff clinic

Which started in with total session number 117 start in Nov.2022
(# of patients/ month:)

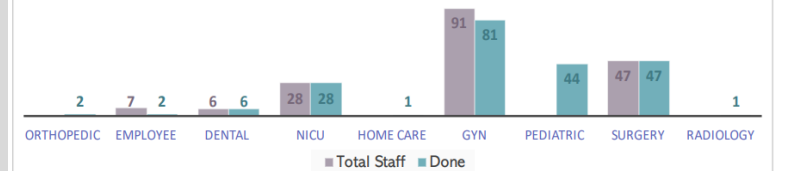
OB/Gyn Staff
Clinic

started in September 2022 with total patients number 212
(# of patients/ month: September: 62, October 75, November 75)

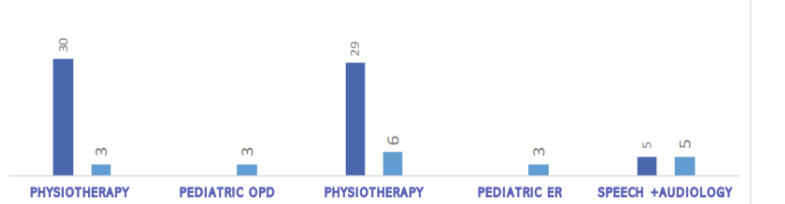
NURSE



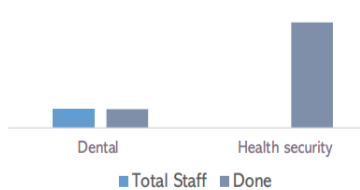
DOCTOR



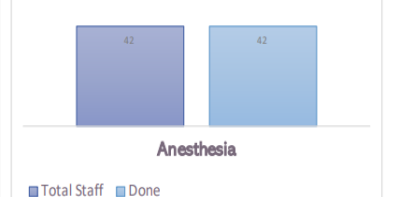
SPECIALIST



THEQ



ANESTHESIA



Workplace Wellness

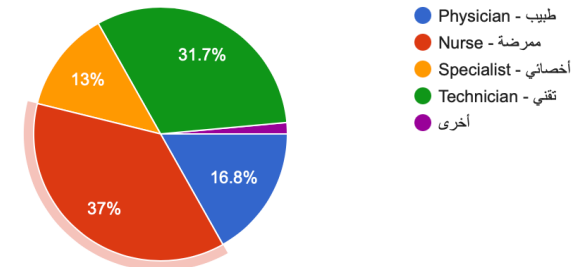
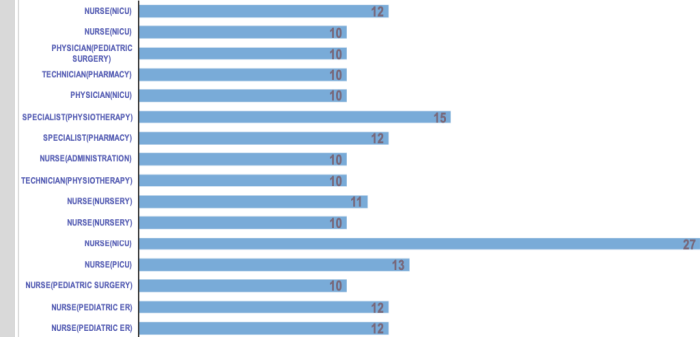
Nutrition clinic

Which started in Jan 2022 to march only
one clinic in month with total patients
number 24
(# 8 patients/ month)

PPD test

PPD test annually require for all staff

Reading PPD More Than 10mm



Lessons Learned and Challenges

- 1-How to manage our time .
- 2-Discover new skill (design, how to do chart, presentation power point, poster)
- 3-HOW TO BE TEAM WORKER.
- 4- a lot of refuse they have fear about side effect or pain.
- 5-we need an intensive awareness before the vaccine session start.
- 6- Dealing with staff need new method and different pathway to educate them .
- 7-we should thinking out of the box to encourage medical field staff .
- 8-they need more motivation and innovation.

- 1-short time to prepare for the Breast cancer campaign and do the material in two language .
- 2-challenges in collecting data of 40+ from HR for breast cancer campaign.
- 3-calling 400 staff in 4 days.
- 4-challenging how to convince staff do mammogram.
- 5- collaboration with different department.
- 6-communication with different level of staff
- 7- lack of stock in lab and pharmacy every other month we stop.
- 8-staff not attend after we place the order for extract the blood .
- 9-staff not attend for reading B/C of changed in their shift.
- 10- How to convince staff to take the flu vaccine .

Keep Well Team Members

- Dr.Zahra Dheya Almajed
- Dr.Wjdan Abduljlil Al Arqan
- Fatimah Hussan Al Eid