



## VII. SCORING GUIDE

1. Touchdown: 6 points
2. PAT (point after touchdown) 1 point (5-yard line) or 2 points (10-yard line)
  - A 1 point extra point is pass only; 2 point extra point can be a run or pass.
3. Interceptions returned for scores during a regulation scrimmage down are worth 6 points. 1 and 2 pt. extra point conversions or overtime interceptions returned are worth 2 points.
4. Safety: 2 points
  - A safety occurs when the ball-carrier is declared down in his/her own end zone. Runners can be called down when their flags are pulled by a defensive player, a flag falls out, they step out of bounds, their knee or arm touches the ground, a fumble occurs in the end zone or if a snapped ball lands in or beyond the end zone.
5. A team that scores a touchdown must declare whether it wishes to attempt a 1-point conversion (from the 5-yard line) or a 2-point conversion (from the 10-yard line). Any change, once a decision is made to try for the extra point, requires a charged timeout. A decision cannot be changed after a penalty.
6. REGULAR SEASON PLAY: When 1 team is winning by 35 points or more, the game is over.  
**TOURNAMENT PLAY: When 1 team is winning by 28 points or more, the game is over.**
7. Forfeits will be scored 35-0 for the winning team.  
**TOURNAMENT PLAY score will be 28-0.**
8. The coaches, officials and scorekeeper must verify the score sheet. If a coach does not verify the score sheet before leaving the field, the scorekeeper will note on that score sheet and the score will be FINAL.



## VIII. COACHING GUIDELINES

1. Coaches are expected to adhere to NFL FLAG philosophies, coaching guidelines and code of conduct.
2. Coaches are permitted to coach on the sideline (see page 17 for grade based and 8, 7, 6U coaching guidelines)
  - All team photographers, managers, position coaches, team moms, fans, etc. are required to remain off the playing field in the designated league viewing area.
  - Coaches are responsible for their fans' conduct and behavior plus any other associated team members in their designated team area.
3. TOURNAMENT PLAY
  - Only two coaches are permitted on the sidelines to coach.
  - Coaches must remain on the sideline, except to attend to an injured player.
  - Teams may huddle on the sideline with their coach to get a play call, but the play clock will not stop once the ball is signaled 'Ready for Play'.