

# SH'ZEN

**APRIL 2025**

SHZEN.CO.ZA

\* Offers valid until 30 April 2025  
or while stocks last.

Neighbouring countries  
add 20% to prices.

@shzensa



**OVER 65 BEAUTY OFFERS INSIDE**

# YOUTHFUL RITUALS FOR **NECK & BUST**

**\* SELF EXAMINATION IS THE BEST PREVENTATIVE**

Our top selling **Cellular Boost for neck & bust** (100ml) is a rich, nurturing massage cream formulated to help reverse time, improve elasticity and protect and rehydrate your décolletage.



**7+**  
ACTIVES  
promote  
lymphatic  
health

every day  
*selfcare*

The **Bust and Lymph Tissue Concentrate** (50ml) is a 100% natural formulation with Pamplemousse Oils that give skin intense, anti-ageing rehydration and works as a firming night-time treatment.

**ONLY  
R239  
SAVE R60**

**BOTH  
(ONE OF  
EACH)  
FOR R359  
SAVE  
R289**



→  
**TONE AND  
FIRM** WITH  
PAMPLEMOUSSE  
OILS

→  
**REPAIR AND  
REJUVENATE**  
SKIN WITH  
MARULA OIL

→  
**IMPROVE SKIN  
ELASTICITY** WITH  
SHEA BUTTER



**1 FOR  
R239  
SAVE  
R110  
2 FOR  
R379  
SAVE  
R319**



*"When cysts developed in my breasts I decided to add this Concentrate to my daily routine. The cysts drained naturally and I have no more pain and discomfort in my breasts."*  
– Lorna Burger



# – NO MATTER YOUR AGE! EXQUISITE PRODUCTS

Give your skin back its youth, firmness and radiance with the bestselling **Collagen Boosting Serum** (30ml).



**ACTIVATES  
AND  
ACCELERATES  
cellular  
renewal**

**ONLY  
R409  
SAVE R180**

→ **REPAIR AND  
STRENGTHEN**  
COLLAGEN WITH  
LOCUST BEAN

→ **PREVENT** THE  
BREAKDOWN OF  
COLLAGEN WITH  
GREEN TEA

→ **MINIMISE THE  
APPEARANCE OF  
FINE LINES** WITH  
FOUNTAIN PLANT

*"This is best serum I've ever used! My skin looks like crinkle paper in the morning, but after using this it is plumped up and my fine lines are less." – Christelle*



**3-IN-1  
LUXURY**  
● **CLEANSES**  
● **NOURISHES**  
● **ANTI-AGES**

Start and end your day in luxury with the **PhytoExquisites™ Cleansing Cream** (125ml).

**1 FOR R329  
SAVE R100  
2 FOR R519  
SAVE R339**

**GOES  
WELL  
WITH...**



# ENERGISE YOUR SKIN



Our **Vitamin C Booster** (15ml) penetrates deep into the skin to help repair UV damage and diminish the appearance of age spots.

**ONLY R315**  
SAVE R184



← **SQUALANE** PENETRATES DEEP INTO THE SKIN AND **HELPS PROTECT SKIN** FROM TOXINS AND MOISTURE LOSS

← **VITAMIN C**, A POTENT ANTI-OXIDANT, PLAYS A KEY ROLE IN COLLAGEN SYNTHESIS AND **HELPS TO REPAIR** UV DAMAGE

*"I have used the Fijnbos Cape Cactus Jelly since 2019 when it was launched. As I am a sufferer of rosacea, I use it as part of my morning and evening facial routine and to date I have not had a break out." – Raeleen*

The **Fijnbos Cape Cactus Jelly** (50ml) offers a cell-energising and skin hydrating boost. Aloe Ferox and six Fynbos oils help to heal skin irritations, minimise signs of fatigue and restore radiance.



**ONLY R315**  
SAVE R100

**ONE OF EACH**  
FIJNBOS PRODUCTS  
FEATURED  
**FOR R589**  
SAVE R554



The **Fijnbos Cape Floral Facial Wash** (120ml) is a gentle skin-softening facial cleanser, formulated with uplifting and purifying essential oils to thoroughly remove make up and impurities.

**ONLY R269**  
SAVE R140



**ONLY R239**  
SAVE R80

The **Fijnbos Cape Floral Facial Toner** (105ml) is a cool, fragrant plant mist that works to refresh and tone the skin after cleansing.

**ANY 2 PRODUCTS FEATURED ON PAGE 6 & 7 FOR R489**



# RESET, REPAIR & RENEW AROUND THE CLOCK

*A good  
night's rest  
is the best  
beauty  
enhancer  
of all.*



The **Midnight Recovery Elixir** (30ml) contains concentrated oils such as Neroli, Ylang-Ylang and Mandarin to help repair and restore skin overnight.

*"This elixir is not only soothing, but smells heavenly, adding to my pre-sleep meditation ritual. It soaks right into my skin without any oily residue and best of all, my skin looks radiant upon rising." – Brad*

**1 FOR R349 SAVE R130**  
**2 FOR R499**  
**SAVE R459**

**ONLY R289 SAVE R240**

*\*While stocks last*



The **Facial Massaging Orb** can be used alone on clean, dry skin or with your chosen Sh'Zen moisturizer or facial oil. It can be used cold or warm — your personal preference! It helps improve the sub-dermal functions for a healthier skin and increases muscle tone. It also helps to relieve headaches and tension and opens up the lymph nodes and sinus congestion.

**FACIAL MASSAGING ORB + MIDNIGHT RECOVERY ELIXIR**  
**FOR R559 SAVE R449**

## OVERNIGHT REPAIR

Treat hands to a rich blend of reparative, anti-ageing actives in the **Ultra Rich Shea Butter** for hands (75ml). Shea Butter, Marula and Sesame oils nourish the skin to keep it soft and supple.

*"It is next to my bed every night. Aside from the amazing results on my hands, I sleep so well from the aroma of the essential oils."*  
– Nicky



**1 FOR**  
**R189**  
**SAVE R86**

**2 FOR**  
**R309**  
**SAVE**  
**R241**



**PERFECT  
FOR  
MOTHER'S  
DAY!**

# INVIGORATE, *stimulate & heal*

*A simple shower or bath can be great for your wellbeing. It helps to alleviate anxiety, reduce stress and enhance blood circulation.*

**ANY 1  
CLEANSING GEL  
+ ANY 1 SKIN  
STIMULATOR**  
(oval or rectangular)  
**FOR R349  
SAVE R219**



**ONLY  
R189  
SAVE  
R80**

The **Spa Additive Sportswash** (200ml) delivers an energising wash that's the perfect pick-me-up after a good workout.



**ONLY  
R189  
SAVE  
R80**

The **Vanilla Cashmere Cleansing Gel** (200ml) has a beautiful uplifting fragrance that rebalances and harmonises both body and mind.



**R299**

Pair it with the bestselling **Skin Stimulator** (oval or rectangular) which works to remove dead skin cells to give you smoother, more radiant skin.

**ANY 2 CLEANSING GELS FOR R309 SAVE R229**



*"I always use the Skin Stimulator to remove the dry skin from my body, so that when I use the Natural Tissue Oil Body Butter, it can penetrate much quicker in to my skin, leaving me with a beautiful natural glow." - Adele Oebell*



*Feed your skin with our  
**Natural Tissue Oil  
Body Butter** (125ml).  
It will help to bring  
comfort to dry autumn  
skin instantly.*

Moisturise and condition  
with **CACAO SEED OIL  
& SHEA BUTTER**

Help to calm and  
comfort skin  
with **CALENDULA**

Help improve the  
texture and  
elasticity with  
**GRAPESEED OIL**

Heal and repair  
with **ARNICA**



**1 FOR  
R199  
SAVE  
R116  
2 FOR  
R339  
SAVE  
R291**



# IN LOVE *with* TUBEROSE

*Tuberose, the queen of white florals,  
also known as 'The Queen of the Night.'  
A beautiful, warm and desirable  
fragrance – a contrast of freshness and  
velvety opulence.*

## TUBEROSE EAU DE PARFUM (50ml)

Inspired by a magical garden filled with the intoxicating white flowers of the magnificent tuberose. Sweet and heavenly angelica blends with the depth and warmth of amber.

**1 FOR R459**  
SAVE R170  
**2 FOR R639**  
SAVE R619



## TUBEROSE LUXURY SOY MASSAGE CANDLE

Let the exquisite Tuberose and Gardenia aroma fill your home to restore and uplift the mind, body and spirit.

**1 FOR R289**  
SAVE R80  
**2 FOR R489**  
SAVE R249



## TUBEROSE FRAGRANCED BODY POWDER (100g)

Light and silky – and leaves your skin smooth and comfortable, plus it wraps the body in a luxurious veil of softness.

**1 FOR R189**  
SAVE R60  
**2 FOR R289**  
SAVE R209



## TUBEROSE BATH CREME (250ml)

An intense hydration boost for your skin, this is a luxurious creamy cleanser scented with dreamy tuberose and amber.

**1 FOR R219**  
SAVE R130  
**2 FOR R329**  
SAVE R369

## TUBEROSE CLEANSING GEL (200ml)

A skin softening, cleansing experience, with the mesmerizing scent of tuberose and amber, which come together to create a feel-good aroma.

**1 FOR R189**  
SAVE R80  
**2 FOR R309**  
SAVE R229



**ONE OF EACH TUBEROSE PRODUCTS**  
(EXCLUDING THE LUXURY SOY MASSAGE CANDLE)  
**FOR R749 SAVE R747**

# Nature's FIRST AID



## BATH CRYSTALS (450g)

Lie back and relax in a hot bath while the powerful essential oils release to boost your immunity and open up your airways.

**1 FOR R219**  
SAVE R170  
**2 FOR R299**  
SAVE R479



## RUB (50ml)

Our Rub has a cool gel base that melts into the skin and contains oils to help strengthen the body's immune system.

**1 FOR R229** SAVE R80  
**2 FOR R329** SAVE R289



## AROMAREMEDY OIL (10ml)

This 100% natural remedy is the perfect aid for anyone suffering with winter colds, bronchitis, sinusitis, coughs or catarrh.

**1 FOR R149**  
SAVE R50  
**2 FOR R209**  
SAVE R189

**ONE OF EACH FOR R489 SAVE R408**

# Got a few CENTIMETRES to lose?

You're in luck! Our **Cellulite Contour Gel** (125ml) will help you shift them fast, using a cocktail of essential oils specifically chosen to help smooth, tighten and firm your skin.



WITH REGULAR MASSAGE IT HELPS TO:

- **PROMOTE** LYPHATIC DRAINAGE
- **INCREASE** BLOOD CIRCULATION
- **HELPS MINIMISE** THE APPEARANCE OF CELLULITE

**1 FOR R239** SAVE R106  
**2 FOR R379** SAVE R311





# refresh and revivify TIRED FEET

Our **Spa Additive for feet** (450g) is like a doctor in a tub and is infused with healing and rejuvenating essential oils.

**1 FOR R339**  
SAVE R80  
**2 FOR R469**  
SAVE R369

**SH'ZEN**

SPA ADDITIVE  
for feet



with Tea tree  
and Niaouli

450 g

## TEA TREE

A powerful oil that has antibacterial and antifungal properties to help clean and protect feet.

## WITCH HAZEL

A superb astringent that works to clear congestion, excess oils and dirt.

## NIAOULI

A restoring antiseptic that helps to clean wounds and clear oily and congested skin.

*"Refreshing and fragrant! It loosens all the hardness under and around your feet and toes. While you sit and relax, it does all the hard work of softening your feet!" – Isolde*

After bathing, showering or soaking your feet in the Spa Additive, massage these **two powerful treatment** products into tired, swollen feet for instant pain relief.

Rich in Basil and Tea Tree, the **CIRCU-LITE CONCENTRATE** (50ml) helps to boost circulation and reduce water retention to leave legs feeling instantly lighter and refreshed.

**ONLY R239**  
SAVE R60



INVIGORATING  
SCENT THAT  
RE-ENERGISES  
BODY & MIND

The **Thermal Relief** (50ml) delivers an alternating warming and cooling sensation to bring instant relief to tired, sore muscles.

**1 FOR R199**  
SAVE R76  
**2 FOR R339**  
SAVE R211

**ONE EACH SPA ADDITIVE + THERMAL RELIEF FOR R419 SAVE R275**

SWELLING?

TENSION, TINGLING AND PAIN?

POOR BLOOD CIRCULATION?

NIGHT-TIME CRAMPS?

WATER RETENTION?

# the gift of BEAUTIFUL FEET

The **Foot Treatment Set** contains travel sizes of Sh'Zen's top foot products in a gorgeous gift box.



The **Cooling Spritzer** (50ml) brings relief to tired, hot and swollen feet – and has a refreshing peppermint scent.

The **Deodorising Powder** (30g) soaks up excess perspiration and prevents foot odours.

The **Overnight Balm** (50ml) cures hard, rough skin to give you beautiful heels.

The **Relaxing Treatment** (50ml) cools, moisturises and massages away tension.

INCLUDES  
A BEAUTIFUL  
GIFT  
BOX



PRODUCT WITH PURCHASE

**ONLY R289 SAVE R300**

WHEN YOU SPEND R399 ACROSS THE BROCHURE

\*Box may vary.

# Joint RELIEF

The **Moisturiser for feet** (125ml) helps prevent split and cracked heels in winter, and in summer it keeps feet fresh and moisturised.



The **Joint Therapy Massage Concentrate** (50ml) contains a powerhouse of essential oils that deliver anti-inflammatory and pain-relief benefits directly to the site of pain.

**ANY 1 FOR R239**  
SAVE UP TO R66  
**ANY TWO FOR R359**  
SAVE UP TO R251  
(products on page 19)



*For maximum relief use these products in combination!*



*"A firm favourite!  
Light and fragrant, I love how it keeps my feet nourished and fresh. It helps prevent foot odours and perspiration, and is absorbed immediately. I apply it twice daily to help calm my restless legs soothe swelling and joint pain."  
– Rose Langmann.*



# Collagen+

Our **Collagen +** (30 vegicaps) contains a unique combination of minerals and vitamins to support the production of collagen – essential for younger-looking skin.



★★★★★  
**HYALURONIC ACID** provides moisture content for plumper, smoother and firmer skin.

**MARINE COLLAGEN** supports collagen production and helps to prevent wrinkle formation.

→ **MSM** helps to keep skin healthy and is a strong guard against premature ageing and skin damage.

**ONLY R309 SAVE R90**

# nature comes to OUR RESCUE

## SKIN WELLNESS

Our **Daily Omegas Soft Gels** (30) will restore moisture and smoothness to dry, damaged skin, fight inflammation and help support skin renewal.

**ONLY R259  
SAVE R90**



## HEALTHY GUT

The **10 Day Detox & Gut Repair Vegicaps** (30) are formulated to help cleanse the gut and strengthen the liver.

**ONLY R259  
SAVE R90**



**ANY 2 SUPPLEMENTS FEATURED  
ON PAGE 20+21 FOR R419**

## STRONGER NAILS

The **Vitamins For Nails Tablets** (120) contain carefully combined levels of minerals and vitamins to feed the new nail cells so that even the weakest nails are vastly improved.

**ONLY R259  
SAVE R90**



## DAILY HEALTH DOSE

**Multivitamin 50+ Tablets** (30) is a uniquely formulated age-adjusted daily multivitamin for adults aged 50 years and older to help support health and well-being. Perfect for both men and women!

**ONLY R259  
SAVE R90**



Our products are intended solely as a food supplement to enhance general health, and are not intended to diagnose, treat, cure, or prevent any disease. Please consult your health care professional for individual guidance on specific health problems.

# APRIL 2025 EASY ORDER FORM

Fill in this form and text/email a photo of it to your consultant.

## YOUR DETAILS

Name: \_\_\_\_\_

Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

|   | PRICE | SAVE | QTY | TOTAL |
|---|-------|------|-----|-------|
| Cellular Boost for neck & bust (100ml)                                      | R239  | R110 |     |       |
| 2 x Cellular Boost for neck & bust (100ml)                                  | R379  | R319 |     |       |
| Bust and Lymph Tissue Concentrate (50ml)                                    | R239  | R60  |     |       |
| One each Cellular Boost for neck & bust + Bust and Lymph Tissue Concentrate | R359  | R289 |     |       |
| Collagen Boosting Serum (30ml)  | R409  | R180 |     |       |
| PhytoExquisites™ Cleansing Cream (125ml)                                    | R329  | R100 |     |       |
| 2x PhytoExquisites™ Cleansing Cream (125ml)                                 | R519  | R339 |     |       |
| PhytoExquisites™ Facial Essence (30ml)                                      | R565  |      |     |       |
| PhytoExquisites™ Floral Hydrating Mist (125ml)                              | R345  |      |     |       |
| PhytoExquisites™ Day Cream SPF 30 (50ml)                                    | R479  |      |     |       |
| PhytoExquisites™ Renewing Night Cream (50ml)                                | R479  |      |     |       |
| Vitamin C Booster (15ml)  | R315  | R184 |     |       |
| Fijnbos Cape Cactus Jelly (50ml)  | R315  | R100 |     |       |
| Fijnbos Cape Floral Facial Wash (120ml)                                     | R269  | R140 |     |       |
| Fijnbos Cape Floral Facial Toner (105ml)                                    | R239  | R80  |     |       |
| Any 2 products featured on page 6 & 7                                       | R489  |      |     |       |
| One each Fijnbos products featured in the April 2025 brochure               | R589  | R554 |     |       |
| Midnight Recovery Elixir (30ml)   | R349  | R130 |     |       |
| 2 x Midnight Recovery Elixir (30ml)   | R499  | R459 |     |       |
| Facial Massaging Orb  | R289  | R240 |     |       |
| Facial Massaging Orb + Midnight Recovery Elixir                             | R559  | R449 |     |       |
| Ultra Rich Shea Butter Beauty Sleep for hands (75ml)                        | R189  | R86  |     |       |
| 2x Ultra Rich Shea Butter Beauty Sleep for hands (75ml)                     | R309  | R241 |     |       |
| Spa Additive Sportswash (200ml)   | R189  | R80  |     |       |
| Vanilla Cashmere Cleansing Gel (200ml)                                      | R189  | R80  |     |       |
| Any 2 Cleansing Gels featured in the April 2025 brochure                    | R309  | R229 |     |       |
| Skin Stimulator (Oval)  | R299  |      |     |       |
| Skin Stimulator (Rectangular)   | R299  |      |     |       |
| Any one Cleansing Gel + Skin Stimulator featured in the April 2025 brochure | R349  | R219 |     |       |
| Natural Tissue Oil Body Butter (125ml)                                      | R199  | R116 |     |       |
| 2x Natural Tissue Oil Body Butter (125ml)                                   | R339  | R291 |     |       |
| Tuberose Eau De Parfum (50ml)   | R459  | R170 |     |       |
| 2x Tuberose Eau De Parfum (50ml)  | R639  | R619 |     |       |
| Tuberose Cleansing Gel (200ml)  | R189  | R80  |     |       |
| 2x Tuberose Cleansing Gel (200ml)   | R309  | R229 |     |       |
| Tuberose Bath Crème (250ml)   | R219  | R130 |     |       |
| 2x Tuberose Bath Crème (250ml)  | R329  | R369 |     |       |

## CONSULTANT'S DETAILS

Name: \_\_\_\_\_

Cell: \_\_\_\_\_

Email: \_\_\_\_\_

*Note: All specials while stocks last. Payment options available.*

|  | PRICE | SAVE | QTY | TOTAL |
|--|-------|------|-----|-------|
| Tuberose Luxury Soy Massage Candle   | R289  | R80  |     |       |
| 2x Tuberose Luxury Soy Massage Candle  | R489  | R249 |     |       |
| Tuberose Fragranced Body Powder (100g)   | R189  | R60  |     |       |
| 2x Tuberose Fragranced Body Powder (100g)                                      | R289  | R209 |     |       |
| Pack of 3 Tuberose products (excluding the Tuberose Luxury Soy Massage Candle) | R749  | R747 |     |       |
| Breathe Easy Bath Crystals (450g)  | R219  | R170 |     |       |
| 2x Breathe Easy Bath Crystals (450g)   | R299  | R479 |     |       |
| Breathe Easy Rub (50ml)  | R229  | R80  |     |       |
| 2x Breathe Easy Rub (50ml)   | R329  | R289 |     |       |
| Breathe Easy AromaRemedy (10ml)  | R149  | R50  |     |       |
| 2x Breathe Easy AromaRemedy (10ml)   | R209  | R189 |     |       |
| One of each Breathe Easy products featured in the April 2025 brochure          | R489  | R408 |     |       |
| Cellulite Contour Gel (125ml)  | R239  | R106 |     |       |
| 2x Cellulite Contour Gel (125ml)   | R379  | R311 |     |       |
| Spa Additive for feet (450g)   | R339  | R80  |     |       |
| 2x Spa Additive for feet (450g)  | R469  | R369 |     |       |
| Circu-Lite Concentrate for energised legs and feet (50ml)                      | R239  | R60  |     |       |
| Thermal Relief for feet (50ml)   | R199  | R76  |     |       |
| 2x Thermal Relief for feet (50ml)  | R339  | R211 |     |       |
| One each Spa Additive + Thermal Relief   | R419  | R275 |     |       |
| Product with Purchase: Foot Treatment Set (with spend of R399 or more)         | R289  | R300 |     |       |
| Joint Therapy Massage Concentrate (50ml)                                       | R239  | R60  |     |       |
| The Moisturiser for feet (125ml)   | R239  | R66  |     |       |
| Any 2 Joint Therapy Massage Concentrate + The Moisturiser                      | R359  |      |     |       |
| Collagen+ Vegicaps (30)  | R309  | R90  |     |       |
| 10 Day Detox & Gut Repair Vegicaps (30)  | R259  | R90  |     |       |
| Daily Omegas Soft Gels (30)  | R259  | R90  |     |       |
| Multivitamin 50+ Tablets (30)  | R259  | R90  |     |       |
| Vitamins for nails Tablets (120)   | R259  | R90  |     |       |
| Any 2 supplements featured in the April 2025 brochure                          | R419  |      |     |       |
| Product with Purchase: Weekender Bag (with spend of R399 or more)              | R259  | R120 |     |       |



# Your PERFECT WEEKENDER

*Our Limited  
Edition **Sh'Zen**  
Weekender bag  
will look chic for  
plenty of trips and  
long commutes  
to come.*

MADE ENTIRELY IN SOUTH  
AFRICA from up-cycled recycled  
plastic waste bottles

**PRODUCT WITH PURCHASE**

**ONLY  
R259  
SAVE R120**

when you spend R399  
across the brochure

**ULTRA  
LARGE  
CAPACITY**

**SH'ZEN**

←  
**CLASSIC,  
NEUTRAL  
SHADES**

←  
**STYLISH &  
FUNCTIONAL  
DESIGN**

←  
**WATER RESISTANT  
LINING AND  
INNER POCKET**

Dimensions: L:64cm | H:32cm

## SH'ZEN

We are a 100% customer-funded,  
independent women owned business built  
upon the organic energy of word of mouth.

**Disclaimer:** Sh'Zen Pty (Ltd) makes no medical claims whatsoever regarding its products, which are not designed to treat, cure, or prevent any disease. Rather Sh'Zen products embrace the power of essential oils and plant extracts because we believe these tiny molecules have medicinal and healing properties, plus create a renewing energy on a deep cellular level, so in this way they can support the body's innate ability to heal itself. ● We are always absolutely delighted with our customers' reviews about their personal healing experience of the restorative benefits of Sh'Zen products. ● Errors and omissions excepted.

021 704 2940 | [www.shzen.co.za](http://www.shzen.co.za) | [hello@shzen.co.za](mailto:hello@shzen.co.za) | @shzensa