1) what are the five steps of the Study Cycle

- 1. previewing the information before lecture.
- 2. going to class
- 3. reviewing as soon after class as possible
- 4. doing some intense study sessions
- 5. actually assessing your study strategies to see if there's something that you need to tweak to make it even more effective.

2) how the required course work (pre-lecture quiz, post-lecture quiz...) map to these steps,

Pre-lecture quiz is for us to previewing the information before lecture (Try to recall what we learned at CS212) which is step 1

For the videos posted(like how to install the JDK...) is starting for the class which is step 2 going to class

Post-lecture quiz is for us to review and test ourselves to see whether we remembered the information from the class which is step 3 reviewing after class.

The assignment is for us to do the intense study session by ourselves which is step 4.

Our grade for the assignments and quizs is a way to assessing our study strategies. Grades can make us aware of whether our current learning strategies are flawed which is step 5.

3) which step helps to move the learned information from the short-term memory to the long-term memory.

Step 3, reviewing as soon after class as possible. Review is designed to move that information in.