

What?: An AI integration on my website for my capstone project ‘Voices of Resilience’ that would allow for readers to comment on their own personal health journeys/experiences in a comment section for the website.

Why?: This integration will help to create a supportive and safe space for individuals to share their experiences without fear of harm or judgment. It also ensures that stories are presented in a respectful and comfortable way, personalizing the experience for each user, helping them discover stories that resonate with their own journey of resilience.

For Who?: People of all ages who are going through or have gone through any mental health struggles, trauma, or illness, etc, and wish to share their stories and experiences anonymously.

For my capstone project, I am integrating an AI tool on my website that enables users to anonymously share their personal health journeys through a comment section, creating a safe, supportive space for connection. This platform is open to individuals of all ages who have experienced mental health struggles, trauma, or illness, empowering them to share their stories respectfully and without fear of judgment.