# MA50260 Statistical Modelling

Lecture 14: Introduction to Mixed Effects Models

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# Reminder: The (normal) linear regression

Recall the linear regression model

$$Y_i = \beta_1 x_{i,1} + \beta_2 x_{i,2} + \dots + \beta_p x_{i,p} + \epsilon_i, \quad i = 1, \dots, n.$$

What are the assumptions on  $\epsilon_1, \ldots, \epsilon_n$ ?

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- $ightharpoonup \epsilon_1, \ldots, \epsilon_n$  are mutually independent;
- $ightharpoonup \epsilon_i \sim \text{Normal}(0, \sigma^2), \ i = 1 \dots, n.$

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Generalized linear models provide us with tools in case the second assumption does not hold.

We will now consider a modelling framework in case the assumption of mutual independence does not hold.

#### Motivation

In many situations, we will observe data which are grouped in nature, such as

- Observations in medical studies,
- Ecological / agricultural data,
- Student exam scores.

We should take these groupings into account within our model

 $\Rightarrow$  random effects.

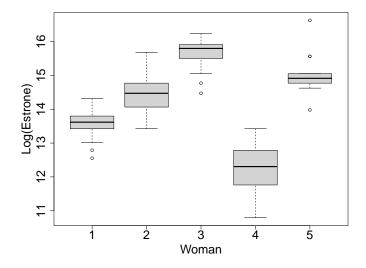
#### Example (1) - Air Pollution Measurements

Suppose you are recording air pollution daily across several measurement stations. Then, our model has to account for

- Daily variations in the observations at an individual station;
- Variation across measurement stations;
- ▶ Variations across space and time are likely to be different.

 $\Rightarrow$  We cannot use our standard linear model and this motivates the use of **mixed effect models**.

# Example (2) - Female estrone measurements



# Mixed Effects Modelling (I)

A mixed effects model contains both fixed and random effects.

Let  $Y_{i,j}$  denote the raw estrone level. We model

$$Y_{i,j} = \mu + b_i + \epsilon_{i,j}$$
 for  $i = 1, \dots, I = 5$  and  $j = 1, \dots, J = 16$ ,

where

- $\blacktriangleright \mu$  is the average estrone measurement;
- b<sub>i</sub> is the person effect;
- $ightharpoonup \epsilon_{i,j}$  is the residual.

We assume  $\mathbb{E}(b_i) = \mathbb{E}(\epsilon_{i,j}) = 0$ ,  $Var(b_i) = \sigma_b^2$  and  $Var(\epsilon_{i,j}) = \sigma_\epsilon^2$ .

# Mixed Effects Modelling (II)

We are interested in the variability between women, rather than the differences in the individual levels.

Two questions that arise from the data:

- 1. Is there evidence for variability in estrone **between** women?
- 2. If so, how large is this variability in relation to the variability of measurements for an individual woman?

# Mixed Effects Modelling (III)

The total variance is  $Var(Y_{i,j}) = \sigma_{total}^2 = \sigma_b^2 + \sigma_\epsilon^2$ .

For Question 1, we want to test  $H_0: \sigma_b^2 = 0$  vs  $H_1: \sigma_b^2 > 0$ .

To address Question 2, we use the intraclass correlation

$$\rho = \frac{\sigma_b^2}{\sigma_b^2 + \sigma_\epsilon^2}.$$

#### Connection to ANOVA

The framework is similar to a one-way ANOVA with

- m levels (groups) of a factor variable
- n observations per group.

Let  $\overline{Y}_i$  denote the mean of the *i*-th group. Then

$$\bar{Y}_i = \mu + b_i + \frac{1}{J} \sum_{j=1}^J \epsilon_{i,j},$$

where

$$b_i + \frac{1}{J} \sum_{i=1}^{J} \epsilon_{i,j} \sim \text{Normal}\left(0, \sigma_b^2 + \frac{\sigma_\epsilon^2}{J}\right).$$

# General Notation of the Mixed Effects Model (I)

In matrix form, the linear regression model is

$$\mathbf{Y} = \mathbf{X}\underline{\beta} + \underline{\epsilon}.$$

In the estrone example, we considered

$$Y_{i,j} = \mu + b_i + \epsilon_{i,j}.$$

How can we define this model in matrix form?

# General Notation of the Mixed Effects Model (II)

A mixed effects (normal) linear model can be written as

$$\mathbf{Y} = \mathbf{X}\underline{\beta} + \mathbf{Z}\mathbf{b} + \underline{\epsilon},$$

where

- **Y** is the vector of responses
- **X** is the design matrix
- ightharpoonup eta are the regression coefficients
- **Z** is the matrix of covariates associated to the q (unknown) random effects
- **b** is the vector of random effects
- ightharpoonup is the vector of residuals.

# General Notation of the Mixed Effects Model (III)

If **b** is known and  $\epsilon_{i,j} \sim \text{Normal}(0, \sigma_{\epsilon}^2)$ ,

$$\mathbf{Y} \sim \text{MVN}_n \left( \mathbf{X} \underline{\beta} + \mathbf{Z} \mathbf{b}, \sigma_{\epsilon}^2 \mathbf{I}_n \right),$$

where  $n = I \times J$ .

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Since the q random effects  $\mathbf{b}$  are in general unknown, we assume

$$\mathbf{b} \sim \mathsf{MVN}_q(0, \mathcal{D}),$$

leading to

$$\mathbf{Y} \sim \mathsf{MVN}_n\left(\mathbf{X}\underline{\beta}, \Sigma + \mathbf{Z}\mathcal{D}\mathbf{Z}^T\right),$$

where  $\Sigma = \sigma_{\epsilon}^2 \mathbf{I}_n$  and  $\mathcal{D}$  is parametrized by a vector  $\underline{\theta}$ , such as  $\underline{\theta} = \sigma_b^2$ .

#### Example - Estrone Levels

- ▶  $\mathbf{Y} \in \mathcal{M}_{80 \times 1}(\mathbb{R})$  (most intuitively with observations grouped according to woman)
- ▶  $\mathbf{X} \in \mathcal{M}_{80 \times 1}(\mathbb{R})$  with all values equal to 1;
- ▶  $\mathbf{Z} \in \mathcal{M}_{80 \times 5}(\mathbb{R})$  made up of indicator columns, one for each woman, with 16 ones per column
- $ightharpoonup \Sigma = \sigma_{\epsilon}^2 \mathbf{I}_{80} \in \mathcal{M}_{80 imes 80}(\mathbb{R})$
- $\triangleright \mathcal{D} = \sigma_b^2 \mathbf{I}_5 \in \mathcal{M}_{5 \times 5}(\mathbb{R})$
- ▶ The vectors involved in the model are  $\underline{\beta} = \mu$ ,  $\mathbf{b} = (b_1, \dots, b_5)^T$  and  $\underline{\theta} = (\sigma_b^2, \sigma_\epsilon^2)$ .