



MENTAL HEALTH All Product

Social_Medi...

Gender

Rata" Penggunaan Digital/jam

6

Rata" Kualitas Tidur

6,3

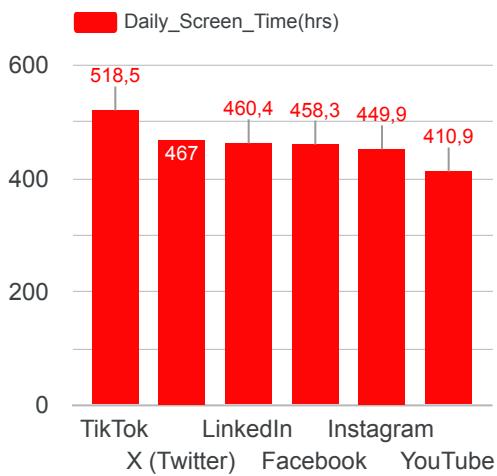
Rata" Tingkat Stres

6,62

Rata" Latihan Fisik/minggu

2

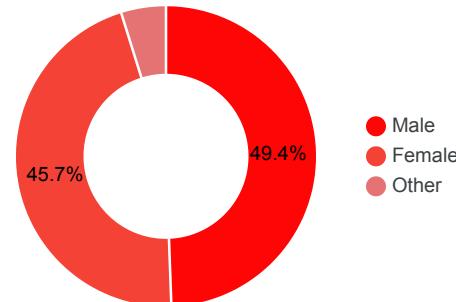
Durasi Penggunaan Sosmed



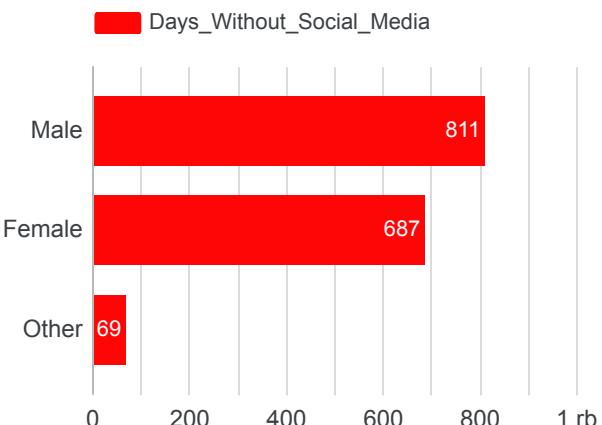
Tingkat Stres Tiap Gender

Gender	Age	Stress_
Female	33,41	
Male	32,9	
Other	29,65	

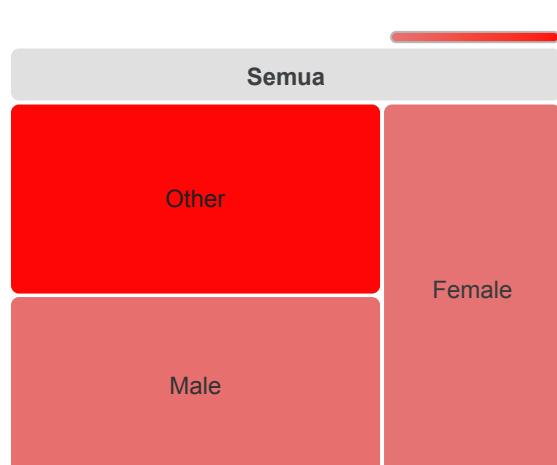
Total Index Kebahagiaan Tiap Gender



Jumlah Hari Tanpa Sosmed



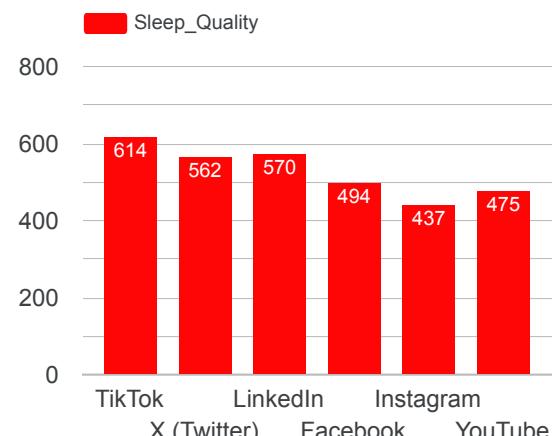
Tingkat Kualitas Tidur



Tingkat Olahraga Tiap Gender

Gender	Age	Exer
Female	33,41	
Male	32,9	
Other	29,65	

Kualitas Tidur Tiap Penggunaan Sosmed



Tingkat Stres Tiap Penggunaan Sosmed

