

III. EQUIPMENT CHECKLIST

1. All players must wear official NFL FLAG belts and flags. All players MUST wear mouth guards at all times while on the field. Game balls should be age specific.
2. Players must wear shoes. Cleats may not be allowed at certain locations. This will be specified by your league organizer or site director. However, cleats with exposed metal are never allowed and must be removed.
3. Players may tape their forearms, hands and fingers. Players may wear gloves, elbow pads and knee pads. Braces with exposed metals are not allowed.
4. Players must remove all jewelry and hats. Headbands or winter beanies are allowed.
5. Players may wear soft shell helmets, halos and sunglasses but they must be secured at all times while on the field. Prescription glasses are permitted without a strap.
6. Players' jerseys must be tucked into shorts or pants, if they hang below the belt line.
7. We recommend players wear shorts or pants that do not have pockets or belt loops. Games will not be delayed for a player to tape their pockets.
8. Participants must bring their own official NFL FLAG belts and mouth guards to the field. Extra belts and mouth guards may be available for purchase.
9. NFL FLAG footballs will be provided.
 - Flag belts and flags cannot be the same color as the player's shorts or pants.
10. LEAGUE & TOURNAMENT PLAY: Electronic communication between any player with their coach or spectator for their team is prohibited. If a team or individual is using electronic communication with a player or coach, at any time, that team will be disqualified immediately from play. This does not limit possible additional discipline at the sole discretion of the local league organizer OR NFL FLAG Tournament staff.

TOURNAMENT PLAY

1. NFL FLAG belts and flags will be issued to ALL Teams at check-in. Teams MUST wear the equipment they are issued at check-in for all games played. NO EXCEPTIONS. Mouth guards will be available for purchase. Game balls will be provided by NFL FLAG and maintained by the officials for each game.
2. Teams not prepared to play at Game Time due to equipment compliance issues will have their team timeouts used, up to 3, for the time taken to get compliant.
3. Black NFL FLAG footballs will be used for Boys 8U & Girls 10U ONLY. All other divisions use the White NFL FLAG Football.
4. Equipment Check – All players must be checked prior to the start of every game by the game officials or they will be ruled ineligible to play in the game.