	Time left 0:10:34
Question 1	
Answer saved	
Marked out of 12.00	

Direction : Identify when these symptoms start.
improvement in relationships Day 3
experiencing FOMO Day 1
reduced neck pain Day 14
decreased depression Day 14
increased attention span Day 5
increased heart rate and blood pressure Day 1
improved sleep Day 14
feeling the phantom ringing Day 3
reduced anxiety Day 14
improved cognition Day 7
picking up the phone three to four times every hour Day 1
the release of cortisol Day 1