## Java break and continue Statements

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Java's break and continue statements are used to alter the flow of control.

## break

The break statement can be used in for, while or do-while loops. It is also used in switch structure. A break statement exits the loop without executing the rest of the code in the loop. In other words, if the program encounters a break inside a for loop, it exits the loop without executing the remaining statements even if the test condition of the loop is still valid.

## continue

The continue statement can be used in for, while, and do-while loops. A continue statement skips the rest of the code in the loop and moves on to the next iteration. So, when the program encounters a continue statement inside a for loop, it will skip the remaining statements and simply move on the next iteration.

## Example

```
public class BreakAndContinue {
  public static void main(String args[])
  {
     for (int count = 1; count \leq 10; count + +) {
        if (count == 6)
           break; // break out of the loop
        System.out.println(count);
     }
     for (int count = 1; count \leq 10; count + +) {
        if (count == 6)
           continue;
// skip remaining code this time but continue looping
        System.out.println(count);
     }
  }
}
```

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