

LOVE YOUR SKIN! SHZEN.CO.ZA

Reed your skin with every drop

The

PhytoExquisites™ Radiant Serum

(30ml) provides a facelift in a bottle'. Massage it into skin morning and evening for a complexion that glows with light.



ONLY R399SAVE R160

MORE RADIANT REVIEWS!



SH'ZEN MARCH 2025



"I have a very dry skin, with lots of age lines on it. But what a difference I can see in just one week of using the serum. One friend said 'you look like you've had a face lift' and another, 'you look eight years younger'. Wow!" - Suzanne



Enhance the anti-ageing benefits of your Radiant Serum by using other high-treatment products in the Sh'Zen PhytoExquisites™ range.



ALOE FEROX AND **BAOBAB** REJUVENATE

ROSEHIP OIL

MINIMISES AGE BLEMISHES AND FINE LINES

ROSE, NEROLI AND JASMINE RE-TEXTURE SKIN SH'ZE

PhytoExquisites™ Radiant Serum



PhytoExquisites™
Le Sérum
Rayonnant
30ml€ 1 fl.oz

^

Solve active skin challenges with our new Blemish **Defence Serum** (30ml).

NIACINAMIDE

BRIGHTENS THE

SKIN

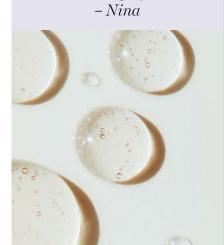
ANTI-blemish



ONLY **R319** SAVE R240

ANY 2 PRODUCTS FEATURED **FOR R539**

"This wonder product has helped reduce my acne scars and it makes my skin feel renewed and hydrated. Definitely a new skincare staple for me."



These Natural EssenceTM essentials calm, purify and rebalance skin.



The Clearing Lotion (30ml) provides fast-acting relief from break-outs and is a must for acne-prone teenagers.

30ml 1 flor

IRIS ROOT EXTRACT ZINC HELPS CONTROL

EXCESS

SEBUM

VISIBLY **IMPROVES FINE LINES AND WRINKLES**



ACID RESTORES MOISTURE

protection.









Melissa and Rose Geranium in the **Destressing Bath Crystals** (450g) relax body and

1 FOR R219 **SAVE R150** 2 FOR R299 SAVE R439

Geranium and Lavender in the **Destressing** Treatment (75ml) help to release tension knots and promote better sleep.

> 1 FOR R199 SAVE R60 2 FOR R299 **SAVE R219**

The **Destressing Cleansing Gel** (200ml) is filled with oils that have calming and soothing benefits.

1 FOR **R179** SAVE R80 2 FOR **R289** SAVE R229

destress

LISSA + ROSE GERANIUM + LAVEND

HAND FOURD IN CARE TOWN

SH'ZEN



Stress & Anxiety Vegicaps (30) help reduce symptoms of stress, relieve mild anxiety and to increase serotonin.

SH'ZEN

DESTRESSING TREATMENT

for body

源

th Geranium Lavender

1 FOR R289 SAVE R100 2 FOR R399 SAVE R379





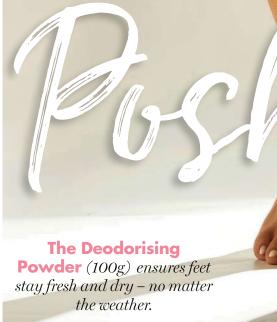
Hand poured in Cape Town: the **Destress Luxury Soy** Massage **Candle** fills any room with its

1 FOR R279 SAVE R70 2 FOR R479 **SAVE R219**

uplifting aroma.

SH'ZEN MARCH 2025

YOUR





Say goodbye to cracked and damaged heels with our bestselling duo!



SH'ZEN OVERNIGHT BALM for feet



with Horse Chestnut extract and Jojoba Oil

Repairs and prevents cracked heels

125 ml



HERBAL CLAYS ABSORB EXCESS MOISTURE THAT MAY CAUSE FOOT ODOUR

COLTSFOOT AND **OAK** ARE ANTIBACTERIAL



HORSE CHESTNUT HAS COOLING ASTRINGENT PROPERTIES

PINE BUD ACTS AS AN ANTIBACTERIAL AND ANTIVIRAL AGENT



With Coltsfoot and Oak extracts

Freshens, soothes and calms fee

THE DEODORISING

POWDER

for feet



The Scrub Stone

removes the build-up of thick, dead skin from the heels and soles of your feet.



"Within a week I could see a dramatic improvement in the condition of my feet. It is definitely the best foot duo I have ever used." - Caroline

BOTH FOR R329 SAVE R189

1 FOR R179 SAVE R60 2 FOR R299 SAVE R179

Follow with

the luxurious

Overnight Balm (125ml) -

it provides feet

with intense

nourishment

and helps to

heal rough and

unattractive

heels.

PICK-ME-UP

Massage tired, swollen feet back to health and happiness with the ultra-cooling and refreshing Revitaliser (75ml).

With Peppermint and

Witch Hazel

FOR CC

Put your best foot forward this summer when you give your feet the revitalising treatments they deserve.

SH'ZEN

THE EXFOLIATOR

for feet

PEPPERMINT, WITCH HAZEL AND CHAMOMILE HELP TO:

- INSTANTLY COOL HOT, TIRED FEET
- SOOTHE PAIN AND SWELLING
- RELIEVE DISCOMFORT
- RE-ENERGISEAND INVIGORATE

Ideal if
you're traveling,
pregnant or your
work involves
standing for long
periods of time.

"I love massaging this into my feet after a long day at work. It freshens and cools them, and has helped to boost my circulation and improve their overall health." – Sonja

With Peppermint and

1 FOR R189 SAVE R50 **2 FOR R299** SAVE R179

REFRESH The Cooling Spritzer

(100ml) brings instant relief to tired, hot and swollen feet. **Menthol** produces an immediate cooling effect, while **Peppermint**, **Witch Hazel and Tea**

Tree alleviate swelling and protect skin from infection.

ONLY

SAVE R50





and Honey

125 ml



ONLY R239 SAVE R60

SMOOTH

The Exfoliator (125ml) removes hard, rough skin. Ground Almond oil nourishes and Peppermint oil refreshes and revitalises for feet that look and feel fabulous.

"The spritzer is my summer essential. It cools and refreshes my feet and the scent is so energising!" – Louise

BOTH FOR R399 SAVE R179

12 SH'ZEN **MARCH** 2025 SH'ZEN **MARCH** 2025 1



HAIR GROWTH specialists

Say goodbye to buildup, dryness, and hairloss, and hello to the foundation for stronger, healthier hair.

ONLY

R199

SAVE

R60

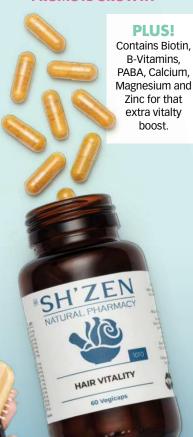
NATURAL TREATMENT

SH'ZEN

SH'ZEN

Hair health

- HELPS PREVENTS HAIR LOSS in both men and women
- HELPS PRESERVE natural hair colour to prevent greying
 - Feeds hair follicles to PROMOTE GROWTH



1 FOR R259 SAVE R90

2 FOR R399 SAVE R299

HAIRLOSS?

The **Growth Plus Stimulating Shampoo** (200ml) and **Resilience Conditioner** (125ml) contain Organic Pea Sprout Extract, proven to boost growth and minimise hair loss.

"I can already see a huge difference in my hair since using this range. It feels so much softer, plus my curls have lost their frizz and look more glossy and healthy." – Elizabeth

HEAT DAMAGE?

ONLY R199

SAVE R60

Our Repair + Rescue Rebalancing Shampoo (200ml) and Natural Treatment

(125ml) contain healing, hydrating Argan Oil to help provide natural nourishment from root to tip.

MIX AND MATCH ANY 2 PRODUCTS ON PAGE 14 & 15 FOR R319

(EXCLUDING THE HAIR VITALITY VEGICAPS)



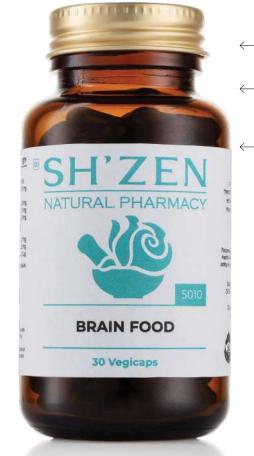


-boost!

PERFECT FOR TEST SEASON!

Brain

Get a mental edge and improve your memory, focus and concentration with the Brain Food Vegicaps (30).



"It has been difficult for me to focus and concentrate at work. I therefore chose to sample these vegicaps. In just a few days, I could sense the change. I can focus for longer stretches of time, and I no longer feel as drowsy." – Ellen **GREEN TEA EXTRACT** HELPS TO IMPROVE BRAIN FUNCTION.

GINGKO BILOBA HELPS TO DELIVER OXYGEN AND ESSENTIAL NUTRIENTS TO THE BRAIN.

VITAMIN B (5, 6 & 12) HELPS TO REDUCE HYPERACTIVITY AND CALM PRE-EXAM NERVES.



Bestsellers!

Give your health a boost with our bestselling Sh'Zen Natural Pharmacy range!



HAIR
VITALITY
VEGICAPS
(60)
Target the
root cause of
hair loss with
an Ayurvedic
extract that
stimulates
growth and
strengthens
thinning hair.



HORMONE BALANCE VEGICAPS (30)

Help ease the main symptoms of menopause and PMS. This bestseller is beneficial to women over the age of 16.

ONLY R239 SAVE R80

ANY 2 supplements featured in the brochure FOR ONLY R399



JOINT SUPPORT TABLETS (60) Help treat joint pain by providing the body with the nutritional support it needs to speed

up healing.

SH'ZEN
NATURAL PHARMACY

STRESS & ANXIETY

30 Vegicaps

SH'ZEN
NATURAL PHARMACY

ONLY
R289
SAVE
R100

STRESS & ANXIETY VEGICAPS (30)

Help improve the body's ability to adapt to stress, help reduce symptoms of stress and relieve mild anxiety.



COLON CLEANSE VEGICAPS (60)

Improve your intestinal health to treat bloating and constipation and feel lighter and more comfortable.

Our products are intended solely as a food supplement to enhance general health, and are not intended to diagnose, treat, cure, or prevent any disease. Please consult your health care professional for individual guidance on specific health problems.

CHERYL OCTOBER – CAPE SAPPHIRE TOP TEAM LEADER

VOMAN OF THE

SH'ZEN

NATURAL TISSUE OIL

BODY BUTTER

SH'ZEN

NATURAL TISSUE OIL **BODY BUTTER**

I've had a love affair for 25 years! I was introduced to the Sh'Zen Shape range at a pamper party I attended, and it was on offer. The range included the Skin Stimulator and Detoxifying Toning Oil. Within a month I could not only see the difference, but my skin felt so smooth to the touch that I called my consultant to enquire how I could get more of these products. She suggested I join Sh'Zen to get the discount on my products, and that's how my love story started.

OUR OPPORTUNITY

Sh'Zen gives you the opportunity to manage your own time at home and be your own boss. Additionally, Sh'Zen provides us with all the resources we require to succeed in our business. The free five-star reward excursions abroad are the icing on the cake. It's as simple as committing to yourself, setting goals, and going after them.



The products are world-class and can compete with the best in the world. I am very proud to be part of this proudly South African company. Everyone needs multiple streams of income and Sh'Zen offers this and more!



MY PEOPLE

On average, my downline consists of roughly 70 active consultants. My team members are really connected to one another; they simply like spending time together and sharing. I feel confident in my team's ability to support me. I have excellent personal interaction with everyone of them. Thanks to my team I have earned 15 international travel incentives from Thailand to Argentina to Egypt. I couldn't have done it without them.





2024

Bring a rare breath of South Africa's

unique indigenous Fynbos to your

skincare table with our Fiinbos Cape

Floral Facial Essence (30ml) and

Cape Cactus Jelly (50ml). These local

products combine the magical, healing

properties of Cape Fynbos with African

PhytoExquis	ites™	
Calming Melt-in Mask	75ml	R425
Cleansing Cream	125ml	R399
Day Cream SPF 30	50ml	R459
Day Cream SPF 30	100ml	R859
Deep Cleansing Balm	50ml	R459
Eye Rejuvenator	15ml	R389
	30ml	R539
Floral Hydrating Mist	125ml	R329
Radiant Serum	30ml	R559
Regenerating Enzyme	301111	K339
Gel	50ml	R459
	50ml	R459
Starter Pack		R675
Natural Esse		
Balancing Toner	125ml	R295
	30ml	R289
,	50ml	R419
Purifying Cleansing Wash	125ml	R389
Rescue Clay Mask	75ml	R409
Starter Pack		R619
Specialit	tv	
Anti-Fatigue Eye Gel	15ml	R375
Rlamish Defence	30ml	R559
Collagen Boosting	30ml	R559
	30	R389
	30ml	R559
Facial Massaging Orb	301111	R509
Facial Vacuum Cup		R259
Fijnbos Cape Cactus		
Jelly	50ml	R395
	30ml	R459
Fijnbos Facial Toner	105ml	R299
Fijnbos Facial Wash	120ml	R389
Hyaluronic Acid Complex	30ml	R559
Micro Needle Derma Roller		R559
	30ml	R459
	30ml	R559
Rose Quartz Gua Sha		R439
	50ml	R399
	30ml	R559
Vitamin C Booster	15ml	R479
Watermelon Glow Facial Mist	50ml	R249
I MOINI IVIIOL	50ml	R429
Watermelon Moisture	301111	
Watermelon Moisture Surge White Jasmine Facial	30ml	R539

RCH 2025	PRIC	ELI
Make-L	Jp	
Easy Glide Eye Liner (black / brown / blue)		R259
Flawless Finish Primer	50ml	R429
Gold Shimmer Bronzer	3g	R269
Lip Gloss (Watermelon/	10ml	R209
Tangerine/Champagne		
Lip Gloss (Silver Plum/	10ml	R229
Pink Lemonade/Gold		
Rush		
Satin Smooth Wrinkle	30ml	R319
Minimiser	0 F.c	R269
Triple Volume Mascara (Brown)	8.5g	K209
HANDS & I	VAILS	
Nail Ca		
Cuticle Cream	20ml	R229
Glass Nail File		R269
Matrix Oil	10ml	R269
Nail Buffing Kit		R289
Vitamins for Nails	120	R329
Tablets		
Smoothing & M	oisturisi	ng
Luxury Hand Creams	3 x 30ml	R349
Microdermabrasion	75ml	R259
Cream		
Repair Cream	75ml	R259
Refining Balm	75ml	R259
Treatment Cream &	75ml +	R259
disposable gloves	6 pairs	
Ultra Rich Shea Butter Beauty Sleep	75ml	R259
Cleansi	nσ	
Nurturing Hand	200ml	R269
Sanitising Wash	2001111	11207
FEET		
Deodoris	ing	
Deodorising Powder	100g	R239
Moisturiser	125ml	R289
Spa Additive	250g	R279
Spa Additive	450g	R399
Smooth		
Exfoliator	125ml	R299
Overnight Balm	125ml	R289
Scrub Stone		R229
Coolin	g	
Cooling Spritzer	100ml	R279
Revitaliser	75ml	R239
Therape		
Elixir	10ml	R225
Massage Oil	100ml	R329
Relaxing Treatment	100ml	R289
Thermal Relief	50ml	R259
Energisi	ng	
Circu-Lite Concentrate	50ml	R289
Energising Cream	75ml	R259
	*	

		Collection	on	
	R259	Foot Treatment Mini Spa Set		R559
ı	R429	BODY		
t	R269	Beat the B	luoc	
+	R209	Beat the Blues Fragrant		R239
		Mist	IUUIIII	R239
R229		Beat the Blues Pulse	10ml	R189
		Point AromaRemedy		
1	R319	Cellular Bo	oost	
	K3 19	Bust and Lymph Tissue	50ml	R289
$\frac{1}{1}$	R269	Concentrate	501111	RZ09
١	11207	For Neck & Bust Cream	100ml	R329
1		Destress	ing	
		Destress Cleansing Gel	200ml	R259
T	DOOO	Destressing Bath	4500	R369
+	R229	Crystals	450g	K309
+	R269	Destressing Massage	100ml	R329
+	R269	Oil		11329
4	R289	Destressing Treatment	75ml	R259
	R329	Beat the Blues Pulse	10ml	R189
		Point Aromaremedy	101111	1(10)
_	ng		awn	
4	R349	Massage Oil	50ml	R289
	R259	Spritzer	100ml	R255
1		Everyda	īV	
	R259	Feminine Body Wash	175ml	R279
1	R259	Fijnbos Bath Crystals	450g	R369
	R259	Harmonising Cleansing Gel	200ml	R259
١	R259	Happi Cleansing Gel	200ml	R259
	11207	Yogi Hand and Body		
_		Wash	200ml	R269
	R269	Yogi Soap	100g	R199
		Key Lim		
		AfterWash Protector	200ml	R269
		Sparkling Mist	100ml	R239
J	R239	Pulse Point		
	R289	AromaRemedy	10ml	R189
+	R279	Luxury Soy Massa	IGE Car	ıdles
+	R399	Ginger Bread	ige cal	R349
		Best Mom Ever		R349
I	R299	Breathe Easy		R349
+	R289			
4	R229	Destress Dusk to Dawn		R349
1	/			R349
T	R279	Fijnbos		R379
Т		It's The Most Wonderful Time Of The Year		R349
١	R239			D240
	2005	Love is in the air		R349
Ť	R225	Oud		R349
I	R329	Tuberose and Gardenia		R349
	R289	Unwind and Recover		R349
		We Wish You A Merry		R349
	R259		1	1
	R259	Christmas		DC 15
	R259 R289	Yogi You are all kinds of		R349

Neroli Para	Deep Tissue Anti-			
Hand & Body Lotion	200ml	R269	Cellulite Concentrate	
Hand & Body Wash	200ml	R269	Pamplemousse	20
Neroli Bigarade Bath	450g	R369	Cleansing Gel Detox	<u></u>
Crystals	_		Skin Stimulator	
Orange Blossom Body Butter	150ml	R299	(oval or rectangle)	
Seville Orange Flower	100ml	R239	HAIR	
Room Mist Perfect End			Clear Sca	_
		D000	Clarifying Shampoo	20
Shower Oil	250ml	R309	Clear Scalp Tonic	50
Rehydrat	ing		Recovery Mask	12
Natural Tissue Oil Body Butter	150ml	R299	Fijnbos Purifying Scalp	S
Rehydrating Bath	125ml	R289	Conditioner Bar	60
Saffron C	oud		Purifying Scalp	١.,
Cleansing Gel	200ml	R259	Shampoo Bar	60
Fragranced Body			Growth F	Plu
Powder	100g	R239	Hair Vitality vegicaps	60
Sun protec	ction		Regrowth Plus	
After Sun Soother	100ml	R269	Concentrate	50
Skin Insurance SPF50	50ml	R399	Resilience Conditioner	12
SPF20 Sun Protective			Stimulating Shampoo	20
otion	150ml	R299	Repair + Re	_
Speciali	tv		Hot Oil Hair Repair	50
lluminations			Natural Treatment	12
Shimmering Cream	75ml	R239	Rebalancing Shampoo	20
Tuberos	se		NATURAL PHA	٩R
Bath Crème	250ml	R329	Breathe E	
Cleansing Gel	200ml	R259		_
ragranced Body	400		AromaRemedy	10
Powder	100g	R239	Bath Crystals	45
Unwind and F	Recover		ImmuBo	45
Jnwind and Recover	450g	R369	Bath Crystals	+
Bath Crystals	430g	K309	Massage Concentrate	50
Jnwind and Recover	100ml	R239	Joint Supp	_
Fragrant Mist	1001111	11237	Joint Support Tablets	60
Pulse Point AromaRemedy	10ml	R189	Joint Therapy Massage Concentrate	50
Vanilla Cash	mere		Resistan	CE
Body Cream	125ml	R299	Hand Sanitizer	50
Cleansing Gel	200ml	R259	Suppleme	_
SHAPE		ITZU	10 Day Detox & Gut	30
Cellulite Co			Repair vegicaps	
		Dago	Brain Food vegicaps	30
Cellulite Contour Gel	125ml	R329	Cellulite Control	60
Cell-u-lite Sculpting Cup		R279	vegicaps	
Cell-u-lite Vacuum		R219	Collagen+ vegicaps	30
Therapy Cup		11217	Colon Cleanse	60
Cellulite Scrub	150ml	R329	Daily Omegas softgels	30
Jonanio Jorab	1001111	11027	, , , ,	

Deep Tissue Anti-	50ml	R289	Daily Vitamins &	60	R319
Cellulite Concentrate			Minerals vegicaps		
Pamplemousse	200ml	R259	Hair Vitality vegicaps	60	R349
Cleansing Gel			Hormone Balance	30	R319
Detox			vegicaps		
Skin Stimulator		R279	Immune Support	30	R319
(oval or rectangle)			vegicaps	10	D270
HAIR			Joint Support Tablets Multivitamin 50+	60 30	R379 R329
Clear Sca			Tablets	30	N329
Clarifying Shampoo	200ml	R259	Stress & Anxiety	30	R389
Clear Scalp Tonic	50ml	R279	Vegicaps		
Recovery Mask	125ml	R259	Super Fat Burner	60	R389
Fijnbos	5		vegicaps		
Purifying Scalp	60g	R199	Vitamins for Nails	120	R329
Conditioner Bar			Tablets		
Purifying Scalp Shampoo Bar	60g	R199	MEN		
Growth P	luc		EnneaEssei	ıсе™	
Hair Vitality vegicaps	60	R349	Recovery Treatment	30ml	R449
Regrowth Plus			Sport		
Concentrate	50ml	R279	Muscle Recovery Gel	125ml	R289
Resilience Conditioner	125ml	R269	Spa Additive Sportswash	200ml	R259
Stimulating Shampoo	200ml	R269	Everes	t	
Repair + Re	scue		Aftershave Treatment	50ml	R389
Hot Oil Hair Repair	50ml	R279	Balm		
Natural Treatment	125ml	R259	Invigorating Shower Gel	200ml	R259
Rebalancing Shampoo	200ml	R259		CEC	
NATURAL PHA	ARMAC	Y	FRAGRAN		
Breathe E	asv		For he		DE00
AromaRemedy	10ml	R189	Happi	50ml	R599
Bath Crystals	450g	R369	Mixed Emotions	50ml	R599
ImmuBoo			Saffron & Oud	50ml 50ml	R599 R599
Bath Crystals	450g	R369	Tuberose Netural Pa	_	KS99
Massage Concentrate	50ml	R289	Natural Pa PhytoExquisites™ Pure	-	R359
Joint Supp	ort		Parfum	101111	K339
Joint Support Tablets	60	R379	Yogi Pure Parfum	10ml	R389
Joint Therapy Massage	50ml	R289	For hin		11007
Concentrate			Amalfi	50ml	R599
Resistan	ce		Everest Fragrance	50ml	R599
Hand Sanitizer	50ml	R169	OUD pour Homme	50ml	R599
Suppleme	ents		TODDLE		
10 Day Detox & Gut	30	R329	Hair	110	
Repair vegicaps			Scalp & Hair Remedy	50ml	R279
Brain Food vegicaps	30	R329	for toddlers	301111	112/7
Cellulite Control	60	R349	Body		
vegicaps	20	DOCC	La Petite Rehydrating	50ml	R159
Collagen+ vegicaps	30	R389	Bath for kids	301111	
Colon Cleanse	60	R389	Skin Insurance SPF 50	50ml	R399
Daily Omegas softgels	30	R319	for kids		

Disclaimer: Sh'Zen Pty (Ltd) makes no medical claims whatsoever regarding its products, which are not designed to treat, cure, or prevent any disease. Rather Sh'Zen products embrace the power of essential oils and plant extracts because we believe these tiny molecules have medicinal and healing properties, plus create a renewing energy on a deep cellular level, so in this way they can support the body's innate ability to heal itself. • We are always absolutely delighted with our customers' reviews about their personal healing experience of the restorative benefits of Sh'Zen products. Errors and omissions excepted.

We are a 100% customer-funded, independent women owned business built upon the organic energy of word of mouth.

